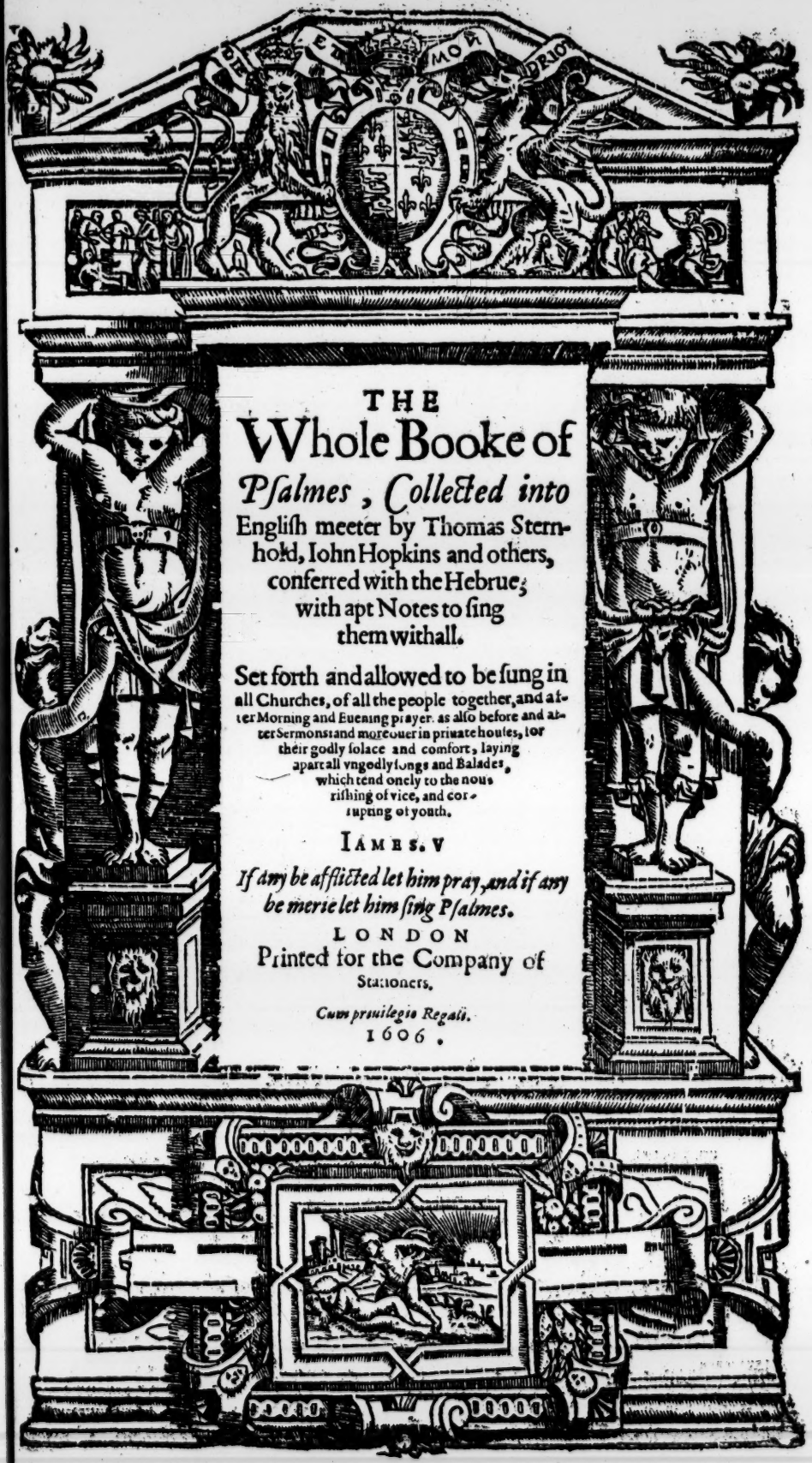


THE Whole Booke of *Pſalmes, Collected into* Engliſh meeter by Thomas Sternhold, Iohn Hopkins and others, conferred with the Hebrue; with apt Notes to ſing them withall.

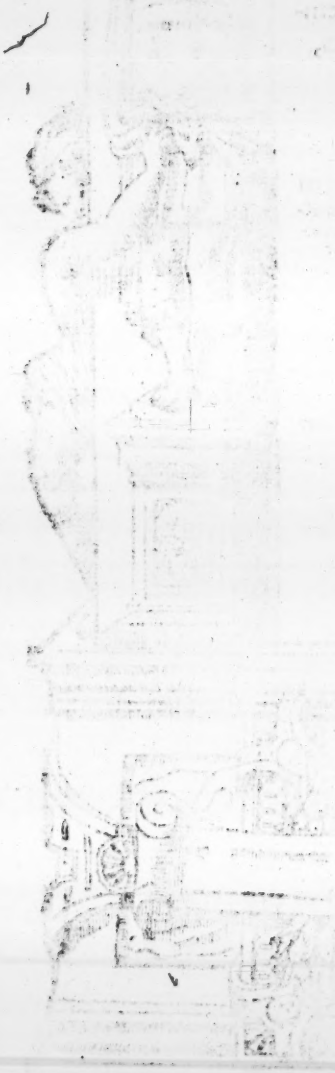
Set forth and allowed to be ſung in all Churches, of all the people together, and after Morning and Euening prayer. as alſo before and after Sermons: and moreouer in priuate houſes, for their godly ſolace and comfort, laying apart all vngodly ſongs and Balades, which tend onely to the nourriſhing of vice, and corrupting of youth.

IAMES. V

If any be afflicted let him pray, and if any be merie let him ſing Pſalmes.

LONDON
Printed for the Company of Stationers.

Cum priuilegio Regali.
1606.



A TREATISE MADE BY ATHANASIUS THE GREAT, CONCERNING THE VSE AND *VERTUE OF THE PSALMES.*

ALL holy Scripture is certainly the teacher of all vertue and of the true faith: But the Booke of the Psalmes doth expresse after a certaine maner the very state and condition of the Soule. For as hee which entendeth to present himselfe to a King, first will compound with himselfe to set in good order both his gesture and speech, least else hee might bee reputed rude and ignorant: Euen so doth this godly Booke informe all such as bee desirous to leade their life in vertue, and to knowe the life of our Sauiour, which hee led in his conuersation, putting them in minde in the reading thereof, of all their affections and passions whereto their Soule is inclined.

Moreouer, the Psalms informe and teach euery man with diuers instructions, whereby hee may not onely espy the affections and state of his soule, and to win a good paterne and discipline, how hee may please God, but also with what forme of wordes hee may amend himselfe, and how to giue God due thanks, least if he should speake otherwise then were conuenient, hee should fall into impietie by his vnreuerent estimation of God, for wee must all make an account to the Iudge, aswell of our euill deeds, as of our idle words.

If therefore thou wouldest at any time describe a blessed man, who hee is, and what thing maketh him to be so: thou hast the 1.32.41 112.128. Psalmes.

2 If thou wouldest rebuke the Iewes for their spite they haue to Christ: thou hast the second Psalme.

3 If thine owne familiars pursue thee, and if many rise against thee, say the 3.143. Psalmes.

4 If thus in trouble thou hast called on God, and hast tarried vppon his helpe: and wouldest giue him thankes for that he hath heard thee with his helpe, sing the 4.40. 116. Psalmes.

5 If that thou seest that euill men lay snares for thee, and therefore desirest Gods eares to heare thy prayer, sing the 5. Psalme.

6 If thou feelest Gods dreadfull threates, and seest thy selfe afraide of them, thou mayest say the 6.38. 88. Psalms.

7 If any take counsell against thee, as Achitophel did against Dauid, if thou bee admonished thereof: sing the 7. Psalme.

8 If thou in the beholding the grace of our Sauiour spread on euery side, especially for the restoring of mankinde to saluation, and wouldest speake thereof in meditation to God: sing the 8. Psalme,

9 If so againe: thou wilt sing in giuing thankes to God for the prosperous gathering of thy fruites, vse the 8. Psalme.

10 If thou wouldest haue thine aduersarie kept backe, and thy soule saued, trust not in thy selfe, but in the Sonne of God, singing the 9. Psalme.

11 If thou perceiuest God to be wroth with his people, as though hee regarded them nothing, thou hast to pacifie him to complaine thereof, the 10.60.74. Psalmes.

12 If any man would put thee in feare, haue thou thy hope in God, and sing the 11. Psalme.

13 If thou beholdest the pride of many men, and seest malice to abounde, so that there is no

godlineſſe among men, repaire then to God and ſay the 12. Pſalme.

14 If thine aduerſary lye long in waite againſt thee, diſpaire not, as though God had forgotten thee, but call vpon the Lord, and ſing the 13. 22. 61. Pſalmes.

15 If thou hearеſt any to blaſpheme God in his prouidence, bee not partaker with them in wickednes, but make haſte to God, and ſay the 14. 55. Pſalmes.

16 If thou deſireſt to know who is a Cittizen of heauen, ſing the 15. Pſalme.

17 If thou haſt neede of prayer for ſuch as bee againſt thee, and haue cloſed thy ſoule on euery ſide, ſing the 16. 17. 86. 141. Pſalmes.

18 If thou haſt eſcaped from thine enemies, and art deliuered from them who purſued thee, ſing thou the 18. 89. Pſalmes.

19 If thou doeſt wonder at the order of thinges created by God, conſidering the grace of the diuine prouidence, ſing the 19 24. Pſalmes.

20 If thou ſeeſt a man in aduerſitie, comfort him, and pray for him with the 20. Pſalme.

21 If thou perceiueſt thy ſelfe to bee defended and fed by God, and to liue proſperouſly, reioyce therein, and ſing the 23. Pſalme.

22 If thine enemies conſpire againſt thee, lift vp thy ſoule to God, and ſay the 23. Pſalme, and thou ſhalt eſpie them to labour but in vaine againſt thee.

23 If thine enemies clutter againſt thee, and goe about with their bloudy hands to deſtroy thee, goe not thou about by mans helpe to reuenge it; for all mens iudgmentes are not truſtie, but deſire God to be iudge, for he alone is Iudge, and ſay the 26. 35. 43. Pſalmes.

24 If they preſſe more fiercely on thee, though they be in number like an armed hoaſt, feare them not, which thus reiect thee: as though thou were not annointed and elected by God, but ſing the 27. Pſalme.

25 If they be yet ſo impudent that lay waite againſt thee, ſo that it is not lawfull for thee to haue any vocation by them, regard them not, but ſing to God the 28. Pſalme.

26 If thou wilt exhort and prouoke kings and princes, to ſubmit their powers to God, and to regard his honour, ſing the 79. 82. Pſalmes.

27 If thou renew and build thine houſe, both of the ſoule, whereto thou receiueſt God to hoſt, and of thy temporall habitation, ſing the 39. 48. 127. Pſalmes.

28 If thou ſeeſt thy ſelfe had in hate for the truthes ſake of thy friendes and kinſfolke, leaue not off thy purpoſe, nor feare them which bee againſt thee, but thinke on them which followe, and ſing the 31. Pſalme.

26 If thou beholdeſt ſuch as be baptiſed and ſo deliuered from the corruption of their birth, praiſe thou the bountifull grace of God, and ſing the 32. Pſalme.

30 If thou delight to ſing among many, cal togeather righteous men of Godly life, and ſing the 33. Pſalme.

31 If by chaunce thou falleſt among thine enemies, and yet haſt fortunately eſcaped them, if therefore thou wilt giue thankes, call together meeke men, and ſing the 34. Pſalme.

32 If thou ſeeſt wicked men contend among themſelues to doe miſchiefe, thinke not that their nature doth impell them by neceſſitie to worke ſinne againſt their will, as certaine heretikes ſuppoſe but conſider the Pſalme 36. and thou ſhalt perceiue that they bee to themſelues their owne occaſion of ſinning.

33 If thou ſeeſt how wicked men do much wickednеſſe, and that yet ſimple folke praiſe ſuch, when thou wilt admoniſh any man not to followe them, nor to be like vnto them, becauſe they ſhall be thortly rooted out and deſtroyed: ſpeake to thy ſelfe, and to the other the 37. Pſalme.

34 If thou haſt determined to take heede of thy ſelfe, and ſeeſt thine enemie approch nie thee, as to ſuch the aduerſarie is more prouoked to come with aſſault, and therefore wilt prepare thy ſelfe, ſing the 39. Pſalme.

35 If thou ſeeſt many poore men to begge, and wilt ſhew pittie to them, thou mayeſt both thy ſelfe, receiue to mercy, and alſo exhort other to doe the ſame, ſaying the 41. Pſalme.

36 If thou haſt a deſire to Godward, and heareſt thine enemies to vpbraide thee, be not troubled, but conſider what fruite of immortalitie riſeth to thee for this deſire, comfort thy ſoule with hope to God, and ſo therein reſting and aſſwaging the heauineſſe of thy life, ſay the 42. Pſalme.

37 If thou wilt remember Gods benefits which hee did to their fathers, both in their out-going from Egypt, and in the desert, and how good God was vnto them, but they vnthankfull to him. Thou hast the 44. 78. 89. 102. 106. 114. 117. Psalmes.

38 If thou hast made thy refuge to God, and hast escaped such troubles as was prepared against thee, if thou wilt giue thankes and shew out his kindnesse to thee sing the 46. Psalme.

39 If thou wilt know how to giue thankes to God, when thou dost resort to him with vnderstanding sound, sing the 47. 48. Psalmes.

40 If thou wilt exhort men to put their trust in the liuing God, who ministreth all things aboundantly to good mens vse: and blameth the madnes of the world: which serueth their God, Mammon so inordinately, sing the 49. Psalme.

41 If thou wouldest call vpon the blind world for their wrong confidence of their bruite sacrifices and shew them what sacrifice God most hath required of them, sing the 50. Psalme.

42 If thou hast sinned and art conuerted and moued to doe penaunce, desirous to haue mercy, thou hast wordes of confession in the 51. Psalme.

43 If thou hast suffered false accusation before the King, and seest the diuell to triumph thereof, go aside and say the 52. Psalme.

44 If they which persecute thee with accusations, would betray thee, as the Pharisees did Jesus and as the aliants did Dauid: discomfort not thy selfe therewith, but sing in good hope to God the 45. 69. 57. Psalmes.

45 If thine aduersaries which trouble thee, do vpbrayd thee, and that they which seeme to be thy friendes speake most against thee: whereupon if in thy meditation thou art somewhat grieued therat, thou maist call on God, saying the 55. Psalme.

46 If persecution come fierce on the, and vnbewares chaunce to enter into the caue where thou hidest thy selfe, feare not, for in this straite thou shalt haue expedient wordes both to comfort thee, and put thee in old remembrance with the 57. 142. Psalmes.

47 If thou wilt confound hypocrites which make glorious shewes outwardly, speake their conuersion with the 58. Psalme.

48 If thy pursuers commaund thy house to be watched, when thou art escaped giue thankes to God, and graue it in the tables of thy heart, for a perpetuall remembrance, and say the 59. Psalme

49 If thine enemies cruelly assault thee, and would catch thy life, offer the subiection to God against them, and be of good comfort: for the more they rage, the more shall God subdue them, and say the 62. Psalme.

50 If thou flyest persecution, and gettest thee into a wildernesse, feare thou not, as though thou were there alone, but hauing God nie vnto thee, rise to him earely in the morning, singing the 63. Psalme.

51 If thine enemies would put thee in feare, and neuer cease to lay traynes for thee, and pick all maner of quarrels against thee, though they bee very many, giue no place to them, for the darts of babes shall be their distruction, if thou saist the 61. 68. 70. 71 Psalmes.

52 If thou wilt laud God with a Psalme or Himne, sing the 65. 66. Psalmes.

53 If thou askest mercy of God, sing the 67. Psalme,

54 If thou wouldest sing to the Lord, thou hast what to say in the 96. 98 Psalms.

55 If thou hast neede to confesse God with thankes, sing the 71. 75. 92. 108. 111. 118. 136. 138. 195. Psalmes.

56 If thou seest wicked men prosper in peace, be not offended thereat, but say the 73. Psalme.

57 If thine enemies haue beset the waies whither thou fleest, and art thereby in greate anguish yet in this trouble dispaire not, but pray, and if thy prayer be heard, giue God thankes and say the 77. Psalme.

58 If they perseuere still, and defile the house of God, kil' the elect, and cast their bod'es to the foules of the ayre, feare not their cruelties but shew pitie to them which be in such agonie, and say the 79. Psalme.

59 If thou wilt informe any man with the miſterie of the reſurrection, ſing the 81. Pſalme.
60 If thou wilt ſing to the Lord, call togeather Gods ſeruants on the feſtiuall day, and ſing the 81. 95. 134. Pſalmes.
61 If thy aduerſaries flocke togeather on euery ſide, and threate to deſtroy the houſe of God, and make their conſpiracies againſt the religion, let not the number and power trouble thee, for thou haſt an anker of the words of the 83. Pſalme.
62 If thou caſteſt an eye to Gods houſe and to his eternall tabernacles, and haſt a deſire thereto as the Apoſtle had: ſay thou alſo the 84. Pſalme.
93 If Gods wrath be ceaſed, and the captiuity ended, thou haſt cauſe how to giue thanks to God with Dauid, recounting his goodnes to thee and others, with the 76. 85. 116. Pſalmes.
64 If thou wilt rebuke Paynims and heretikes, for that they haue not the knowledge of God in them, thou maieſt haue an vnderſtanding to ſing to God, the 86. 115.
65 If thou wilt ſee and knowe the diſſent that the Catholike Church haue from ſchiſme: and wouldeſt conuert them, or to diſcerne the Church concerning the outward appearance, and formes thereof: thou mayeſt ſay the 87. Pſalme.
66 If thou wouldeſt know how Moſes prayed to God, and in his meditation, recounting the brittle ſtate of mans life, deſired God to direct ſo his ſhort life, that hee might follow wiſdome, reade the 90. Pſalme.
67 If thou wouldeſt comfort thy ſelfe and others in true Religion, and teach them that hope in God, will neuer ſuffer a ſoule to be confounded, but make it bolde without feare, for Gods protection, ſing the 91. Pſalme.
68 If thou wilt ſing on the Sabboth day, thou haſt the 92 Pſalme.
69 If thou wilt ſing on the Sunday in meditation of Gods word, deſiring to be inſtructed therein, whereby thou mayeſt reſt in Gods moſt holy will, and ceaſe from all the workes and doctrines of vaine men, reuolue that notable Pſalme. 119:
70 If thou wilt ſing the ſecond day of the Sabboth, thou haſt the 95. Pſalme.
71 If thou wouldeſt ſing to the Lord, thou haſt what to ſay in the 96. 98. Pſalmes.
72 If thou wilt ſing the fourth day of the Sabboth, ſing the Pſalme 94. for then when the Lorde was betrayed, he began to take vengeance on death, and to triumph ouer it: therfore when thou readeſt the Goſpel, wherein thou heareſt the Iewes to take counſell againſt the Lord, and that hee ſtandeth boldly againſt the deuill, then ſing the foreſaid Pſalme.
73 If thou wilt ſing on good Friday, thou haſt a commendation of the Pſalme 93. for then was the houſe of Gods Church builded and groundly founded, though the enemies went about to hinder it: for which cauſe ſing to God the ſongs of triumphant victorie, with the ſaide Pſalme, and with the 98. and 129. Pſalmes.
74 If there bee any captiuitie wherein thy houſe is laid waſte, and yet builded againe, ſing the 96. Pſalme.
75 If the land be vext with enemies, and after come to any reſt by the power of God, if thou wilt ſing therefore, ſing the 97 Pſalme.
76 If thou conſidereſt the prouidence of God in his gouernance ſo ouer all, and wilt inſtruct any with true faith and obedience, when thou haſt firſt perſwaded them to confeſſe themſelues, ſing the 100. 147. Pſalmes.
77 If thou doeſt acknowledg in God his iudiciall power, & in that in iudgment he mixeth mercy, if thou wilt draw nigh vnto him, thou haſt the wordes of this Pſalme 101. to the end.
78 If for the imbecillitie of thy nature, thou art wearie with the continuall miſeries and griefes of this life, and wouldeſt comfort thy ſelfe, ſing the 102. Pſalme.
79 If thou wilt giue thankes to God, as it is moſt conuenient and due for all his gifts: when thou wilt ſo doe, thou haſt how to reioyce thy ſelfe thereunto, with the 103. and 104. Pſalmes.
80 If thou wilt prayſe God, and alſo know how and for what cauſe, and with what wordes thou mayeſt beſt do it, conſider the 113. 117. 133. 145. 147. 148. 149. 150. Pſalmes.
81 If thou haſt faith to ſuch things as God ſpeaketh, and beleeueſt that which in prayer thou vttereſt: ſay the Pſalme 116. in the ende.
82 If thou feeleſt thy ſelfe to riſe vpward in degrees of well working: as though thou ſaiſt with

Saint

Saint Paule. I forget thoſe things which be behind mee, and ſet mine eyes on theſe things which be before me, thou haſt the 120. Pſalme.

83 If thou beeſt holden in thraldome vnder ſtraying and wandering thoughts, and feeleſt thy ſelfe drawen by them, wherof thou art ſorie, then ſtay thy ſelfe from thenceforth, and tarrie where thou haſt found thy ſelfe in fault, ſet thee downe and mourne thou alſo as the Hebrewe people did and ſay with them, the 137. Pſalme.

84 If thou perceiueſt that temptations be ſent to proue thee, thou oughteſt after ſuch temptations to giue God the thankes, and ſay the 139. Pſalme.

85 If yet thou bee in bondage by thine enemies, and wouldeſt faine bee deliuered, ſay the 140. Pſalme.

86 If thou wouldeſt pray and make ſupplication, ſay the 141.142, 143. Pſalmes.

87 If any tiranous enemie riſe vp againſt the people, feare thou not no more then Dauid did Goliah, but beleeue like Dauid, and ſing the 144: Pſalme.

88 If thou art elect out of lowe degree, ſpecially before other to ſome vocation to ſerue thy brethren, aduance not thy ſelfe too high againſt them in thine owne power, but giue God his glorie, who did chooſe thee, and ſing thou the 145. Pſalme.

89 If thou wilt ſing of obedience praying God with Alleluia, thou haſt the 105, 106, 107, 111, 112, 113, 114, 115, 117, 135, 136, 146, 147, 148, 149, 150. Pſalmes

90 If thou wilt ſing ſpecially of our Sauiour Chriſt, thou haſt of him in euery Pſalme, but moſt chiefly in the 25. 45. 110. Pſalmes.

91 Such Pſalmes as ſhewe his lawfull generation of his father, and his corporall preſence bee the 11. 69. Pſalmes.

92 Such as doe prophecie before of his moſt holy croſſe and paſſion, telling how many deceitfull aſſaults he ſuſtained for vs, and how he ſuffered, be the 2. 119, Pſalmes.

93 Such as expreſſe the malicious enemies of the Iewes, and the betraying of Iudas, are the 21. 50. 55. 69. 72. 109. Pſalmes.

94 Such as diſcribe his agony in his paſſion, death, and ſepulture, be the 22. 88. Pſalmes.

95 For his dominion and preſence in the fleſhe, reade the 116, Pſalme.

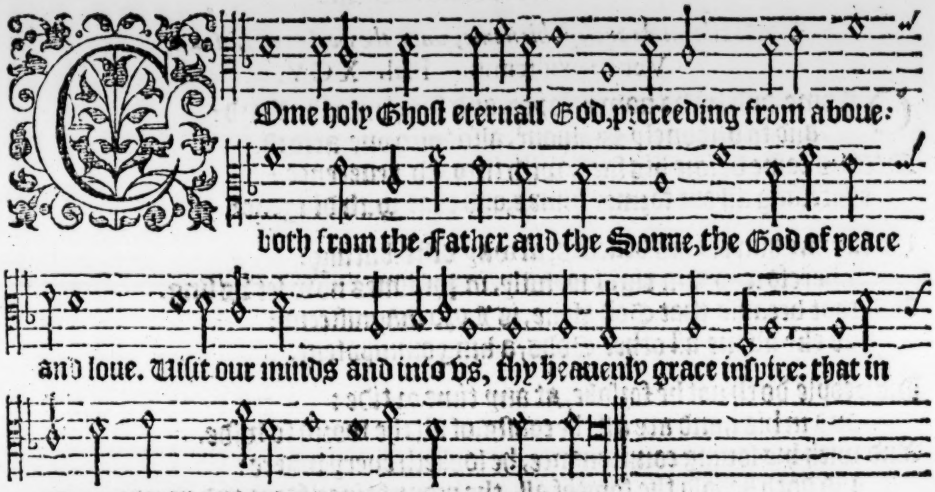
96 Such as ſhewe his glorious reſurrection of bodie, be 44. 47. Pſalmes.

97 Such as ſet out his aſcention into heauen, are the 93. 96. 98. 99. Pſalmes.

98 And that he ſitteth on the right hand of ſhis father, the 110. Pſalme maketh manifeſt.

99 Such as ſhewe that he hath authoritie of his Father to iudge, expreſſing his iudiciall power, both in condemning the deuill, and all wicked nations, are the 50. 72. 82. Pſalmes.

FINIS.



COme holy Ghost eternall God, proceeding from aboue:
both from the Father and the Sonne, the God of peace
and loue. Visit our minds and into vs, thy heauenly grace inspire: that in
all truth and godlinesse, we may haue true desire.

Thou art the very comforter, in all woe and distresse:
the heauenly gift of God most hie, which no tongue can expresse.
The fountaine and the liuely spring of ioy celestiall:
the fire so bright, the loue so cleare, and vnction spirituall.

Thou in thy guifts art manifold, whereby Christs Church doth stand:
in faithfull hearts writing thy lawe, the finger of Gods hand.
According to thy promise made, thou giuest speech of grace:
that through thy helpe the prayse of God, may stand in euery place.

O holy Ghost into our wits, send downe thy heauenly light:
kindle our hearts with feruent loue, to serue God day and night.
Strength and stablish all our weakenesse, so feeble and so fraile:
that neither flesh, the world, nor deuill, against vs doe preuaile.

Put back our enemies farre from vs, and graunt vs to obtaine:
Peace in our hearts with God and man, without grudge or disdaine.
And graunt (O Lord) that thou being, our leader and our guide:
we may eschew the snares of sinne, and from thee neuer slide.

To vs such plentie of thy grace, good Lord graunt we thee pray:
that thou maist be our comforter, at the last dreadfull day.
Of all strife and dissention, O Lord dissolue the bands:
and make the knots of peace and loue, throughout al Christian lands:

Grant vs (O Lord) through the to knowe, the Father most of might:
that of his deare beloued Sonne, we may attaine the sight.
And that with perfect faith also, we may acknowledge thee:
the spirit of them both alway, one God in persons three.

Laud and prayse be to the Father, and to the sonne equall:
and to the holy Spirit also, one God coeternall.
And pray wee that the onely Sonne, vouchsafe his Spirit to send:

To

To all that do professe his name, vnto the worlds end, Amen.

Venite exultemus. Psal. XCV.

O Come and let vs now reioyce, and sing vnto the Lord:
and to our onely Sauiour, also with one accord.
O let vs come before his face, with inward reuerence:
confessing all our former sinnes, and that with diligence.

To thanke him for his benefits, alway distributing:
wherefore to him right ioyfully, in Psalmes now let vs sing.
And that because that God alone, is Lord magnificent:
and eke aboue all other Gods, a king omnipotent.

His people doth not he forsake, at any time or tide:
and in his hand are all the coasts, of all the world so wide.
And with his louing countenance, he looketh euery where:
and doth behold the tops of all, the mountaines farre and neere.

The sea and all that is therein, are his for he them made:
and eke his hand hath fashioned, the earth which doth not fade.
O come therefore and worship him, and downe before him fall:
and let vs weep before the Lord, the which hath made vs all.

He is our God, our Lord and King, and we his people are:
his flocke and sheepe of his pasture, on whome he taketh care:
This day if ye will heare his voyce, yet harden not your heart:
as in the bitter murmuring, when ye were in desert.

Which thing was of their negligence, committed in the time:
of trouble in the wildernes, a great and grieuous crime.
Whereas your fathers tempted me, and tride me euery way:
they proued me and saw my workes, what I could doe or say.

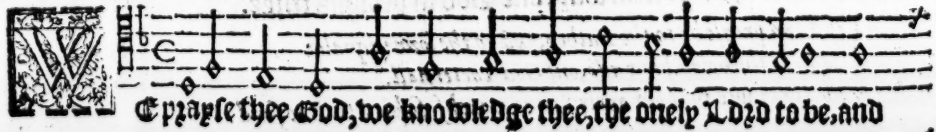
These fortie yeares I haue beene grieued, with all this generation:
and euermore I said they erred, in their imagination.
Wherwith their harts were sore combred, long time and many daies:
wherefore I know assuredly, they haue not knowne my waies.

To whome I in mine anger swore, that they should not be blest:
nor see my ioy celestiall, nor enter in my rest.

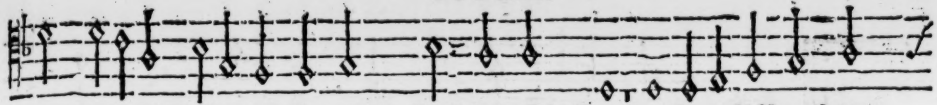
Gloria patri.

All laud and prayse be to the Lord, O that of might art most:
to God the Father and the Sonne, and to the holy Ghost.
As it in the beginning was, for euer heretofore:
as is now at this present time, and shall be euermore.

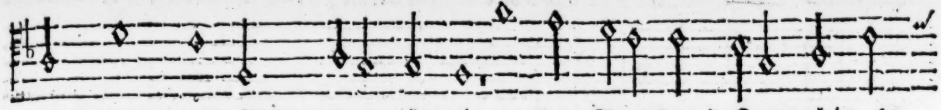
The song of Saint Ambrose, called
Te Deum.



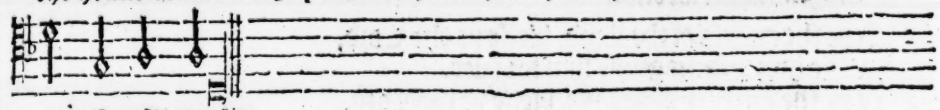
WE prayse thee God, we knowledge thee, the onely Lord to be, and



as eternall Father all, the earth doth worship thee: to thee all Angels cry,



the heauens and all the powers therein, to thee Cherub and Seraphin, to



cry they do not lin.

O holy, holy, holy Lord, of Sabboth Lord the God:
through heauen and earth thy praise is spread, and glory all abroad.
The Apostles glorious company, yeeld prayses vnto thee:
The prophets goodly fellowship, prayse thee continually.

The noble and victorious hoast, of Martyrs sound thy prayse:
The holy Church throughout the world, doth knowledge thee alwaies
Father of endles Maiestie, they do acknowledge thee:
Thy Christ, thine honourable true, and onely sonne to be.

The holy Ghost the comforter, of glory thou art king:
O Christ and of the Father art, the sonne euerlasting.
When sinfull mans decay in hand, thou tookest to restore:
To be inclosed in Virgins wombe, thou diddest not abhorre.

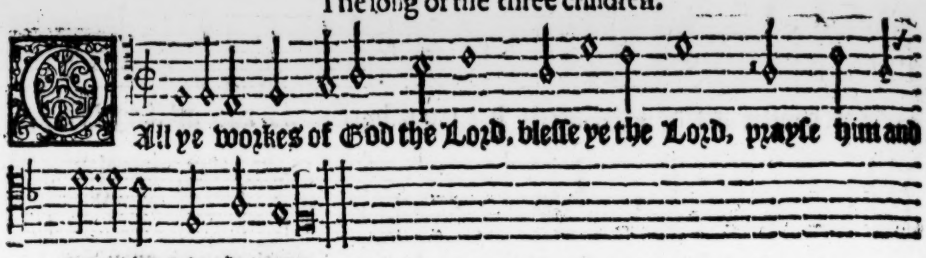
When thou hadst ouercome of death, the sharpe and cruell might:
Thou heauens kingdome didst set ope, to each beleeuing wight.
In glory of the Father thou, doest sit on Gods right hand:
We trust that thou shalt come our iudge, our cause to vnderstand.

Lord helpe thy seruants whome thou hast, bought with thy precious (bloud,
And in eternall glory set, them with thy Saints so good:
O Lord do thou thy people saue, blesse thine inheritance:
Lord gouerne them, and Lord do thou, for euer them aduance.

We magnifie thee day by day, and world withouten end:
Adore thy holy name O Lord, vouchsafe vs to defend
From sinne this day, Haue mercy Lord, haue mercy on vs all:
And on vs as we trust in thee, Lord let thy mercy fall.

O Lord I haue reposed all, my confidence in thee:
Put to confounding shame therefore, Lord let me neuer be.

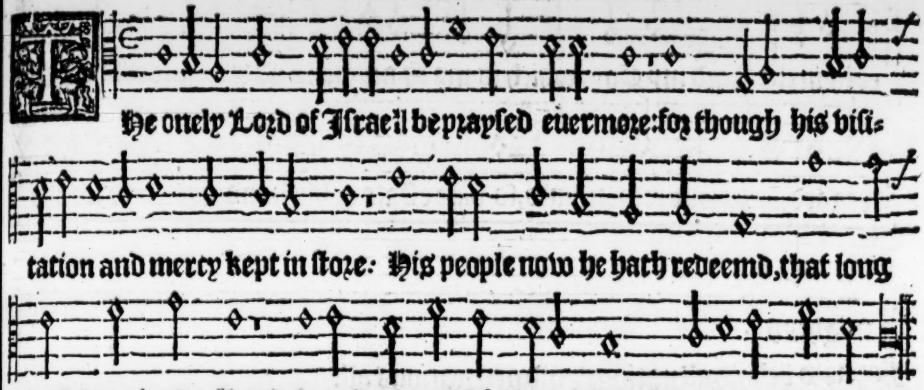
The song of the three Children, praysing God, prouoking *all creatures to doe the same.*



O All ye workes of God the Lord, bleſſe ye the Lord, prayſe him and magnifie him for euer.

2 O ye the angels of the Lord, bleſſe ye the Lord,
prayſe him and magnifie him for euer.
3 O ye the ſtarry heauens hie, bleſſe ye the Lord,
praiſe him and magnifie him for euer.
4 O ye waters aboue the ſkie, bleſſe ye the Lord, &c.
5 O all ye powers of the Lord, bleſſe ye the Lord &c.
6 O ye the ſhining ſun and moone, bleſſe ye the Lord &c.
7 O ye the gliſtring ſtars of heauen, bleſſe ye the Lord, &c.
8 O ye the ſhowres & dropping dew, bleſſe ye the Lord &c:
9 O ye the blowing winds of God, bleſſe ye the Lord, &c.
10 O ye the fire and warming heate, bleſſe ye the Lord, &c.
11 Ye winter and the ſummer tide, bleſſe ye the Lord, &c.
12 O ye the dewes and binding Froſts, bleſſe ye Lord &c.
13 O ye the froſt and chilling cold, bleſſe ye the Lord &c.
14 O ye congeled ile and ſnow, bleſſe ye the Lord, &c.
15 O ye the nights and light ſome daies, bleſſe ye the Lord, &c.
16 O ye the darkenelle and the light, bleſſe ye the Lord, &c.
17 O ye the lightnings and the clouds, bleſſe ye the Lord, &c
18 O let the earth eke bleſſe the Lord, bleſſe ye the Lord, &c.
19 O ye mountaines and the hils, bleſſe ye the Lord, &c,
20 O all ye greene things on the earth, bleſſe ye the Lord, &c.
21 O ye the euer ſpringing wels, bleſſe ye the Lord, &c.
22 O ye the ſeas, and ye the flouds, bleſſe ye the Lord, &c.
23 whales & all that in the waters moue, bleſſe ye the Lord
24 O all ye flying foules of the aire, bleſſe ye the Lord, &c.
25 O all ye beaſts and cattel eke, bleſſe ye the Lord, &c.
26 O ye the childzen of mankind, bleſſe ye the Lord, &c.
27 Let Iſrael eke bleſſe the Lord, bleſſe ye the Lord, &c.
28 O ye the prieſtes of God the Lord, bleſſe ye the Lord, &c.
29 O ye the ſeruantes of the Lord, bleſſe ye the Lord &c.
30 Ye ſpirites & ſoules of righteous men, bleſſe ye the Lord, &c.
31 O ye holy and ye meeke of hart, bleſſe ye the Lord, &c.
32 O Ananias bleſſe the Lord, bleſſe thou the Lord.
prayſe him and magnifie him for euer.
33 Azarias bleſſe the Lord, bleſſe thou the Lord,
prayſe him and magnifie him for euer.
34 And Miſael bleſſe thou the Lord, bleſſe thou the Lord,
praiſe him and magnifie him for euer.

The song of Zacharias, called Benedictus.



The onely Lord of Israel be praysed euermore: for though his visi-
tation and mercy kept in store: His people now he hath redeemd, that long
hath been in thrall, and spread abroad his saving health vpon his seruants al.

In Dauids house his seruant true, according to his mind
and also his annoynted king, as we in scripture find.
As by his holy Prophets all, oft times he did declare:
the which were since the world began, his wayes for to prepare.

That we might be deliuered, from those that make debate:
our enemies and from the hands, of all that do vs hate.
The mercy which he promised, our Fathers to fulfill:
and thinke vpon his couenant made, according to his wil.

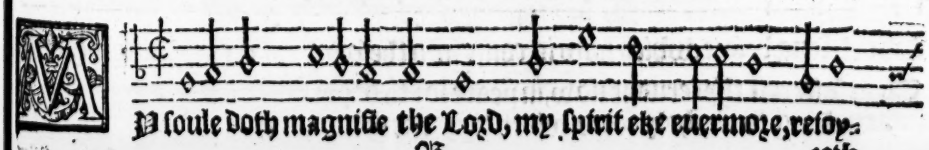
And also to performe the oath, which he before had sworne:
to Abraham our Father deare, for vs that were forlorne.
That he would giue himself for vs, and vs from bondage bring:
out of the hands of all our foes, to serue our heauenly king.

And that without all manner feare, and eke in rigteousnes:
and also for to lead our life, in stedfast holines.
And thou O Child which now art borne, and of the Lord, elect:
shalt be the Prophet of the highest, his wayes for to direct.

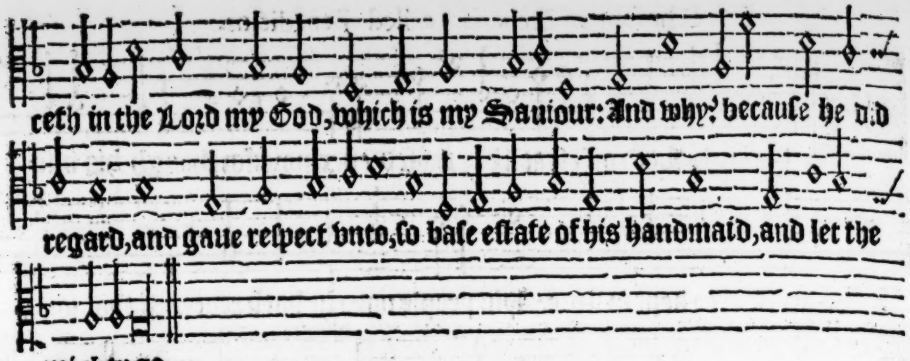
For thou shalt goe before his face, for to prepare his wayes.
and also for to teach his will, and pleasure all the dayes.
To giue them knowledge how that their, saluation is neare:
And that remission of their sins, is through his mercie meere

Whereby the day-spring from on hie, is come vs for to visite:
and those for to illuminate, which doe in darkenesse sit:
To lighten those that shadowed be, with death and eke oppress:
and also for to guide their feet, the way to peace and rest.

The song of blessed Marie, called Magnificat,



My soule doth magnifie the Lord, my spirit eke euermore, reioy-



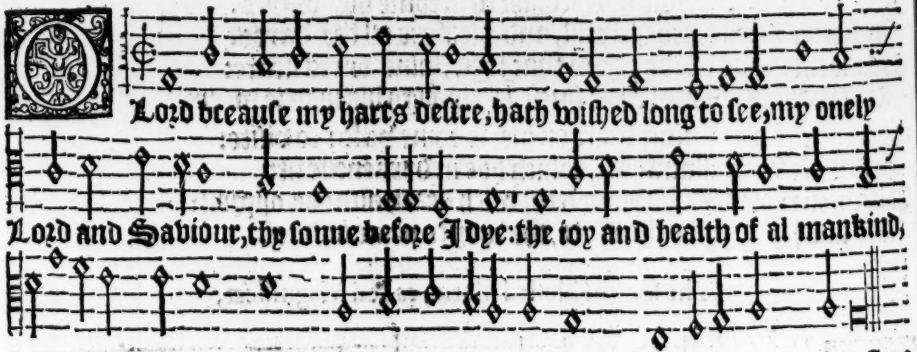
For now behold all nations, and generations all:
from this time forth for euermore, shall me right blessed call.
Because hee hath me magnified, which is the Lord of might:
whose name be euer sanctified, and praysed day and night.

For with his mercy and his grace, all men he doth enflame:
throughout all generations, to such as feare his name.
He shewed strength with his great arme, and made the proud to start
with all imaginations, that they bare in their hart.

He hath put downe the mighty ones, from their supernal seat:
and did exalt the meeke in heart, as he hath thought it meet.
The hungrie he replenished, with all thinges that were good:
And through his power he made the rich, oft times to want their food

And calling to remembrance, his mercy euery deale,
hath holpen vp assistantly, his seruant Israel.
According to his promise made, to Abraham before:
And to his seed successiuely, to stand for euermore.

The Song of Simeon, called Nunc Dimittis.



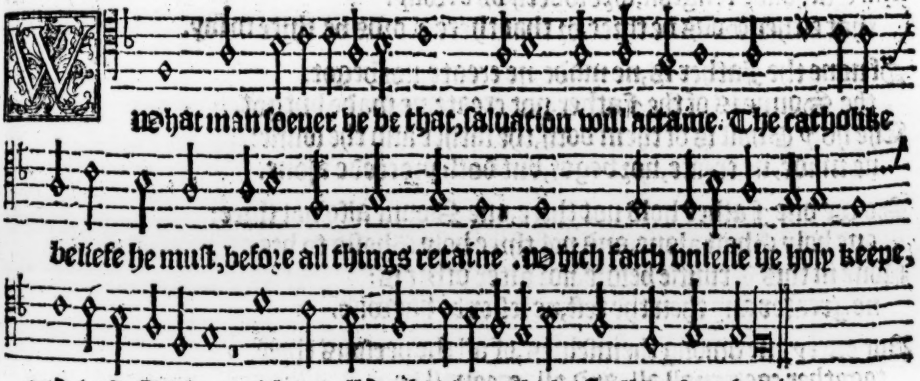
Thou sufferest thy seruant now, in peace for to depart:
according to thy holy word, which lighteneth my heart.

Because

Because mine eyes which thou hast made, to giue my body light:
haue now beheld thy saluing health, which is the Lord of might.

Whome thou mercifully hast set, of thine aboundant grace.
in open sight and visible, before all peoples face.
The Gentiles to illuminate, and Sathan ouerquell:
and eke to be the glory of, thy people Israell.

The Simbole or Creede of Athanasius, called *Quicunque vult.*



Whatman soeuer he be that, saluation will attaine. The catholike
beliefe he must, before all things retaine. Which faith vnlesse he holy keepe,
and vndefiledly: without all doubt eternally, he shall be sure to die.

The Catholike beliefe is this, that God we worshyp one:
in Trinitie, and Trinity in vnitie alone.
So as we neither do confound the persons of the three:
nor yet the substance whole of one, in sunder parted be.

One person of the Father is, another of the Sonne:
an other person proper of, the holy Ghost alone.
Of Father, Sonne, and and holy Ghost, but one the Godhead is:
like glory coeternall eke, the Maiestie like wise.

Such as the Father is, such is, the sonne in each degree:
and such also we doe beliue, the holy Ghost to be.
Uncreate is the Father, and vncreate is the sonne:
the holy Ghost vncreate, so vncreate is each one.

Incomprehensible Father is, incomprehensible sonne:
and comprehensible also is, the holy Ghost of none.
The Father is eternall and the sonne eternall so:
and in like sort eternall is, the holy Ghost also.

And yet though we beliue, that each of these eternall be:
yet there but one eternall is, and not eternals three:
As ne incomprehensible, ne yet vncreate three:
but one incomprehensible, one vncreate hold to be.

Almightie so the Father is, the sonne almightie so:
and in like sort almighty is, the holy Ghost also. And

And albeit that euery one of these almightie be:
yet there but one almightie is, and not almighties three.

The Father God is, God the sonne, God holy Ghost also:
yet are there not three Gods in all, but one God and no moe.
So likewise Lord the Father is, and Lord also the Sonne:
and Lord the holy Ghost, yet are there not three Lords but one.

For as we are compeld to grant, by Christian veritie:
each of the persons by himselfe, both God and Lord to be.
So Catholike religion, forbiddeth vs alway:
that either Gods be three, or that there Lords be three to say.

Of none the Father is, ne made, ne create, nor begot:
the Sonne is of the Father, not create, ne made but got.
The holy Ghost is of them both, the father and the sonne:
ne made, ne create, nor begot, but doth proceede alone.

So we one Father hold not three, one Sonne also not three:
one holy Ghost alone, and not three holy Ghosts to bee.
None in this Trinitie before, nor after other is:
ne greater any then the rest, ne lesser be likewise.

But euery one among themselues, of all the persons three:
together coeternall all, and all coequall be.
So vnity in Trinity, as saide it is before:
and Trinity in vnity, in all things we adore.

Therefore what man soeuer that, saluation will attaine:
this faith touching the Trinity, of force he must retaine:
And needfull to eternall life, it is that euery wight:
of the incarnating of Christ, our Lord belieue aright.

For this the right faith is that we, belieue and eke do know:
that Christ our Lord the Sonne of God, is God and man also:
God of his Fathers substance got, before the world began:
and of his mothers substance borne, in world a very man.

Both perfect God, and perfect man, in one one Jesus Christ:
that doth of reasonable soule, and humaine flesh subsist.
Touching his Godhead, equall with his Father God is he:
touching his manhood lower then, his Father in degree.

Who though he be both very God, and very man also,
yet is he but one Christ alone, and is not persons two.
One not by turning of Godhead, into the flesh of man:
but by taking manhood to God, this being one began.

All one not by confounding of, the substance into one:
but onely by the vnity, that is of one person.
For as the reasonable soule, and flesh but one man is:
so in one person God and man, is but one Christ likewise.

Who suffered for to saue vs all, to hell he did descend:

the

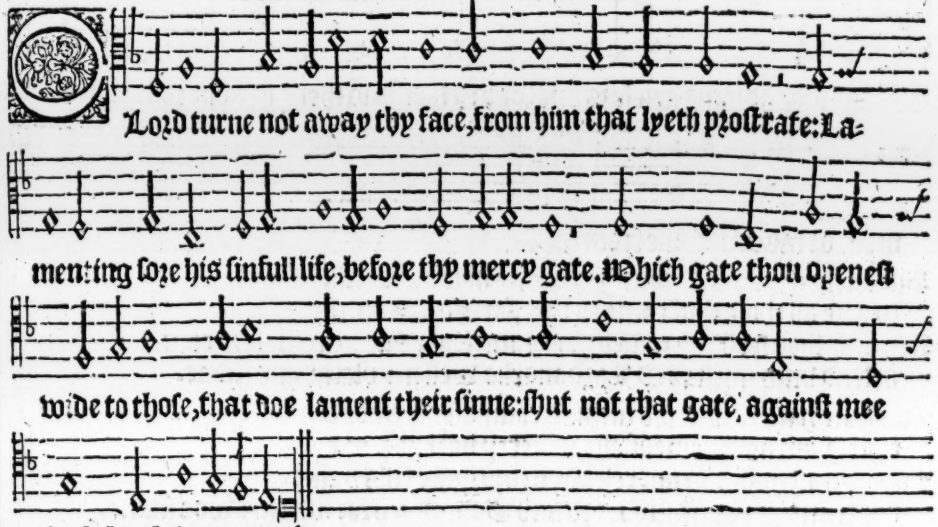
the third day rose againe from death, to heauen he did ascend.
He sits at the right hand of God, the almighty Father there:
from thence to iudge the quicke and dead, againe he shall retyre.

At whose returne all men shall rise, with bodies new restorde:
and of their owne workes they shall giue account vnto the Lord.
And they into eternall life, shall goe that haue done well:
who haue done ill, shall goe into, eternall fire to dwell.

This is the Catholike beliefe, who doth not faithfully:
beleeue the same, without all doubt, he saued cannot be.

To Father, Sonne, and holy Ghost, all glory be therefore:
As in beginning was, is now, and shall be euermore.

The Lamentation of a sinner. Market.



Lord, but let me enter in.

And call me not to mine accounts, how I haue liued here:
for then I know right well (O Lord) how vile I shall appeare.
I neede not to confesse my faults, I am sure thou canst tell:
what I haue beene and what I am, I know thou knowest it well.

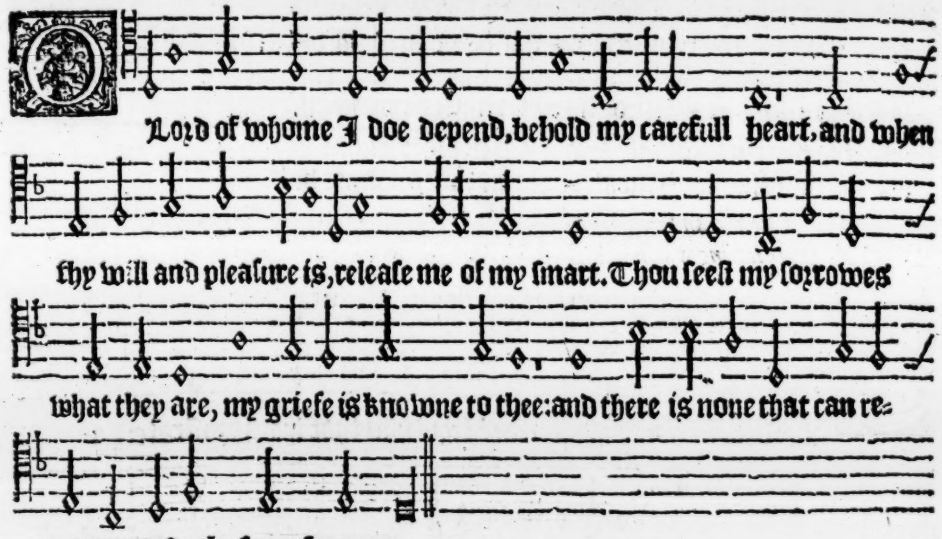
O Lord thou knowest what things be past, and eke the things that be:
thou knowest also what is to come, no thing is hid from thee.
Before the heauens & earth were made, thou knowest what things were then.
as all things else that haue beene since, among the sonnes of men

And can the things that I haue done, be hidden from thee then?
nay, nay, thou knowest them all O Lord, where they were done and when.
Wherefore with teares I come to thee, to beg and to intreate:
euen as the child that hath done euill, and feareth to be beate.

So come I to thy mercie gate, where mercie doth abound:
requiring mercie for my sinne, to heale my deadly wound
O Lord I neede not to repeate, what I do beg or craue:
thou knowest O Lord before I aske, the thing that I would haue.

Mercy good Lord mercy I aſke, this is the totall ſumme:
for mercy Lord is all my ſute, Lord let thy mercy come.

The humble ſute of a Sinner.



But onely thou whoſe aide I craue, whoſe mercy ſtill is preſt:
to eaſe all thoſe that come to thee, for ſuccour and for reſt.
And ſith thou ſeeſt my reſtleſſe eyes, my teares and grieuous grone,
attend vnto my ſute O Lord, marke well my plaint and mone.

For ſinne hath ſo incloſed me, and compaſt me about:
that I am now remedileſſe, if mercy help not out.
For mortall man can not releaſe, or mitigate this paine
but euen thy Chriſt, my Lord and God, which for my ſins was ſlaine.

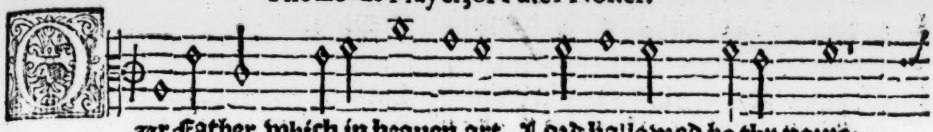
Whoſe bloudy wounds are yet to ſee, though not with mortall eye:
yet doe thy Saints behold them all, and ſo I truſt ſhall I.
Though ſinne doth hinder me a while, when thou ſhalt ſee it good:
I ſhall enioye the ſight of him, and ſee his wounds and bloud.

And as thine Angels and thy Saints, do now behold the ſame:
ſo truſt I to poſſeſſe that place, with them to prayſe thy name.
But whileſt I liue here in this vale, where ſinners do frequent:
aſſiſt me euer with thy grace, my ſinnes ſtill to lament.
Leaſt that I tread in ſinners trace, and giue them my conſent:
to dwell with them in wickednеſſe, whereto nature is bent.
Onely thy grace muſt be my ſtay, leaſt that I fall downe flat:
and being downe then of my ſelfe, cannot recouer that.

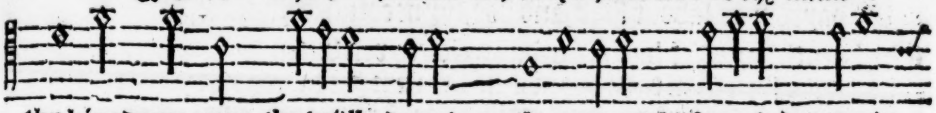
Wherefore this is yet once againe, my ſute and my requeſt:
to grant me perdon for my ſinne, that I in the may reſt.
Then ſhall my heart, my tongue and voyce, be inſtruments of prayſe:
and in thy Church and houſe of Saints, ſing Pſalmes to thee alwayes.

The

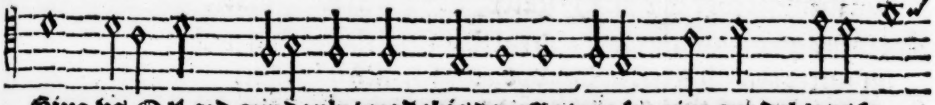
The Lords Prayer, or Pater Noster.



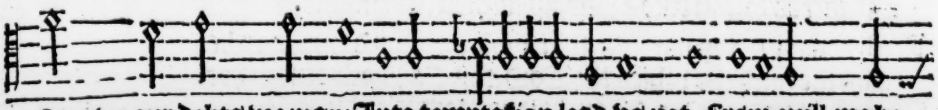
Ur Father which in heauen art, Lord hallowed be thy name:



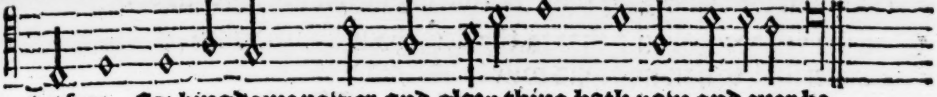
thy kingdome come, thy will be done in earth, euen as the same in heauen is.



Giue vs, O Lord, our dayly bread this day: As wee forgiue our debters so

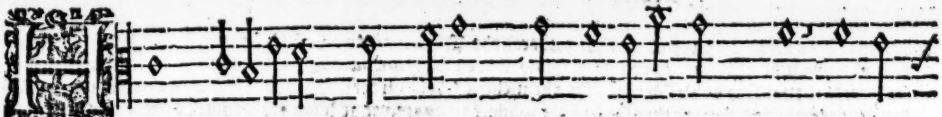


Forgiue our debts we pray: Into temptation lead vs not. From euill make

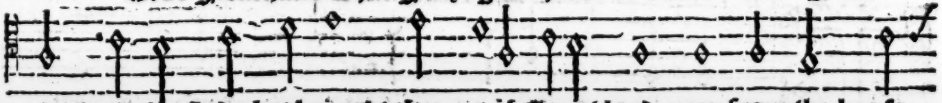


vs free. For kingdome power, and glory thine both now and euer be.

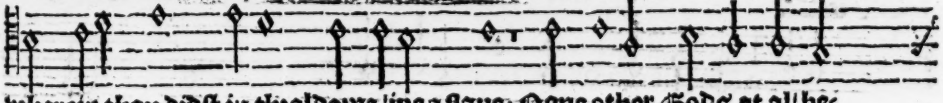
The X. Commaundements. Audi Israel.
Exodus. xx. N.



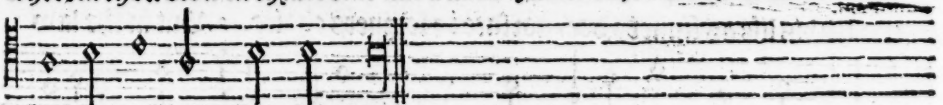
Arke Israel, and what I say, giue heede to vnderstand. I am



the Lord thy God, that brought thee out of Egypt land, euen from the house



wherein thou didst in thraldome line a slaue: None other Gods at all be-



fore, my presence, shalt thou haue.

Noe maner grauen Image shalt thou make at all to thee:
nor any figure like by thee, shall counterfaited be.
Of any thing in heauen aboue, nor in the earth below.
nor in the waters beneath the earth, to them thou shalt not bow.
Nor shalt them serue, Thy Lord thy God, a iealous God am I:
that punish parents faults vnto, the third and fourth degree.

Upon their children that me hate, and mercy doe displaye:
to thousands of such as me loue, and my precepts obaye.

The name thou of the Lord thy God, in vaine shalt neuer vse:
for him that takes his name in vaine, the Lord shall not excuse.
Remember that thou holy keepe, the sacred Sabboth daye:
sixe dayes thou labour shalt, and doe, thy needfull works alway.

The seuenth day is set by the Lord, thy God to rest vpon:
no worke then shalt thou doe in it, ne thou nor yet thy Sonne.
Thy daughter, seruant, nor handmaid, thine Oxe, nor yet thine Asse:
nor stranger that within thy gates, hath his abiding place.

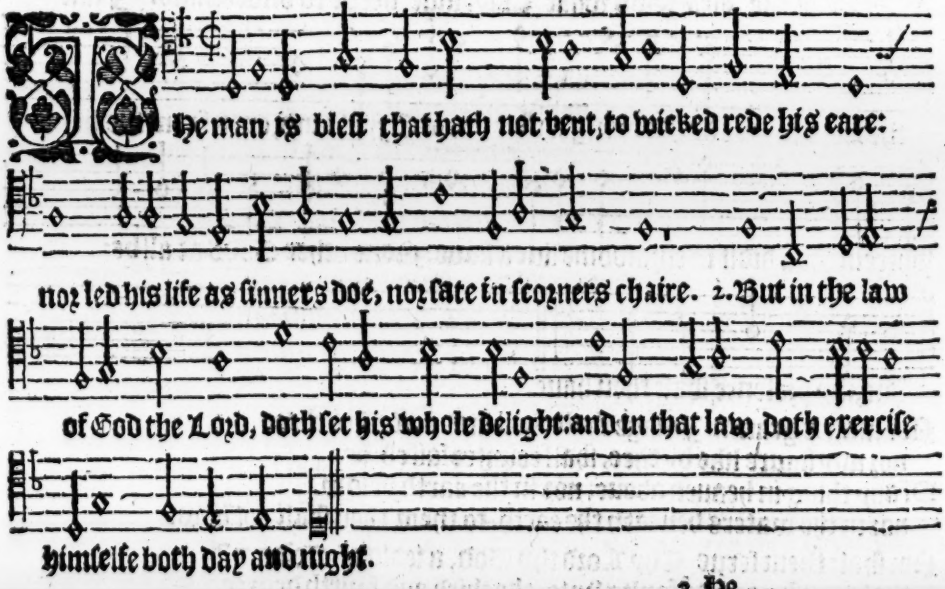
For in sixe dayes God heauen and earth, and all therein did make:
and after those his rest he did, vpon the seuenth day take.
Wherefore he blest the day that he, for resting did ordaine:
and sacred to him selfe a lone, appointed to remaine.

Yeeld honour to thy parents, that, prolongd thy dayes may be:
vpon the land the which the Lord, thy God hath giuen thee.
Thou shalt not murder. Thou shalt not, commit adulterie:
thou shalt not steale, Nor witnesse false, against thy neighbour be.

Thou shalt not couet house, that to, thy neighbour doth belong:
ne couet shalt in hauing of, his wife to doe him wrong.
Nor his man seruant, nor his maide, nor Oxe, nor Asse of his:
nor any other thing that to, thy neighbour proper is.

Beatus vir. I. *Psal.* T.S.

Whether it was Esdras, or any other that gathered the Psalmes into a booke it seemeth he did set this Psalme first in manner of a Preface, to exhort al godly men to study and meditate the heauenly wisedome for the effect hereof is that they be blessed that giue themselues wholy all their life to Gods law, and that the wicked contemners of God, though they seme for a while fortunate, yet at length shal come to miserable destructiō



3 He

3 He shall be like the tree that groweth, fast by the water side:
which bringeth forth most pleasant fruit, in her due time and tide.
whose leafe shall neuer fade nor fall, but flourish still and stand:
euen so all things shall prosper well, that this man takes in hand.

4 So shall not the vngodly men, they shall be nothing so:
but as the dust which from the earth, the wind driues to and fro.
5 Therefore shall not the wicked men, in iudgement stand vpright:
nor yet the sinners with the iust, shall come in place of light.

6 For why? the way of Godly men, vnto the Lord is known:
and eke the way of wicked men, shall quite be ouerthrown.

Quare fremuerunt gentes. Psal. ii. T. S.

Dauid reioyceth that notwithstanding his enimies rage and worldly power, yet God wil continue his kingdome for euer and aduance it euen to the furmost end of the world. And therefore he exhorteth Kinges and rulers, that setting vaine glory apart, they would humbly submit themselues vnder Gods yoke. Herein is signified Christ and his Kingdome.

Sing this as the first Psalme.

WHy did the Gentiles tumults rayse, what rage was in their braine:
why did the Iewish people muse, seeing all is but vaine.
2 The kings and rulers of the earth, conspire and are all bent:
Against the Lord and Christ his sonne, which he among vs sent.

3 Shall we be bound to them say they, let all their bonds be broke:
and of their doctrine and their law, let vs reiect the yoke.
4 But he that in the heauen dwelleth, their doings will deride:
and make them all as mocking stocks, throughout the world so wide.

5 For in his wrath the Lord will say, to them vpon a day:
and in his fury trouble them, and then the Lord will say.
6 I haue annoynted him my king, vpon my holy hill:
I will therefore Lord preach thy lawes, and eke declare thy will.

7 For in this wise the Lord himselfe, did say to me I wot:
thou art my deare and onely sonne, to day I the begot.
8 All people I will giue to thee, as heyres at thy request:
the ends and coastes of all the earth, by thee shall be possest.

9 Thou shalt them bruse euen with a mace, as men vnder foot trod:
and as the potters shards shalt breake, them with an iron rod.
10 Now ye O kings, and rulers all, be wise therefore and learnd:
By whome the matters of the world, be iudged and discernd.

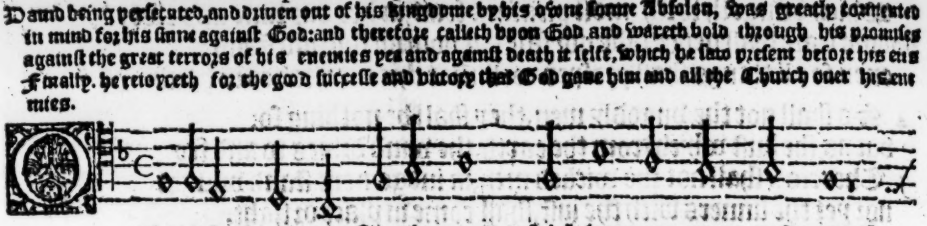
11 See that you serue the Lord aboue, in trembling and in feare:
see that with reuerence ye reioyce, to him in like manner.
12 See that ye kisse and eke imbrace, his blessed sonne I say:
Least in his wrath ye sodainely perish in the mid way.

13 If once his wrath neuer so small, kindle in his breast:
Oh then all they that trust in Christ, shall happie be and blest.

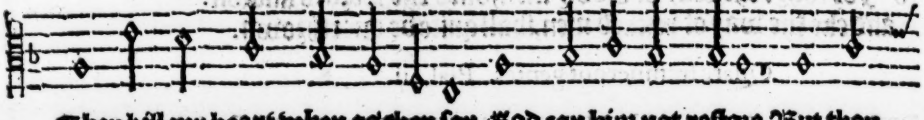
Domine

Dominie quid multiplicati. Psal. iii. T. S.

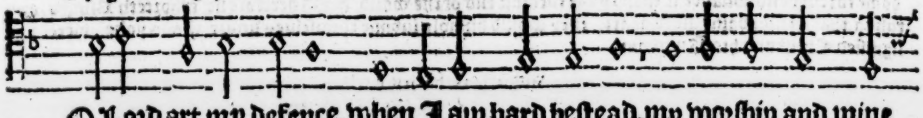
Dauid being persecuted, and driuen out of his kingdome by his owne sonne Absolon, was greatly tormented in mind for his sinne against God: and therefore calleth vpon God and waxeth bold through his promises against the great terrors of his enemies yea and against death it selfe, which he sate present before his eies. Finally he reioyceth for the good successe and victory that God gaue him and all the Church ouer his enemies.



Lord how are my foes increast, which vexe me more and more?



They kill my heart when as they say, God can him not restore. But thou



O Lord art my defence, when I am hard bestead, my worship and mine

honor both, and thou holdst vp my head.

4 Then with my voyce vpon the Lord, I did both call and crie:
and he out of his holy hill, did heare me by and by.

5 I laid me downe and quietly, I slept and rose againe:
for why? I know assuredly, the Lord will me sustaine.

6 If ten thousand had hemde me in, I could not be afraid:
for thou art still my Lord my God, my sauiour and mine aide.

7 Rise vp therefore, saue me my God, for now to thee I call:
for thou hast broke the cheeks and teeth, of these wicked men all.

8 Saluation onely doth belong, to thee O Lord aboue:
thou dost bestow vpon thy folke, thy blessing and thy loue.

Cum inuocarem, exaudiuit. Psal. iiii. T. S.

When Saule persecuted him, he calleth vpon God, trusting most assuredly in his promise, and therefore boldly reproueth his enemies, who by wilfull malice resisted his dominion. And finally he preferreth the fauour of God before all worldly treasures. Let vs likewise learne to trust in Gods promises, when we are afflicted with anie kind of crosse, and so we shall neither feare our enemies, nor yet be ouercome with temptations.

Sing this as the first Psalme.

O God that art my righteousnes, Lord heare me when I call:
thou hast set me at libertie, when I was bound and thrall.

2 Haue mercy Lord therefore on me, and grant me this request:
for vnto thee vncessantly, to cry I will not rest.

3 O mortall men how long will ye, my glory thus dispise:
why wander ye in vanitie, and follow after lies?

4 Know ye that good and godly men, the Lord doth take and chuse:
And when to him I make my plaint, he doth me not refuse.

5 Sinne

5 Sinne not but ſtand in awe therefore, examine well your heart:
and in your Chamber quietly, ſee you your ſelues conuert.
6 Offer to God the ſacrifice, of righteouſnes I ſay:
and looke that in the liuing Lord, you put your truſt alway.

7 The greater ſort craue worldly goods, and riches do embrace,
but Lord graunt me thy countinance, thy fauour and thy grace.
8 For thou therby ſhalt make my hart, more ioyfull and more glad:
then they that of their corne and wine, full great encreaſe haue had.

6 In peace therfore lie downe will I, taking my reſt and ſleepe:
for thou onely wilt me O Lord, alone in ſafety keepe.

Verba mea auribus. Pſal.v. T.S.

Dauid hauing ſuffered great calamities, aſwell by Doeg and Achitophell Saules flatterers, as by other infinite enemies calleth God for ſuccour, ſhewing how requiſite it is, that God ſhould puniſh the malitious enuie of his aduerſaries. After being aſſured of proſperous ſucceſſe, he conteineth comfort, concluding that when God ſhall deliuer him, other alſo ſhall be partakers of the ſame mercies.

Sing this as the 3. Pſalme

INcline thine eares vnto my words, O Lord my plaint conſider:
2 And heare my voyce, my king, my God, to thee I make my prayer.
3 Heare me betime Lord tarrie not, for I will haue reſpect,
my Prayer earely in the Morne, to thee for to direct.

4 And I will truſt through patience, in thee my God alone:
thou art not pleaſed with wickednes, and ill with thee dwels none.
5 And in thy ſight ſhall neuer ſtand, theſe furious fooles O Lord:
baine worckers of iniquity, thou haſt alwaies abhord.

6 The lyers and the flatterers, thou ſhalt deſtroy them thau:
and God will hate the bloud-thirſty, and the deceitfull man.
7 Therefore will I come to thy houſe, truſting vppon thy grace:
and reuerently will worſhip thee, toward thine holy place.

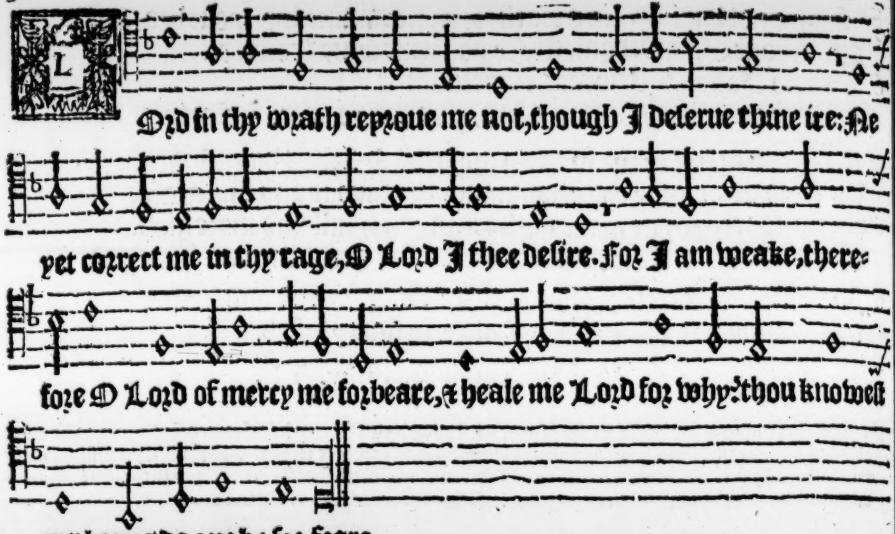
8 Lord lead me in thy righteouſneſſe, for to confound my foes:
and eke the way that I ſhall walke, before my face diſcloſe.
9 For in their mouthes their is no truth, their heart is foule and vain:
10 Their throat an open ſepulchre, their tongues do gloſe and faine.

11 Deſtroy their falſe conſpiracies, that they may come to nought:
12 Subuert them in the ir hepes of ſinne, which haue rebellion wrought.
13 But thoſe that put their truſt in thee, let them be glad alwaies:
and render thankes for thy defence, and giue thy name the praiſe.

14 For thou with fauour wilt encreaſe, the iuſt and righteous ſtill:
and with thy grace as with a ſhield defend him from all ill.

Domine ne in furore tuo. Pſal. vi. T.S.

When Dauid for his ſins had prouoked Gods wrath, and now felt not only his hand againſt him but alſo conceiued the horrors of death exceedingly he deſireth forgiuenes, bewailing, that if God tooke him away in his indignatiõ, he ſhould lack occaſiõ to praiſe him as he was wõt to do, whilſt he was amõgſt men. Then ſodainly feeling Gods mercy, he ſharply rebuketh his enemies, whiche betoyled in his afflictiõ



LOrd in thy wrath reproue me not, though I deſerue thine ire: Ne yet correct me in thy rage, O Lord I thee deſire. For I am weake, therefore O Lord of mercy me forbeare, & heale me Lord for why? thou knowest my bones do quake for feare.

3 My ſoule is troubled very ſore, and vexed behemently,
but Lord how long wilt thou delay, to cure my miſery.
4 Lord turne thee to thy wonted grace, my ſeely ſoule vptake:
oh ſaue me not for my deſerts, but for thy mercies ſake.

5 For why? no man among the dead, remembreth thee one whit,
or who ſhall worſhip thee O Lord, in the infernall pit.
6 So grieuous is my plaint and mone, that I wax wondrous faint,
all the night long I waſh my bed, with teares of my complaint.

7 My ſight is dim and waxeth old, with anguiſh of my heart:
for feare of thoſe that be my foes, and would my ſoule ſubuert.
8 But now away from me all ye, that worke iniquity:
for why? the Lord hath heard the voyce, of my complaint and crie.

9 He heard not onely the requeſt, and prayer of my heart,
but it receiued at my hand, and tooke it in good part.
And now my foes that vexed me, the Lord will ſoone defame:
and ſodainly confound them all, to their rebuke and ſhame.

Domine Deus meus in te ſperàui. Pſal. vii. T.S.

Dauid being falſly accuſed by Chus, one of Saules kinſmen calleth to God to be his defender to whom he commendeth his innocency. Firſt, ſhewing that his conſcience did not accuſe him of any euill towardes Saul. Next, that it touched Gods glory to award ſentẽce againſt the wicked, and ſo entring into the cõſideratiõ of Gods mercies & promiſes, he waxeth bold & derideth the vain ẽterpriſes of his enemies, threatning that it ſhall fal on their own necks that which they haue purpoſed for others.

Sing this as the third Pſalme.

O Lord my God I put my truſt, and confidence in thee:
Saue me from them that me purſue, and eke deliuer me.
Leaſt like a Lion he me teare, and rend in peeces ſmall:
whileſt there is none to ſuccour me, and rid me out of thral.
3 O Lord my God if I haue done, the thing that is not right;

or elſe if I be found in fault, or guilty in thy ſight.
4 Or to my friend rewarded ill, or left him in diſtreſſe:
which me purſued moſt cruelly, and hated me cauſles.

5 Then let my foes purſue my ſoule, and eke my life downe thruſt:
vnto the earth and alſo lay, mine honour in the duſt.
6 Start vp O Lord, now in thy wrath, and put my foes to paine:
performe thy kingdome promiſed, to me which wrong ſuſtaine.

7 Then ſhall great nations come to thee, and know thee by this thing
if thou declare for loue of them, thy ſelfe as Lord and king.
8 And thou that art of all men iudge, O Lord now iudge thou me:
according to my righteouſnes, and mine integrity.

The ſecond part.

9 Lord ceaſe the hate of wicked men, and bee the iuſt mans guide:
10 by whome the ſecrets of all hearts, are ſerched and diſcride.
11 I take my helpe to come of God, in all my griefe and ſmart:
that doth preſerue all thoſe that be, of pure and perfect heart.

12 The iuſt man and the wicked both, God iudgeth by his power:
ſo that he feeleth his mighty hand, euen euery day and houre.
13 Except he change his mind I die, for euen as he ſhould ſmite:
he whets his ſword, his bow he bends, aiming where he may hit.

14 And doth prepare his mortall darts, his arrowes keen and ſharpe:
from them that do me perſecute, whiles he doth miſchiefe warpe.
15. But loe though he in trauell be, of his diueliſh forecaſt:
and of his miſchiefe once concelude, yet bringes forth nought at laſt

16 He digs a ditch and delues it deepe, in hope to hurt his brother:
but he ſhall fall into the pit, that he digd vp for other.
17 Thus wrong returneth to the hurt, of him in whom it bred:
and all the miſchiefe that he wrought, ſhall fall vpon his head.
18 I will giue thanks to God therefore, that iudgeth righteouſly:
and with a ſong will prayſe the name, of him that is moſt hie.

Domine Deus noſter. Pſal. viii. T. S.

The Prophet conſidering the excellent liberalitie, and fatherly prouidence of God towards man, whome hee made as it were a God ouer all his workes: doth not onely giue great thanks, but is aſtonied with the admiration of the ſame, as one nothing able to compaſſe ſuch great mercies, and ſo endeth.

Sing this as the 3. pſalme.

O God our Lord how wonderfull, are thy works euery where:
whoſe fame ſurmounts in dignitie, aboue the heauens cleare.
2 Euen by the mouths of ſucking babes, thou wilt confound thy foes:
for in theſe babes thy might is ſeene, thy graces they diſcloſe.

3 And when I ſee the heauens high, the works of thine owne hand:
the Sunne, the Moone, and all the ſtarres, in order as they ſtand.
4 What thing is man Lord thinke I then, that thou doſt him remember:
or what is mans poſterritie, that thou doeſt him conſider.

5 For thou haſt made him little leſſe, then angels in degree:
and thou haſt crowned him alſo, with glory and dignity.
6 Thou haſt preferd him to be Lord, of all thy workes of wonder:
and at his feet haſt ſet all thinges, that he ſhould keepe them vnder.
7 As ſheepe and neate, and all beaſts elſe, that in the fields doe feed:
8 Foules of the aire, fiſh in the ſea, and all that therein breed.
9 Therefore muſt I ſay once againe, O God that art our Lord:
how famous and how wonderfull, are thy works through the world?

Confitebor tibi Domine. Pſal. ix. T. S.

After he had giuen thanks to God for the ſundrie victories that he ſent him againſt his enemies, and alſo proued by manifold experience, how ready God was at hand in all his troubles hee being now likewiſe in danger of new enemies Deſireth God to help him, according to his want, and deſtroy the malicious arrogancy of his aduerſaries.

Sing this as the 3. Pſalme.

WIth heart and mouth vnto the Lord, will I ſing laud and prayſe:
and ſpeake of all thy wondrous works, and them declare alwaies.
2 I will be glad and much reioyce, in thee O God moſt hie:
and make my ſongs extoll thy name, aboue the ſtarry ſkie.
3 For that my foes are driuen backe, and turned vnto flight:
they fall downe flat and are deſtroyd, by thy great force and might.
4 Thou haſt reuenged all my wrong, my griefe and all my grudge:
thou doſt with iuſtice heare my cauſe, moſt like a righteous iudge.
5 Thou doſt rebuke the heathen folke, and wicked ſo confound:
that afterward the memory, of them cannot be found:
6 My foes thou haſt made good diſpatch, and all their townes deſtroyd:
thou haſt their fame with them defacde, through all the world ſo wide.
7 Know thou that he which is a boue, for euer more ſhall reigne:
and in the ſeat of equitie, true iudgement will maintaine.
8 With iuſtice he will keepe and guide, the world and euery wight:
and ſo will yeeld with equitie, to euery man his right.
9 He is protector of the poore, what time they be oppreſt:
he is in all aduerſitie, their refuge and their reſt.
10 All they that know thy holy name, therefore ſhall truſt in thee:
for thou forſakeſt not their ſute, in their neceſſitie.
11 Sing Pſalmes therefore vnto the Lord, that dwelleth in Sion hill
publiſh among all nations, his noble acts and will.
12 For he is mindfull of the bloud, of thoſe that be oppreſt:
forgetting not the afflicted, heart that ſeekes to him for reſt.

The ſecond part.

13 Haue mercy Lord on me poore wretch, whoſe enemies ſtil remaine:
which from the gates of death are wont, to raiſe me vp againe.
14 In Sion that I may ſet forth, thy prayſe with heart and voyce:
and that in thy ſaluation Lord, my ſoule might ſtill reioyce.
15 The heathen ſtricke faſt in the pit, that they themſelues prepard:
and in the net that they did ſet, their own feet faſt are ſnarde.

16 God

16 God shewes his iudgments which were good, for euery man to marke:
when as ye see the wicked men, lie trapt in his owne warke.
17 The wicked and the sinfull men, goe downe to hell for euer:
and all the people of the world, that will not God remember.
18 But sure the Lord will not forget, the poore mans griefe and pain:
the patient people neuer loose, for helpe of God in vaine.
19 O Lord arise, least men preuaile, that be of worldly might:
and let the Heathen folke receaue, their iudgement in thy sight.
20 Lord strike such terror, feare and dread, into the hearts of them:
that they may know assuredly, they be but mortall men.

Vt quid Domine. Psal. x. T. S.

He complaineth of the fraud, rapine, tyranny, and all kindes of wrong, which worldly men vse, alligning the cause thereof, which was, that wicked men being as it were drunken with worldly prosperity, and therefore setting apart all feare and reuerence towards God, thinke they may doe all thinges without controling. therefore hee calleth vpon God to send some remedie against those desperate cuils And at length comforteth himselfe with hope of deliuerance.

Sing this as the 3. psalme.

WHat is the cause that thou O Lord, art now so far from thine:
and keepest close thy countenance from vs this troublous time.
2 The poore doth perish by the proud, and wicked mens desire:
let them be taken in the craft, that they themselues conspire.

3 For in the lust of his own heart, the vngodly doth delight:
so doth the wicked prayse himselfe, and doth the Lord despite.
4 He is so proud that right and wrong, he setteth all apart:
nay, nay, there is no God saith he, for thus he thinkes in heart.

5 Because his waies do prosper still, he doth thy lawes neglect:
and with a blast doth puffe against, such as would him correct.
6 Tush, tush, saith he, I haue no dread, least mine estate should change:
and why? for all aduersitie, to him is very strange.

7 His mouth is full of curstednes, of fraud, deceit and guile:
vnder his tongue doth mischiefe sit, and trauell all the while.
8 He lyeth hid in wayes and holes, to slay the innocent:
against the poore that passe him by, his cruell eyes are bent.

9 And like a Lyon priuily, lyeth lurking in his den:
if he may snare them in his net, to spoile poore simple men.
10 And for the nonce full craftily, he croucheth down I say: (pray.
11 So are great heapes of poore men made, by his strong power his

12 Tush God forgetteth this saith he, therefore may I be bold:
his countenance is cast aside, he doth it not behold.
13 Arise O Lord O God in whome, the poore mans hope doth rest:
lift vp thy hand, forget not Lord, the poore that be oppressed.

14 What blasphemie is this to thee, Lord dost thou not abhorre it:
to heare the wicked in their hearts, say tush thou carst not for it?
15 But thou seest all this wickednes, and well doest vnderstand:
16 That friendlesse and poore fatherlesse, are left into thy hand.

17 Of wicked and malicious men, then breake the power for euer:
that they with their iniquitie, may periſh all togeather.
18 The Lord ſhall raigne for euermore, as king and God alone:
and he will chaſe the heathen folke, out of his land echone.

19 Thou hearſt O Lord, the poore mans plaint, their prayers and requeſt:
their hearts thou wilt confirme vntill, thine eares to heare be preſt.
20 To iudge the poore and fatherles, and helpe them to their right:
that they may be no more oppreſt, with men of worldly might.

In Domino confido. Pſal. xi. T. S.

This Pſalme containeth two parts. In the firſt Dauid ſheweth how hard aſſaults of temptations he ſuſtained, and how great anguiſh of mind hee was in, when Saul did perſecute him. Then next hee reioceth that God ſent him ſuccour in his neceſſitie, declaring his iuſtice, as well in gouerning the good and the wicked men, as the whole world.

Sing this as the 3. Pſalme.

I Truſt in God, how dare ye then, ſay thus my ſoule vntill:
Flie hence as faſt as any fowle, and hide you in your hill?
2 Behold the wicked bend their bowes, and make their arrowes preſt:
to ſhoot in ſecret, and to hurt, the ſound and harmeles breſt.

3 Of worldly hope all ſtaies were ſhrunk, and clearely brought to nought:
alas the iuſt and righteous man, what euill hath he wrought?
4 But he that in his Temple is, moſt holy and moſt hie:
and in the heauens hath his ſeat, of royall maieſtie.

The poore and ſimple mans eſtate, conſidereth in his mind:
and ſearcheth out full narrowly, the manners of mankind.
5 And with a cherefull countenance, the righteous man will bleſ:
but in his heart he doth abhorre, all ſuch as miſchiefe muſe.

6 And on the ſinners caſteth ſnares, as thicke as any raine:
fire and brimſtone, and whirlewinds thicke, appointed for their paine.
7 We ſee then how a righteous God, doth righteouſnes embrace:
and to the iuſt and vpright men, ſhewes forth his pleaſant face.

Saluum me fac. Pſal. xii. T. S.

The Prophet learning the miſerable eſtate of the people, and the decay of all good order, deſireth God ſpeedily to ſend ſuccour to his children. Then comforting himſelfe and others with the aſſurance of Gods helpe: he commendeth the conſtant verity that God obſerueth in keeping his promiſe, concluding that when all orders are moſt corrupted, then God will deliuer his.

Sing this as the 3. Pſalme.

HElpe Lord for good and godly men, doe periſh and decay:
and faith and truth from worldly men, is parted cleane away.
2 Who ſo doth with his neighbour talke, his talke is all but vaine:
for euery man bethinketh how, to flatter, lie and faine.

3 But flattering and deceitfull lips, and tongues that be ſo ſtout:
to ſpeake proud words, and make great brags, the Lord ſoon cut them out.
4 For they ſay ſtill, we will preuaile, our tongues ſhall vs extoll:
our tongues are ours we ought to ſpeake, what Lord ſhall vs controll?

5 But

5 But for the great complaint and crie, of poore and men oppreſt:
arise will I, now saith the Lord, and them restore to rest.
6 Gods word is like to siluer pure, that from the earth is tride:
and hath no lesse then seuen times, in fire beene puryfide.

7 Now since thy promise is to helpe, Lord keepe thy promise then:
and saue vs now and euermore, from this ill kind of men.
8 For now the wicked world is full, of mischiefs manifold:
when vanity with worldly men, so highly is extold.

Vsquequo Domine. Pſal. xiiii. T. S

Dauid as it were ouercome with sundrie and new afflictions, fleeth to God, as his onely refuge, and so at length being encouraged through Gods promises, he conceiueth most sure confidence against the extreame horrors of death.

Sing this as the 3. Pſalme,

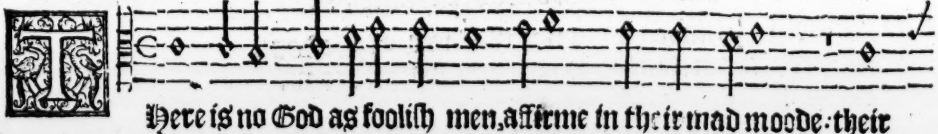
HOw long wilt thou forget mee Lord, shall I neuer be remembred?
how long wilt thou thy visage hide, as though thou were offended?
2 In heart and mind how long shall I, with care tormented be?
how long ere shall my deadly foe, thus triumph ouer me?

3 Behold me now, my Lord my God, and heare me sore oppreſt:
lighten mine eyes least that I sleepe as one by death possest.
4 Least thus mine enemie say to me, behold I doe preuaile:
least they also that hate my soule, reioyce to see me quaile.

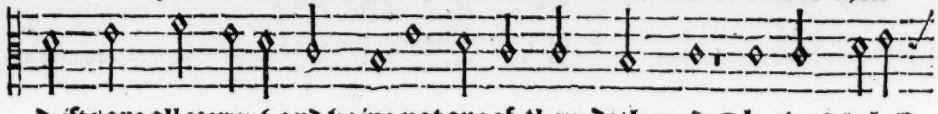
5 But for thy mercies and goodnes, my hope shall neuer start:
in thy reliefe and sauing health, right glad shall be my heart.
6 I will giue thanks vnto the Lord, and prayses to him sing:
beause he hath heard my request, and granted my wishing.

Dixit insipiens. Pſal. xiii. T. S.

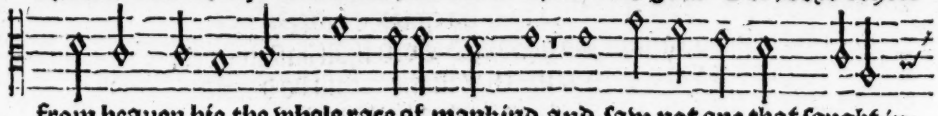
He describeth the peruerse nature of men, which were so growne to licentiousnes, that God was brought to vtter contempt, for the which thing although he was greatly grieued, yet being perswaded that God would send some present remedie, he comforteth him selfe and others.



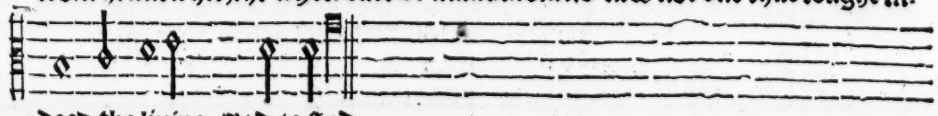
There is no God as foolish men, affirme in their mad moode: their



drifts are all corrupt and vaine, not one of them doth good. The Lord beheld



from heauen hie, the whole race of mankind, and saw not one that sought in:



deed, the liuing God to find.

3 They went all wide and were corrupt, and truly their was none:
that in the world did any good, I say there was not one.
4 Is all their indgement so farre lost, that all worke mischiefe still:
eating my people euen as bread, not one to seeke Gods will?
5 When they thus rage then sodainly, great feare on them shall fall.
for God doth loue the righteous men, and will mainetaine them all.
6 Ye mocke the doings of the poore, to their reproch and shame:
because they put their trust in God, and call vpon his name.
7 But who shall giue thy people health, and when wilt thou fulfill:
the promise made to Israel, from out of Sion hill?
8 Euen when thou shalt restore againe, such as were captiues lad:
then Jacob shall therein reioyce, and Israel shall be glad.

Domine quis habitabit. Psal. xv. T.S.

This Psalme teacheth on what condition God did chuse the Iewes for his peculiar people, and wherefore he placed his reple among them, which was to the entent, that they by liuing vprightly and godly might witnes, that they were his speciall and holy people.

Sing this as the 3. Psalme.

O Lord within thy tabernacle, who shall inhabite still:
or whom wilt thou receiue to dwell, in thy most holy hill?
2 The man whose life is vncorrupt, whose workes are iust and strait:
whose hart doth speake the very truth, whose tongue speaks no deceit:
3 Nor to his neighbour doth none ill, in body, goods or name:
nor willingly doth moue false tales, which might impayre the same.
4 That in his heart regardeth not, malitious wicked men:
but those that loue and feare the Lord, he maketh much of them.
5 His oath and all his promises, that keepeth faithfully:
although he make his couenant so, that he doth loose thereby.
6 That putteth not to vsury, his money and his coyne:
ne for to hurt the innocent, doth bribe or else purloine.
7 Who so doth all thinges as you see, that here is to be done.
shall neuer perish in this world, nor in the world to come.

Conserua me Domine. Psal. xvi. T.S.

Dauid prayeth to God for succour, not for his workes but for his faithes sake, protesting that hee hateth all Idolatrie, taking God onely for his comfort and felicity, who suffereth his to lacke nothing.

Sing this as the 14 psalme.

L Ord keepe me for I trust in thee, and do confesse indeed:
thou art my God and of my goods, O Lord thou hast no need.
2 I giue my goodnes to thy Saints, that in the world do dwell:
and namely to the faithfull flocke, in vertue that excell.
3 They shall heape sorrowes on their heads, which run as they were mad:
to offer to the Idoll Gods, alas it is to bad.
4 As for the bloudie sacrifice, and offerings of that sort:
I will not touch, nor yet thereof, my lips shall make report.

5 For

5 For why? the Lord the portion is, of mine inheritance:
and thou art he that do'st maintaine, my rent, my lot, my chance
6 The place wherein my lot did fall, in beutie did excell:
mine heritage assignde to me, doth please me wondrous well.

7 I thanke the Lord that caused me, to vnderstand the right:
for by his meanes my secret thoughts, doe teach me euery night.
8 I set the Lord still in my sight, and trust him ouer all:
for he doth stand on my right hand, therefore I shall not fall.

9 Wherefore my hart and tongue also, doe both reioyce together:
my flesh and body rest in hope, when I this thing consider.
10 Thou wilt not leaue my soule in graue, for Lord thou louest me:
nor yet wilt giue thy holy one, corruption for to see.

11 But wilt teach me the way to life, for all treasures and store
of perfect ioy are in thy sight, and power for euermore.

Exaudi Domine iustitiam meam. Psal. xvii. T. S.

Here hee complaineth vnto God of the cruell pride and arrogancie of Saul, and the rest of his enemies, who thus raged without any cause giuen of his part: therefore he desireth God to reuenge his innocency, and deliuer him. This Psalme ought diligently to be noted of such as reteine trull for such doing.

Sing this as the 14. Psalme.

O Lord giue eare to my iust cause, attend when I complaine:
and heare thy prayer that I put forth, with lips that doe not faine.
2 And let the iudgment of my cause, proceed alwaies from thee:
and let thine eyes behold and cleare, this my simplicitie.

3 Thou hast well tride me in the night, and yet couldst nothing find:
that I haue spoken with my toong, that was not in my mind.
4 As for the workes of wicked men, and pathes peruerse and ill:
for loue of thy most holy word, I haue refrained still.

5 Then in the pathes that be most pure, stay me Lord and preserue,
that from the way wherein I walke, my steps may neuer swerue.
6 For I doe call to thee O Lord, surely thou wilt me aide:
then heare my prayer, and weigh right well, the words that I haue said.

7 O thou the Sauiour of all them, that put their trust in thee:
declare thy strength on them that spurn, against thy maiestie.
8 O keepe me Lord, as thou would'st keepe, the apple of thine eye:
and vnder couert of thy wings, defend me secretly.

The second part.

9 From wicked men that trouble me, and dayly me annoy:
and from my foes that goe about, my soule for to destroy.
10 Which wallow in their worldly wealth, so full and eke so fat:
that in their pride they doe not spare, to speake they care not what.

11 They lie in wait where I should passe, with craft me to confound,
and musing mischiefe in their minds, to cast me to the ground.
12 Much like a Lyon greedily, that would his pray embrace:
or lurking like a Lions whelpe, within some secret place.

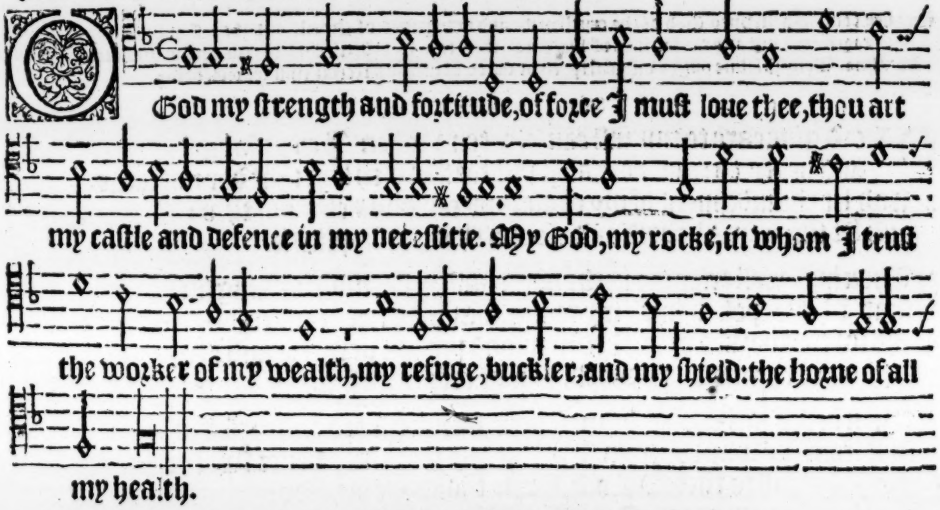
13 Up Lord with haste preuent my foe, and cast him at thy feet:
saue thou my soule from the ill man, and with the sword him smite.
14 Deliuer me Lord by thy power, out of these tyrants hands:
which now so long time raigned haue, and kept vs in their bands.

15 I meane from worldly men to whom, all worldly goods are rife:
that haue no hope nor part of ioy, but in this present life.
Thou of thy store their bellies fill, with pleasures to their mind:
their children haue enough and leaue, to theirs the rest behind.

16 But I shall with pure conscience, behold thy gratious face:
so when I wake I shall be full, with thine image and grace.

Diligam te Domine. Psal. xviii. T. S.

This Psalme is the first beginning of Dauids saluation and thanksgiuing into the entring into his kingdom wherein hee extolleth and prayseth most highlie the meruellous mercies and grace of God, who hath both preserued and defended him: he setteth foorth the Image of Christes kingdome, painted in his kingdome that the faithfull may bee assured, that Christ shall alwaies conquere and ouercome by the vnspeakeable power of his Father, though all the whole world should say there against.



3 When I sing laud vnto the Lord, most worthy to be serued:
then from my foes I am right sure, that I shall be preserued.
4 The pangs of death did compas mee, and bound me euery where:
the flowing waues of wickednesse, did put me in great feare.

5 The slie and subtle snares of hell, were round about me set:
and for my death there was prepard, a deadly trapping net.
6 I thus beset with paine and griefe, did pray to God for grace:
and he forth with did heare my plaint, out of his holy place.

7 Such is his power that in his wrath, he made the earth to quake:
yea the foundation of the mount, of Balan for to shake.
8 And from his nostrils came a smoake, when kindled was his ire:
and from his mouth came kindled coales, of hote consuming fire.

9 The Lord discended from aboue, and bowde the heauens hie:
and vnderneath his feet he cast, the darknes of the skie.

10 On

10 On Cherubes and on Cherubins, full royally he rode:
and on the winges of all the windes, came flying all abroad.

The second part.

11 And like a den most darke he made, his hid and secret place:
with waters blacke and ayrie cloudes, enuirone d he was.
12 But when the presence of his face, in brightnes shall appeare:
then clouds consume, & in their stead, come haile and coales of fire.

13 The firie darts and thunderbolts, disperse them here and there:
and with his often lightenings, he puts them in great feare.
14 Lord at thy wrath and threatenings, and at thy chiding cheare:
the springs and the foundations, of all the world appeare.

15 And from aboue the Lord sent down, to fetch me from below:
and pluckt me out of waters great, that would me ouerflow.
16 And me deliuered from my foes, that would haue made me thrall:
yea from such foes, as were too strong, for me to deale withall.

17 They did preuent me to oppresse, in time of my great griefe:
but yet the Lord was my defence, my succour and reliefe.
18 He brought me foorth in open place, whereas I might be free:
and kept me safe because hee had, a fauour vnto me.

19 And as I was an innocent, so did he me regard:
and to the cleannes of my hands, he gaue me my reward.
20 For that I walked in his wayes, and in his pathes haue trod:
and haue not wauered wickedly, against my Lord my God.

The third part.

21 But euermore I haue respect, to his law and decree:
his statutes and commaundements, I cast not out from me.
22 But pure and cleane and vncorrupt, appearde before his face:
and did refraine from wickednes, and sin in any case.

23 The Lord therefore will me reward, as I haue done aright:
and to the cleannes of my hands, appearing in his sight.
24 For Lord with him that holy is, wilt thou be holy to:
and with the good and vertuous men, right vertuously wilt do.

25 And to the louing and elect, thy loue thou wilt reserue:
and thou wilt vse the wicked men, as wicked men deserue.
26 For thou dost saue the simple folke, in trouble when they lie:
and dost bring downe the countenance, of them that looke full hie.

27 The Lord will light my candle so, that it shall shine full bright:
the Lord my God will make also, my darkenes to be light.
28 For by thy helpe an hoast of men, discomfite Lord I shall:
by thee I scale and ouerleape, the strength of any wall.

29 Unspotted are the wayes of God, his word is purely tride:
he is a sure defence to such, as in his faith abide.
30 For who is God except the Lord: for other there is none:
or els who is omnipotent, sauing our God alone.

The

The fourth part.

31 The God that girdeth mè with strength, is he that I do meane:
that all the wayes wherein I walke, did euermore keepe cleane.
32 That made my feet like to the Harts, in swiftnes of my pace:
and for my surety brought me forthe, into an open place.

33 He did in order put my hands, to battell and to fight:
to breake in sunder bars of brasse, he gaue mine armes the might.
34 Thou teachest me thy saning health, thy right hand is my tower:
thy loue and familiarity, doth still encrease my power.

35 And vnder me thou makest plaine, the way where I should walke:
so that my feete shall neuer slip, nor stomble at a balke.
36 And fiercely I pursue and take, my foes that me annoid:
and from the field do not returne, till they be all destroyd.

37 So I suppresse and wound my foes, that they can rise no more:
for at my foote they fall downe flat, I strike them all so sore.
38 For thou doest gird me with thy strength, to warre in such a wise:
that they be all scatered abroad, that vp against me rise.

39 Lord thou hast put into my hands, my mortall enemies yoke:
and all my foes thou dost deuide, in sunder with thy stroke.
40 They cald for helpe, but none gaue eare, to helpe them with relefe:
yea to the Lord they calde for helpe, yet heard he not their griefe.

The fift part.

41 In still like dust before the wind, I driue them vnder feet:
and sweepe them out like filth and clay, that stinketh in the street.
42 Thou kepst me from seditious folke, that still in strife be led:
and thou doest of the Heathen folke, appoint me to be head.

43 A people strange to me vnknowne, and yet they shall me serue:
and at the first obey my word, whereas mine owne will swerue.
44 I shall be irksome to mine owne, they will not see my light.
but wander wide out of their wayes, and hide them out of sight.

45 But blessed be the liuing Lord, most worthy of all praise:
that is my rocke and sauing health, prayed be he alwayes.
46 For God it is that gaue me power, reuenged for to be.
and with his holy word subdued, the people vnto me.

47 And from my foe deliuered me, and set me higher then those:
that cruell and vngodly were, and vp against me rose.
48 And for this cause O Lord my God, to thee giue thanks I shall:
and sing out prayses to thy name, among the Gentiles all.

49 Thou gauest great prosperitie vnto the King I say:
to Dauid thine annointed King, and to his seede for aye.

Cœli

Cœli enarrant. Psal. xix. T. S.

He moueth the faithfull to glorifie God by the workemanship, proportion, and ornaments of the heauens: and by the law, wherein God is reuealed familiarly to his chosen people.

Sing this as the 14. Psalme.

THe heauens and the firmament, do wondrously declare:
the glory of God omnipotent, his workes and what they are.
2 The wondrous workes of God appeare, by euery dayes successe:
the nights likewise which their race run, the selfe same thing expresse.

3 There is no language, tongue or speech, where their sound is not heard:
in all the earth and coasts thereof, their knowledge is conferd.
4 In them the Lord made for the Sunne, a place of great renowne:
who like a bridegroome ready trimd, doth from his chamber come.

5 And as a valiant Champion, who for to get a prise:
with ioy doth hast to take in hand, some noble enterprise.
6 And all the skie from end to end, he compasseth about:
nothing can hide it from his heat, but he will find it out.

7 How perfect is the law of God, how is his couenant sure:
conuerting soules, and making wise, the simple and obscure.
8 Just are the Lords commaundements, and glad both hart and minde:
his precepts pure and giueth light, to eyes that be full blind.

9 The feare of God is excellent, and doth endure for euer:
the iudgments of the Lord are true, and righteous altogether.
10 And more to be imbrard alwaies, then fined gold I say:
the hony and the hony combe, are not so sweete as they.

11 By them thy seruant is forwarnd, to haue God in regard:
and in performance of the same, there shall be great reward.
12 But Lord what earthly man doth know, the errors of his life:
then clense my soule from secret sins, which are in me most rife.

13 And keepe me that presumptuous sins, preuaile not ouer me:
and then shall I be innocent, and great offences flie.
14 Accept my mouth and eke my heart, my words and thoughts eachone:
for my redeemer and my strength, O Lord thou art alone.

Exaudiat te Dominus. Psal. xx. T. S.

The people pray to God to heare their king and receiue his sacrifice. Which he offered before he went to battell against the Ammonites, declaring that the heathen put their trust in horses, but they trust onely in his name. Wherefore they shall fall, but the king and his people shall stand.

Sing this as the 14. Psalme.

IN trouble and aduersity, the Lord God heare thee still:
the maiestie of Jacobs God, defend thee from all ill.
2 And send thee from his holy place, his helpe at euery need:
and so in Sion stablish thee, and make thee strong indeed.

3 Remembring well the sacrifice, that now to him is done:
and so receiue right thankfully, thy burnt offrings each one.

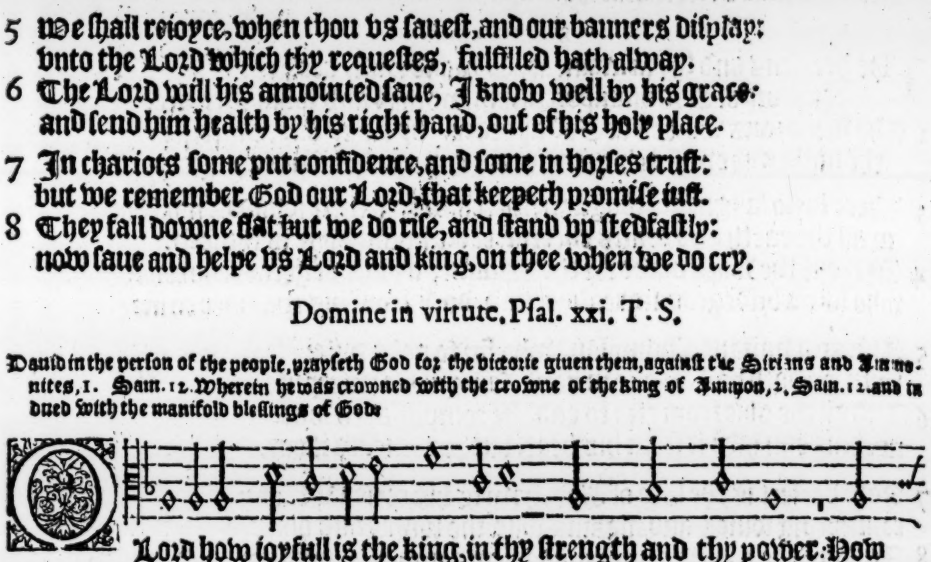
4 Accoꝛding to thy hearts desire, the Loꝛd graunt vnto thee:
And all thy counsell and deuise, full well performe may he.

5 We shall reioyce, when thou vs sauest, and our banners display:
vnto the Loꝛd which thy requestes, fulfilled hath alway.
6 The Loꝛd will his annointed saue, I know well by his grace:
and send him healthy by his right hand, out of his holy place.

7 In chariots some put confidence, and some in hoꝛses trust:
but we remember God our Loꝛd, that keepeth pꝛomise iust.
8 They fall downe flat but we do rise, and stand vp stedfastly:
now saue and helpe vs Loꝛd and king, on thee when we do cry.

Domine in virtute. Psal. xxi. T. S.

Dauid in the person of the people, pꝛayseth God foꝛ the victorie giuen them, against the Sirians and Ammonites, 1. Sam. 12. Wherein he was crowned with the crowne of the king of Ammon, 2. Sam. 12. and indued with the manifold blessings of God.



3 Thou didst pꝛeuent him with thy gifts, and blessings manifold:
and thou hast set vpon his head, a crowne of perfect gold.
4 and when he asked life of thee, thereof thou madest him sure:
to haue long life, yea such a life, as euer shall endure.

5 Great is his gloꝛy by thy helpe, thy benefite and aide:
great woꝛship and great honour both, thou hast vpon him laid.
6 Thou wilt giue him felicity, that neuer shall decay:
and with thy cherefull countenance, wilt comfoꝛt him alway.

7 Foꝛ why? the king doth strongly trust, in god foꝛ to pꝛeuayle:
therefoꝛe his goodnes and his grace, will not that he shall quaile
8 But let thine enemies feele thy foꝛce, and those that thee withstand:
find out thy foes and let them feele, the power of thy right hand.

9 And

9 And like an ouen burne them Lord, in fierie flame and fume:
thine anger ſhall deſtroy them all, and fire ſhall them conſume.
10 And thou wilt root out of the earth, their fruit that ſhould increaſe:
and from the number of the folke, their ſeed ſhall end and ceaſe.

11 For why? much miſchiefe did they muſe, againſt thy holy name:
yet did they faile and had no power, for to performe the ſame.
12 But as a marke thou ſhalt them ſet, in a moſt open place:
and charge thy bowſtrings readily, againſt thine enemies face.

13 Be thou exalted Lord therefore, in thy ſtrength euery houre:
ſo ſhall wee ſing right ſolemnly, praying thy might and power.

Deus Deus meus. Pſal. xxii. T. S.

Dauid complaineth himſelf to be brought into ſuch extremities, that he is like a deſperate man, and paſt al hope after declareth whereof, he recouereth himſelfe from the bottomleſſe pit of temptations. And vnder his own perſon he ſetteth forth the figure of Chriſt, whom he did foreſee in the ſpirit of prophecie. So this Pſalme after two ſorts doth declare that Prophecie of Eſay, he was taken forth of priſon and iudgment.

Sing this as the 21. Pſalme.

O God my God wherefore doeſt thou forſake me vtterly:
and helpeſt not when I do make, my great complaint and cry?
2 To thee my God euen all day long, I do both crie and call:
I ceaſe not all the night and yet, thou heareſt not at all.

3 Euen thou that in thy Sanctuary, and holy place doſt dwell:
thou art the comfort and the ioy, and glorie of Iſraell.
4 And he in whome our fathers all, had all their hope for euer:
and when they put their truſt in thee, ſo doſt thou them deliuer.

5 They were deliuered euer when, they called on thy name:
and for the faith they had in thee, they were not put to ſhame.
6 But I am now become a worme, more like then any man:
an outcaſt whom the people ſcorne, with all the ſpite they can.

7 And me deſpiſe as they behold, me walking on the way:
they grin, they mow, they nod their heads, and in this wiſe they ſay.
8 This man did glorie in the Lord, his fauour and his loue:
let him redeeme and helpe him now, his power if he will proue.

9 But Lord out of my mothers wombe, I came by thy requeſt:
thou didſt preſerue me ſtill in hope, while I did ſucke her breſt.
10 I was committed from my birth, with thee to haue abod:
ſince I was in my mothers wombe, thou haſt beene aye my God.

The ſecond part.

11 Then Lord depart not now from me, in this my preſent griefe:
ſince I haue none to be my helpe, my ſuccour and relefe.
12 So many buls do compaſſe me, that be full ſtrong of head:
yea buls ſo fat as though they had, in Baſan field beene fed.

13 They gape vpon me greedily, as though they would me ſlay:
much like a Lyon roaring out, and ramping for his pray.

14 But I drop downe like water shed, my ioynts in sunder breake:
my heart doth in my body melt, like waxe against the heate.

15 And like a potsheard drieth my strength, my tongue it cleaueth fast:
vnto my iawes, and I am brought, to dust of death at last.
16 And many doggs do compasse me, and wicked counsell eke:
consspire against me cruelly, they pierce my hands and feet.

17 I was tormented so, that I might all my bones haue told:
yet still vpon me they doe looke, and still they me behold.
18 My garments they deuided eke, in partes among them all:
and for my coate they did cast lots, to whome it might befall.

19 Therefore I pray thee be not farre, from me at my great need:
but rather lith thou art my strength, to helpe me Lord make speed.
20 And from the sword Lord saue my soule, by thy might and thy power:
and keepe my soule thy darling deare, from dogs that would deuour.

21 And from the Lyons mouth that would, me all in sunder shiuer:
and from the hornes of Unicornes, Lord safely me deliuer.
22 And I shall to my brethren all, thy Maiestie record,
and in thy Church shall prayse the name, of thee the liuing Lord.

The third part.

23 All ye that feare him prayse the Lord, thou Jacob honour him:
and all ye seed of Israell, with reuerence worship him.
24 For he despiseth not the poore, he turneth not away
his countenance when they doe call, but graunteth to their crie.

25 Among the flocke that feare the Lord, I will their for prodclaime
thy prayse and eke thy promise made, forsetting fourth thy name.
26 The poore shall eate and be sufficed, and those that doe their deuer
to know the Lord shall prayse his name, their hearts shall liue for euer.

27 All coasts of earth shall prayse the Lord, and turne to him for grace:
the heathen folke shall worship him, before his blessed face.
28 The kingdome of the heathen folke, the Lord shall haue therefore:
and he shall be their gouernour, and king for euermore.

29 The rich man of his godly gifts, shall feed and taste also:
and in his presence worship him, and bow their knees full low.
30 And all that shall goe downe to dust, of life by him must tast:
my seed shall serue and prayse his name, while any world shall last.

31 My seed shall plainly shew to them, that shall be borne hereafter:
his iustice and his righteousnes, and all his workes of wonder.

Dominus regit me. Psal. xxiii. W. W.

Wecause the Prophet had proued the great mercies of God at diuers times, and in sundrie maners hee gathereth a certaine assurance, fully perswading himselfe, that God will continue the like same goodnes towards him for euer.

Sing this as the 21. Psalme.

THe Lord is onely my support, and he that doth me feed:
how can I then lacke any thing, whereof I stand in need?

The

2 He doth me fold in coates most safe, the tender grasse fast by:
and after driues me to the streames, which runne most pleasantly.

3 And when I feele my selfe neere lost, then doth he me home take:
conducting me in his right pathes, euen for his owne names sake.
4 And though I were euen at deaths doze, yet would I feare none ill.
for with thy rod and shepheards crooke, I am comforted still.

5 Thou hast my table richly deckt, in dispight of my foe:
thou hast my head with balme refresht, my cup doth ouerflow.
6 And finally while breath doth last, thy grace doth me defend:
and in the house of God will I, my life for euer spend.

An other by Thomas Sternehold.

MY shepheard is the liuing Lord, nothing therefore I need:
in pastures faire with waters calme, he let me for to feed.
2 He did conuert and glad my soule, and brought my mind in frame:
to walke in pathes of righteousnesse, for his most holy name.

3 Yet though I walke in vale of death, yet will I feare none ill:
thy rod, thy staffe doth comfort me, and thou art with me still.
4 And in the presence of my foes, my table thou shalt spred:
thou shalt (O Lord) fill full my cup, and eke annoint my head.

5 Through all my life thy fauour is, so frankly shewed to mee:
that in thy house for euermore, my dwelling place shall bee.

Domini est terra. Psal. xxiiii. I. H.

Because the grace of God was then to bee vttered in the temples, more glorious then before it had beene in the tabernacle, Dauid giueth it a most glorious title, and with exclamation setteth forth the honour thereof, stirreth vs to the consideration of the eternall mansion prepared for vs in the heauens, whereof this was a shadow and figure.

Sing this as the 24. Psalme.

THe earth is all the Lords, with all her store and furniture:
yea his is all the world, and all that therein do endure.
2 For he hath fastly founded it, aboue the sea to stand:
and laid alow the liqued flouds, to flow beneath the land.

3 For who is he (O Lord) that shall ascend into thy hill:
or passe into thy holy place, there to continue still?
4 Whose hands are harmeles, & whose hart, no spot there doth defile
his soule not set on vanitie, who hath not sworne to guile.

5 Him that is such a one the Lord, shall place in blissfull plight:
and God his God and Sauiour, shall yeeld to him his right:
6 This is the broode of trauellers, in seeking of his grace:
as Iacob did the Israelites, in that time of his race.

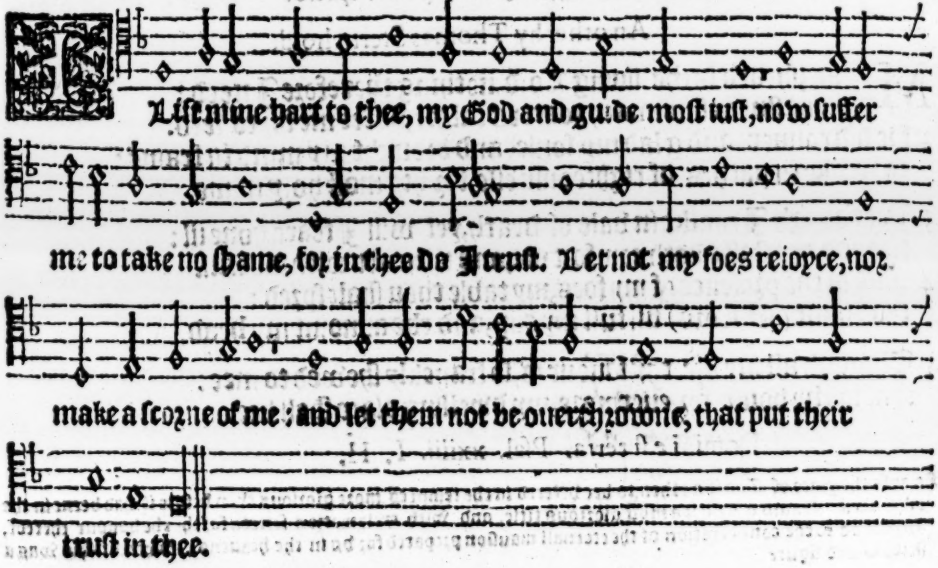
7 Be Princes open your gates, stand open the euerlasting gate:
for there shall enter in thereby, the King of glorious state.

8 What is the king of glorious state? the strong and mightie Lord:
the mightie Lord in battels stout, and triall of the sword.

9 Ye Princes open your gates, stand open the euerlasting gate:
for there shall enter in thereby, the king of glorious state.
10 What is the king of glorious state? the Lord of hostes he is:
the kingdome of the royaltie, of glorious state is his.

Ad te Domine leuaui. Psal. xxv. T. S.

The Prophet touched with the consideration of his sinnes, and also grieued with the cruell malice of his enemies, prayeth to God most feruently to haue his sinnes forgiuen, especially such as he had committed in his youth. He beginneth euery verse according to the Hebrew letters, two or three excepted.



3 But shame shall them befall, which haeine them wrongfully:
therefore thy pathes and thy right waies, vnto me Lord discrie.
4 Direct me in thy truth, and teach me I thee pray:
thou art my God and Sauiour, on thee I waite alway.

5 Thy mercies manifold, I pray thee Lord remember:
and eke thy pitie plentifull, for they haue beene for euer.
6 Remember not the faultes, and frailtie of my youth:
remember not how ignorant I haue been of thy truth.

7 Nor after my deserts, let me thy mercy finde:
but of thine owne benignitie, Lord haue me in thy minde.
8 His mercy is full sweet, his truth a perfect guide:
therefore the Lord will sinners teach, and such as goe aside.

9 The humble he will teach his precepts for to keepe:
he will direct in all his waies, the lowly and the meeke.

10 For all the waies of God, are truth and mercy both:
to them that keepe his Testament, the witnesse of his truth.

The second part.

11 Now for thy holy name, O Lord I thee intreat:
to graunt me pardon for my sinne, for it is wondrous great.
12 Who so doth feare the Lord, the Lord doth him direct,
to lead his life in such a way, as he doth best accept.

13 His soule shall euermore, in goodnesse dwell and stand:
his seed and his posteritie, inherit shall the land.
14 All those that feare the Lord, know his secret intent:
and vnto them he doth declare, his will and Testament.

15 Mine eyes and eke mine heart, to him I will aduance:
that pluckt my feet out of the snare, of sinne and ignorance.
16 With mercy me behold, to thee I make my mone:
for I am poore and desolate, and comfortlesse alone.

17 The troubles of my heart, are multiplied indeed
bring me out of this misery, necessitie and need.
18 Behold my pouertie, mine anguish and my paine:
remit my sinne and mine offence, and make me cleane againe.

19 O Lord behold my foes, how they doe still increase:
pursuing me with deadly hate, that faine would liue in peace.
20 Preserue and keepe my soule, and eke deliuer mee:
and let me not be ouerthrowne, because I trust in thee.

21 Let my simple pureness, me from mine enemies shend:
Because I looke as one of thine, that thou shouldst me defend.
22 Deliuer Lord thy folke, and send them some relefe:
I meane thy chosen Israell, from all their paine and griefe.

Iudica me Domine. Psal. xxvi. T. S.

Dauid iniuriously oppressed and helpeles, yet assured of his integritie to Saul, calleth God to defend him causelesly afflicted. Then he desireth to be in the company of the faithfull, in the congregation of God, whence he was banished by Saul, promising godly life, open praises, thankesgiuing and sacrifice for his deliuerance.

Sing this as the 14. Psalme.

LOrd be my Iudge and thou shalt see, my pathes are right and plaine:
I trust in God and hope that hee, will strengthe me to remaine.
2 Proue me my God I thee desire, my waies to search and trie:
as men doe proue their gold with fire, my reines and heart espie.

3 Thy goodnesse layd before my face, I durst behold alwaies:
for of thy truth I tread the trace, and will doe all my dayes.
4 I doe not lust to haunt or vse, with men whose deeds are vaine:
to come in house I doe refuse, with the deceitfull traine.

5 I much abhorre the wicked sort, their deeds I doe despise:
I doe not once to them resort, that hurtfull things deuise.
6 My hands I wash and doe proceede, in workes that walke vpright:
then to thine Altar I make speede, to offer there in sight.

7 That I may speake and preach the praise, that doth belong to thee:
and so declare how wondrous waies, thou hast beene good to mee.
8 O Lord thy house I loue most deare, to me it doth excell:
I haue delight and would be neare, whereas thy grace doth dwell.

9 O shut not vp my soule with them, in sinne that take their fill:
nor yet my life among those men, that seeke much bloud to spill.
10 Whose hands are heapt with craft and guile, their life thereof is full:
and their right hand with wrench and wile, for bribes do plucke and pull.

11 But I in righteousnesse entend, my time and dayes to serue:
haue mercy Lord and me defend, so that I doe not swerue.
12 My foote is staid for all assaies, it standeth well and right:
wherefore to God I will giue praise, in all the peoples sight.

Dominus illuminatio. Psal. xxvii. T. S.

Dauid deliuered from great perils, giueth thanks: wherein we see his constant faith against the assaults of all enemies, & the end why he desireth to liue and to be deliuered. Then he exhorteth to faith and to attend vpon the Lord.

Sing this as the 18. Psalme.

THe Lord is both my helpe and light, shall men make me dismaid:
sith God doth giue me strength and might, why should I be afraid:
2 While that my foes with all their strength, begin with me to braule:
and thinke to eate me vp at length, themselues haue caught the fall.

3 Though they in campe against me lie, my heart is not afraid:
in battell pight if they will trie, I trust in God for ayde.
4 One thing of God I doe require, that he would not denie:
For which I pray and will desire, till he to me apply.

5 That I within his holy place, my life throughout may dwell:
to see the beutie of his face and view his Temple well.
6 In time of dread he shall me hide, within his place most pure:
and keepe me secret by his side, as on a rocke most sure.

7 At length I know the Lords good grace, shall make me strong and stout:
my foes to foyle and cleane deface, that compasse me about.
8 Therefore within this house will I, giue sacrifice and praise:
with Psalmes and songs I will apply, to laud the Lord alwaies.

The second part.

9 Lord heare the voyce of my request, for which to thee I call:
haue mercie Lord on me oppressed, and send me helpe withall.
10 My heart doth knowledge vnto thee, I sue to haue thy grace:
then seeke my face sayest thou to mee, Lord I will seeke thy face.

11 In wrath turne not thy face away, nor suffer me to slide:

thou

thou art my helpe still to this day, be still my god and guide.
12 My parents both their sonne forsooke, and cast me off at laege:
and then the Lord himselfe yet tooke of me the cure and charge.
13 Teach me O God the way to thee, and lead me on forth right:
for feare of such as watch for me, to trap me if they might.
14 Do not betake me to the will of them that be my foes:
for they surmise against me still, false witnesse to depose.
15 My heart would faine but that in me, this hope is fixed full:
the Lords good grace shall it see, in life that aye shall last.
16 Trust still in God whose whole thou art, his will abide thou must:
and he shall cast and strength thy heart, if thou in him do trust.

Ad te Domine clamabo, Psal. xxviii. T. S.

Being in great feare and pensiuenes to see God dishonoured by the wicked men, he desireth to be rid of them and cryeth for veng eance against them, and at length assured him selfe that God hath heard his prayer, to whose tuition he commendeth all the faithfull.

Sing this as the 21. Psalme.

Thou art O Lord my strength and stay, the succour which I craue:
neglect me not, least I be like, to them that go to graue.
2 The voyce of thy suppliant heare, that vnto the doth crie:
when I lift vp my hands vnto, thy holy Arke most hie.
3 Repute me not among the sort, of wicked and peruert:
That speake right faire vnto their friends, & thinke full ill in heart
4 According to their handie worke, as they deserue indeed.
and after their inuentions, let them receiue their meed.
5 For they regard nothing Gods works, his law ne yet his lore:
therefore will he them and their seed, destroy for euer more.
6 To render thanks vnto the Lord, how great a cause haue I:
my voyce, my prayer, and my complaint, that heard so willingly.
7 He is my shield and fortitude, my buckler in destresse:
my hope, my helpe, my hearts relefe, my song shall him confesse.
8 He is our strength and our defence, our enemies to resist:
the health and the saluation, of his elect by Christ.
9 Thy people and thine heritage, Lord blesse, guide and preserue:
increase the Lord, & rule their hearts, that they may neuer swerue.

Afferte Domino, Psal. xxix. I. H.

An excellent Psalme, wherein the Prophet exhorteth the very Princes and Rulers of the world, which otherwise for the most part thinke there is no God, at the least to feare him for the thunders and tempests, for feare whereof all creatures tremble. And though thereby God threatneth sinners, yet is he alwaies mercifull to his, and moueth them thereby to prayse his name.

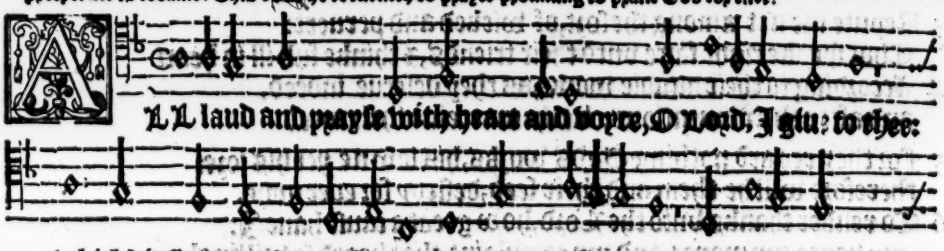
Sing this as the 30. Psalme.

Giue to the Lord ye Potentates, ye rulers of the world:
giue ye all prayse, honour and strength, vnto the liuing Lord.
2 Giue honour to his holy name, and honour him alone:
worship him in his maiestie, within his holy throne.

3 His voyce doth rule the waters all, euen as himselfe doth please:
he doth prepare the thunderclaps, and gouernes all the seas.
4 The voyce of God is of great force, and wondrous excellent:
it is most mightie in effect, and most magnificent.
5 The voyce of God doth rent and breake the Cedar trees so long,
the Cedar trees of Libanus which are most hie and strong.
6 And makes them leape like as a Calfe, or else the Unicorne,
not onely trees but mountaines great, whereon the trees are borne.
7 His voyce deuideth flames of fire, and shakes the wildernesse:
8 It makes the desert quake for feare, that calde is Cades.
9 It makes the Hindes for feare to calue, and makes the couert plaine:
then in his Temple euery man his glory doth proclame.
10 The Lord was set aboue the floods, ruling the raging sea.
so shall he raigne as Lord and King, for euer and for aye.
11 The Lord will giue his people power, in vertue to encrease:
the Lord will blesse his chosen folke, with euerlasting peace.

Exaltabo te Domine. Psal. xxx. T. S.

When Dauid should haue dedicated his house to the Lord, he fell so extreame sicke, that he was without all hope of life, and therefore after recouerie he testifieth thanks to God, exhorting others to the like, and to learne by his example, that God is rather mercifull than seuere and rigorous towards his children, and also that the fall from prosperitie is sodaine. This done he returneth to prayer promising to praise God for euer.



3 Of thy good will thou hast cald back, my soule from hell to saue:
thou didst reuiue when strength did lack, and kept mee from the graue.
4 Sing prayse yee Saints that proue and see, the goodnes of the Lord:
in memorie of his Maiestie, reioyce with one accord.
5 For why? his anger but a space, doth last and slacke againe:
but in his fauour and his grace, alwaies doth life remaine.
6 Though gripes of greife, and pangs full sore, shall lodge with vs all night.

the

the Lord to ioy ſhall vs reſtore, before the day be light.

6 When I enioyde the world at will, thus would I boaſt and ſay:
tuſh I am ſure to feele none ill, this wealth ſhall not decay.
7 For thou (O Lord) of thy good grace, hadſt ſent me ſtrength & aid:
but when thou turndſt away thy face, my mind was ſore diſmaid.

8 Wherefore againe yet did I crie, to thee O Lord of might:
my God with plaints I did apply, and praid both day and night.
9 What gaine is in my bloud, ſaid I, if death deſtroy my dayes:
doth duſt declare thy maieſty, or yet thy truth doth praiſe?

10 Wherefore my God ſome pittie take, O Lord I thee deſire:
do not this ſimple ſoule forſake, of helpe I thee require.
11 Then didſt thou turne my griefe and woe, vnto a chearefull boyce:
the mourning weed thou tookeſt me fro, and madeſt me to reioyce.

12 Wherefore my ſoule vnceſſantly, ſhall ſing vnto thy prayſe:
my Lord my God to thee will I, giue laud and thanks alwayes.

In te Domine ſperaui. Pſal. xxxi. I. H.

Dauid deliuered from ſome great danger in the deſert of Maon, or elſe where, firſt he reherſeth what meditation he had by the power of faith, when death was before his eyes, his enemies being ready to take him: then he adioyneth the fauour of God alwaies to be ready to thoſe that feare him. Finally he exhorteth all the faithfull to truſt in him, and to loue God, becauſe he preſerueth and ſtrengtheneth them, as they may ſee by his example.

Sing this as the 18. Pſalme,

O Lord I put my truſt in thee, let nothing worke me ſhame:
as thou art iuſt deliuer me, and ſet me quite from blame.
2 Heare me (O Lord) and that anone, to helpe me make good ſpeede:
be thou my rocke and houſe of ſtone, my fence in time of neede.

3 For why? as ſtones thy ſtrength is tride, thou art my fort and tower:
for thy names ſake be thou my guide, and lead me in thy power.
4 Plucke forth my feete out of the ſnare, which they for me haue laid:
thou art my ſtrength and all my care, is for thy might and aide.

5 Into thy hands Lord I commit, my ſpirit which is thy due:
for why? thou haſt redeemed it, (O Lord) thou God moſt true.
6 I hate ſuch folke as will not part, from things that be abhord:
when they on trifles ſet their hart, my truſt is in the Lord.

7 For I will in thy mercy ioy, I ſee it doth excell:
thou ſeeſt whē ought would me annoy, & knoweſt my ſoule ful wel.
8 Thou haſt not left me in their hand, that would me ouer charge:
but thou haſt ſet me out of band, to walke abroad at large.

The ſecond part.

9 Great griefe (O Lord) doth me aſſaile, ſome pittie on me take:
mine eyes waxe dim, my ſight doth faile, my woomb for woe doth ake.
10 My life is worne for griefe and paine, my yeares for woe is paſt:
my ſtrength is gone, & through diſdaine, my bones corrupt & waſt.

11 Among

11 Among my foes I am a scorne, my friends are all dismaid:
my neighbours and my kinsmen borne, to see me are afraide.
12 As men once deade are out of mind, so am I now forgot:
as small effect in me they find, as in a broken pot.
13 I heard the brags of all the rout, their threats my mind did fray:
how they conspirde and went about to take my life away.
14 But Lord I trust in thee for aide, not to be overtrod:
For I confesse and still haue said, thou art my Lord and God.
15 The length of all my life and age, O Lord is in thy hand:
defend me from the wrath and rage, of them that me withstand.
16 Come thy seruant Lord expresse, and shew thy joyfull face:
and saue me Lord for thy goodnesse, thy mercy and thy grace.

The third part.

17 Lord let me not be put to blame, for that on thee I call:
but let the wicked beare their shame, and in the graue to fall.
18 Oh how great good hast thou in store, laid vp full safe for them:
that feare and trust in thee therefore, before the sonnes of men.
19 Thy presence shal the fence & guide, from all proud brags & wrongs
within thy place thou shalt them hide from all the strife of tongues.
20 Thanks to the Lord that hath declarde on me his grace so farre:
me to defend with watch and ward, as in a towne of warre.
21 Thus did I say both day and night, when I was sore oppresst:
loe I was cleane cast out of sight, yet heardst thou my request.
22 Ye Saintes loue ye the Lord I say, the faithfull he doth guide,
and to the proud he will repay, according to their pride.
23 Be strong and God will stay your hart, behold and haue a lust:
for sure the Lord will take your part, if ye on him do trust.

Beati quorum remissa sunt. Psal. xxxii. T.S.

David punished with grieuous sickenesse for his sinnes, counteth them happie to whom God doth not imputs their transgressions, and after that he hath confessed his sinnes and obtained pardon, he exhorteth the wicked men to liue godly, and the good to reioyce.

THe man is blest, whose wickednesse, the Lord hath cleane remitted:
and he whose sinne and wretchednesse, is hid and also couered.
2 And blest is he to whom the Lord imputeth not his sinne:
which in his hart hath hide no guile, nor fraud is found therein.
3 For whilest that I kept close my sinne, in silence and constraint:
my bones did weare and waste away, with dayly mone and plaint.
4 For night and day thy hand on me, so grieuous was and smart:
that all my blood and humors moist, to drinesse did conuert.
5 I did therefore confesse my fault, and all my sinnes discouer:
then thou (O Lord) didst me forgiue, and all my sinnes passe ouer.
6 The humble man shall pray therefore, and seeke thee in due time:
so that the floods of waters great, shall haue no power on him.

7 when

7 When trouble and aduersitie, do compasse me about:
thou art my refuge and my ioy, and thou dost rid me out.
8 Come hither and I shall thee teach, how thou shalt walke aright:
and will the guide as I my selfe, haue learnd by proofe and sight.
9 Be not so rude and ignorant, as is the horse and mule:
whose mouth without a reine or bit, from harme thou canst not rule.
10 The wicked man shall manifold, sorro woes and griefes sustaine:
but vnto him that trusts in God, his goodnes shall remaine.
11 Be merrie therefore in the Lord, ye iust lift vp your voyce:
and ye of pure and perfect heart, be glad and eke reioyce.

Exultate iusti in Domino. Psal. xxxiii. I. H.

He exhorteth good men to prayse God, for that he hath not onely created all things, & by his prouidence gouerneth the same, but also is faithful in his promises: he vnderstands mans hearts scattereth the counsell of the wicked so that no man can be preserued by any creature or mans strength, but they that put their confidence in his mercy, shall be preserued from all aduersitie.

Sing this as the 30. Psalme.

YE righteous in the Lord reioyce it is a seemely sight:
that vpright men with thankfull voyce, should prayse the God of might:
2 Prayse ye the Lord with harpe and song in Psalmes & pleasant things:
with Lute and instrument among that soundeth with ten strings.
3 Sing to the Lord a song most new, with courage giue him prayse,
4 For why? his word is euer true, his workes and all his waies.
5 To iudgement, equitie and right, he hath a great good will:
and with his giftes he doth delight, the earth throughout to fill.

6 For by the word of God alone, the heauens all were wrought:
their hostes and powers euerichone, his breath to passe hath brought.
7 The waters great gathred hath he, on heapes within the shore:
and hid them in the depth to be, as in a house of store.
8 All men on earth both least and most, feare God and keepe his lawe,
ye that inhabite in each coast, dread him and stand in awe.
9 What he commaunded wrought it was, at once with present speed:
what he doth will is brought to passe, with full effect indeed.
10 The counsell of the nations rude, the Lord doth turne to nought,
he doth defeate the multitude, of their deuise and thought.
11 But his decrees continue still, they neuer slacke nor swage:
the motions of his minde and will, take place in euery age.

The seconde parte.

12 And blest are they to whome the Lord his God and guide is knowne,
whome he doth chuse of meere accord, to take them as his owne:
13 The Lord from heauen cast his sight, on men mortall by birth:
14 Considering from his seat of might, the dwellers of the earth.
15 The Lord I say whose hand hath wrought, mans heart and doth it frame:
for he alone doth know the thought, and working of the same.

16 A king that trusteth in his hoast, shall nought preuaile at length:
the man that of his might doth boast, shall fall for all his strength:

17 The troups of horsmen eke shal faile, their sturdy steeds shal sterue:
the strength of horse shall not preuaile, the rider to preserue.

18 But loe the eyes of God entend, and watch to aide the iust:
with such as feare him to offend, and on his goodnes trust.

19 That he of death and all distresse, may set their soules from dread:
And if that dearth the land oppresse, in hunger them to feed.

20 Wherefore our soule doth still depend, on God our strength & stay:
he is the shield vs to defend, and driue all darts away.

21 Our soule in God hath ioy and game, reioycing in his might:
for why? in his most holy name, we hope and haue delight:

22 Therefore let thy goodnes O Lord, still present with vs bee:
as we alwaies with one accord, do onely trust in thee.

Benedicam Domino. Psal. xxxiiii. T. S.

After Dauid had escaped Achis, according as it is written in the 1. Sam. 21. whom in this title he calleth Abimelech (which was a generall name to the kings of the Philistines) he prayeth God for his deliuerance, proposing all others by his example to trust in God, to feare and serue him, who defendeth the godly with Angels, and vtterly destroyeth the wicked in their sinnes.

Sing this as the 30. Psalme.

I will giue laud and honour both, vnto the Lord alwayes:
and eke my mouth for euermore, shall speake vnto his prayse.

2 I do delight to laud the Lord, in soule and eke in voyce:
that humble men and mortified, may heare and so reioyce.

3 Therefore see that ye magnifie, with me the liuing Lord:
and let vs now exalt his name, together with one accord.

4 For I my selfe besought the Lord, he answerde me againe:
and me deliuered incontinent, from all my feare and paine.

5 Who so they be that him behold, shall see his light most cleare:
their countenance shall not be dasht, they need it not to feare.

6 This seely wretch for some reliefe, vnto the Lord did call:
who did him heare without delay, and rid him out of thrall.

7 The Angell of the Lord doth pitch, his tents in euery place:
to saue all such as feare the Lord, that nothing them deface.

8 Taste and consider well therefore, that God is good and iust:
O happie man that maketh him, his onely stay and trust.

9 Feare ye the Lord his holy ones, aboue all earthly thing:
for they that feare the liuing Lord, are sure to lacke nothing.

10 The Lyons shall be hunger-bit, and pinde with famine much:
but as for them that feare the Lord, no lacke shall be to such.

The second part.

11 Come neare therefore my children deare, & to my words giue eare:
I shall you teach the perfect way, how you the Lord should feare.

12 Who

12 Who is that man that would liue long, and lead a blessed life?
13 See thou refraine thy tongue and lips, from all deceit and strife.

14 Turne backe thy face from doing ill, and doe the godly deed:
enquire for peace and quietnes, and follow it with speed.
15 For why? the eyes of God aboue, vpon the iust are bent:
his eares likewise do heare the plaint, of the poore innocent.

19 But he doth frowne and bend his browes, vpon the wicked traine:
and cut away the memorie, that should of them remaine.
17 But when the iust doe call and crie, the Lord doth heare them so:
that out of paine and miserie, forthwith he lets them go.

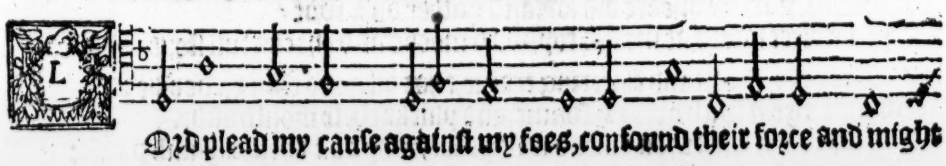
18 The Lord is kind and straight at hand, to such as be contrite:
he saues also the sorowfull, the meeke and poore in spirite.
19 Full many be the miseries, that righteous men do suffer:
but out of all aduersities, the Lord doth them deliuer.

20 The Lord doth so preserue and keepe, his very bones alway:
that not so much as one of them, doth perish or decay.
21 The sinne shall slay the wicked man, which he himselfe hath wrought:
and such as hate the righteous man, shall soone be brought to nought.

22 But they that serue the liuing Lord, the Lord doth saue them sound:
and who that put their trust in him, nothing shall them confound.

Iudica Domine. Psal. xxxv. I. H.

So long as Saul was enemie to Dauid all that had any authoritie vnder him, to flatter their king, did also most cruelly persecute Dauid. against whom, he prayeth God to plead and reuenge his cause, that they may be taken in their nets and snares which they laid for him, and his innocencie to be declared, & that the innocent which taketh part with him, may reioyce and prayse the name of the Lord, that thus deliuereth his seruant, and so he promiseth to speake forth the iustice of the Lord, and to magnifie his name all the dayes of his life.



3 Gird on thy sword and stop the way, mine enemies to withstand:
but thou vnto my soule dost say, loe I thy helpe at hand.
4 Confound them with rebuke and blame, that seeke my soule to spill:
let them turne backe and flee with shame, that thinke to worke me ill.

5 Let them disperse and flee abroad, as winde doth driue the dust:
and that the Angell of our God, their might away may thrust.
6 Let all their waies be void of light, and slippery like to fall:
and send thine Angell with thy might, to persecute them all.

7 For why? without my fault they haue, in secret set their grin:
and for no cause haue digde a caue, to take my soule therein.
8 When they thinke least and haue no care O Lord destroy them all:
let them be trapt in their owne snare, and in their mischiefe fall.

9 And let my soule my heart and voyce, in God haue ioy and wealth:
that in the Lord I may reioyce, and in his sauing health.
10 And then my bones shall speake and say, my parts shall all agree:
O Lord though they do seeme full gay, what man is like to thee.

The second part.

11 Thou doest defend the weake from them, that are both stout and strong:
and rid the poore from wicked men, that spoile and do them wrong.
12 My cruell foes against me rise, to witnesse things vntrue:
and to accuse me they deuise, of that I neuer knew.

13 Where I to them did owe good will, they quit me with disdaine:
that they should pay my good with ill, my soule doth sore complaine.
14 When they were sicke I mourn'd therefore, and clad my selfe in sacke:
with fasting I did faint therefore, to pray I was not slacke.

15 As they had beene my brethren deare, I did my selfe behaue:
as one that maketh wofull cheare, about his mothers graue.
16 But they at my disease did ioy, and gather on a rout:
yea abiect slaues at me did toy, with mocks and checks full stout.

17 The belly Gods and flatering traine, that all good things deride:
at me do grin with great disdaine, and plucke their mouth aside.
18 Lord when wilt thou amend this geare, why dost thou stay and pause:
oh rid my soule mine onely deare, out of these Lyons clawes:

19 And then will I giue thankes to thee, before thy Church alwaies:
and whereas most of people be, there will I shew thy prayse.
20 Let not my foes preuaile on me, which hate me for no fault:
nor yet to winke or turne their eye, that causelesse me assault.

The third part.

21 Of peace no word they thinke or say, their talke is all vntrue:
they still consult and would betray, all those that peace ensue.
22 With open mouth they run at me, they gape, they laugh, they flire:
well well say they, our eye doth see, the thing that we desire.
23 But Lord thou seest what waies they take, cease not this geare to mend:
be not farre off nor me forsake, as men that faile their friend.

24 Awake, arise, and stirre abroade, defend me in my right:
reuenge my cause my Lord my God, and aide me with thy might:

25 According to thy righteousnesse, my Lord God let me free:
and let them not their pride expresse, nor triumph ouer mee.
26 Let not their hartes reioyce and crie, there there, this geare goeth trim:
nor giue them cause to say on hie, we haue our will on him.

27 Confound them with rebuke and shame, that ioy when I do mourne:
and pay them home with spight and blame, that brag at me with scorne.
28 Let them be glad and eke reioyce, which loue mine vpright way:
and they all times with heart and voice, shall prayse the Lord and say.

29 Great is the Lord and doth excell, for why he doth delight:
to see his seruants prosper well, that is his pleasant sight.
30 Wherefore my tongue I will apply, thy righteousnesse to prayse:
vnto the Lord my God will I, sing laud and thankes alwaies.

Dixit iniustus. Psal. xxxvi. I. H.

David grieuously vexed by the wicked, doth complaine of their malice and wickednes: Then hee turneth to consider the vnspeakeable goodnes of God towards all creatures, but especially towards his children that by faith thereof he may bee comforted and assured of his deliuerance by the ordinary course of Gods worke, who in the end destroyeth the wicked, and saueth the iust.

Sing this as the 33. Psalme.

THe wicked with his workes vniust, doth thus perswade his heart:
that of the Lord he hath no trust, his feare is set apart.
2 Yet doth he ioy in his estate, to walke as he began:
so long till he deserue the hate, of God and eke of man.

3 His words are wicked vile and naught, his tongue no truth doth tell:
yet at no hand will he be taught, which way he may doe well.
4 When he should sleepe then doth he muse, his mischiefe to fulfill:
no wicked waies doth he refuse, nor nothing that is ill.

5 But Lord thy goodnesse doth ascend, aboue the heauens hie:
so doth thy truth it selfe extend, vnto the cloudy skie.
6 Much more than hils so high and steepe, thy iustice is expresse:
thy iudgments like to seas most deepe, thou sauest both man and beast.

7 Thy mercy is aboue all things, O God it doth excell:
in trust whereof as in thy wings, the sonnes of men shall dwell:
8 Within thy house they shall be fed, with plentie at their will:
of all delights they shall be sped, and take therof their fill.

9 For why? the well of life so pure, doth ouerflow from thee:
and in thy light we are full sure, the lasting life to see.
10 For such as thee desire and know, let not thy grace depart:
thy righteousnes declare and shew, to men of vpright heart.

11 Let not the proud on me preuaile, O Lord of thy good grace:
nor let the wicked me assaile, to throw me out of place.

12 But they in their deuise shall fall, that wicked workes maintaine:
they shall be ouerthrowne withall, and neuer rise againe.

Noli æmulari. Psal. xxxvii. W. W.

Because the godly should not wonder to see the wicked men prosper in this world: the Prophet sheweth that all things shall be granted according to their hearts desire, to them that loue and feare God, and they that doe the contrary, although they seeme to flourish for a time, shall at length perish.

Sing this as the 35. Psalme.

GRudge not to see the wicked men, in wealth to flourish still:
nor yet enuie such as to ill, haue bent and set their will.
2 For as greene grasse and flourishing heardes, are cut and wither away:
so shall their great prosperitie, soone passe, fade and decay.

3 Trust thou therefore in God alone, to doe well giue thy mind:
so shalt thou haue the land as thine, and there sure food shalt find.
4 In God set all thy harts delight, and looke what thou wouldst haue:
or else canst wish in all the world, thou needst it not to craue.

5 Cast both thy selfe and thine affaires, on God with perfect trust:
and thou shalt see wit patience, the effect both pure and iust.
6 Thy perfect life and godly name, he will cleare as the light:
so that the Sun euen at noone dayes, shall not shine halfe so bright.

7 Be still therefore and stedfastly, on God see thou wait then:
not shrinking for the prosperous state, of lewd and wicked men.
8 Shake of despight, enuy and hate, at least in any wise:
their wicked steps auoid and flee, and follow not their guise.

9 For euery wicked man will God, destroy both more and lesse:
but such as trust in God are sure, the land for to possesse.
10 Watch but a while and thou shalt see, no more the wicked traine:
no not so much as house or place, where once he did remaine.

The second part.

11 But mercifull and humble men, enioy shall sea and land:
in rest and peace they shall reioyce, for nought shall them withstand.
12 The lewd men and malitious, against the iust conspire:
they gnash their teeth at him as men, which doe his bane desire.

13 But while that lewd men thus do thinke, the Lord laughs them to scorne:
for why? he seeth their terme approach, when they shall sigh and mourne.
14 The wicked haue their sword out-drawne, their bow eke haue they bent:
to ouerthrow and kill the poore, as he the right way went.

15 But the same sword shall pierce their hearts, which was to kill the iust:
likewise the bow shall breake to shiuers, wherein they put their trust.
16 Doubtles the iust mans poore estate, is better a great deale more:
then all these lewd and worldly mens, rich pompe and heaped store.

17 For be their power neuer so strong, God will it ouerthrow:
where contrarie he doth preserue, the humble men and low.
18 He seeth by his great prouidence, the good mans trade and way.
and will giue them inheritance, which neuer shall decay.

19 They

19 They shall not be discouraged, when some are hard bested:
when other shall dee hungerbit, they shall be clad and fed.
20 For whosoeuer wicked is, and enemie to the Lord:
shall quaile, yea melt as lambs grease, or smoke that flieth abroad.

The third part.

21 Behold the wicked borroweth much, and neuer payeth againe:
whereas the iust by liberall gifts, makes many glad and faine.
22 For they whom God doth blesse shall haue the land for heritage:
and they whom he doth curse likewise, shall perish in his rage.
23 The Lord the iust mans waies doth guid, & giues him good successe:
to euery thing he takes in hand, he sendeth good addresse.
24 Though that he fall yet is he sure, not vtterly to quaile:
because the Lord out stretcheth his hand, at need and doth not faile.
25 I haue beene yong and now am olde, yet did I neuer see:
the iust man left, or yet his seed, to begge for miserie.
26 But giues alwaies most liberally, and lends whereas is need:
his children and posteritie, receiue of God their meed.
27 Flie vice therefore and wickednes, and vertue do embrace:
so God shall grant thee long to haue, in earth a dwelling place.
28 For God that loueth equitie, and shewes to his such grace.
that he preserues them euermore, but stroyes the wicked race.
29 Whereas the good and godly men, inherite shall the land:
hauing as Lords all things therein, in their owne power and hand.
30 The iust mans mouth doth euer speake, of matters wise and hie:
his tongue doth talke to edifie, with truth and equitie.
31 For in his heart the law of God, his Lord doth still abide:
so that where euer he goes or walkes, his foote can neuer slide.
32 The wicked like a rauening Wolfe, the iust man doth beset:
by all meanes seeking him to kill, if he fall in his net.

The fourth part.

33 Though he should fall into his hands, yet God would succour send:
though men against him sentence giue, God will him yet defend.
34 Wait thou on God and keepe his way, he shall preserue thee then:
the earth to rule and thou shalt see, destroyde these wicked men.
35 The wicked haue I seene most strong, and placed in high degree:
flowrishing in all wealth and store, as doth the lawrell tree.
36 But suddenly he passed away, and loe he was quite gone: (one.
then I him sought but could scarse find, the place where dwelt such
37 Marke and behold the perfect man, how God doth him increase:
for the iust man shall haue at length, great ioy with rest and peace.
38 As for transgressors woe to them, distroyed they shall all be:
God will cut off their budding race, and rich posteritie.
39 But the saluation of the iust, doth come from God aboue:
who in their trouble sends them aide, of his meere grace and loue.

40 God doth them helpe, ſaue and deliuer, from lewd men and vniuſt
And ſtill will ſaue them whilſt that they in him do put their truſt.

Domine ne in furore. Pſal. xxxviii. I. H.

Dauid lying ſicke of ſome grieuous diſeaſe, acknowledgeth himſelfe to be chaſtiſed of the Lord for his ſinnes, & therefore prayeth God to turne away his wrath, he bewaileth the greatnes of his griefe by many words & circumſtances, as wounded with arrowes of Gods ire, forſaken of his friends, and ill intreated of his enemies, but in the end with firme confidence, he commendeth his cauſe to God, and hopeth for ſpeedie helpe at his hand.

Sing this as the 30. Pſalme.

PUt me not to rebuke O Lord, in thy prouoked ire:
ne in thy heauie wrath O Lord, correct me I deſire.
2 Thine arrowes do ſticke faſt in me, thy hand doth preſſe me ſore:
3 And in my fleſh no health at all, appeareth any more
And all this is by reaſon of, thy wrath that I am in:
nor any reſt is in my bones, by reaſon of my ſinne.
4 For loe my wicked doings Lord, aboue my head are gone:
a greater load then I can beare, they lie me ſore vpon.
5 My wounds ſtinke and are feſtred ſore, as loathſome is to ſee:
which all through mine owne fooliſhnes, betideth vnto mee.
6 And I in carefull wiſe am brought, in trouble and diſtreſſe:
that I go wailing all the day, my dolefull heauineſſe.
7 My loines are fild with ſore diſeaſe my fleſh hath no whole part:
8 I feeble and am broken ſore, I roare for griefe of heart.
9 Thou knoweſt Lord my deſire, my grones are open in thy ſight:
10 My heart doth pant, my ſtrength hath faild, my eies haue loſt their light:
11 My louers and my wonted friends, ſtand looking on my woe:
and eke my kinſmen farre away, are me departed fro.
12 They that did ſeeke my life laid ſnares, & they that ſought the way:
to do me hurt ſpake lies and thought, on treaſon all the day.

The ſecond part

13 But as a deafe man I became, that can not heare at all:
14 And as one dumbe that opens not, his mouth to ſpeake withall.
15 For all my confidence O Lord, is wholy ſet on thee:
16 O Lord, thou Lord that art my God, thou ſhalt giue eare to mee.
This did I craue that they my foes, triumph not ouer mee:
17 For when my foot did ſlip, then they, did ioy my ſoule to ſee.
And truly I poore wretch am ſet, in place a wofull wight:
and eke my dolefull heauines, is euer in thy ſight.
18 For while that I my wickednes, in humble wiſe confeſſe:
and while I for my ſinfull deeds, my ſorrowes do expreſſe:
19 My foes do ſtill remaine aliue, and mightie are alſo:
and they that hate me wrongfully, in number hugely grow.
20 They ſtand againſt me that my good, with euill do repay:

becauſe

because that good and honest things, I do ensue alway.
21 Forsake me not O Lord my God, be thou not farre away:
22 Hast me to helpe my Lord my God, my safety and my stay.

Dixi custodiam. Psal. xxxix. I. H.

David vttereth with what griefe and bitternes of minde he was driuen to these outragious complaints of his infirmities, for he confesseth that when he had determined silence that hee brast foorth yet into words that he would not, through the greatnes of his griefe. Then he rehearseth certaine requestes, which taste of infirmity of man, and mixeth them with many prayers, but all to shew a minde wonderfully troubled, that it may plainly appeare, how he did striue mightily against death and desperation.

Sing this as the 35. Psalme.

1 Said I will looke to my waies, for feare I should go wrong:
I will take heede all times that I offend not in my tongue.
2 As with a bit I will keepe fast, my mouth with force and might:
not once to whisper all the while, the wicked are in sight.
3 I held my tongue and spake no word, but kept me close and still:
yea from good talke I did refraine, but sore against my will. (doubt:
4 My heart waxt hote within my breast, with musing thought and
which did increase and stirre the fire, at last these words brast out.
5 Lord number out my life and daies, which yet I haue not past,
so that I may be certified, how long my life shall last.
6 Lord thou hast pointed out my life, in length much like a span:
mine age is nothing vnto thee, so vaine is euerie man.
7 Man walketh like a shade, and doth in vaine himselfe annoy:
in getting goods and cannot tell, who shall the same enioy.
8 Now Lord sith things this wise do frame, what helpe do I desire:
of truth my helpe doth hang on thee, I nothing else require.

The second part.

9 From al the sinnes that I haue done, Lord quite me out of hand:
and make me not a scorne to fooles, that nothing vnderstand.
10 I was as dumb and to complaine, no trouble might me moue,
because I know it was thy worke, my patience for to proue.
11 Lord take from me thy scourge and plague, I can them not withstand:
I faint and pine away for feare, of thy most heauie hand.
12 When thou for sinne didst man rebuke, he waxeth wo and wan:
as doth a cloth that mothes haue fret, so vaine a thing is man.
13 Lord heare my sute, and giue good heed, regard my teares that fall:
I soiourne like a stranger here, as did my fathers all.
14 Oh spare a little giue me space, my strength for to restore:
before I goe away from hence, and shall be seene no more.

Expectans expectaui. Psal. xl. I. H..

David deliuered from great danger, doth magnifie and prayse the grace of God for his deliuerance, and commendeth his prouidence towards all mankind. Then doth hee promise to giue himselfe wholy to gods seruice, and so declare how God is truly worshipped. Afterward giueth thanks and prayseth God, hauing complained of his enemies, with good courage, he calleth for aide and succour.

Sing this as the 33 Psalme.

I waited long and sought the Lord, and patiently did beare:
at length to me he did accord, my boyce and crie to heare.
2 He pluckt me from that lake so deepe, out of the mire & clay:
and on a rocke he set my foote, and he did guide my way.
3 To me he taught a Psalme of prayse, which I must shew abroad:
and sing new songs of thanks alwaies, vnto the Lord our God.
4 When all the folke these things shall see, as people much afraid:
then they vnto the Lord will flie, and trust vpon his aide.
5 O blest is hee whose hope and heart, doth in the Lord remaine:
that with the proud doth take no part, nor such as lie and faine.
6 For Lord my God thy wondrous deeds, in greatnes farre do passe:
thy fauour towards vs exceeds, all things that euer was.
7 When I entend and do deuise, thy works abroad to show:
to such a reckoning they do rise, thereof no end I know.
8 but offerings thou delightst not in, I knowe thy whole desire:
with sacrifice to purge his sinne, thou doest no man require.
9 Meat offerings and sacrifice thou wouldst not haue at all:
but thou O Lord hast open made, mine eares to heare withall.
10 But then said I, behold and looke, I come a meane to bee:
for in the volume of thy boke, thus it is said of mee.
11 That I O God should do thy minde, which thing doth like me wel:
for in my heart thy law I finde, fast placed there to dwell.
12 Thy iustice and thy righteousnes, in great resorts I tell:
behold my tongue no time doth cease, O Lord thou knowest full wel.

The second part.

13 I haue not hid within my breast, thy goodnes as by stealth:
but I declare and haue expresst, thy truth and sauing health.
14 I kept not close thy louing mind, that no man should it know:
the trust that in thy truth I finde, to all the Church I show.

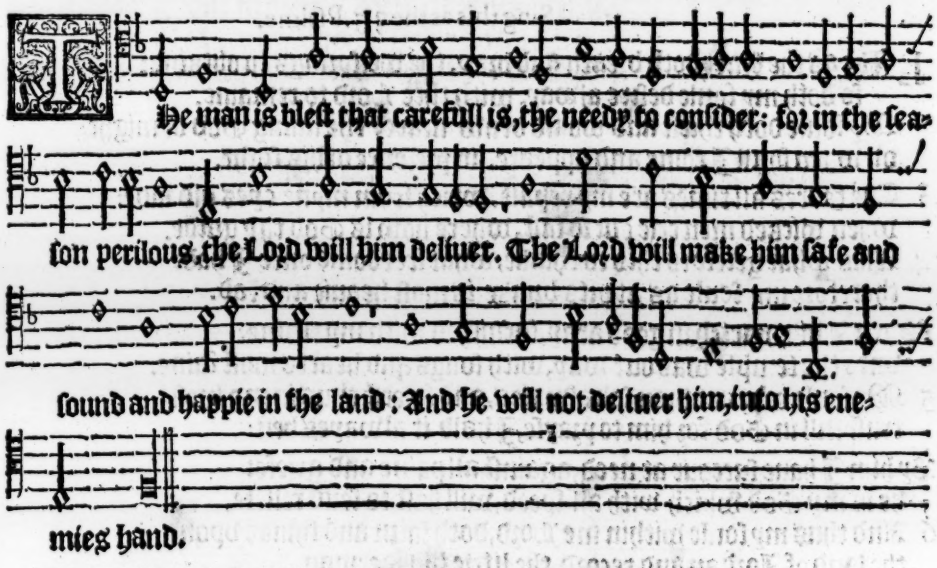
For I with mischiefes many one, am sore beset about:
my sinnes increase and so come on, I cannot spie them out.
15 For why, in number they exceed, the haires vpon my head:
my heart doth faint for very dread, that I am almost dead.
16 With speed send helpe and set me free, O Lord I thee require:
make hast with aide to succour me, O Lord at my desire,
17 Let them sustaine rebuke and shame, that seeke my soule to spill:
driue backe my foes and them defame, that wish and would me ill.
18 For their ill feats do them discrie, that would deface my name:
alwaies at me they raile and crie, fie on him, fie for shame.
19 Let them in thee haue ioy and wealth, that seeke to thee alwaies:
that those that loue thy sauing health, may say to God be prayse.

20 But

26 But as for me I am but poore, oppreſt and brought full low:
yet thou O Lord wilt me reſtore, to health full well I know.
21 For why: thou art my hope and truſt, my refuge, helpe and ſtay:
wherefore my God as thou art iuſt, with me no time delay.

Beatus qui intelligit. Pſal. xli. T. S.

Dauid being grieuouſly afflicted, bleſſeth them that pitie his caſe, and complaineth of the treaſon of his owne friends & familiars, as came to paſſe in Iudas, Ioh. 15. After he feeling the great mercies of God, greatly chaſtiſing him, and not ſuffering his enemies to triumph againſt him, giueth moſt hartie thanks vnto God.



THe man is bleſt that carefull is, the needy to conſider: for in the ſea-
ſon perilous, the Lord will him deliuer. The Lord will make him ſafe and
ſound and happie in the land: And he will not deliuer him, into his ene-
mies hand.

3 And in his bed when he lyeth ſicke, the Lord will him reſtore:
and thou O Lord wilt turne to health, his ſickneſs and his ſore.
4 Then in my ſickneſs thus ſay I, haue mercy Lord on me:
and heale my ſoule which is full woe, that I offended thee.
5 Mine enemies wiſht me ill in heart, and thus of mee did ſay:
when ſhall he die that all his name, may vaniſh quite away.
6 And when they come to viſite me, they aſke if I doe well:
but in their hearts miſchiefe they hatch, and to their mates it tell.
7 They bite their lips & whiſper ſo, as though they would me charme:
and caſt their ketches how to trap, me with ſome mortall harme.
8 Some grieuous ſinne hath brought him to, this ſickneſs ſay they plaine:
he is ſo low that without doubt, riſe can he not againe.
9 The man alſo that I did truſt, with me did vſe deceit:
who at my table eate my bread, the ſame for me laid waite.
10 Haue mercy Lord on me therefore, and let me be preſerued:
that I may render vnto them, the things they haue deſerued.
11 By this I know aſſuredly, to be beloued of thee:
when that mine enemies haue no cauſe, to triumph ouer me.
12 But in my right thou haſt me kept, and maintained alwaies:

and

and in thy preſence place aſſignd, where I ſhall dwell for aye.

13 The Lord the God of Iſraell, be prayſed euermore:
euen ſo be it Lord will I ſay, euen ſo be it therefore.

Quemadmodum deſiderat Pſal. xlii. I. H.

The Prophet grieuously complaineth that being letted by his perſecutors, he could not be preſent in the congregation of Gods people, proteſting that although he was ſeparate in bodie from them yet his heart was thether affectioned. And laſt of all he ſheweth that he was not ſo farre ouercome with thoſe ſorrowes and thoughtes, but that he continually put his confidence in the Lord.

Sing this as the 35. Pſalme.

1 Like as the Hart doth breath and bray, the welſprings to obtaine:
ſo doth my ſoule deſire alway, with thee Lord to remaine.
2 My ſoule doth thirſt and would draw neare, the liuing God of might:
oh when ſhall I come and appeare, in preſence of his light.
3 The teares all times are my repaſt, which from myne eyes did ſlide:
when wicked men crie out ſo faſt, where now is God thy guide.
4 Alas what griefe is this to thinke, what freedome once I had:
therefore my ſoule as at pits brinke, is moſt heauie and ſad.
When I did march in good aray, furniſhed with my traine:
vnto the temple was our way, with ſongs and hearts moſt faine.
5 My ſoule why art thou ſad alwaies, and freetſt thus in my breſt:
truſt ſtill in God for him to prayſe, I hold it alwayes beſt:
By him I haue ſuccour at need, againſt all paine and griefe:
he is my God which with all ſpeed, will haſt to ſend releife,
6 And thus my ſoule within me Lord, doth faint and thinke vpon:
the land of Iordan and record, the little hill Hermon.

The ſecond part.

7 One griefe another in doth call, as clouds burſt out their voyce:
the floudes of euill that do fall, runne ouer me with noiſe:
8 Yet I by day felt his goodnes, and helpe at all aſſayes:
likewiſe by night I did not ceaſe, the liuing God to prayſe.
9 I am perſwaded thus to ſay, to him with pure pretence:
O Lord thou art my guide and ſtay, my rocke and my defence.
Why doe I then in penſiuenes, hanging the head thus walke:
while that mine enemies me oppreſſe, and vexe me with their talke.
10 For why: they vexe mine inward parts, with pangs to be abhord:
when they crie out with ſtubborne hearts, where is thy God thy Lord.
11 So ſoone why doſt thou faint and quaile, my ſoule with paine oppreſt:
with thoughts why doſt thy ſelfe aſſaile, ſo fore within my breaſt:
12 Truſt in the Lord thy God alwaies, and thou the time ſhalt ſee:
to giue him thanks with laud and prayſe, for health reſtord to thee.

Iudica me Deus. Pſal. xliii. T. S.

He prayeth to be deliuered from them which conſpire with Abſolon, to the end he might ioyfully prayſe God in his holy congregation.

Sing this as the 35 pſalme.

1 Iudge and reuenge my cauſe O Lord, from them that euill be:
from wicked and deceitfull men, O Lord deliuer me.

2 For

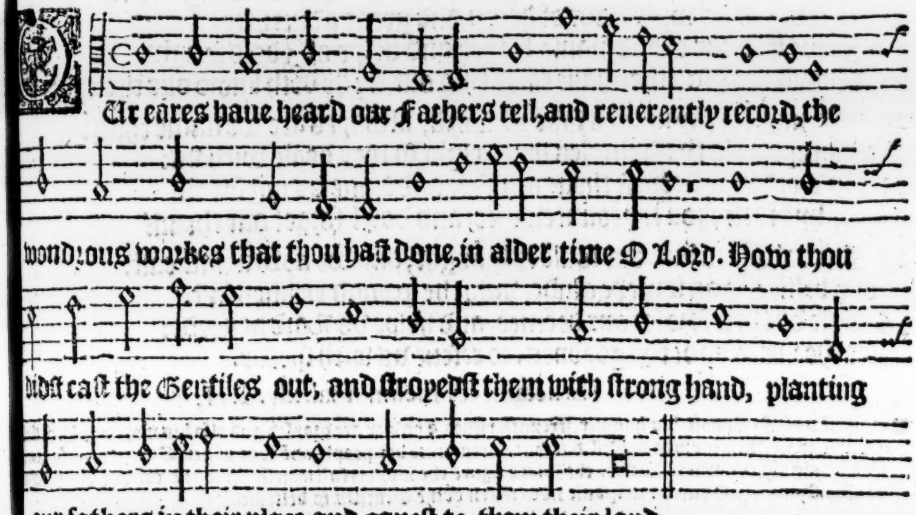
for of my strength thou art my God, why putst thou me thee fro?
and why walke I so heauily, oppressed with my foe:

Send out thy light and eke thy truth, and lead me with thy Grace:
which may conduct me to thy hill, and to thy dwelling place.
Then shall I to the Altar go, of God my ioy and cheare:
and on my Harpe giue thanks to thee, O God my God most deare.

Why art thou then so sad my soule, and fretst thus in my brest.
still trust in God for him to prayse, I hold it alwaies best.
By him I haue deliuerance, against all paine and griefe:
he is my God which doth alwaies, at need send me relefe.

Deus auribus nostris: Psal. xliiii. T. S.

A most earnest prayer made in the name of the faithfull which are afflicted by the enemies, for sustaining the quarrell of Gods word, according to the exposition of Saint Paul Rom. 8.



They conquered not by sword nor strength, the land of thy behest:
But by thy hand, thy arme and grace, because thou louest them best.
Thou art my King O God that helpe, Jacob in sundrie wise:
Led with thy power, we threw downe such, as did against vs rise.

I trusted not in bow ne sword, they could not saue me sound:
thou keptst vs from our enemies rage, thou didst our foes confound.
and still we boast of thee our God, and prayse thy holy name:
Yet now thou goest not with our hoast, but leauest vs to shame.

Thou madest vs flee before our foes, and so were ouertrod:
our enemies robd & spoyld our goods, when we were sparst abroad.
Thou hast vs giuen to our foes as sheepe for to be slaine:
among the heathen euery where, scatred we do remaine.

12 Thy people thou haſt ſold like ſlaues, and as a thing of nought:
for profit none thou hadſt thereby, no gaine at all was ſought.
13 And to our neighbours thou haſt made, of vs a laughing ſtocke.
and thoſe that round about vs dwell, at vs do grin and mocke.

The ſecond part.

14 Thus wee ſerue for none other vſe, but for a common talke:
they mocke, they ſcorne, and nod their heads, where euer they go or
15 I am aſhamed continually, to heare theſe wicked men: (walke.
yea ſo I bluſh that all my face, with red is couered then.

16 For why? we heare ſuch ſlaunderous words, ſuch falſe reports & lies
that death it was to ſee their wrongs, their threatnings and their
17 For al this we forget not thee, nor yet thy couenant breake: (cries.
18 We turne not backe our hearts frō thee, nor yet thy pathes forſake.

19 Yet thou haſt trod vs downe to duſt, where dens of Dragons be:
and couered vs with ſhade of death, and great aduerſitie.
20 If we had our Gods name forgot, and helpe of Idols ſought:
21 Would not God then haue tride this out, for he doth know our thought.

22 nay, nay, for thy names ſake O Lord, alwayes are we ſlaine thus:
as ſheepe vnto the ſhambles ſent, right ſo they deale with vs:
23 Vp Lord why ſleepeſt thou? awake, and leaue vs not for all.
24 Why hideſt thou thy countenance, and doeſt forget our thrall?

25 For downe to duſt our ſoule is brought, and we now at laſt caſt:
our bellie like as it were glude, vnto the ground cleaues faſt.
26 Riſe vp therefore for our defence, and helpe vs Lord at neede:
we thee beſeech of thy goodnes, to reſcue vs with ſpeede.

Eructauit cor meum Pſal. xlv. I. H.

The maieſty of Salomon, his honour, ſtrength, riches & power are prayſed, and alſo his marriage with the Egyptian an heathen woman is bleſſed, if ſhe can renounce her people, and lone of her Countrie, and giue herſelfe wholy to her huſband. Vnder the which figure, the wonderfull maieſty & the encreaſe of the kingdom of Chriſt, and the Church his ſpouſe now taken of the Gentiles is deſcribed.

Sing this as the 26. Pſalme.

My heart doth take in hand, ſome godly ſong to ſing:
the prayſe that I ſhall ſhew therein, pertaineth to the king.
2 My tongue ſhall be as quicke, his honour to indite:
as is the pen of any Scribe, that vſeth faſt to writ.

3 O fayreſt of all men, thy ſpeach is pleaſant pure:
for God hath bleſſed thee with giftes, for euer to endure.
4 About thee gird thy ſword, O Prince of might elect:
with honour, glory and renowne, thy perſon pure is deckt.

5 Goe forth with godly ſpeede, in meekenes, truth and right:
and thy right hand ſhall thee inſtruct, in workes of dreadfull might.
6 Thine arrowes ſharp and keene, their harts ſo ſore ſhall ſting:
that folke ſhall fall and kneele to thee, yea all thy foes O king.

7 Thy

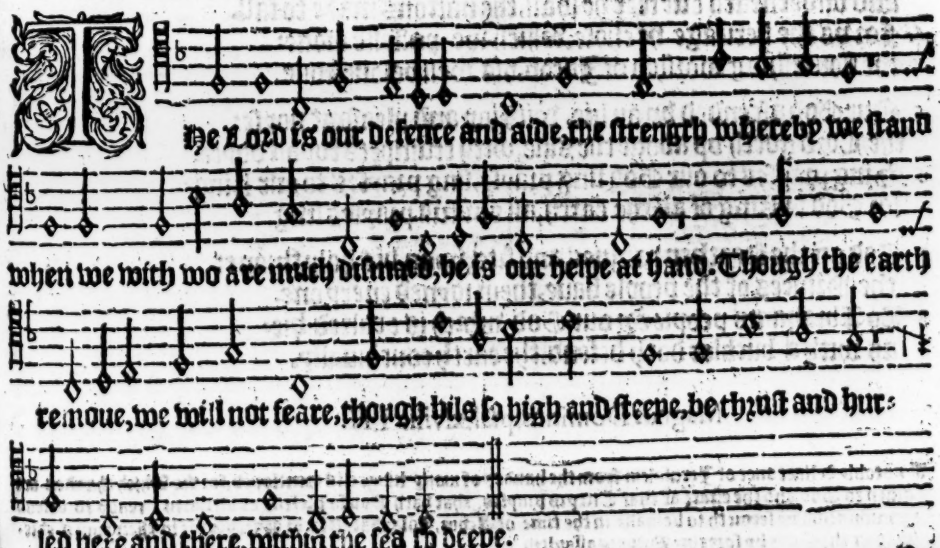
7 Thy royall seat O Lord, for euer shall remaine:
because the scepter of thy Realme, doth right equitie maintaine.
8 Because thou louest the right, and dost the ill detest:
God euen thy God hath nointed thee, with ioy aboue the rest.
9 With Myrre and sauours sweet, thy clothes are all bespread:
when thou dost from thy pallace passe, therein to make thee glad.
10 Kings daughters do attend, in fine and rich aray.
at thy right hand the Queene doth stand, in gold & garments gay.

The second part.

11 O daughter take good heede, incline and giue good eare:
thou must forget thy kindred all, and fathers house most deare.
12 Then shall the king desire, thy beauty faire and trim:
for why: he is the Lord thy God, and thou must worship him.
13 The daughters then of Tyre, with gifts full rich to see:
and all the wealthie of the land, shall make their suite to thee.
14 The daughter of the king, is glorious to beholde:
within her closet she doth sit, all deckt in beaten gold.
15 In robes well wrought with needle, and many a pleasant thing:
with Virgins faire on her to waite, she commeth to the king.
16 Thus are they brought with ioy, and mirth on euery side:
into the pallace of the king, and there they do abide.
17 In stead of parents left, O Queene thy change to stands:
thou shalt haue sonnes whom thou maist set, as princes in all lands.
18 Wherefore thy holy name, all ages shall record:
the people shall giue thanks to thee, for euermore O Lord.

Deus noster refugium. Psal. xlvii. I. H.

A song of thanksgiuing for the deliuerance of Ierusalem, after Senacherib with his armie was driuen away or some other like sodaine & miraculous deliuerance by the mighty hand of God, whereby the Prophet commending his great benefite, doth exhort the faithfull to giue themselues wholy into the hands of God, doubting nothing but that vnder his protection they shall be safe against all the assaults of their enemies.



3 No though the waues doe rage full sore, that all the banks it spils:
and though it ouerflow the shore, and beate down mighty hils:
4 For one faire flould doth send abroad, his pleasant streames apace:
to fresh the Citty of our God, and wash his holy place.

5 In midst of her the Lord doth dwell she can no whit decay:
all thinges against her that rebell, the Lord will truely stay.
6 The heathen flocke, the kingdomes feare, the people make a noyse:
the earth doth melt and not appeare, when God puts forth his voice

7 The Lord of hostes doth take our part, to vs he hath an eye:
our hope of health with all our heart on Jacobs God doth lie.
8 Come heare and see with mind and thought, the working of our God
what wōders he himselfe hath wrought throughout the earth abroad

9 By him all warrs are husht and gone, which countries did conspire:
their bowes he brake and speares eachone, their chariots brent with
10 Leaue off therefore saith he & know, I am a God most stout: (fire.
among the heathen high and low, and all the earth throughout.

11 The Lord of hostes doth vs defend, he is our strength and tower:
on Jacobs God we do depend, and on his mighty power.

Omnes gentes. psal. xlvii. I. H.

The Prophet exhorteth all people to the worship of the true and everlasting God, commendeth the mercies of God towardes the posterity of Jacob, and propheseth of the kingdom of Christ, in the time of the gospell. Sing this as the 45. Psalme.

YE people all with one accord, clap handes and eke reioyce:
be glad and sing vnto the Lord, with sweete and pleasant voice.
2 For high the Lord and dreadfull is, with wonders manifold:
a mighty king he is truely, in all the earth extold.

3 The people he shall make to be, vnto our bondage thrall:
and vnderneath our feet he shall, the nations make to fall.
4 For vs the heritage he chose, which we possesse alone:
the flourishing worship of Jacob, his well beloued one.

5 Our God ascended vp on hie, with ioy and pleasant noyse:
the Lord goeth vp aboue the skie, with trumpets royall voyce.
6 Sing prayses to our God sing prayse, sing prayses to our king:
for God is king of all the earth, all skilfull prayses sing.

7 God on the heathen raignes and sits, vpon his holy throne:
the Princes of the people haue, them ioyned euery one.
8 To Abrahams people for our God, which is exalted hie:
as with a buckler doth defend, the earth continually.

Magnus Dominus, psal. xlviii. I. H.

A notable deliuerance of Jerusalem from the handes of many kinges is mentioned, for the which thankes are giuen to God, and the estate of that Citty is prayed, that hath God so present at all times ready to defend them: this plaine seemeth to be made in the time of Achas, Iolaphat, Asa, or Ezechia, for in their times chiefly was the Citty by seuerall Princes assaulted.

Sing

Sing this as the 46. Psalme.

GReat is the Lord and with great prayse, to be advanced still:
within the Cittie of our Lord, upon his holy hill.
2 Mount Sion is a pleasant place, it gladdeth all the land:
the Citty of the mighty king, on her north side doth stand.
3 within the Pallaces thereof, God is a refuge knowne.
for loe the kings are gathered, and together eke were gone.
4 But when they did behold it so, they wondred and they were:
astonied much and suddenly, were driuen backe with feare.
5 Great terror there on them did fall, for verie woe they crie:
as doth a woman when she shall, goe trauell by and by.
6 As thou the Easterne wind the ships, upon the sea doest breake:
so they were staid and euen as, we hard our Fathers speake.
7 So in the Citty of the Lord, we saw as it was told:
yea in the Citie which our Lord, for euer will vphold.
8 O Lord we wait and do attend, on thy good helpe and grace:
for which we do all times attend, within thy holy place.
9 O Lord according to thy name, foreuer is thy prayse:
and thy right hand O Lord is full, of righteousnes alwaies.
10 Let for thy iudgements Sion hill, fulfilled be with ioyes:
and eke of Juda grant O Lord, the daughter to reioyce.
11 Goe walke about all Sion hill, yea round about her goe:
and tell the towers that thereupon, are builded on a row.
12 And marke you well the bulwarks all, behold her towers there:
that ye may tell thereof to them, that after shall be here.
13 For this God is our God, our God for euermore is he:
yea and vnto the death also, our guider shall he be.

Audite hæc omnes. Psal. xlix. I. H.

The holy Ghost calleth all men to the consideration of mans life, shewing them not to be most happie, that are most wealthie, and therefore not to be feared: but contrariwise he lifteth vp our minds to consider how all things are ruled by Gods prouidence: who as he iudgeth these worldly miseries to euerlasting torments, so doth he preserue his, and will reward them in the day of the resurrection. 1. Thess. 1.

Sing this as the 45. Psalme.

ALL people hearken and giue eare, to that that I shall tell:
2 Both hie and low, both rich and poore, that in the world do dwell.
3 For why? my mouth shall make discourse, of many things right wise:
in vnderstanding shall my heart, his studie exercise.
4 I will incline mine eares to know, the parables so darke:
and open all my doubtfull speech, in meeter on my Harpe.
5 Why should I feare afflictions, or any carefull toyle:
or else my foes which at my heeles, are prest my life to spoyle.
6 For as for such as riches haue, wherein their trust is most:
and they which of their treasures great, themselues do brag and boast.

7 There is not one of them that can, his brothers death redeeme:
or that can giue a price to God sufficient for him.

8 It is too great a price to pay, none can thereto attaine:
9 Or that he might his life prolong, or not in graue remaine.
10 They see wise men as well as fooles, subiect vnto deathes handes,
and being dead, strangers possesse, their goods, their rents, their lands.

11 Their care is to build houses faire, and so determine sure:
to make their name right great in earth, for euer to endure.
12 Yet shal no man alwayes enioy, high honour, wealth and rest:
but shal at length taste of deathes cup, as wel as the brute beast.

The second part.

13 And though they trie their foolish thoughtes, to be most wise and braine:
their children yet approue their talke, and in like sinne remaine.
14 As sheepe into the folde are brought, so shall they into graue,
Death shall them eate, and in that day, the iust shall Lordly raigne.

15 Their image and their royal port, shal fade and quite decay,
when as from house to pit they passe, with woe and weale-away.
16 But God will surely preserue me, from death and endlesse paine:
because hee wil of his good grace, my soule receiue againe.

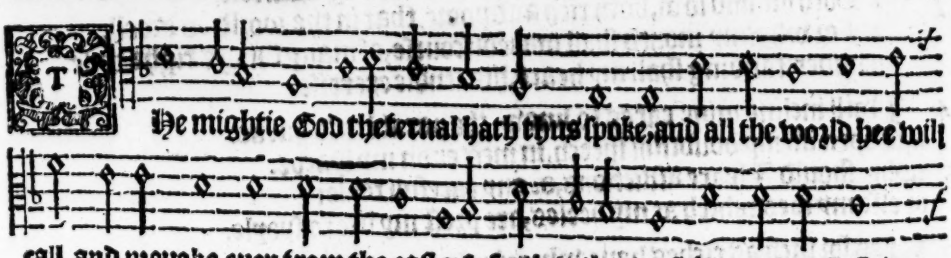
17 If any man waxe wondrous rich, feare not I say therefore:
although the glorie of his house, encreaseth more and more.
18 For when he dyeth of all these things, nothing shall he receiue:
his glorie will not follow him, his pompe will take her leaue.

19 Yet in this life he takes himselfe, the happiest vnder Sunne:
and others likewise flatter him, saying al is wel done.
20 And presuppose he liue as long, as did his fathers old:
yet must he needs at length giue place, and be brought to deathes fold.

21 This man to honour God hath cald, yet doth he not consider:
but like brute beastes so doth he liue, which turne to dust and powder.

Deus Deorum. psal. L. W.W

He prophesieth how God will call all nations by the Gospell, and require no other sacrifices of his people, but confession of his benefites and thanksgiuing, and how he detesteth all such as seeme zealous of ceremonies, and not of the pure word of God onely.



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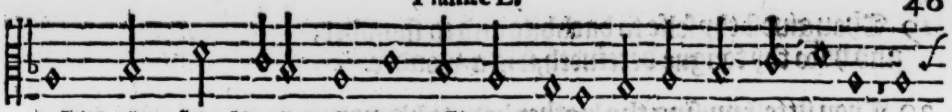
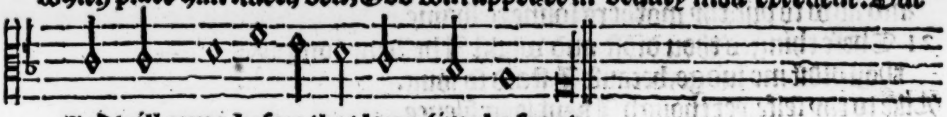


which place him liketh best, God will appeare in beauty most excellent. Our



God will come, before that long time be spent.

3 Deuouring fire shall goe before his face,
a great tempest shall round about him trace:
4 Then shall he call the earth and heauens bright:
to iudge the folke with equitie and right:
5 Saying, go to, and now my Saints assemble,
my peace they keepe, their giftes do not dissemble.

6 The heauens shall declare his righteousnes:
for God is iudge of all thinges, more and lesse.
7 Heare my people, for I will now reueale:
list Israel, I will thee nought conceale:
8 Thy God thy God am I, and will not blame thee:
for giuing not all manner offrings to mee.

9 I haue no neede to take of thee at all:
Goates out of thy fold, or calfe out of thy stall.
10 For all the beastes are mine within the woods:
on thousand hils, cattell are mine owne goods.
11 I koow for mine, al birdes that are on mountaines:
all beastes are mine, which haunt the fieldes & fountains.

12 Hungrie if I were, I would not thee it tell:
for all is mine that in the world doth dwell.
13 Eate I the flesh of great Buls or Bullocks?
or drinke the bloud of Goates or of the flockes?
14 Offer to God praise and hearty thanksgiuing,
and pay thy vowes vnto God euerliuing.

15 Call vpon me when troubled thou shalt be:
then will I helpe, and thou shalt honour me.
16 To the wicked, thus saith the eternall God:
why dost thou preach my lawes and hestes abroad.
17 Seeing thou hast, them with thy mouth abused:
and hatest to be, by discipline reformed.

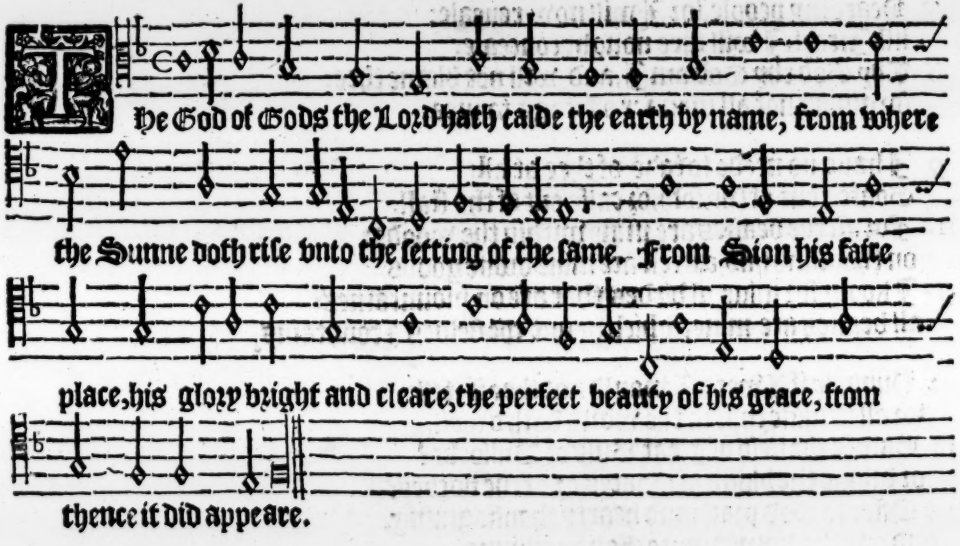
My wordes I say, thou doest reiect and hate,
18 If that thou see a thiefe, as with thy mate.
Thou runst with him, and so your pray do seeke:
thou art all one with baudes and ruffians eke.

19 Thou giueſt thy ſelfe to backbite and to ſlaunder,
and how thy tongue deceiueth, it is a wonder.

20 Thou ſitteſt muſing thy brother how to blame:
and how to put, thy mothers ſonne to ſhame.
21 Theſe thinges thou didſt, and whilſt I held my tongue:
thou didſt me iudge, becauſe I ſtaid ſo long.
Like to thy ſelfe, yet though I kept long ſilence,
once ſhalt thou feele, of thy wrongs iuſt recompence.

22 Conſider this ye that forget the Lord,
and feare not when he threateneth with his word.
Leaſt without helpe I ſpoyle you as a pray.
23 But he that thankes offereth prayſeth me aye:
Sayeth the Lord God, and he that walketh this trace
I will him teach, Gods ſauing health to embrace.

Another of the ſame by I. H



3 Our God ſhall come in haſte, to ſpeake he ſhall not doubt:
before him ſhall the fire waſte, and tempeſt round about.
4 The heauens from on hie, the earth below likewiſe:
he will call forth to iudge and trie, his folke he doth deuiſe.

5 Bring forth my Saintes (ſaith he,) my faithful flock ſo deare:
which are in bond and league with me, my law to loue and feare.
6 And when theſe thinges are tride, the heauens ſhall record:
that God is iuſt and all muſt bide, the iudgement of the Lord.

7 My people O giue heede, Iſrael to thee I crie:
I am thy God thy helpe at need, thou canſt it not denie:

8 I doe not ſay to thee, thy ſacrifice is ſlacke:
thou offereſt dayly vnto me, much more then I do lacke.

9 Thinkeſt thou that I doe need, thy cattell young and old,
or elſe ſo much deſire to feed, on Goates out of thy fold.
10 May all the beaſtes are mine, in woods that eate their fils:
and thouſands more of neate and kine, that runne wilde on the hils.

The ſecond part.

11 The birds that build on high, in hils and out of ſight:
and beaſtes that in the field doe lie, are ſubiect to my might.
12 Then though I hungred ſore, what neede I ought of thine:
ſith that the earth with her great ſtore, of all therein is mine.

13 To buls fleſh haue I mind, to eate it doſt thou thinke?
or ſuch a ſweetenes doe I finde, the bloud of Goates to drinke?
14 Giue to the Lord his prayſe, with thankes to him apply:
and ſee thou pay thy vowes alwayes, vnto the God moſt hie.

15 Then ſeeke and call to me, when ought would worke thee blame:
and I will ſure deliuer thee, that thou maiſt prayſe my name.
16 But to the wicked traine, which talke of God each day:
and yet their workes are foule and vaine, to them the Lord will ſay.

17 With what a face dareſt thou, my word once ſpeake or name:
why doth thy taſke my law allow, thy deedes deny the ſame?
18 Whereas for to amend, thy life thou art ſo ſlacke:
my wordes the which thou doſt pretend, is caſt behind thy backe?

The third part.

19 When thou a thiefe doſt ſee, by theft to liue in wealth:
with him thou runſt and doſt agree, likewiſe to thriue by ſtealth.
20 When thou doſt them behold, that maides and wiues defile,
thou likeſt it well and waxeſt bold, to vſe that life moſt vile.

21 Thy lips thou doeſt apply, to ſlaunder and defame:
thy tongue is taught to craft and lie, and ſtill doth vſe the ſame.
22 Thou ſtudieſt to reuile, thy friendes to thee ſo neare:
with ſlander thou wouldſt needs defile, thy mothers ſon moſt deare.

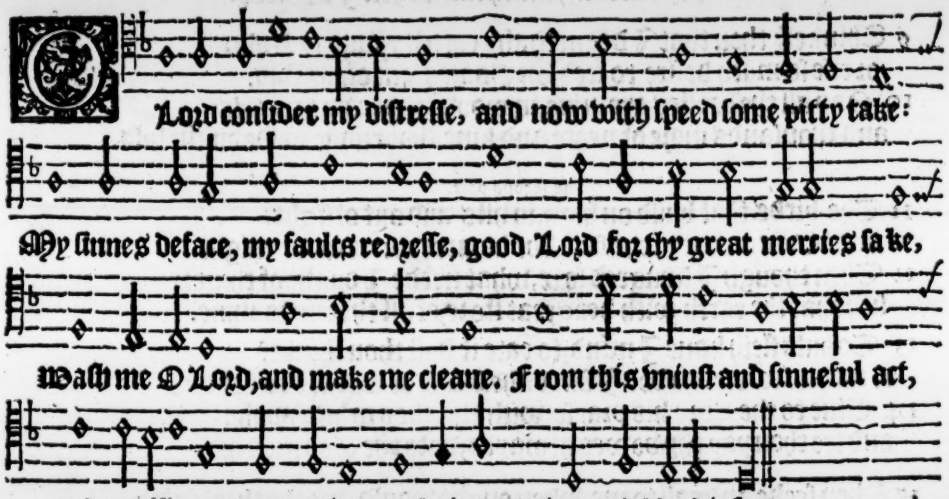
23 Hereat when I do winke, as though I did not ſee,
thou goeſt on ſtill, and ſo doeſt thinke, that I am like to thee.
24 But ſure I will not let, to ſtrike when I begin:
thy faultes in order I will ſet, and open all thy ſinne.

25 Marke this I you require, that haue not God in mind,
leaſt when I plague you in mine ire, your helpe be far to find.
26 He that doth giue to me, the ſacrifice of prayſe,
doth pleaſe me well, and he ſhall ſee, to walke in godly wayes.

Miſerere mei Deus. pſal. Li. W: W.

When Dauid was rebuked by the Prophet Nathan for his great offences, he did not onely acknowledge the ſame to God, with proteſtation of his naturall corruption and iniquitie, but alſo left a memoriall thereof to his poſterity. Therefore firſt hee deſireth God to forgiue his ſinnes, and to renew in him his holy ſpirite, with

promiſe that he will not be vnmindfull of thoſe great graces. Finally, fearing leaſt God ſhould punish the whole church for his ſaule, he requireth, that he would rather encreaſe his graces towardes the ſame.



3 Remorſe and ſorrow doe conſtraine, me to acknowledge mine exceſſe.
my ſinnes alas doe ſtill remaine, before my face without releaſe.
4 For thee alone I haue offended, committing euill in thy ſight:
and if I were therefore condemned, yet were thy iudgements iuſt and right.

5 It is too manifeſt alas, that firſt I was conceiued in ſinne:
yea of my mother ſo borne was, and yet vile wretch remaine therein.
6 Alſo behold Lord thou doſt loue, the inward truth of a pure heart,
therefore thy wiſedome from aboue, thou haſt reuealde me to conuert.

7 If thou with Iſope purge this blot, I ſhall be clearer then the glaſſe:
and if thou waſh away my ſpot, the ſnow in whiteneſſe ſhall I paſſe.
8 Therefore O Lord ſuch ioy me ſend, that inwardly I may finde grace:
and that my ſtrength may now amend, which thou haſt ſwagde for my treſpas

9 Turne backe thy face and frowning ire, for I haue felt enough thy hand:
and purge my ſinnes I thee deſire, which doe in number paſſe the ſand.
10 Make new my heart within my breaſt, and frame it to thy holy will:
thy conſtant ſpirite in me let reſt, which may theſe raging enemies kill.

The ſecond part.

11 Caſt me not Lord out from thy face, but ſpeedily my torments end:
take not from me thy ſpirit and grace, which may from dangers me defend:
12 Reſtore me to thoſe ioyes againe, which I was wont in thee to finde:
and let me thy free ſpirit retaine, which vnto thee may ſtirre my mind.

13 Thus when I ſhall thy mercies know, I ſhall inſtruct others therein:
and men likewiſe that are brought low, by mine example ſhall flie ſinne.
14 O God that of my health art Lord, forgiue me this my bloudy vice:
my heart and tongue ſhal then accord, to ſing thy mercies and iuſtice.

15 Touch

15 Touch thou my lips, my tongue vntie, O Lord which art the onely kay:
and then my mouth shall testifie, thy wondrous workes and prayse alway.
16 And as for outward sacrifice, I would haue offered many one:
but thou esteemest them of no price, and therein pleasure takest thou none.

17 The heauie heart, the minde oppressed, O Lord thou neuer dost reiect,
and to speake truth it is the best, and of all sacrifice the effect.
18 Lord vnto Sion turne thy face, poure out thy mercies on thy hill:
and on Jerusalem thy grace, build vp thy walles and loue it still.

19 Thou shalt accept then our offrings, of peace and righteousnes I say:
yea Calues and many other things, vpon thine altar will we lay.

Another of the same by T.N.

Sing this as the Lamentation.

HAue mercy on me God, after thy great abounduant grace:
after thy mercies multitude, doe thou my sinnes deface.
2 Yea wash me more from mine offence, and cleanse me from my sinne:
for I doe know my faultes and still, my sinnes are in mine eyne.

3 Against thee, thee alone I haue offended in this case:
and euill haue I done before, the presence of thy face.
4 That in the thinges that thou dost say, vpright thou maiest be tride:
and eke in iudging that the doome, may passe vpon thy side.

5 Behold in wickednesse my kinde, and shape I did receiue:
and loe my sinnefull mother eke, in sinne did me conceiue.
6 But loe, the truth of inward partes, is pleasant vnto thee:
and secrets of thy wisedome thou, reuealed hast to me.

7 With Hysope Lord besprinckle me, I shall be cleansed so,
yea wash thou me, and so I shall, be whiter then the snow.
8 Ioy and gladnes make thou me, to heare the pleasing voice,
that so the bruised bones which thou, hast broken may reioyce.

9 From the beholding of my sinnes, Lord turne away thy face,
and all my deedes of wickednes, do vtterly deface.
10 O God create in me a heart, vnspotted in thy sight:
and eke within my bowels Lord, renue a stabled spirit.

11 Ne cast me from thy sight nor take, thy holy spirit away:
the comfort of thy sauing helpe, giue me againe I pray.
12 With thy free spirit establish me, and I will teach therefore:
sinners thy wayes, and wicked shall, be turnde vnto thy lore.

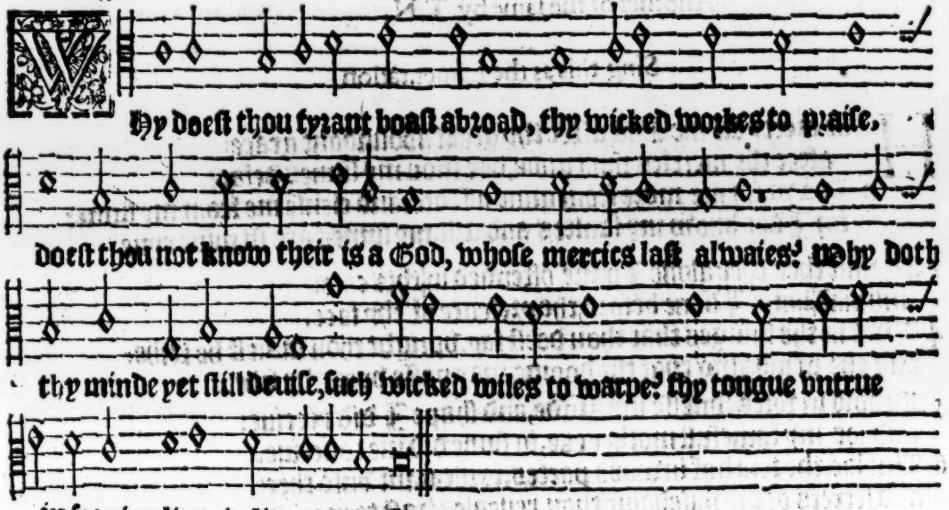
The second part.

13 O God that art my God of health, from bloud deliuer me,
that prayses of thy righteousnes, my tong may sing to thee.
14 My lips that yet fast closed be, doe thou O Lord vnlose:
the prayses of thy maiestie, my mouth shal so disclose.

15 I would haue offered sacrifice, if that had pleased thee:
but pleased with burnt offerings, I know thou wilt not be.
16 A troubled spirit is sacrifice, delightfull in Gods eyes:
A broken and an humbled heart, God thou wilt not despise.
17 In thy good will deale gently Lord, to Sion and withall.
graunt that of thy Jerusalem, vpreard may be the wall.
18 Burnt offerings, gifts and sacrifice, of iustice in that day:
thou shalt accept and Calues they shall, vpon thine altar lay.

Quid gloriaris. Psal. Lii. I.H.

Dauid detesteth the arrogant tyrannie of his aduersary Doeg, Saules chiefe shepard, who by false surmise caused Abimelech with the rest of the Priestes to be slaine. Dauid prophesieth his destruction, and encourageth the faithfull to put their confidence in God, whose iudgements are most sharpe against his aduersaries And finally he rendreth thanks to God for his deliuerance. In this Psalme is liuely set forth the kingdome of Antichrist.



3 On mischiefe why setst thou thy mind, and wilt not walke vpright.
thou hast more lust false tales to find, then bring the truth to light.
4 Thou dost delight in fraud and guile, in mischief, bloud and woon:
thy lips haue learnd the flattering stile, O false deceitfull tongue.
5 Therefore shall God for euer confound, & pluck thee from thy place,
thy seed rout out from off the ground, and shall thee deface.
6 The iust when they behold thy fall, with feare shall praise the Lord
and in reproch of thee withall, crie out with one accord.
7 Behold the man which would not take, the Lord for his defence:
but of his goods his God did make, and trust his corrupt sence.
8 But I an Olive fresh and greene, will spring and spread abroad:
for why? my trust all times hath beene, vpon the liuing God.
9 For this therefore will I giue praise, to thee with heart and voyce:
I will set forth thy name alwayes, wherein thy Saints reioyce.

Dixit insipiens: Psal. Liii. T.N.

The Prophet describeth the crooked nature, the cruelty and punishment of the wicked, when they looked not for it, and desireth the deliuerance of the godly that they may reioyce together.

Sing this as the 46 psalme.

THe foolish man in that which he, within his heart hath said:
that there is any God at all, hath vtterly denaid.
2 They are corrupt and they also, a hatnous worke haue wrought:
among them all there is not one, of good that worketh ought.

3 The Lord lookt downe on sonnes of men, from heauen all abroade:
to see if any were that would, be wise and seeke for God.
4 They are all gone out of the way, they are corrupted all.
there is not one doth any good, there is not one at all.

5 Doe not all wicked workers know, that they doe feed vpon,
my people as they feede on bread, the Lord they call not on.
6 Euen there they were afraid and stood, with trembling all dismaid:
whereas there was no cause at all, why they should be afraid.

7 For God his bones that thee beliegde, hath scattered all abroad:
thou hast confounded them for they, reiected are of God.
8 O Lord giue thou thy people health, and thou O Lord fulfill:
thy promise made to Israel, from out of Sion hill.

9 When God his people shall restore, that erst were captiue lad:
then Jacob shall therein reioyce, and Israel shall be glad.

Deus in nomine. psal. Liiii. T.N.

Dauid brought into great danger, by reason of Ziphims, calleth vpon the name of God, to destroy his enemies promising sacrifice and free offrings for their deliuerance.

Sing this as the 46 Psalme.

GOd saue me for thy holy name, and for thy goodnes sake:
vnto the strength Lord of the same, I do my cause betake.
2 Regard O Lord and giue an eare, to me when I do pray:
bow downe thy selfe to me and heare, the wordes that I doe say.

3 For strangers vp against me rise, and tyrants vere me still:
which haue not God before their eyes, they seeke my soule to spill.
4 But lo my God doth giue me aide, the Lord is straight at hand:
with them by whome my soule is staid, the Lord doth euer stand.

5 With plagues repay againe all those, for me that lie in waite:
and with thy truth destroy my foes, with their owne snare and baite.
6 An offering of free heart and will, then I to thee shall make:
and praise thy name, for therein still, great comfort I do take.

7 O Lord at length doe set me free, from them that craft conspire,
and now mine eyes with ioy doth see, on them my hearts desire.

Exaudi Deus. psal. Lv. T.S.

Dauid being in great heauines and distresse, complaineth of the cruelty of Saul, and of the falshoode of his familiars

familiar acquaintance vttering moſt ardent affections to moue the Lord to pitie him. After being aſſured of deliuerance, he ſetteth forth the grace of God, as though he had already obtained his requeſt.

Sing this as the 35. Pſalme.

O God giue eare and doe apply, to heare me when I pray:
and when to thee I call and crie, hide not thy ſelfe away.
2 Take heede to me, grant my requeſt, and anſwere me againe:
with plaints I pray full ſore oppreſt, great griefe doth me conſtraine.
3 Becauſe my foes with threats and cries, oppreſt me through diſpite:
and ſo the wicked ſore the wiſer to vexe me haue delight.
4 For they in counſell do conſpire, to charge me with ſome ill:
ſo in their haſtie wrath and ire, they doe purſue me ſtill.
5 My heart doth faint for want of breath, it panteth in my breaſt:
the terrors and the dread of death, do worke me much vnreſt.
6 Such dreadfull feare on me doth fall, that I therewith doe quake:
ſuch horror whelmeth me withall, that I no ſhift can make.
7 But I doe ſay who will giue me, the ſwift and pleaſant wings:
of ſome faire Doue that I may flee, and reſt me from theſe things.
8 Loe then I would goe farre away, to flie I would not ceaſe:
and I would hide my ſelfe and ſtay, in ſome great wilderneſs.
9 I would be gone in all the haſt, and not abide behinde:
that I were quite and ouerpaſt, theſe blaſts of boyſterous winde.
10 Deuide them Lord, and from them pull, their diuelliſh double tongue:
for I haue ſpide their Cities full of rapine, ſtrife and wrong.
11 Which things both night and day throughout do cloſe her as a wall:
in midſt of her is miſchiefe ſtout, and ſorrow eke withall.
12 Her priuy parts are wicked plaine, her deeds are much too vile.
and in her ſtreets their doth remaine, all craftie fraud and guile.

The ſecond part.

13 If that my foes did ſeeke my ſhame, I could it well abide:
from open enemies cheeke and blame, ſome where I could me hide.
14 But thou it was my fellow deare, which friendſhip didſt pretend:
and didſt my ſecret counſell heare, as my familiar friend.
15 With whom I had delight to talke, in ſecret and abroad:
and we together oft did walke, within the houſe of God.
16 Let death in haſt vpon them fall, and ſend them quicke to hell:
for miſchiefe raigneth in their hall, and parlour where they dwell.
17 But I vnto my God do crie, to him for helpe I flie:
the Lord doth heare me by and by, and he doth ſuccour me.
18 At morning, noone, and euening tide, vnto the Lord I pray:
when I ſo inſtantly haue cride, he doth not ſay me nay.
19 To peace he ſhall reſtore me yet, though warre be now at hand:
although the number be full great, that would againſt me ſtand.

20 The Lord that first and last doth raigne, both now and evermore:
will heare when I to him complaine, and punish them full sore.

21 For sure there is no hope that they, to turne will once accord:
for why? they will not God obey, nor doe not feare the Lord.
22 Upon their friendes they laid their hands, which were in couenant knit:
of friendship to neglect their bands, they passe of care no whit.

23 While they haue warre within their heart, as butter are their words:
although his words were smooth as oyle, they cut as sharpe as swordes.
24 Cast thou thy care vpon the Lord, and he shall nourish thee:
for in no wise will he accords, the iust to shall to see.

25 But God shall cast them deepe in pit, that thirst for bloud alwayes:
he will no guilefull man permit, to liue out halfe his dayes.
26 Though such be quite destroide and gone, in thee O Lord I trust:
I shall depend thy grace vpon, with all my heart and iust.

Miserere mei: Psal. Lvi. I. H.

Dauid brought to Achis, the king of Gath, 1. Sam. 21, 12. complaineth of his enemies, demaundeth succour putteth his trust in God, and his promises, and promiseth to performe his vowes which he had taken vpon him. wherevpon this song the effect, to praise God in his Church.

Sing this as the Lamentation.

HAue mercy Lord on me I pray, for man would me deuoure:
he fighteth with me day by day, and troubleth me each houre:
2 Mine enemies dayly enterprise, to swallow me out right:
to fight against me many rise, O thou most high of might.

3 When they would make me most afraide, with boast & bragges of pride,
I trust in thee alone for aide, by thee I will abide.
4 Gods promise I do mind and praise, O Lord I sticke to thee:
I doe not care at all assayes, what flesh can do to me.

5 What thinges I eyther did or spake, they wrest them at their will:
and all the counsell that they take, is how to worke me ill.
6 They all consent themselues to hide, close watch for me to lay:
they spie my pathes and snares haue tide, to take my life away.

7 Shal they thus scape on mischiefe set, thou God on them wilt frown
for in his wrath he doth not let, to throw whole kingdomes downe.
8 Thou seest how oft they make me flee, and on my teares dost looke:
reserue them in a glasse by thee, and write them in thy booke.

9 When I do call vpon thy name, my foes away do start.
I well perceiue it by that same, that God doth take my part.
10 I glorie in the word of God, to praise it I accord:
with ioy will I declare abroad, the promise of the Lord.

11 I trust in God, and yet I say, as I before began:
the Lord he is my helpe and stay, I doe not care for man.
12 I will performe with heart so free, to God my vowes alwayes.
and I O Lord all times to thee, will offer thanks and praise.

13 My soule from death thou shalt defend, and keepe my feet vpright:
that I before thee may attend, to liue as liue I might.

Miserere. psal. Lvii. I. H.

Dauid being in the desert of Iuda, where he lurked from place to place and as taught in the same vnto Saul, craueth most earnestly vnto God, shewing a confident perswasion of his still performing his promise, and take his cause in hand, also that he will shew his glorie in the heauens and earth against his cruel enemies, therefore doth he render laud and prayse.

Sing this as the 44. Psalme.

TAke pitty for thy promise sake, haue mercy Lord on me:
for why: my soule doth her betake, vnto the shade of thee.
2 within the shadow of thy winges, I set my self and fast
till mischiefe, malice, and like thinges, be gone and ouerpast.
3 I call vpon the God most hie, to whome I flie and stande:
I meane the God that will stand by, the cause I haue in hande.
4 From heauen he hath sent his aide, to saue me from their spites:
that to deuoure me haue assaide, his mercy, truth and might:
5 I leade my life with Lyons fell, all set with wrath and ire:
and with such wicked men I dwell, that fret like flames of fire.
6 Their teeth are speares and arrowes long, as sharpe as I haue seene:
they wound and cut with their quicke tongue, like swordes & weapons keene.
7 Set vp and shew thy selfe O God, aboue the heauens bright:
exalt thy prayse on earth abroad, thy maiestie and might.
8 They lay their net, and do prepare, for my vaine life and pit:
wherein they thinke my soule to snare, but they are fallen in it.
9 My heart is set to laud the Lord, in hym to ioy alwayes:
my heart I say doth wel accord, to sing his laud and prayse.
10 Awake my ioy, awake I say, my Lute, my Harp, and string:
for I my self before the day, will rise, reioyce and sing.
11 Among the people I will tell, the goodnes of my God:
and shew his prayse that doth excell, in heathen lands abroad.
12 His mercy doth extend as farre, as heauens all are hie:
his truth as high as any starre, that standeth in the skie.
13 Set forth and shew thy selfe O God, aboue the heauens bright:
extoll thy prayse on earth abroad, thy maiestie and might.

Si vere vtique. psal. Lviii. I. H.

He describeth the malice of his enemies, the first erres of Saul, who both secretly and openly sought his destruction, from whome he appealeth to Gods iudgement, shewing that the iust shall reioyce, when they see the punishment of the wicked to Gods glorie.

Sing this as the 48. Psalme.

YE rulers that are put in trust, to iudge of wrong and right:
be all your iudgements true and iust, not knowing meede or might.
2 Nay in your hearts you marke and muse, in mischefe to consent:
and where you should true iustice vse, your hands to bribes are bent.
3 This wicked sort from their birth day, haue erred on this wise:
and from their mothers wombe alway, haue bred craft and lies.

4 In

4 In them the poyson and the breath, of serpents doe appeare:
yea like the Adder that is deafe, and fast doth stop her eare.

5 Because she wil not heare the voyce, of one that charmeth well:
no though he were the chiefe of choice, and did therein excel.
6 O God breake thou their teeth at once, within their mouths throughout:
the tuskes that in their great chawbones, like Lyons whelpes hang out.

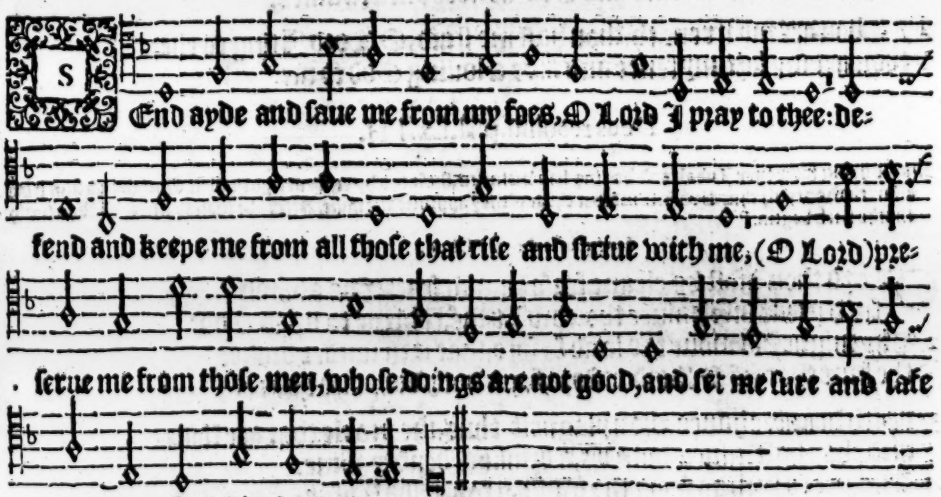
7 Let them consume away and waste, as water runth forthright:
the shaftes that they doe shoote in hast, let them be broke in sight:
8 As snailes doe waste within the shell, and vnto sinne doe runne;
as one before his time that fell, and neuer saw the sunne:

9 Before the thornes that now are yong, to bushes big shall grow:
the stormes of anger waxing strong, shall take them ere they know.
10 The iust shall ioy, it doth them good, that God doth vengeance take,
and they shall wash their feet in bloud, of them that him forsake.

11 Then shall the world shew forth and tell, that good men haue reward:
and that a God on earth doth dwell, that iustice doth regard.

Eripe me. psal. Lix. I. H.

Dauid being in great danger of Saul who sent to slay him in his bed, prayeth vnto God, declareth his innocentie, and their furie, desiring God to destroy all those that sinne of malitious wickednes, whom though he keepe aliue for a time to exercise his people, yet in the end he will consume them in his wrath, that he may be knowen to be the God of Iacob, to the worlds end, for this he singeth praises to God, assured of his mercies


SEnd ayde and saue me from my foes, O Lord I pray to thee: de-
fend and keepe me from all those that rise and striue with me, (O Lord) pre-
serue me from those men, whose doings are not good, and set me sure and safe
from them that still thirst after bloud.

3 For loe they waite my soule to take, they rage against me still:
yea for no fault that I did make, I neuer did them ill.
4 They runne and do themselues prepare, when I no whit offend:
arise and saue me from their snare, and see what they entend.

5 O Lord of hostes of Israel, arise and strike all lands:
and pitty none that doth rebell, and in their mischiefe stands.
6 At night they stirre and seeke about, as houndes they houle and grin:
and all the Citty cleane throughout, from place to place they run.
7 They speake of me with mouth alwoy, but in their lips were two words:
they greede my death, and then would say, what none doth heare our words.
8 But Lord thou hast their wayes espide, and laught thereat apace:
the heathen folke thou shalt deride, and mocke them to their face.
9 The strength that doth my foes withstand, O Lord doth come of thee,
my God he is my helpe at hand, a fort of fence to me:
10 The Lord to me doth shew his grace, in great aboundance still:
that I may see my foes in case, such as my heart doth will.
11 Destroy them not at once O God, least it from mind do fall:
but with thy strength driue them abroad, and so consume them all.
12 For their ill words and truthlesse tongue, confound them in their pride:
their wicked oathes with lies and wrong, let all the world deride.
13 Consume them in thy wrath O Lord, that nought of them remaine:
that men may know throughout the world, that Jacobs God doth raigne.
14 At euening they returne apace, as dogs they grin and crie:
throughout the streetes in euery place, they run about and spie.
15 They seeke about for meate I say, but let them not be fed,
nor find an house where in they may, be bolde to put their head.
16 But I will shew thy strength abroad, thy goodnes I will prayse:
for thou art my defence and God, at neede in al assaies.
17 Thou art my strength, thou hast me staid, O Lord I sing to thee:
thou art my fort, my fence and aide, a louing God to me.

Deus repulisti. psal. Lx. I. H.

Dauid being king ouer Iudah and hauing had victories, shewing by euident signes, that God elected him king assureth the people that God will prosper them, if they approue the same. After he prayeth vnto God to finish that he hath begun.

Sing this as the 59 Psalme.

O Lord thou didst vs cleane forsake, and scatter vs abroad:
such great displeasure thou didst take, returne to vs O God.
2 Thy might did moue the land so sore, that it in sunder brake:
the hurt thereof O Lord restore, for it doth bow and quake.
3 With heauie chance thou plaguest thus, the people that are thine:
and thou hast giuen vnto vs, a drinke of deadly wine.
4 But yet to such as feare thy name, a token shal ensue:
that they may triumph in the same, because thy word is true.
5 So that thy might may keepe and saue, thy folke that fauour thee:
that they thy helpe at hand may haue, O Lord grant this to me.
6 The Lord did speake from his owne place, this was his ioifull tale:
I will diuide Sichem by pace, and mete out Succothes vale.

7 Gilead

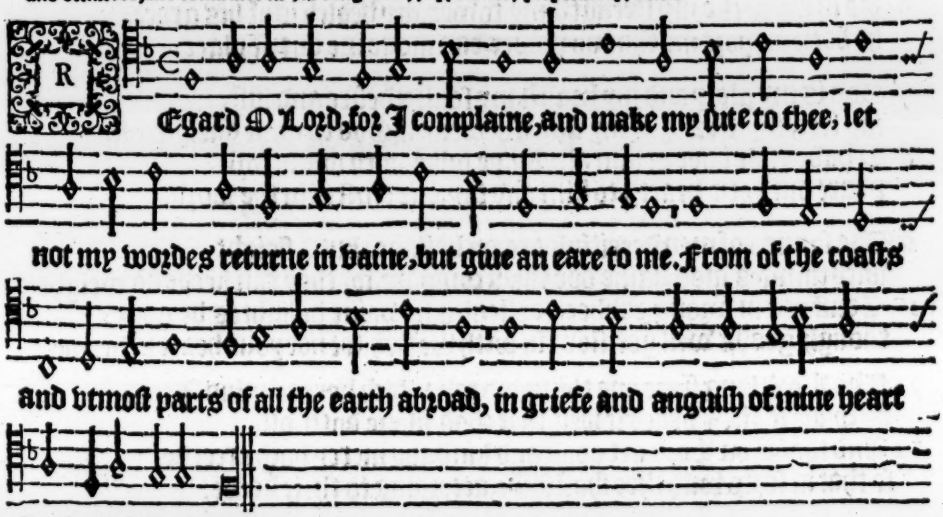
7 Gilead is giuen to my hand, Maanſſes mine beſide:
Ephraim the ſtrength of all my land, my law doth Juda guide.
8 In Moab I will waſh my feete, ouer Edome throw my ſhoe:
and thou Paleſtine oughteſt to ſeeke, for fauour me vnto.

9 But who ſhall bring me at this tide, vnto the Citty ſtrong:
or who to Edome will me guide, ſo that I go not wrong?
10 Wilt thou my God which didſt forſake, thy folke, their land and coaſtes:
our warrs in hand thou wouldſt not take, nor walke among our hoaſtes.

11 Giue aide O Lord, and vs relieue, from them that vs diſdaine:
the helpe that hoaſtes of men can giue, it is but all in vaine.
12 But through our God we ſhall haue might, to take great thinges in hand:
he will tread downe and put to flight, all thoſe that vs withſtand.

Exaudi Deus. Pſal. Lxi. I. H:

Whether that he were in danger of the Ammonites, or being purſued of Abſolon. Heere he crieth to be heard and deliuered, and confirmed in his kingdome, he promiſeth perpetuall prayſes.



3 Vpon the rocke of thy great power, my woful mynde repoſe:
thou art my hope, my fort and tower, my fence againſt my foes.
4 Within thy tent I luſt to dwell, for euer to endure.
vnder thy winges I know right well, I ſhall be ſafe and ſure.

5 The Lord doth my deſire regard, and doth fulfill the ſame:
with godly giftes doth he reward, all them that feare his name.
6 The king ſhall he in health maintaine, and to prolong his dayes:
that he from age to age ſhall raigne, for euermore alwayes.

7 That he may haue a dwelling place, before the Lord for aye:
O let thy mercy, truth and grace, defend him from decay.
Then ſhall I ſing for euer ſtill, with prayſe vnto thy name:
that all my vowes I may fulfill, and dayly pay the ſame,

Nonne Deo subiecta. psal. Lxii. I. H.

Dauid declareth by his example, & by the nature of God, that he must trust in God alone, and thereto exhorteth all people, seeing that all is vanitie, and without God all goeth to nought, and we are alwayes taught that God onely is of power to saue, and that he rewarded man according to his workes.

Sing this as the 61. Psalme.

My soule to God shall giue good heed, and him alone entend:
for why? my health and hope to speede, doth whole on him depend
2 For he alone is my defence, my rocke, my health, my aide:
he is my stay that no pretence, shal make me much dismaid.

3 O wicked folke how long will ye, vse crafts? sure ye must fall:
for as a rotten hedge ye be, and like a tottering wall.
4 Whome God doth loue, ye seeke alwayes, to put him to the worse:
ye loue to lie, with mouth and prayse, and yet your heart doth curse.

5 Yet still my soule doth whole depend, on God my chiefe desire:
from all false feates me to defend, none but him I require.
6 He is my rocke, my strength, my tower, my health is of his grace:
he doth suppoꝛt me that no power, can moue me out of place.

7 God is my glory and my health, my soules desire and lust:
my foꝛt, my strength, my stay, my wealth, God is mine onely trust.
8 O haue your hope in him alway, ye folke with one accoꝛd
poure out your hearts to him and say, our trust is in the Lord.

9 The sonnes of men deceitfull are, on ballance but a sleight:
with thinges most vaine doe them compare, for they can keepe no weight.
10 Trust not in wrong, robbery oꝛ stealth, let vaine delightes be gone:
though goods well got, flow in with wealth, set not your hearts thereon.

11 The Lord long since one thing did tell, which here to mind I call:
he spake it oft, I heard it well, that God alone doth all.
12 And that thou Lord art good and kind, thy mercy doth exceede,
so that al soꝛts with thee shall finde, accoꝛding to their deede.

Deus Deus meus. psal. Lxiii. T. S.

Dauid after he had beene in great danger by Saul, in the desert of Ziph, made this psalme, wherein he giueth thanks to God for his wonderfull deliuerance, in whose mercies he trusted, euen in the midst of his miseries prophesying the destruction of Gods enemies, and contrariewise happinesse to all them that trust in the Lord 1. Sam. 3.

Sing this as the 44. Psalme.

O Lord my God I watch betime, to come to thee in haste:
for why? my soule and bodie both, doth thirst of thee to taste:
And in this barren wildernes, where waters there are none:
my flesh is pareht for thought of thee, for thee to with alone.

2 That I might see yet once againe, thy glory, strength and might:
as I was wont it to behold, within thy temple bright:
3 For why? thy mercies farre surmount, this life and wretched dayes:
my lips therefore shall giue to thee, due honoꝛ, laud and praise.

4 And

4 And whilſt I liue I will not faile, to worſhip thee alway:
and in thy name I ſhall lift vp, my handes when I do pray.
5 My ſoule is fild with marrow, which is both fat and ſweet:
my mouth therefore ſhall ſing ſuch ſongs, as are for thee moſt meet.

6 When as in bed I thinke on thee, and eke all the night tide:
7 For vnder couert of thy winges, thou art my ioyfull guide.
8 My ſoule doth ſurely sticke to thee, thy right hand is my power:
9 And thoſe that ſeeke my ſoule to ſtroy, them death ſhall ſoone deuoure.

10 The ſword ſhall them deuoure eachone, their carkaſes ſhall feede:
the hungrie Foxes which doe runne, their pray to ſeeke at need.
11 The king and all men ſhall reioyce, that doe profeſſe Gods word:
for lyers mouthes ſhall then be ſtopt, which haue the truth diſturbd.

Exaudi Deus vocem meam. pſa. Lxiiii. I. H.

Dauid prayeth againſt the falſe reporters and ſlaunderers, he declareth their punishment & deſtruction, to the comfort of the iuſt, and the glory of God.

Sing this as the 30. Pſalme.

O Lord vnto my voice giue eare, with plaint when I do pray:
and rid my life and ſoule from feare, of foes that threat to ſlay:
2 Defend me from that ſort of men, which in deceites doe lurke:
and from the frowning face of them, that all ill feates doe worke.

3 Who whet their tongs as we haue ſeene, men whet & sharpe their ſwordes:
they ſhoote abroade their arrowes keene, I meane moſt bitter wordes.
4 With priuie ſleight ſhoote they their ſhaft, the vpright man to hit,
the iuſt vnware to ſtrike by craft, they care or feare no whit.

5 A wicked worke haue they decreede, in counſell thus they crie:
to vſe deceite let vs not dread, what, who can it eſpie?
6 What wayes to hurt they talke and muſe all times within their heart:
they all conſult what feates to vſe, each doth inuent his part.

7 But yet all this ſhall not preuaile, when they thinke leaſt vpon:
God with his dart ſhall ſure aſſaile, and wound them euery one.
8 Their craftes, and their ill tongs withall, ſhall worke themſelues ſuch blame,
that they which then behold their fall, ſhal wonder at the ſame.

9 Then all that ſee ſhall know right well, that God the thing hath wrought:
and prayſe his witty works and tell, what he to paſſe hath brought.
10 Yet ſhall the iuſt in God reioyce, ſtill truſting in his might:
ſo ſhall they ioy with minde and voice, whoſe heart is pure and right.

Te decet hymnus. pſal. Lxv. I. H.

A prayſe and thankſgiuing vnto God by the faithfull, who are ſignified by Sion and Ieruſalem, for the choo-ſing, preſer nation and gouernance of them, and for the plentifull bleſſings powred forth vpon all the earth.

Sing this as the 30. Pſalme.

THy prayſe alone O Lord doth raigne, in Sion thine owne hill:
their vowes to thee they doe maintaine, and their beheſtes fulfill.

2 For that thou doeſt their prayers heare, and doeſt therto agree:
thy people all both farre and neare, with truth ſhall come to thee.
3 Our wicked life ſo farre exceedes, that we ſhould fall therein:
but Lord forgiue our great miſdeedes, and purge vs from our ſinne.
4 The man is bleſt whom thou doſt chuſe, within thy court to dwell:
thy houſe and temple he ſhall vſe, with pleaſures that excell.

5 Of thy great iuſtice heare vs God, our health of thee doth riſe:
the hope of all the earth abroad, and the ſea coaſtes likewiſe.
6 With ſtrength thou art beſet about, and compaſt with thy power.
thou makſt the mountaines ſtrong and ſtout, to ſtand in euerie ſhower.
7 The ſwelling ſeas thou doſt aſſwage, and makſt their ſtreames full fild:
thou doſt reſtraine the peoples rage, and ruſt them at thy will.
8 The folke that dwell full far on earth, ſhall dread thy ſignes to ſee:
which morne and euening in great mirth, doth paſſe with praiſe to thee.

9 When that the earth is chapt and drie, and thirſteth more and more:
then with thy drops thou doſt apply, and much increaſe her ſtore.
10 The floud of God doth ouerflow, and ſo doth cauſe to ſpring:
the ſeede and corne which men do ſow, for he doth giue the thing.

11 With wet thou doſt her furrowes fill, whereby her clods do fall:
thy drops to her thou doſt diſtill, and bleſſe her fruit withall.
12 Thou deckeſt the earth with thy good grace, with faire and pleaſant crop:
the clouds diſtill their dew apace, great plentie they do drop.
13 Whereby the deſert ſhall begin, ful great encreaſe to bring,
the little hils ſhall ioy therein, much fruit in them ſhall ſpring.
14 In places plaine the flocke ſhall feede, and couer all the earth:
the vallies with corne ſhall ſo exceed, that men ſhall ſing for mirth.

Iubilate Deo omnes. pſal. Lxvi. I. H.

He prouoketh all men to praiſe the Lord, and to conſider his workes, rehearſing two things moſt wonderful. He ſetteth forth the power of God to affray the rebels, and ſheweth how God hath deliuered Iſrael from great bondage and afflictions. he promiſeth to giue ſacrifice, and prouoketh all men to heare what God hath done for him, and to praiſe his name.

Sing this as the 68. Pſalme.

YE men on earth in God reioyce, with prayſe ſet forth his name:
extoll his might with heart and voyce, giue glorie to the ſame:
2 How wonderfull O Lord ſay ye, in all thy workes thou art:
thy foes for feare do ſeeke to thee, full lore againſt their heart.

3 All men that dwell the earth throughout, to prayſe the name of God:
the laud thereof, the world about, is ſhewde and ſet abroad.
4 All folke, come forth behold and ſee, what thinges the Lord hath wrought:
marke well the wondrous workes that he, for man to paſſe hath brought.

5 He laid the ſea like heapes on hie, therein a way they had:
on foote to paſſe both faire and drie, whereof their hearts were glad.
6 His might doth rule the world al way, his eyes all things behold:
all ſuch as would him diſobey, by him ſhalbe controld.

7 Yea

7 The people giue vnto our God, due laud and thanks alwayes:
with ioyfull voice declare abroad, and sing vnto his prayse.
8 Which doth endue our soule with life, and it preserue withall,
he stayeth our feet, so that no strife, can make vs slip or fall.

9 The Lord doth proue our deeds with fire, if that they will abide,
as workemen doe when they desire, to haue their mettals tride.
10 Although thou suffer vs so long, in prison to be cast:
and there with chaines and fetters strong, to lie in bondage fast.

11 Although I say, thou suffer men, on vs to ride and raigne:
though we through fire and water run, of verie griefe and paine:
12 Yet sure thou dost of thy good grace, dispose it to the best:
and bring vs out into a place, to liue in wealth and rest.

13 Vnto thy house resort will I, to offer and to pray:
and there I will my selfe apply, my vowes to thee to pay.
14 The vowes that with my mouth I spake, in al my griefe and smart
the vowes I say which I did make, in dolour of my heart.

15 Burnt offrings I will giue to thee, of Oxen fat and Rames:
noe other sacrifice shalbe, of Bullocks, Goats and Lambes.
16 Come forth and hearken heere full soone, all ye that feare the Lord,
what he for my poore soule hath done, to you I will record.

17 Full oft I call vpon thy grace, this mouth to him doth crie:
and thou my tongue make speed apace, to prayse him by and by.
18 But if I feele my heart within, in wicked workes reioyce:
or if I haue delight to sinne, God will not heare my voyce.

19 But surely God my voyce hath heard, and what I do require:
my prayer he doth well regard, and granteth my desire.
20 Al prayse to him that hath not put, nor cast me out of mind:
nor yet his mercy from me shut, which I do euer finde.

Deus misereatur nostri. psal. Lxvii. I.H.

A sweete prayer for al the faithful to obtaine the fauour of God and to be lightned with his countenance to the end their his way and iudgments may be knowen throughout the earth. Reioysing that God is the gouernour of all nations.

Sing this as the 30. Psalme.

HAue mercy on vs Lord, and grant to vs thy grace:
to shew to vs doe thou accord, the brightnes of thy face.
2 That all the earth may know, the way to godly wealth:
and all the nations on a row, may see thy sauing health.

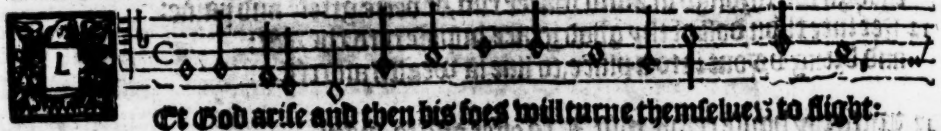
3 Let all the world O God, giue prayse vnto thy name,
O let the people al abroad, extol and laud the same.
4 Throughout the world so wide, let all reioyce with mirth:
for thou with truth and right dost guide, the nations of the earth.

5 Let al the world O God, giue prayse vnto thy name:

O let the people all abroad, extoll and laud the ſame.
6 Then ſhall the earth encreaſe great store of fruit ſhall fall:
and then our God the God of peace, ſhall bleſſe vs euē within.
7 God ſhal vs bleſſe I ſay, and then both farre and neare:
the folke throughout the earth alway, of him ſhall ſtand in feare.

Exurgat Deus. pſal. Lxviii. T.S.

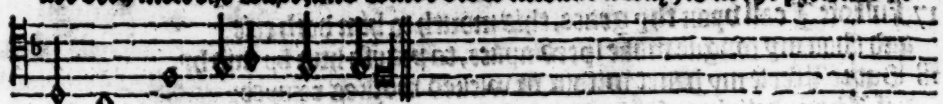
In this pſalme Dauid ſetteth forth in a glaſſe the wonderful mercies of God towardes his people, who by all meanes and moſt ſtrange feates declared himſelfe to them. And therefore Gods Church by reaſon of his promiſes, graces and victories, both excell without compariſon all worldly kingdoms, he exhorteth therefore all men to prayſe God for euer.



Et God ariſe and then his foes will turne themſelues to flight:

His enemies then will runne abroad, and ſcatter out of ſight. And as the

fire deth melt the waxe, and winde blows ſmoake away, ſo in the preſence of



the Lord, the wicked ſhall decay.

3 But righteous men before the Lord, ſhall heartily reioyce:
they ſhall be glad and merry all, and chearefull in their boyce.
4 Sing prayſe, ſing prayſe vnto the Lord, who rideth on the skie:
extol this name of Iah our God, and him do magnifie.

5 That ſame is he that is aboue, within his holy place:
that father is of fatherleſſe, and iudge of widdo wes caſe.
6 Houſes he gines and iſſue both, vnto the comfortleſs:
he bringeth bondmen out of thral, and rebels to diſtreſſe.

7 When thou didſt march before thy folke, the Egyptians from among:
and brought them through the wilderneſs, which was both wide and long.
8 The earth did quake, the rain pourd down, heard were great claps of thunder
the mount Sinai ſhooke in ſuch ſort, as it would cleaue aſunder.

9 Thine heritage with drops of raine, abundantly was walht:
and if ſo be it barren wart, by thee it was refreſht:
10 Thy choſen flocke doth there remaine thou haſt preparde that place,
and for the poore thou doſt prouide, of thine eſpecial grace.

The

The second part.

11 God will giue women causes inst to magnifie his name;
when as his people triumphes make, and purchase brute and fame.
12 For puissant kings for all their power, shall flee and take the foile:
and women which remaine at home, shall helpe to part the spoile.
13 And though ye were as blacke as pots, your hue should passe the doue,
whose winges and feathers seeme to haue siluer and golde aboue.
14 When in this land God shall restore, euerlasting both life and loue,
then shall it be like Salmon hill, as white any snow.
15 Though Basan be a fruitfull hill, and in height others passe:
yet Sion Gods most holy hill, doth farre exceede in grace.
16 Why brag ye thus ye hils most high and leape for pride together?
the hill of Sion God doth loue, and there will dwell for euer.
17 Gods armie is two millions, of warriours good and strong:
the Lord also in Sinai, is present them among.
18 Thou didst (O Lord) ascend on high, and captiues led them all:
which in times past thy chosen flocke, in prison kept and thrall.
Thou madest them tribute for to pay, and such as did repine:
thou didst subdue that they might dwell in thy temple diuine.
19 Now prayled be the Lord for that, he poures on vs such grace:
from day to day he is the God, of our health and solace.

The third part.

20 He is the God from whome alone, saluation commeth plaine:
he is the God by whome we scape, all danger, death and paine:
21 Thus God will wound his enemies head, & breake the hairie scalpe
of those that in their wickednes, continually doe walke.
22 From Basan will I bring (said he) my people and my sheepe,
and all mine owne as I haue done, from danger of the deepe.
23 And make them dip their feete in bloud, of those that hate my name,
and dogs shall haue their tongues imbrude, with licking of the same.
24 All men may see how thou O God, thine enemies dost deface:
and how thou goest as God and king, into thy holy place.
25 The singers goe before with ioy, the minstrels follow after:
and in the midst the damsels play, with Timbrel and with tabor.
26 Now in the congregations, O Israel prayse the Lord:
and Iacobs whole posterity, giue thanks with one accord.
27 Their chiefe was little Beniamin, but Iuda made their boast,
with Zabulon and Nepthalim, which dwelt about their coast.
28 As God hath giuen power to thee, to Lord make firme and sure
the thing that thou hast wrought in vs, for euer to endure.
29 And in thy temple gifts will we, giue vnto thee O Lord:
for thine vnto Ierusalem, sure promise made by word.

The

The fourth part.

30 Yea and strange kings to vs subdude, shall do like in those dayes:
I meane to thee they shall present, their gifts of land and prayse.
Ye shal destroy the lyoarenens bands, theis tirants and vaile of might:
and cause them tribute pay and banne, all such as loue to fight.

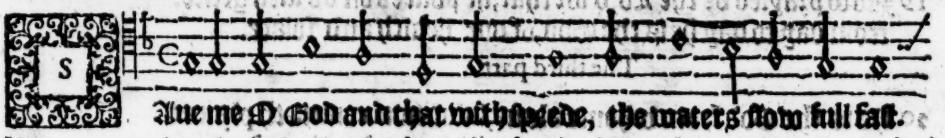
31 Then shall the Lords of Egypt come, and presents with them bring:
the Moores most blacke shall stretch their hands, vnto the Lord their king.
32 Therefore ye kingdomes of the earth, giue prayse vnto the Lord:
sing psalmes to God with one content, thereto let all accord.

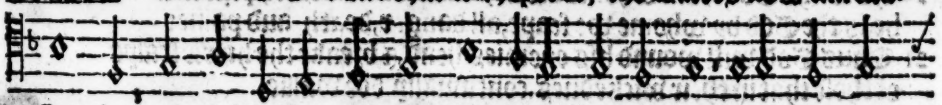
33 Who though he ride and euer hath, aboue the heauens bright:
yet by the feareful thunderclaps, men may well know his might.
34 Therefore the strength of Israel, ascribe to God on high:
whose might and power doth farre extend, aboue the cloudie skie.

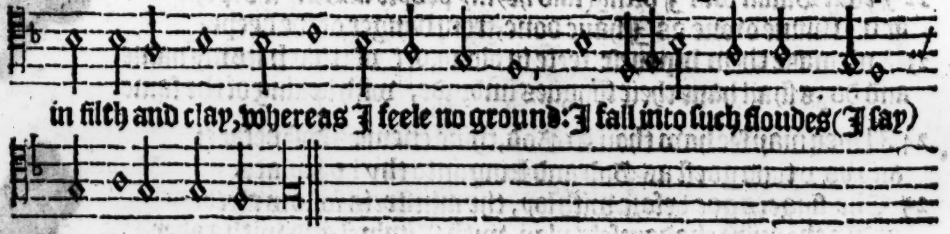
35 O God thy holinesse and power, is dread for euermore:
the God of Israel giues vs strength, praysed be God therefore.

Saluum me fac. psal. Lxix. I. H.

The complaintes, prayers, fervent zeale, and great anguish of Dauid is set forth as a figure of Christ, and al members, the malitious cruelty of the enemies, and their punishment also. Where Iudas and such traytors are accused. Then gathereth he courage in his affliction, and offereth prayses vnto God, which are more acceptable than all sacrifices, wherof al the afflicted may take consolation. Finally, he doth prouoke all creatures to prayses, prophesying of the kingdome of Christ, and the building of Iury. Where all the faithfull and their seede shall dwell for euer.







3 With crying oft I faint and quaile, my throate is hoarse and drie:
with looking vp my sight doth faile, for helpe to God on hie.
4 My foes that guiltlesse do oppresse, my soule with hate are led:
in number sure they are no lesse, then haires are on my head.

5 Though for no cause they bere me sore, they prosper and are glad:
they doe compell me to restore, the thinges I neuer had.

6 What

6 What I haue done for want of wit, thou Lord all times canſt tell:
and all the ſinne that I commit, to thee is knowne full well.

7 O God of hoſtes defend and ſtay, all thoſe that truſt in thee:
let no man doubt or ſhrinke away, for ought that chanceth me.
8 It is for thee and for thy ſake, that I do beare this blame:
in ſpite of thee they would me make, to hide my face for ſhame.

9 My mothers ſonnes my brethren all, forſake me on a row:
and as a ſtranger they me call, my face they will not know.
10 Unto thy houſe ſuch zeale I beare that it doth pine me much:
their checkes and taunts at thee to heare, my very heart doth gruch.

The ſecond part.

11 Though I do faſt my fleſh to chaſte, yea if I weepe and mone:
yet in my teeth this geare is caſt, they paſſe not thereupon.
12 If I for griefe and paine of heart, in ſackcloth bſe to walke:
then they anone will it peruert, thereof they ieſt and talke.

13 Both hie and low and all the throng, that ſit within the gate:
they haue me euer in their tong, of me they talke and prate.
14 The drunkardes which in wine delight, it is their chiefe paſtime:
to ſeeke which way to worke me ſpite, of me they ſing and rime.

15 But thee the while, O Lord I pray, that when it pleaſeth thee:
for thy great truth, thou wilt alway, ſend downe thine aide to me.
16 Plucke thou my feete out of the mire, from drowning doe me keepe:
from ſuch as owe me wrath and ire, and from the waters deepe.

17 Leaſt in the waues I ſhould be drownde, and depth my ſoule deuoure:
and that the pit ſhould me confound, and ſhut me in her power.
18 O Lord of hoſtes to me giue eare, as thou art good and kind:
and as thy mercy is moſt deare, Lord haue me in thy mind.

19 And doe not from thy ſeruant hide, nor turne thy face away:
I am oppreſt on euerie ſide, in haſt giue eare I ſay.
20 O Lord vnto my ſoule draw nie, the ſame with aide repoſe:
Becauſe of their great tyranny, acquite me from my foes.

The third part.

21 That I abide rebuke and ſhame, thou knoweſt and thou canſt tell,
for thoſe that ſeeke and worke the ſame, thou ſeeſt them all full well.
22 When they with brags do breake my heart, I ſeeke for helpe anone:
but finde no friendes to eaſe my ſmart, to comfort me not one.

23 But in my meate they gaue me gall, too cruell for to thinke:
and gaue me in my thirſt withall, ſtrong vinegar to drinke.
24 Lord turne their table to a ſnare, to take themſelues therein:
and when they thinke full well to fare, then trap them in their gin.

25 And let their eyes be darke and blind, that they may nothing ſee:
bow downe their backe and doe them binde, in thraldome for to be.
26 Poure out thy wrath as hote as fire, that it on them may fal.
let thy diſpleaſure in thine ire, take holde vpon them all.

As desart dwie their house disgrace, their offspring eke expell:
27 That none thereof possesse their place, nor in their tents do dwell.
If thou doest strike the man to tame, on him they lay full sore:
28 And if that thou do wound the same, they seeke to hurt him more.
Then let them heape vp mischiefe still, sith they are all peruert:
29 That of thy fauour and good will, they neuer haue no part.
And dash them cleane out of the booke of life, of hope, trust:
30 That for their names they neuer looke, in number of the iust.

The fourth part.

31 Though I O Lord, with woe and griefe, haue beene full sore oppressed:
thy helpe shall giue me such relieue, that all shall be redressed.
32 That I may giue thy name the prayse, and shew it with a song:
I will extoll the same alwayes, with hartie thanks among.
33 Which is more pleasant vnto thee, (such minde thy grace hath borne)
then either Oxe or Calfe can be, that hath both hoofe and horne.
34 When simple folke doe this behold, it shall reioyce them sure:
all ye that seeke the Lord behold, your life for aye shall dure.
35 For why? the Lord of hostes doth heare, the poore when they complaine:
his prisoners are to him full deare, he doth them not disdaine.
36 Wherefore the skie and earth below, the sea with floud and streame,
his prayse they shall declare and shew, with all that liue in them:
37 For sure our God will Sion saue, and Judaes Cittie build:
Much folke possession there shall haue, her streets shall all be fild.
His seruants seede shall keepe the same, all ages out of minde:
39 And there all they that loue his name, a dwelling place shall finde.

Deus adiutorium. psal. Lxx. I. H;

He prayeth to be right speedily deliuered, as in the xl. psalme. Then he desireth the shame of his enemies, and the ioyfull comfort of all those that seeke the Lord.

Sing this as the 30. Psalme.

O God to me take heede, of helpe I thee desire:
O Lord of hostes with haste and speede, helpe, helpe I thee desire.
2 With shame confound them all, that seeke my soule to spill:
rebuke them backe with blame to fall, that thinke and wish me ill:

3 Confound them that apply, and seeke to worke me shame.
and at my harme doe laugh and crie, so, so, there goeth the game.
4 But let them ioyfull be, in thee with ioy and wealth:
which onely trust and seeke to thee, and to thy sauing health.

5 That they may say alwayes, in mirth and one accord:
all glorie, honour, laud and prayse, bee giuen to thee O Lord.
6 But I am weake and poore, come Lord thine aide I lacke:
thou art my stay, and helpe therefore, make speede and be not slacke.

In

In te Domine speraui. psal. Lxxi. I. H.

He prayeth in faith established by the word of promise, and confirmed by the worke of God, from his youth. He desireth now to be delivered from the wicked and evill man (meaning his sonne Absolon, and his confederacie) and he promiseth to be mindfull for the same.

Sing this as the 69. Psalme.

MY Lord my God in all distresse, my hope is whole in thee:
then let no shame my soule oppresse, nor once take hold on me.
2 As thou art iust defend me Lord, and rid me out of dreed:
giue eare and to my sute record, and send me helpe at neede.
3 Be thou my rocke to whome I may, for aide all times resort:
thy promise is to helpe alway, thou art my fence and fort.
4 Saue me my God from wicked men, and from their strength and power.
from folke vniust, and eke from them, that cruelly deuoure.
5 Thou art the stay wherein I trust, thou Lord of hostes art he:
yea from my youth I had a lust, still to depend on thee.
6 Thou hast me kept, euen from my birth, & I throw thee was borne:
wherefore I will thee prayse with mirth, both euening and at morn.
7 As to a monster seldome seene, much folke about me throng:
but thou art now and still hast beene, my tenee and aide so strong.
8 Wherefore my mouth no time shall lacke, thy glory and thy prayse:
and eke my tongue shall not be slacke, to honour thee alwayes.
9 Refuse me not O Lord I say, when age my limbs doth take:
and when my strength doth waste away, do not my soule forsake.
10 Among themselues my foes enquire, to take me through deceit:
and they against me do conspire, that for my soule laid waite.

The second part.

11 Lay hand and take him now they saide, for God from him is gone:
dispatch him quite, for to his aide, I wis there commeth none.
12 Goe not absent thy selfe alway, O Lord when need shall be:
but that in time of griefe thou may, in haste giue helpe to me.
13 With shame confound and ouerthrow, all those that seeke my life:
oppresse them with rebukes also, that faine would worke me strife.
14 But I will patiently abide, thy helpe at all assaies:
still more and more each time and tide, I will set forth thy prayse.
15 My mouth thy iustice shall record, that dayly helpe doth send:
but of thy benefites O Lord, I know no part nor end.
16 Yet will I goe and seeke forth one, with thy good helpe O God,
the mighty health of them alone, to shew and set abroad.
17 From of my youth thou tookst the care, and dost instruct me still:
therefore thy wonders to declare, I haue great mind and will.
18 And as in youth from wanton rage, thou didst me keepe and stay:
forsake me not vnto mine age, and till my head be gray.

The third part.

19 That I thy strength and might may show, to them that now be here:
and that our seede thy power may know, hereafter many a yeare.
20 O Lord thy iustice doth exceede, thy doings all may see:
thy workes are wonderfull indeede, oh who is like to thee?
21 Thou madest me feele afflictions sore, and yet thou didst me saue:
yea thou didst helpe and me restore, and tookst me from the graue.
22 And thou mine honour dost encrease, my dignity maintaine:
yea thou dost make all griefe to cease, and comfortest me againe.
23 Therefore thy faithfulnes to prayse, I will with Viol sing:
my harpe shall sound thy laud alwayes, O Israels holy king.
24 My mouth will ioy with pleasant voice, when I shall sing to thee:
and eke my soule will much reioyce, for thou hast made me free.
25 My tongue thy vprightnes shall sound, and speake it dayly still:
for griefe and shame doe them confound, that sought to worke me ill.

Deus iudicium tuum, Psal. Lxxii. I. H.

The prayeth that the kingdome of God by Christ may come vnder the person of Salomon, vnder whome shall be righteousnes, peace and felicity, vnto whome all kinges and nations shall do homage, whose name & power shall endure for euer.

GOd giue thy iudgements to the king, wherein instruct him well:
and with his sonne that princely thing, Lord let thy iustice dwell. That he
may gouerne vprightly, and rule thy folke aright: And so defend through
equity, the poore that haue no might.
3 And let the mountaines that are high, vnto their folke giue peace:
and eke let little hils apply, in iustice to encrease.
4 That he may helpe the weake and poore, vnbinde and make them strong:
and eke destroy for euermore, all those that doe him wrong.
5 And then from age to age shall they, regard and feare thy might:
so long as Sunne doth shine by day, or eke the moone by night.
6 Lord make the king vnto the iust like raine to fields new mowne:
and like to drops that lay the dust, and fresh the land vnto owne.

7 The

7 The iuſt ſhall flouriſh in his time, and all ſhall be at peace:
vntill the moone ſhall leaue to prime, waſte, change and to encreaſe.
He ſhall be Lord of ſea and land, from ſhore to ſhore throughout:
and from the floods within the land, through all the earth about.

9 The people that in deſert dwell, ſhall kneele to him full thicke:
and all his enemies that rebell, the earth and duſt ſhall licke.
10 The Lord of all the Iles thereby, great gifts to him ſhall bring:
the Kinges of Saba and Arabie, giue many a coſtly thing.

The ſecond part.

11 All Kinges ſhall ſeeke with one accord, in his good grace to ſtand,
and all the people of the world, ſhall ſerue him at his hand.
12 For he the needie ſort doth ſaue, that vnto him doth call:
and eke the ſimple folke that haue, no helpe of man at all.

13 He taketh pitty on the poore, that are with neede oppreſt,
he doth preſerue them euermore, and bring their ſoules to reſt.
14 He ſhall redeeme their life from dread, from fraud, from wrong, from might:
and eke the bloud that they ſhall bleede, is precious in his ſight.

15 But he ſhall liue and they ſhall bring, to him of Sabaes gold:
he ſhall be honoured as a king, and dayly be extolde.
16 The mightie mountaines of his land, of corne ſhall beare ſuch throng,
that it like Cedar trees ſhall ſtand, in Libanus full long.

17 Their Cities eke full well ſhall ſpeede, the fruites thereof ſhall paſſe:
in plentie it ſhall farre exceed, and ſpring as greene as graſſe.
18 For euer they ſhall praiſe his name, while that the Sunne is light:
and thinke them happie through the ſame, all folke ſhall bleſſe his might.

19 Prayſe ye the Lord of hoſtes and ſing, to Iſraels God eachone:
for he doth euery wondrous thing, yea he himſelfe alone.
20 And bleſſed be his holy name, all times eternally,
that all the earth may prayſe the ſame, Amen, Amen, ſay I.

Quam bonus Deus. pſal. Lxxiii. T. S.

The Prophet teacheth by his example, that neyther the worldly proſperitie of the vngodly, nor yet the affliction of the good, ought to diſcourage Gods children, but rather ought to moue vs to conſider our fathers prouidence, and to cauſe vs to reuerence Gods iudgements, for as much as the wicked banish away like ſmoke and the godly enter into life euerlaſting, in hope whereof he reſigneth himſelfe into Gods handes.

Sing this as the 44. Pſalme.

HOw euer it be yet God is good, and kinde to Iſrael:
and to all ſuch as ſafely keepe, their conſcience pure and wel.
2 Yet like a foole I almoſt ſlipt, my feete began to slide:
and ere I wiſt euen at a pinch, my ſteps awry gan glide.

3 For when I ſaw ſuch fooliſh men, I grudgde and did diſdaine:
that wicked men al thinges ſhould haue, without turmoile or paine.
4 They neuer ſuffer pangs nor griefe, as if death ſhould them ſmite:
their bodies are both ſtout and ſtrong, and euer in good plight.

5 And free from all aduersitie, when other men be shent:
and with the rest they take no part, of plague or punishment.
6 Therefore presumption doth embrace, their neckes as doth a chaine:
and are euen wrapt as in a robe, with rapine and disdaine.

7 They are so fed that euen for fat, their eyes oft times out start:
and as for worldly goodes they haue, more then can wish their hart.
8 Their life is most licentious, boasting much of the wrong:
which they haue done to simple men, and euer pride among.

9 The heauens and the liuing Lord, they spare not to blaspheme:
and prate they doe on worldly thinges, no wight they do esteeme.
10 The people of God ofttimes turne back, to see their prosperous state
and almost drinke the selfe same cup, and follow the same rate.

The second part.

11 How can it be that God say they, should know or vnderstand:
these worldly thinges, since wicked men, be Lords of sea and land:
12 For we may see how wicked men, in riches still encrease:
rewarded well with worldly goods, and liue in rest and peace.

13 Then why do I from wickednes, my fantasie refraine:
and wash my hands with innocents, and cleanse my heart in vaine.
14 And suffer scourges euery day, as subiect to all blame:
and euery morning from my youth, sustaine rebuke and shame.

15 And I had almost said as they, misliking mine estate:
but that I should thy children iudge, as folke vnfortunate.
16 Then I bethought me how I might, this matter vnderstand:
but yet the labour was too great, for me to take in hand.

17 Until the time I went into, thy holy place and then:
I vnderstoode right perfectly, the end of all these men.
18 And namely, how thou settest them, vpon a slippery place:
and at thy pleasure and thy wil, thou doest them al deface.

19 Then all men muse at that strange sight, to see how suddenly,
they are destroide, dispatcht, consumde, and dead so horribly.
20 Much like a dreame when one awakes, so shall their wealth decay.
their famous name in al mens sight, shal ebbe and passe away.

The third part.

21 Yet thus my heart was grieued then, my mind was much oppressed:
22 So fond was I and ignorant, and in this point a beast.
23 Yet neuertheless by thy right hand, thou holdst me alwayes fast:
24 And with thy counsel dost me guide, to glorie at the last.

25 What thing is there that I can wish, but thee in heauen aboue:
and in the earth there is nothing, like thee that I can loue.
26 My flesh & eke my heart doth faile, but God doth faile me neuer:
for of my heart God is the strength, my portion eke for euer.

27 And loe al such as thee forsake, thou shalt destroy each one,
and those that trust in any thing, sauing in thee alone.

28 Thy

28 Therefore will I draw neere to God, and euer with him dwell:
in God alone I put my truſt, his wonders wil I tell.

Vt quid Deus. pſal. Lxxiiii. I. H.

The faithfull complaine of the deſtruction of the Church and true Religion vnder the name of Sion and the altars deſtroyed. And truſting in the might and free mercies of God by his couenant they require helpe and ſuccour for the glory of Gods holy name, the ſaluation of his poore afflicted ſeruants, and the confuſion of his proud enemies.

Sing this as the 72. Pſalme.

VVHy art thou Lord ſo long from vs, in all this danger deepe?
Why doth thine anger kindle thus, at thine owne paſture ſheepe?
2 Lord call thy people to thy thought, which haue beene thine ſo long:
the which thou haſt redeemde and brought, from bondage ſore and ſtrong.

3 Haue mind I ſay and thinke vpon, remember it full well:
thy pleaſant place thy mount Sion, where thou waſt wont to dwell,
4 Lift vp thy foote and come in haſte, and all thy foes deface:
which now at pleaſure rod and waſte, within thy holy place.

5 Amid thy congregations all, thine enemies roare O God:
they ſet as ſignes on euery wall, their banners ſplaid abroad.
6 As men with axes hew downe trees, that on the hils do grow:
ſo ſhine the bils and ſwordes of theſe, within thy temple now.

7 The ſeeling ſawde, the carued bordes, the goodly grauen ſtones,
with axes, hammers, bils and ſwordes, they beate them downe at once:
8 The places they conſume with flame, and eke in all this toyle:
the houſe appointed to thy name, they raze downe to the ſoile.

9 And thus they ſaide within their heart, diſpatch them out of hand:
then burnt they vp in euery place, Gods houſes through the land.
10 Yet thou no ſigne of helpe doſt ſend, our Prophetes all are gone:
to tell when this our plague ſhall end, among vs there is none.

11 When wilt thou Lord once end this ſhame, and ceaſe thine enemies ſtrong,
ſhal they alway blaſpheme thy name, and raile on thee ſo long?
12 Why doſt withdraw thy hand abacke, and hide it in thy lap?
O plucke it out and be not ſlacke, to giue thy foes a rap.

The ſecond part.

13 O God thou art my king and Lord, and euermore haſt beene:
yea thy good grace throughout the world, for our good helpe hath ſeene.
14 The ſeas that are ſo deepe and dead, thy might did make them drie:
and thou didſt breake the ſerpents head, that he therein did die.

15 Yea thou didſt breake the head ſo great, of whales that are ſo fell:
and gaueſt them to the folke to eate, that in the deſert dwell.
16 Thou madeſt a ſpring with ſtreames to riſe, from rockes both hard and hie:
and eke thy hand hath made likewiſe, deepe riuers to be drie.

17 Both day and eke the night are thine, by thee they were begun:
thou ſets to ſerue vs with their ſhine, the light and eke the Sun.

18 Thou dost appoint the endes and coastes, of all the earth throughout:
both summer heates and winter frosts, thy hand hath found them out.

19 Thinke on O Lord no time forget, thy foes that thee defame:
and how the foolish folke are set, to rayle vpon thy name.
20 O let no cruell beast deuoure, thy Turtle that is true:
forget not alwayes in thy power, the poore that much doe rue.

21 Regard thy couenant and behold, thy foes possesse the land:
all sad and darke, for worne and old, our realme as now doth stand.
22 Let not the simple goe away, with disappointed shame:
but let the poor and needie aye, giue prayse vnto thy name.

23 Rise Lord let be by thee maintainde, the cause that is thine owne:
remember how that thou blasphemde, art by the foolish one.
24 The voice forget not of thy foes, for their presuming hie:
is more and more encreast of those, that hate thee spitefully.

Confitebimur tibi Deus. psal. Lxxv. N.

The faithfull doe prayse the name of the Lord, which shall come to iudge at the time appointed, when the wicked shall be put to confusion, and drinke the cup of his wrath, their prayer shall be abated, and the righteous shalbe exalted to honour.

Sing this as the 44. Psalme.

VNto thee God we will giue thankes, we will giue thankes to thee:
sith thy name is so neere, declare thy wondrous workes will we.
2 I will vprightly iudge when get, conuenient time I may:
the earth is weake and all therein, but I her pillars stay.

3 I did to the mad people say, deale not so furiously:
and vnto the vngodly ones, set not your hornes on hie.
4 I said vnto them set not vp, your raysed hornes on hie:
and see that you doe with stiffe necke, not speake presumptuously.

5 For neyther from the easterne part, nor from the westerne side:
nor from forsaken wildernes, protection doth proceede:
6 For why? the Lord our God he is, the righteous iudge alone:
he putteth downe the one and sets, another in the throne.

7 For why? a cup of mighty wine, is in the hands of God:
and all the mightie wine therein, himselfe doth poure abroad.
8 As for the lees and filthy dregs, that doe remaine of it,
the wicked of the earth shal drinke, and sucke them euery whit.

9 But I will talke of God I say, of Iacobs God therefore:
and will not cease to celebrate, his prayse for euermore.
10 In sunder breake the hornes of all, vngodly men will I,
but then the hornes of righteous men, shall be exalted hie.

Gloria patri.

To Father, Sonne and holy Ghost, all glory be therefore:
As in beginning was is now, and shall be euermore.

In

In Iudea. psal. Lxxvi. I.H.

This psalme setteth forth the power of God, & care for the defence of his people in Jerusalem, in the destruction of the armie of Senacherib, and exhorteth the faithfull to be thankfull for the same.

Sing this as the 66. Psalme.

TO all that now in Jury dwell, the Lord is clearely knowen:
his name is great in Israel, a people of his owne.
2 At Salem he his tents hath pight, to tarrie there a space:
in Sion eke he hath delight, to make his dwelling place.

3 And there he brake both shaft and bow, the sword, the speare and shield:
and brake the ray to ouerthrow, in battell on the field.
4 Thou art more worthy honour Lord, more might on thee doth lie:
then in the strongest of the world, that rob on mountaines hie.

5 But now the proud are spoilde through thee, and they are fallen on sleepe:
through men of warre no help ye can be, themselues they could not keepe,
6 At thy rebuke O Jacobs God, when thou doest them reproue:
as halfe a sleepe their chariots stoode, no horsemen once did moue.

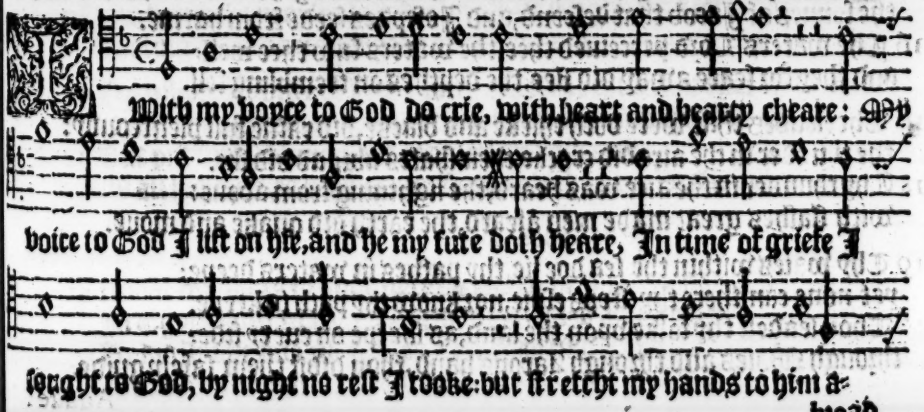
7 For thou art fearefull Lord indeed, what man the courage hath:
to bide thy sight, and doth not dread, when thou art in thy wrath?
8 When thou dost make thy iudgements heard, from heauen through the ground
then all the earth full sore afraid, in silence shall be found.

9 And that when thou O God dost stand, in iudgement for to speake:
to saue the afflicted of the land, on earth that are full weake.
10 The furie that in man doth raigne, shall turne vnto thy praise:
hereafter Lord thou dost restraine, their wrath and threates alwayes.

11 Make vowes and pay them to your God, ye folke that nigh him be:
bring giftes all ye that dwell abroad, for dreadfull sure is he.
12 For he doth take both life and might, from Princes great of birth:
and ful of terror is his sight, to al the kings on earth.

Voce mea ad Dominum. psal. Lxxvii. I.H.

The Prophet in the name of the church, rehearseth the greatnes of his affliction and his grieuous temptation where he was driuen to this end to consider his former conuersation, and the continuall course of Gods workes in the preseruation of his seruants, and so he confirmeth his faith against these temptations.



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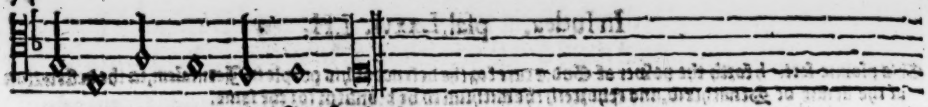


abroad, my soule comfort forsooke.

3 When I to thinke on God entend, my trouble then is more:
I spake but could not make an end, my heart was stopt so sore.
4 Thou holdest mine eyes alwayes from rest, that I alwayes awake:
with feare I am so sore oppress, my speech both me forsake.

5 The dayes of old in mind I cast, and oft did thinke upon:
the times and ages that are past, full many yeares agone.
6 By night my songs I call to minde, ouer made thy prayse to show:
and with my heart much talke I find, my spirites do search to know

7 Will God said I, at once for all, cast off his people thus:
so that henceforth no time he shall, be friendly vnto vs.
8 What is his goodnes cleane decaide, for euer and a day:
or is his promise now delaide, and doth his truth decay.

9 And will the Lord our God forget, his mercies manifold:
or shall his wrath encrease so hote, his mercies to withhold.
10 At last I said, my weakenes is, the cause of this mistrust:
Gods mighty hand can helpe all this, and change it when he lust.

The second part.

11 I will regard and thinke vpon, the working of the Lord:
of all his wonders past and gone, I gladly will record.
12 Yea all his workes I will declare, and what he did deuise:
to tell his facts I will not spare, and eke his counsell wise.

13 Thy workes O Lord are all vpright, and holy all abroad:
what one hath strength to match the might, of thee O God our Lord.
14 Thou art a God that oft dost shew, thy wonders euery houre:
and so dost make the people know, thy vertue and thy power.

15 And thine owne folke thou doest defend, with strength and stretched arme:
the sonnes of Iacob that descend, and Iosephes seede from harme.
16 The waters Lord perceiued thee, the waters saw thee well:
and they for feare away did flee, the depthes on trembling fell.

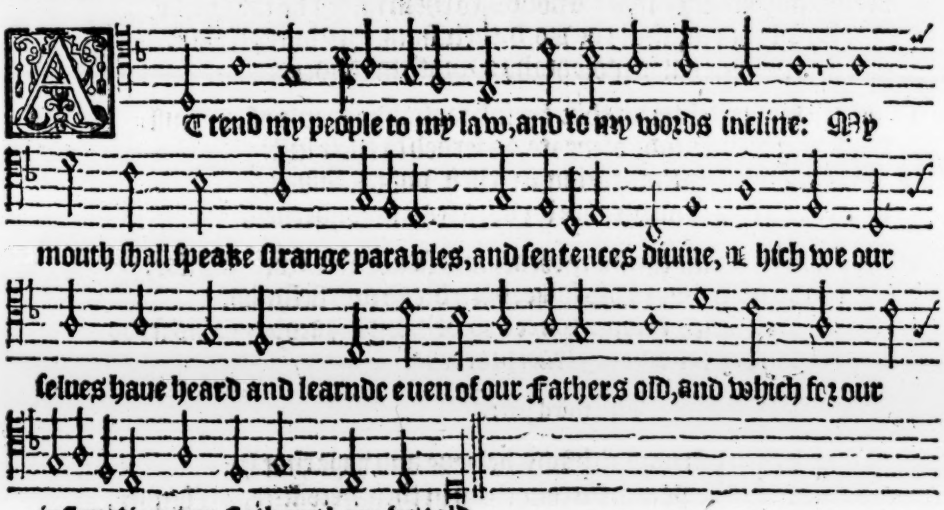
17 The cloudes that were both thicke and blacke, did raine full plentiously:
the thunder in the aire did cracke, their shafts abroad did flie.
18 Thy thunder in the aire was heard, the lightning from aboue:
with flashes great made men afeard, the earth did quake and moue.

19 Thy waies within the sea doe lie, thy pathes in waters deepe:
yet none can there thy steps espie, nor know thy path to keepe.
20 Thou leadest thy folke vpon the land, as sheepe on euery side:
through Moses and through Aarons hand, thou didst them safely guide.

Audite

Attendite populi. psal Lxxviii. T. S.

He sheweth how God of his mercy chose his Church of the posteritie of Abraham, oasting in their teeth the stubborne rebellion of their fathers, that their children might not onely understand that God of his fere mercies made his couenant with their ancestors, but also seeing them malitious and peruerse might bee ashamed and so turne wholy to God. In this Psalme the holy Ghostbath comprehended, as it were the summe of all Gods benefits, to the intent the ignorant and grosse people might see in few words, the effect of the whole Histories


ATtend my people to my law, and to my words incline: My
mouth shall speake strange parables, and sentences diuine, which we our
selues haue heard and learnde euen of our Fathers old, and which for our
instruction, our Fathers haue vs told.

4 Because we should not keepe it close, from them that should come after,
who should Gods power to their race prayse, and all his workes of wonder.
5 To Jacob he commaundement gaue, how Israel should liue:
willing our Fathers should the same, vnto their children giue.

6 That they and their posterity, that were not sprung vp tho:
should haue the knowledge of the law, and teach their seede also.
7 That they may haue the better hope, in God that is aboue:
and not forget to keepe his lawes, and his precepts in loue.

8 Not being as their fathers were, rebelling in Gods sight:
and would not frame their wicked hearts, to know their God aright.
9 How went the people of Ephraim, their neighbours for to spoile:
shooting their darts, the day of warre, and yet they tooke the foile.

10 For why? they did not keepe with God, the couenant that was made:
nor yet would walke or leade their lieus, according to his trade.
11 But put into obliuion, his counsell and his will:
and all his workes most magnifique, which he declareth still.

The second part.

12 What wonders to our forefathers, did he himselfe disclose:
In Egypt land within the field, that called is Thaneos.
13 He did diuide and cut the sea, that they might passe at once:
and made the waters stand as stil, as doth an heape of stones.

14 He led them secret in a cloud, by day when it was bright:
and in the night when darke it was, with fire he gaue them light.
15 He brake the rockes in wildernesse, and gaue the people drinke:
as plentifull as when the deepes, do flow vp to the brinke.

16 He drew out riuers out of rockes, that were both drie and hard:
of such aboundance that no flouds, to them might be comparde.
17 Yet for all this against the Lord, their sinne they did encrease:
and stirred him that is most high, to wrath in wildernes.

18 They tempted him within their hearts, like people of mistrust:
requiring such a kinde of meate, as serued to their lust:
19 Saying with murmuration, in their vnfaithfulnes,
what? can this God prepare for vs, a feast in wildernes.

20 Behold he strake the stony rocke, and flouds forthwith did floe,
but can he now giue to his folke, both bread and flesh also?
21 When God heard this, he waxed wroth, with Jacob and his seede
so did his indignation, on Israel proceede.

The third part.

22 Because they did not faithfully, beleeue and hope that he:
could alwayes helpe and succour them in their necessitie. (sunder,
23 Wherefore he did command the clouds, forthwith they brake in
24 And raind down Manna for them to eate, a foode of mickle wonder

25 When earthly men with angels foode, were fed at their request:
26 He bad the east wind blow away, and brought in the south west,
27 And raine downe flesh as thicke as dust, and foule as thicke as sand:
28 Which he did cast amid the place, where all their tents did stand.

29 Then did they eate exceedingly, and all men had their fils:
yet more and more they did desire, to serue their lust and wils.
30 But as the meate was in their mouthes, his wrath vpon them fell:
31 And slew the flower of all their youth, and choice of Israel.

32 Yet fell they to their wonted sinne, and still they did him grieue:
for all the wonders that he wrought, they did him not beleeue.
33 Their dayes therefore he shortened, and made their honour vaine:
their yeares did waste and passe away, with terrors and with paine.

34 But euer when he plagued them, they sought him by and by:
35 Remembring then he was their strength, their helpe and God most hie.
36 Though in their mouthes they did but glose, & flatter with the Lord:
and with their tongues and in their hearts, dissembled euery word.

The fourth part.

37 For why? their hearts were nothing bent, to him nor to his trade:
nor yet to keepe or to performe, the couenant that was made.
38 Yet was he still so mercifull, when they deserude to die,
that he forgaue them their misdeedes, and would not them destroy.

Yea

Yea many a time he turnde his wrath, and did himselfe aduise:
and would not suffer all his whole displeasure to arise.
39 Considering that they were but flesh, and euen as a wind,
that passeth away, and cannot well, returne by his owne kinde.

40 How often times in wildernes, did they the Lord prouoke:
how did they moue and stir the Lord, to plague them with his stroke
41 Yet did they turne againe to sinne, and tempted God eftsoone:
Prescribing to the holy Lord, what thinges they would haue done.

42 Not thinking of his hand and power, nor of the day when he,
deliuered them out of the hands of the fierce enemie.
43 Nor how he wrought his miracles, as they themselues beheld:
in Egypt and the wonders that, he did in Zoan field.

44 Nor how he turned by his power, the waters into bloud:
that no man might receiue his drinke, at riuer nor at floud.
45 Nor how he sent them swarmes of flies, which did them sore annoy:
and filde their countries ful of frogs, which would their land destroy

The fift part.

46 Nor how he did commit their fruites, vnto the Caterpiller,
and all the labour of their handes, he gaue to the Grashopper.
47 With hailestones he destroide their vines, so that they were all lost:
and not so much as wilde figge trees, but he consumde with frost.

48 And yet with hailestones once againe, the Lord their cattell smote:
and all their flockes and heards likewise, with thunderbolts ful hote.
49 He cast vpon them in his ire, and in his fury strong:
displeasure, wrath, and euill spirites, to trouble them among.

50 Then to his wrath he made a way, and spared not the least,
but gaue vnto the pestilence, the man and eke the beast.
51 He strake also the first borne all, that vp in Egypt came:
and all the chiefe of men and beastes, within the tentes of Ham.

52 But as for all his owne deare folke, he did preserue and keepe:
and carried them through wildernes, euen like a flocke of sheepe.
53 Without all feare both safe and sound, he brought them out of thrall:
where all their foes with rage of sea, were ouerwhelmed all.

54 And brought them out into the coastes, of his owne holy land:
euen at the mount which he had got, by his strong arme and hande.
55 And there cast out the heathen folke, and did their land diuide:
and in their tents he set the tribes, of Israel to abide.

56 Yet for all this their God most high, they stirred and tempted still:
and would not keepe his Testament, nor yet obey his will.
57 But as their fathers turned backe, euen so they went astray:
Much like a bow that would not bend, but slip and start away.

The sixt part.

58 And grieued him with their hill altars, with offeringes and with fire:
and with their idols vehemently, prouoked him to ire:
59 Therewith his wrath began againe, to kindle in his breast:
the naughtinesse of Israel, he did so much detest.

60 Then he forsooke the tabernacle, of Silo where he was,
right conuersant with earthly men, euen as his dwelling place.
61 Then suffered he his might and power, in bondage for to stond,
and gaue the honour of his arke, into his enemies hand.

62 And did commit them to the sword, (wroth with his heritage:)
63 The young men were deuourde with fire, maides had no marriage:
64 And with the sword the preestes also, did perish euery one,
and not a widdow left alue, their death for to bemone.

65 And then the Lord began to wake, like one that slept a time:
or like a valiant man of warre, refreshed after wine.
66 With Emrods in the hinder parts, he strake his enemies all:
and put them then vnto a shame, that was perpetuall.

67 Then he the tents and tabernacle, of Joseph did refuse:
as for the tribe of Ephraim, he would in no wise chuse.
68 But chose the tribe of Iehuda, whereas he thought to dwell:
euen the noble mount Sion, which he did loue so well.

69 Whereas he did his temple build, both sumptuously and sure:
like as the earth which he hath made, for euer to endure.
70 Then chose he Dauid him to serue, his people for to keepe:
which he tooke vp and brought away, euen from the foldes of sheepe.

71 As he did follow the ewes with yong, the Lord did him aduance:
to feede his people Israel, and his inheritance.
72 Thus Dauid with a faithfull heart, his flocke and charge did feede:
and prudently with all his power, did gouerne them indeed.

Deus venerunt gentes. psal. Lxxix. I. H.

The Israelites complaine to God for the great calamity and affliction that they suffered when Antiochus destroyed their temple and Citty Jerusalem, desiring God to aide against his raging tyranny, least Gods name and religion should be contemned among the heathen, which should see them thus forsaken perish.

Sing this as the 77. Psalme.

O Lord the Gentiles doe inuade, thine heritage to spoile:
Jerusalem an heape is made, thy temple they defoyle
2 The bodies of thy saintes most deare, abroad to birdes they cast:
the flesh of them that doe thee feare, the beastes deuoure and wast.

3 Their bloud throughout Jerusalem, as water spilt they haue:
so that there is not one of them, to lay their dead in graue.
4 Thus are we made a laughing stocke, almost the world throughout:
the enemies at vs iest and mocke, which dwell our coastes about.

5 How

5 Wilt thou O Lord thus in thine ire, against vs euer kame?
and shew thy wrath as hote as fire, thy folke for to consume?
6 Upon those people poure the same, which did thee neuer know:
all realmes which call not on thy name, consume and ouerthrow.

7 For they haue got the vpper hand, and Jacobs seede destriode:
his habitation and his land, they haue left waste and voide.
8 Beare not in minde our former faultes, with speede some pitty show
and aide vs Lord in all assaultes, for we are weake and low.

The second part.

9 O God that giuest all health and grace, on vs declare the same:
weigh not our workes, our sinnes deface, for honour of thy name.
10 Why shall the wicked still alway, to vs a people dumbe:
in thy reproch reioyce and say, where is their God become?

Require (O Lord) as thou seest good, before our eyes in sight:
of all these folke thy seruants blood, which they spilt in despight.
11 Receiue into thy sight in hast, the clamors, griefe and wrong:
of such as are in prison cast, sustaining irons strong.

Thy force and strength to celebrate, Lord set them out of hand:
which vnto death are destinate, and in their enemies hand:
12 Then nations which haue beene so bold, as to blaspheme thy name:
into their laps with seuen folde, repay againe the same.

13 So we thy folke and pasture thine, will prayse thee euermore:
and teach all ages for to keepe, for thee like prayse in store.

Qui regis Israel. Psal. Lxxx. I. H.

A lamentable prayer to God to helpe the miseries of the Church, desiring him to consider their sicke estate when his fauours shined towardes them, to the entent that he might finish that worke that he had begunne.

Sing this as the 68. Psalme.

THou heard that Israel dost keepe, giue eare and take good heede:
which leadest Joseph like a sheepe, and dost him watch and feede.
2 Thou Lord I say whose seate is set, on Cherubins so bright:
shew forth thy selfe, and doe not let, send downe thy beames of light.

3 Before Ephraim and Beniamin, Manasses eke likewise:
to shew thy power doe thou beginne, come helpe vs Lord arise.
4 Direct our heartes vnto thy grace, conuert vs Lord to thee:
shew vs the brightnes of thy face, and then full safe are we.

5 Lord God of hostes of Israell, how long wilt thou I say:
against thy folke in anger swel, and wilt not heare them pray.
6 Thou dost them feede with sorrowes deepe, their bread with teares they eate:
and drinke the teares that they doe weepe, in measure full and great.

7 Thou hast vs made a very strife, to those that dwell about:
and that our foes doe loue a life, they laugh and iest it out.
8 O take vs Lord vnto thy grace, conuert our mindes to thee:
shew forth to vs thy ioyfull face, and we full safe shall be.

9 From Egypt where it grew not well, thou broughtst a vine full deare:
the heathen folke thou didst expell, and then didst plant it there.
10 Thou didst prepare for it a place, and set her rootes full fast:
that it did grow and spring apace, and filde the land at last.

11 The hils were couered round about, with shade that from it came:
and eke the Cedars high and stout, with branches of the same.
12 Why then didst thou her wals destroy: her hedge pluckt vp thou hast:
that all the folke that passe thereby, thy vine may spoile and waste.

The second part.

13 The Boze out of the wood so wilde, doth dig and root it out:
the furious beastes out of the field, deuoure it all about.
14 O Lord of hostes returne againe, from heauen looke betime:
behold and with thy helpe sustaine, this poore vineyeard of thine.

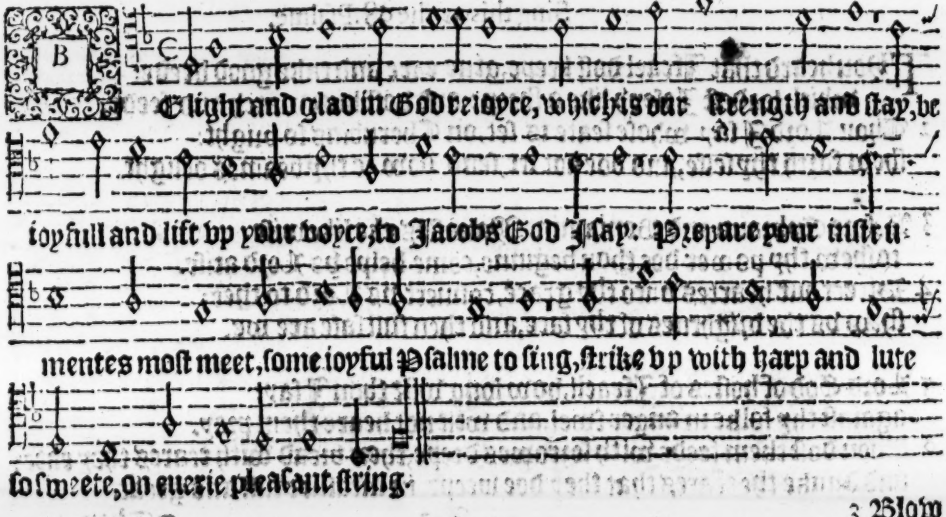
15 Thy plant I say thine Israel, whome thy right hand hath set:
the same which thou didst loue so well, O Lord doe not forget.
16 They lop and cut it downe apace, they burne it eke with fire:
and through the frowning of thy face, we perish in thine ire.

17 Let thy right hand be with them now, whome thou hast kept so long:
and with the sonne of man whome thou, to thee hast made so strong.
18 And so when thou hast set vs free, and saued vs from shame:
then will we neuer fall from thee, but call vpon thy name.

19 O Lord of hostes through thy good grace, conuert vs vnto thee:
behold vs with thy pleasant face, and then ful safe are we:

Exultate Deo. psal: Lxxxi.

An exhortation to prayse God both in hart and voyce for his benefites, and to worship him duely, God condemneth their ingratitude, and sheweth what great benefites they haue lost through their owne malice.



3 Blow as it were in the new Moone, with trumpets of the beſt:
as it is vſed to be done, at any ſolemne feaſt.
4 For this is vnto Iſrael, a ſtatute and a trade:
a law that muſt be kept full well, which Iacobs God hath made.

5 This clauſe with Ioſeph was decreede, when he from Egypt came:
that as a witnes all his ſeed, ſhould ſtill obſerue the ſame.
6 When God I ſay had to prepare de, to bring him from the land:
whereas the ſpeech which he had heard, he did not vnderſtand.

7 I from his ſhoulders tooke (ſaith he) the burthen cleane away:
and from the furnace quit him free, from burning bricke of clay.
8 When thou in griefe didſt crie and call, I holpe thee by and by:
and I did anſwere thee withall, in thunder ſecretly.

9 Yea at the waters of diſcord, I did thee tempt and proue:
whereas the goodnes of the Lord, with muttering thou didſt moue,
10 Heare O my folke, O Iſrael, and I aſſure it thee:
regard and marke my wordes full well, if thou wilt cleaue to me.

The ſecond part.

11 Thou ſhalt no Gods in thee reſerue, of any land abroad:
nor in no wiſe to bow or ſerue, a ſtrange or forraine God.
12 I am the Lord thy God, and I, from Egypt ſet thee free:
then aſke of me abundantly, and I will giue it thee.

13 And yet my people would not heare, my voyce when that I ſpake:
nor Iſrael would not obey, but did me quite forſake.
14 Then did I leaue them to their will, in hardnes of their hart:
to walke in their owne counſels ſtill, themſelues they might peruert.

15 O that my people would haue heard, the wordes that I did ſay:
and eke that Iſrael would regard, to walke within my way.
16 How ſoone would I confound their foes, & bring them down ful low
and turne my hand vpon all thoſe, that would them ouerthrow.

17 And they that at the Lord do rage, as ſlaues ſhould ſeeke him till:
but of his folke the time and age, ſhould flouriſh euer ſtill.
18 I would haue fed them with the crop, and fineſt of the wheate:
and make the rocke with hony drop, that they their fils ſhould eate.

Deus ſtetit in Synagoga. pſal. Lxxxii. I. H.

The prophet declaring God to be preſent among the Iudges and Magiſtrates, reproueth their partialitie, and vnrighteouſnes, and exhorteth to doe iuſtice, but ſeeing no amendment, he deſireth God to vndertake the matter, and execute iuſtice himſelfe.

Sing this as the 77. pſalme.

A Mid the preaſe with men of might, the Lord himſelfe did ſtand:
to pleade the cauſe of truth and right, with iudges of the land.
2 How long ſaid he will you proceed, falſe iudgement to award:
and haue reſpect for loue of meede, the wicked to regard.

3 Whereas of due ye ſhould defend, the fatherleſſe and weake:
and when the poore man doth contend, in iudgement iuſtly ſpeake.
4 If ye be wiſe defend the cauſe, of poore men in their right:
and rid the needie from the clawes, of tyrants force and might.

5 But nothing will they know or learne, in vaine to them I talke:
they wil not ſee or ought diſcerne, but ſtill in darkenes walke.
For loe, euen now the time is come, that all thinges fall to nought:
and likewiſe lawes doth all and ſome, for gaine are ſolde and bought.

6 I had decreede it in my ſight, as Gods to take you all:
and children to the moſt of might, for loue I did you call.
7 But notwithſtanding ye ſhall die, as men and ſo decay:
O tyrants I ſhall you deſtroy, and plucke you quite away.

8 Vp Lord and let thy ſtrength be knowne, and iudge the world with might:
for why? all nations are thine owne, to take them as thy right.

Deus quis ſimilis. pſal. Lxxxiii. I. H.

The people of Iſrael pray vnto the Lord to deliuer them from their enemies, both at home and farre off, which imagined nothing but their deſtruction, and they deſire that all ſuch wicked people may according as God was accuſtomed, be ſtriken with the ſtormie tempeſtes of Gods wrath, that they may know that the Lorde is moſt hie vpon earth.

Sing this as the 77. Pſalme.

DO not O God refraine thy tong, in ſilence doe not ſtay:
withhold not Lord thy ſelfe ſo long, nor make no more delay.
2 For why? behold thy foes and ſee, how they do rage and crie:
and thoſe that beare an hate to thee, holde vp their heads on hie

3 Againſt thy folke they vſe deceit, and craftily they enquire:
for thine elect to lie in waite, their counſel doth conſpire.
4 Come on ſay they, let vs expel, and plucke theſe folke away:
ſo that the name of Iſrael, may vtterly decay.

5 They all conſpire within their hart, how they may thee withſtand:
againſt the Lord to take a part, they are in league and band:
6 The tentes of all the Edomites, the Iſmaelites alſo:
the Hagarens and Moabites, with diuers other moe.

7 Geball with Ammon and likewiſe, doth Amalech conſpire:
the Philiſtines againſt thee riſe, with them that dwell at Tyre:
8 And Aſſur eke is well apaide, with them in league to be:
and doth become a fence and aide, to Lots poſterity.

9 As thou didſt to the Madianites, ſo ſerue them Lord eachone:
as to Siſar and to Jabin, beſide the brooke Kiſon.
10 Whome thou in Endor didſt deſtroy, & waſt thē through thy might:
that they like dung on earth did lye, and that in open ſight.

The ſecond part.

11 Make them now and their Lords appeare, like Zeb & Oreb then,
as Zebath and Zalmana were, the kinges of Madian.

12 Which

12 Which said let vs throughout the land, in all the coastes abroad:
possesse and take into our hand, the faire houses of God.

13 Turne them O God with stormes as fast, as wheeles that haue no stay:
or like the chaffe which men do cast, with windes to flee away.
14 Like as the fire with rage and fume, the mighty forrestes spils.
and as the flame doth quite consume, the mountaines and the hils:

15 So let the tempest of thy wrath, vpon their necke be laid:
and of thy stormy winde and shower, Lord make them all afraid.
16 Lord bring them all I thee desire, to such rebuke and shame:
that it may cause them to enquire, and learne to seeke thy name.

17 And let them euermore dayly, to shame and slaunder fall:
and in rebuke and obloquie, to perish eke withal.
18 That they may know and feele full well, that thou art called Lord:
and that alone thou doest excell, and raigne throughout the world.

Quam dilecta. psal. Lxxxiiii. I. H.

Dauid driuen forth of his countrey, desireth most ardently to come againe to the Tabernacle of the Lord, & the assembly of the Saintes, to prayse God, pronouncing them blessed that they may so do. Then hee prayseth the courage of the people, that passeth through the wildernesse, to assemble themselues in Sion. Finallie with prayse of this matter and confidence of Gods goodnesse, he endeth the psalme.

Sing this as the 67. Psalme.

HOw pleasant is thy dwelling place, O Lord of hostes to me:
the Tabernacle of thy grace, how pleasant Lord they be?
2 My soule doth long full sore to goe, into thy courtes abroad:
my hart doth lust, my flesh also, in thee the liuing Lord.

3 The sparrowes finde a roome to rest, and saue themselues from wrong:
and eke the swallow hath a nest, wherein to keepe her yong.
4 These birdes full nie thine altar may, haue place to sit and sing:
O Lord of hostes thou art I say, my God and eke my King.

5 O they be blessed that may dwell, within thy house alwayes,
for they all times thy facts do tell, and euer giue thee prayse.
6 Yea happie sure likewise are they, whose stay and strength thou art:
which to thy house doe minde the way, and seeke it in their heart.

7 As they goe through the vale of teares, they dig vp fountaines still,
that as a spring it all appeares, and thou their pits doest fil.
8 From strength to strength they walke ful fast, no faintnes there shall be,
and so the God of Gods at last, in Sion they do see.

9 O Lord of hostes to me giue heed, and heare when I do pray:
and let it through thine eares proceede, O Jacobs God I say.
10 O Lord our shield of thy good grace, regard and so draw neere:
regard I say, behold the face, of thine annointed deare.

11 For why? within thy courts one day, is better to abide,
then other where to keepe or stay, a thousand dayes beside.

12 Much rather would I keepe a doze, within the house of God:
then in the tents of wickednes, to settle mine abode.

13 Foz God the Lozd light and defence, will grace and worship giue:
and no good thing shall he withhold, from them that purely liue.
14 O Lozd of hostes that man is blest, and happie sure is he:
that is perswaded in his brest, all times to trust in thee.

Benedixisti Domine. Psal. Lxxxv. I. H.

Because God withdrew not his rods from his Church after the returne from Babilon. first they put him in minde of their deliuerance, to the intent that he should not leaue the worke of his grace vnperfite: next they complaine of their long affliction, and thirdly they reioyce in hope of felicitie promised: foz their deliuerance, was a figure of Christes kingdome, vnder which should be perfect felicitie.

Sing this as the 81. Psalme.

THou hast beene mercifull indeed, O Lozd vnto thy land:
foz thou restoredst Jacobs seede, from thraldome out of band:
2 The wicked wayes that they were in, thou didst them clean remit,
and thou didst hide the peoples sinne, full close thou couueredst it.
3 Thine anger eke thou didst all wage, that all thy wrath was gone:
and so didst turne thee from thy rage, with them to be at one.
4 O God our health doe now conuert, thy people vnto thee:
put all thy wrath from vs apart, and angry cease to be.

5 Why shall thine anger neuer end, but still proceede on vs:
and shall thy wrath it selfe extend, vpon all ages thus:
6 Wilt thou not rather turne therefoze, and quicken vs that we,
and all thy folke may euermoze, be glad and ioy in thee.

7 O Lozd on vs doe thou declare, thy goodnes to our wealth,
shew forth to vs and do not spare, thine aide and sauing health.
8 I will hearke what God saith, foz he speakes to his people peace:
and to his Saintes, that neuer they, returne to foolishnes.

9 Foz why: his health is still at hand, to such as doe him feare:
whereby great glozy in our land, shall dwell and flourish there.
10 Foz truth and mercy there shall meete, in one to take their place:
and peace shall iustice with kisse greet, and there they shall embrace.

11 As truth from earth shal spring apace, and flourish pleasantly:
so righteousnes shall shew her face, and looke from heauen hie.
12 Yea God himselfe shall take in hand, to giue vs each good thing:
and through the coastes of all the land, the earth her fruit shal bring.

13 Before his face shall iustice goe, much like a guide or stay:
he shall direct his steps also, and keepe them in the way.

Inclina Domine aurem psal. Lxxxvi. I. H.

Dauid sore afflicted and forsaken of all, prayeth feruently for deliuerance, sometimes rehearsing his miseries: sometimes the mercies receiued, desiring also to bee instructed of the Lord, that he may feare him also, & glorifie his name, he complaineth also of his aduersaries, and requireth to be deliuered from them.

Sing this as the 81. Psalme.

LOrd bow thine eare to my request, and heare me by and by:
with grieuous paine and griefe oppresst, full poore and weake am I.
2 Preserue my soule because my way, and doings holy be:
and saue thy seruant O my Lord, that puts his trust in thee.

3 Thy mercy Lord on me expresse, defend me eke withall,
for through the day I do not ceale, on thee to cry and call,
4 Comfort O Lord thy seruants soule, that now with paine is pinde
for vnto thee Lord I extoll, and lift my soule and minde.

5 For thou art good and bountifull, thy giftes of grace are free:
and eke thy mercy plentifull, to all that call on thee.
6 O Lord likewise when I do pray, regard and giue an eare:
marke well the wordes that I do say, and all my prayers heare.

7 In time when trouble doth me moue, to thee I do complaine:
for why? I know and well do proue, thou answerest me againe.
8 Among the Gods O Lord is none, with thee to be compardе:
and none can doe as thou alone, the like hath not been heard.

9 The Gentiles and the people all, which thou didst make and feame:
before thy face on knees will fall, and glorifie thy name.
10 For why: thou art so much of might, all power is thine owne:
thou workest wonders still in sight, for thou art God alone.

11 O teach me Lord the way and I, shall in thy truth proceede:
O ioyne my heart to thee so nie, that it thy name may dread.
12 To thee my God will I giue prayse, with all my heart O Lord:
and glorifie thy name alwayes, for euer through the world.

13 For why: thy mercy shewde to me, is great and doth excell:
thou setst my soule at liberty, out from the lower hell.
14 O Lord the proud against me rise, and heapes of men of might:
that seeke my soule, and in no wise, will haue thee in their sight.

15 Thou Lord art mercifull and meeke, full slacke and slow to wrath:
thy goodnes is full great and eke, thy truth no measure hath.
16 O turne me Lord and mercy grant, thy strength to me apply:
O helpe and saue thy seruant now, thy handmaids sonne am I.

17 On me some signe of fauour shew, that all my foes may see:
and be ashamde because Lord thou, dost helpe and succour me.

Fundamenta. psal. Lxxxvii.

The holy Ghost promiseth that the condition of the Church, which was in miserie after the captiuity of Babylon should be restored to great excellency, so that there should be nothing more comfortable, then to be numbred among the meinbers thereof.

Sing this as the 81. Psalme.

THat Citty shall full well endure, her groundworke still doth stay:
vpon the holy hils full sure, it can no whit decay.

2 God

God loues the gates of Sion beſt, his grace doth there abide:
he loues them more then all the reſt, of Iacobs tentes beſide.

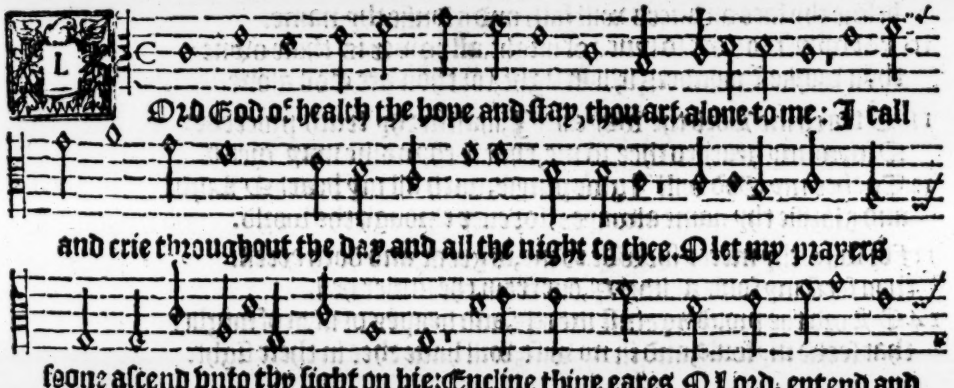
3 Full glorious thinges reported be, in Sion and abroad:
great thinges I ſay are ſaide of thee, thou Citty of our God.
4 On Rahab I will caſt an eye, and beare in mind the ſame:
and Babylon ſhall eke apply, and learne to know my name.

5 Loe Paleſtine and Tyre alſo, with Ethiope likewiſe:
a people olde full long agoe, were borne and there did riſe.
6 Of Sion they ſhall ſay abroad, that diuers men of fame:
haue there ſprung vp, and the high God, hath founded faſt the ſame.

7 In their recordes to them it ſhall, through Gods deuiſe appeare:
of Sion that the chiefe of all, had his beginning there.
8 The trumpeters with ſuch as ſing, therein great plentie be:
my fountaines and my pleaſant ſpringes, are compaſt all in thee.

Domine Deus ſalutis. pſal. Lxxxviii. I. H.

A grieuous complaint of the faithfull ſore afflicted by ſickenes, perſecution and aduerſitie, being as it were left of God without any conſolation, yet he calleth vpon God by faith, and ſtriueth againſt deſperation, complaining himſelfe to be forſaken of all earthly helpe.



3 For why? my ſoule with woe is filde, and doth in trouble dwell:
my life and breath almoſt doth yeeld, and draweth nie to hell.
4 I am eſteemde as one of them, that in the pit doe fall:
and made as one among thoſe men, that haue no ſtrength at all.

5 As one among the dead and free, from thinges that there remaine:
it were more eaſe for me to be, with them the which are ſlaine.
6 As thoſe that lie in graue I ſay, whome thou haſt cleane forgot:
the which thy hand hath cut away, and thou regardſt them not.

7 Yea

7 Yea like to one shut vp full sure, within the lower pit:
in places darke, and all obscure, and in the depth of it.
8 Thine anger and thy wrath likewise, full sore on me doth lie:
and all thy stormes against me rise, my soule to vexe and trie.

9 Thou putst my friendes far off from me, & makst them hate me sore:
I am shut vp in prison fast, and can come forth no more.
10 My sight doth faile through griefe and woe, I call to thee O God
throughout the day my hands also, to thee I stretch abrode.

The second part.

11 Doest thou vnto the dead declare, thy wondrous workes of fame?
shall dead to life againe repaire, and prayse thee for the same?
12 Or shall thy louing kindnes Lord, be preached in the graue?
or shall with them that are destroide, thy truth her honour haue?

13 Shall they that lie in darke full low, of all thy wonders wot?
or there shall they thy iustice know, where all thinges are forgot?
14 But I O Lord to thee alway, do crie and call apace:
my prayer ere ere it be day, shall come before thy face.

15 Why dost thou Lord abhorre my soule, in griefe that seeketh thee:
and now O Lord why dost thou hide, thy face away from me?
16 I am afflict as dying still from youth this many a yeare:
the terrors which do vexe me ill, with troubled mind I beare.

17 The furies of thy wrathfull rage, full sore vpon me fall:
thy terrors eke doe not asswage, but me oppresse withall.
18 All day they compasse me about, as water at the tide:
and all at once with streames full stout, beset me on each side.

19 Thou settest farre from me my friendes, and louers euery one:
yea and mine olde acquaintance all, out of my sight are gone.

Misericordias Domini. psal. Lxxxix. I. H.

With many wordes doth the Prophet prayse the name of God for his testament and couenant that hee made betweene him and his elect by Iesu Christ the sonne of Dauid. Then doth he complaine of the great ruine and desolation of the kingdome of Dauid, so that to the outward appearance the promise was broken. Finally he prayeth to be deliuered from his afflictions, making mention of the shortnes of mans life, and confirming himselfe by Gods promises.

Sing this as the 67. Psalme.

TO sing the mercies of the Lord, my tongue shall neuer spare:
and with my mouth from age to age, thy truth I will declare.
2 For I haue said that mercy shall, for euermore remaine:
in that thou dost the heauens stay, thy truth appeareth plaine.

3 To mine elect saith God I made, a couenant and beheest:
my seruant Dauid to perswade, I swore and did protest.
4 Thy seed for euer I will stay, and stablish it full fast:
and still vphold thy throne alway, from age to age to last.

5 The

5 The heauens shew with ioy and mirth, thy wondrous workes O Lord:
thy Saintes within thy Church on earth, thy faith and truth record.
6 Who with the Lord is equall then, in all the cloudes abroad?
among the sonnes of all the Gods, what one is like our God?

7 God in assembly of the Saintes, is greately to be dread:
and ouer all that dwell about, in terror to be had.
8 Lord God of health in all the world, what one is like to thee?
on euery side most mighty Lord, thy truth is seene to be.

9 The raging sea by thine aduise, thou rulest at thy will:
and when the waues thereof arise, thou makest them calme and still.
10 And Egypt Lord thou hast subdude, and thou hast it destroide:
yea thou thy foes with mighty arme, hast scattered all abroad.

The second part.

11 The heauens are thine and still haue beene, likewise the earth and land.
the world with all that is therein, thou foundest with thy hand.
12 Both north and south with east and west, thy selfe did make and frame:
both Tabor mount and eke Hermon, reioyce and prayse thy name.

13 Thy arme is strong and full of power, all might therein doth lie:
the strength of thy right hand each houre, thou liftest vp on hie.
14 In righteousnes and equity, thou hast thy seate and place:
mercy and truth are still with thee, and goe before thy face.

15 That folke is blest that knoweth aright, thy present power O God:
for in the fauour of thy light, they walke full safe abroad.
16 For in thy name throughout the day, they ioy and much reioyce:
and through thy righteousnes haue they, a pleasant fame and noyse.

17 For why? their glory, strength and aide, in thee alone doth lie:
thy goodnes eke that hath vs staide, shall lift our horne on hie.
18 Our strength that doth defend vs well, the Lord to vs doth bring:
the holy one of Israel, he is our guide and king.

19 Sometime thy will vnto thy Saintes, in visions thou didst show:
and thus then didst thou say to them, thy mind to make them know.
20 A man of might I haue erect, your king and guide to be:
and set vp him whome I elect, among the folke to me.

The third part.

21 My seruant Dauid I appoint, whome I haue searched out:
and with my holy oyle anneint, him king of all the rout.
22 For why? my hand is ready still, with him for to remaine:
and with my arme also I will, him strengthen and sustaine.

23 The enemies shall not him oppresse, they shall not him deuoure:
ne yet the sonnes of wickednes, of him shall haue no power.
24 His foes likewise will I destroy, before his face in sight:
and those that hate him I will plague, and strike them with my might.

My

My truth and mercy eke withall, shall still vpon him lie:
and in my name his horne eke shall, be lifted vp on hie.
26 His kingdome I will set to be, vpon the sea and land:
and eke the running floudes shal he, embrace with his right hand.

27 He shall depend with all his heart on me, and thus shal say:
my father and my God thou art, my rocke of health and stay.
28 As one first borne I wil him take, of all on earth that springes:
his might and honour I shall make, aboue all earthly kinges.

29 My mercy shall be with him still, as I my selfe haue told:
my faithfull couenant to fulfil, my mercy I will hold:
30 And eke his seed will I sustaine, for euer strong and sure:
so that his seate shall still remaine, while heauen doth endure.

The fourth part.

31 If that his sonnes forsake my law, and so begin to swerue.
and of my iudgementes haue none awe, nor wil not them obserue.
32 Or if they wil not vse aright, my statutes to them made:
and set all my commaundementes light, and wil not keepe my trade.

33 Then with the rod wil I begin, their doinges to amend:
and so with scourging for their sinne, when that they do offend.
34 My mercy yet and my goodnes, I will not take him fro,
nor handle him with craftinesse, and so my truth forgo.

35 But sure my couenant I will hold, with all that I haue spoke:
no word the which my lips haue told, shall alter or be broke.
36 Once sware I by my holinesse, and that perfourme wil I:
with Dauid I will keepe promise, to him I wil not lie.

37 His seed for euermore shall raigne, and eke his throne of might:
as doth the Sunne it shall remaine, for euer in my sight.
38 And as the Moone within the skie, for euer standeth fast:
a faithfull witnes from on hie, so shall his kingdome last.

39 But now O Lord thou doest reiect, and now thou changest cheare:
yea thou art wroth with thine elect, thine owne annointed deare.
40 The couenant which thy seruãt made, Lord thou hast quite vndone
and down vpon the ground also, hast cast his royal crowne.

The fift part.

41 Thou pluckst his hedges vp with might, his walls thou dost confound:
thou beatest eke his bul warkes do wne, and breakst them to the ground.
42 That he is fore destroide and torne, of commers by throughout:
and so is made a mocke and scorne, to all that dwell about.

43 Thou their right hand hast lifted vp, that him so fore annoy:
and al his foes that him deuoure, loe thou hast made to ioy.
44 His swords edge thou dost take away, that should his foes withstand,
to him in warre no victory, thou giuest nor vpper hand.

45 His glory thou dost also waste, his throne, his ioy, and mirth,
by thee is ouerthrowne and cast, full low vpon the earth.

46 Thou hast cut off and made ful short his youth and lusty dayes:
and raisde of him an ill report, with shame and great dispraise.

47 How long away from me O Lord, for ever wilt thou turne:
and shall thine anger stil alway, as fire consume and burne?
48 O call to mind remember then, my time consumeth fast:
why hast thou made the sonnes of men, as things in vaine to waste?

49 What man is he that liueth here, and death shall neuer see?
or from the hand of hell his soule, shal he deliuer free?
50 Where is O Lord thine olde goodnes, to oft declarde beforne:
which by thy truth and vprightnes, to Dauid thou hast sworne.

51 The great rebukes to mind I call, that on thy seruants lie:
the raying of the people al, borne in my breast haue I.
52 Wherewith O Lord thine enemies, blasphemed haue thy name:
the steps of thine anointed one, they ceasle not to defame.

53 All prayse to thee O Lord of hostes, both now and eke for aye:
throughout skie and earth in all the coastes, Amen, Amen, I say.

Domine refugium. psal. xc. I.H.

Moyses in his prayer setteth before vs the eternall cause of God towards his, who are neither admonished by the breuitie of their life, nor by plagues, to be thankeful. Therefore Moyses prayeth God to turne their harts and continue his mercy towardes them and their posteritie for euer.

Sing this as the 78. Psalme.

THou Lord hast beene our sure defence, our place of ease and rest:
in all times past yea so long since, as cannot be expresst.
2 Ere there was made mountaine or hill, the earth or world abroad.
from age to age, and alwayes, still, for euer thou art God.

3 Thou grindest man through griefe and paine, to dust or clay, and then,
and then thou sayest againe returne, againe ye sonnes of men.
4 The lasting of a thousand yeare, what is it in thy sight?
as yesterday it doth appeare, or as a watch by night.

5 So soone as thou dost scatter them, then is their life and trade,
all as a sleepe, and like the grasse, whose beauty soone doth fade.
6 Which in the morning shines full bright, but fadeth by and by:
and is cut downe ere it be night, al withered, dead and drie.

7 For through thine anger we consume, our might is much decayde:
and of thy fervent wrath and fume, we are full sore afraide.
8 The wicked workes that we haue wrought, thou lettst before thine eye:
our priuy faults, yea eke our thoughtes, thy countenance doth spie.

9 For through thy wrath our dayes do waste, thereof doth nought remaine:
our yeares consume as words or blastes, and are not calde againe.
10 Our time is threescore yeares and ten, that we do liue on mould:
if one see fourescore surely then, we count him wondrous olde.

The

The ſecond part.

11 Yet of this time the ſtrength and chiefe, the which we count vpon:
is nothing elſe but painefull griefe, and we like blaſtes are gone.
12 Who once doth know what ſtrength is there, what might thine anger hath:
or in his hart who doth thee feare, according to thy wrath.

13 Inſtruct vs Lord to know and trie, how long our dayes remaine:
that then we may our harts apply, true wiſedome to attaine.
14 Returne O Lord, how long wilt thou, forth on in wrath proceede:
ſhew fauour to thy ſeruants now, and helpe them at their need.

15 Refreſh vs with thy mercy ſoone, and then our ioy ſhall be:
all times as long as life doth laſt, in heart reioyce ſhall we.
16 As thou haſt plagued vs before, now alſo make vs glad:
and for the yeares wherein full ſore, affliction we haue had.

17 O let thy worke and power appeare, and on thy ſeruants light:
and ſhew vnto thy children deare, thy glory and thy might.
18 Lord let thy grace and glory ſtand, on vs thy ſeruants thus:
confirme the workes we take in hand, Lord proſper them to vs.

Qui habitat, pſal. xci. I. H.

Here is deſcribed in what aſſurance he liueth that putteth his whole truſt in God and committeth himſelf wholy to his protection. A promiſe of God to thoſe that loue him, know him, and truſt in him, to deliuer them, and giue them immortall glory.

Sing this as the 99. Pſalme.

HE that within the ſecret place, of God moſt hie doth dwell:
in ſhadow of the mightieſt grace, at reſt ſhall keepe him well.
2 Thou art my hope and my ſtrong hold, I to the Lord will ſay:
my God he is, in whome will I my whole affiance ſtay.

3 He ſhall defend thee from the ſnare, the which the hunter laid:
and from that deadly plague and care, whereof thou art afraid.
4 And with his winges ſhall couer thee, and keepe thee ſafely there,
his faith and truth thy fence ſhall be, as ſure as ſhield and ſpeare.

5 So that thou ſhalt not need I ſay, to feare or be affright,
of all the ſhaftes that flie by day, nor terrors of the night.
6 Nor of the plague that priuily, doth walke in darke to faſt,
nor yet of that which doth deſtroy, and at noone daye doth waſt.

7 Yea at thy ſide as thou doſt ſtand, a thouſand dead ſhall be:
ten thouſand eke at thy right hand, and yet thou ſhalt be free.
8 But thou ſhalt ſee it for thy part, thine eyes ſhall wel regard:
that euen like to their deſert, the wicked haue reward.

9 For why? O Lord I onely luſt, to ſtay my hope on thee:
and in the higheſt I put my truſt, my ſure defence is he.
10 Thou ſhalt not need none ill to feare, with thee it ſhall not mell:
nor yet the plague ſhall once come neare, the houſe where thou doſt dwell.

11 For why? vnto his Angels all, with charge commaunded he:
that still in all thy waies, they shall preserue and prosper thee.
12 And in their handes shall thee beare vp, still waiting thee vpon:
so that thy foote shall neuer chance, to spurne at any stone.

13 Upon the Lyon thou shalt goe, the Adder fell and long:
and treade vpon the Lyons yong, with Dragons stout and strong.
14 For he that trusteth vnto me, I will dispatch him quite:
and him defend, because that he, doth know my name aright.

15 When he for health on me doth crie, an answere I will giue:
and from his griefe take him will I, in glory for to liue.
16 With length of yeares and dayes of wealth, I will fulfill his time:
the goodnes of my sauing health, I will declare to him.

Bonum est confiteri. psal. xcii. I. H.

This Psalme was made to be sung on the Sabboth, to stirre vp the people to acknowledge God, and to prayse him in his workes. The Prophet rejoyceth therein, but the wicked is not able to consider, that the vngodly when he is most flourishing shall most speedily perish. In the end is described the felicitie of the iust planted in the house of God to prayse the Lord.

Sing this as the 28. Psalme.

IT is a thing both good and meete, to prayse the highest Lord:
and to thy name O thou most hie, to sing with one accord.
2 To shew the kindnesse of the Lord, betime ere day be light:
and eke declare his truth abroad, when it doth draw to night.

3 Upon ten stringed instruments, on Lute and Harpe so sweete:
with all the mirth you can inuent, on instruments most meete.
4 For thou hast made me to reioyce, in things so wrought by thee:
and I haue ioy in heart and voyce, thy handy workes to see.

5 O Lord how glorious and how great, are all thy workes so stout:
so deepely are thy counsels set, that none can trie them out.
6 The man vnwise hath not the wit, this geare to passe to bring:
and all such fooles are nothing fit, to vnderstand this thing.

7 When so the wicked at their will, as grasse do spring full fast:
they when they flourish in their ill, for euer shall be waste.
8 But thou art mighty Lord most hie, yea thou dost raigne therefore:
in euery time eternally, both now and euermore.

9 For why? O Lord behold and see, behold thy foes I say,
how all that worke iniquity, shall perish and decay.
10 But thou like as an Unicorne, shalt lift my horne on hie,
with fresh and new prepared oyle, thine ointed king am I.

11 And of my foes before myne eyes, shall see the fall and shame:
of all that vp against me rise, mine eares shall heare the same.
12 The iust shall flourish vp on hie, as Date trees bud and blow:
and as the Cedars multiplie, in Libanus that grow.

13 For

13 For they are planted in the place, and dwelling of our God:
within his courts they ſpring apace, and flouriſh all abroad.
14 And in their age much fruit ſhall bring, both fat and well beſeene:
and pleaſantly both bud and ſpring, with boughes and branches greene:
15 To ſhew that God is good and iuſt, and vpright is his will:
he is my rocke, my hope and truſt, in him there is none ill.

Dominus regnauit. pſal. xciii. I.H.

He prayſeth the power of God in the creation of the world, and beateth downe all people, which lift them vp againſt his maieſtie, and prouoketh to conſider his promiſes.

Sing this as the 77. Pſalme.

THe Lord as king aloft doth raigne, in glory goodly dight:
and he to ſhew his ſtrength and maine, hath girt himſelfe with might.
2 The Lord likewiſe the earth hath made, and ſhaped it ſo ſure:
no might can make it moue or fade, at ſtay it doth endure.

3 Ere that the world was made or wrought, thy ſeate was ſet before:
beyond all time that can be thought, thou haſt beene euermore.
4 The flouds O Lord, the flouds do riſe, they roare and make a noyſe:
the flouds I ſay did enterpriſe, and lifted vp their voyce.

5 Yea though the ſtormes ariſe in fight, though ſeas do rage and ſwell:
the Lord is ſtrong and more of might, for he on hie doth dwell:
6 And looke what promiſe he doth make, his houſhold to defend:
for iuſt and true they ſhall it take, all times without end.

Deus vltionum. pſal. xciiii. I.H.

He prayeth vnto God againſt the violence and arrogancy of Tyrants. Then doth he comfort the afflicted by the good iſſue of their afflictions, as he felt in himſelfe, and did ſee in others, and by the ruine of the wicked, whome the Lord will deſtroy.

Sing this as the 78. Pſalme.

O Lord thou doeſt reuenge all wrong, that office longs to thee:
ſith vengeance doth to thee belong, declare that all may ſee.
2 Set forth thy ſelfe for thou of right, the earth doſt iudge and guide:
reward the proud and men of might, according to their pride.

3 How long ſhall wicked men beare ſway, with lifting vp their voyce?
how long ſhall wicked men I ſay, thus triumph and reioyce?
4 How long ſhal they with brags burſt out, and proudly prate their fill?
ſhall they reioyce that be ſo ſtout, whoſe workes are euer ill?

5 Thy flocke O Lord thine heritage, they ſpoyle and beate full ſore:
againſt thy people they do rage, ſtill dayly more and more.
6 The widdowes which are comfortleſſe, and ſtrangers they deſtroy:
they ſlay the children fatherleſſe, and none do put them by.
7 And when they take theſe things in hand, this talk they haue of thee:
can Iacobs God this vnderſtand? tuſh, no he cannot ſee.
8 O folke vnwiſe, and people rude, ſome knowledge now diſcerne:
ye fooles among the multitude, at length begin to learne.

9 The Lord which made the eare of man, he needs of right must heare:
he made the eyne, all thinges must then, before his sight appeare.
10 The Lord doth all the world correct, and makes them understand:
shall he not then your deedes detect, how can ye scape his hand.

11 The Lord doth know the thoughts of man, his hart he seeth plaine.
the Lord I say, mens thoughts doth scan, and findeth them but vaine.
12 But Lord that man is happie sure, whome thou doest keepe in awe:
and through correction dost procure, to teach him in thy law.

13 Whereby he shall in quiet rest, in time of trouble sit:
when wicked men shall be suppressed, and fall into the pit.
14 For sure the Lord will not refuse, his people for to take:
his heritage whome he did chuse, he will no time forsake.

15 Untill that iudgement be decreede, to iustice to conuert:
that all may follow her with speed, that are of vpright heart.
16 But who vpon my part shall stand, against the cursed traine:
or who shall rid me from their hand, that wicked workes maintaine.

17 Except the Lord had beene mine aide, mine enemies to repell:
my soule and life had now beene laid, almost as low as hell.
18 When I did say my foote doth slide, I now am like to fall.
thy goodnes Lord did so prouide, to stay me vp withall.

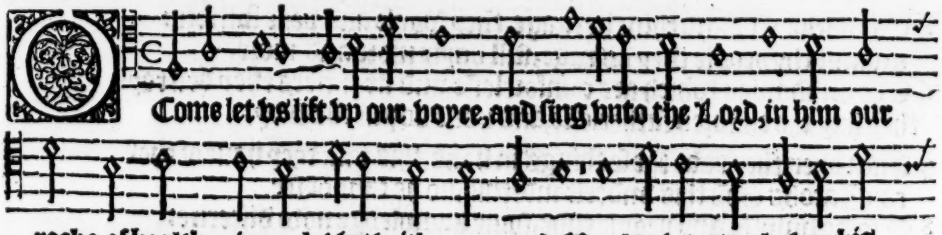
19 When with my selfe I mused much, and could no comfort finde:
then Lord thy goodnes did me touch, and that did ease my mind.
20 Wilt thou inhaunt thy selfe and draw, with wicked men to sit:
which with pretence in stead of law, much mischiefe do commit.

21 For they consult against the life, of righteous men and good:
and in their counsels they are rife, to shed the guiltles bloud.
22 But yet the Lord he is to me, a strong defence or locke:
he is my God to him I flee, he is my strength and rocke.

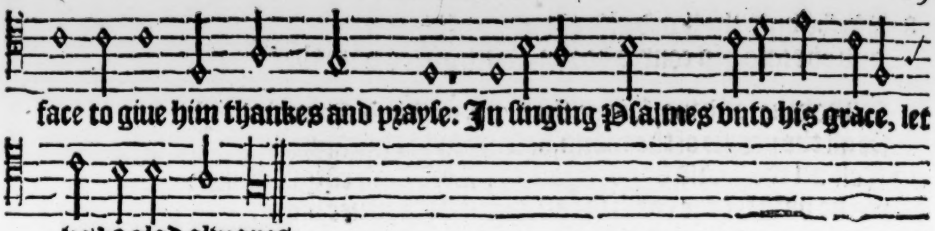
And he shall cause their mischiefes all, themselues for to annoy:
and in their malice they shall fall, our God shall them destroy.

Venite exultemus. psal. xCv.

An earnest exhortation to prayse God for the gouernement of the world, and the election of his church An admonition not to follow the rebellion of the olde fathers, that tempted God in the wildernesse, for the which they might not enter into the land of promise.



face



face to giue him thankes and prayſe: In ſinging Pſalmes vnto his grace, let

vs be glad alwayes.

3 For why: the Lord he is no doubt, a great and mighty God:
a King aboue all Gods throughout, in al the world abroad:
4 The ſecrets of the earth ſo deepe, and corners of the land,
the tops of hils that are ſo ſteep, he hath them in his hand.

5 The ſea and waters all are his, for he the ſame hath wrought,
the earth and all that therein is, his hand hath made of nought.
6 Come let vs bow and prayſe the Lord, before him let vs fall:
and kneele to him with one accord, the which hath made vs all.

7 For why: he is the Lord our God, for vs he doth prouide,
we are his flocke he doth vs feede, his ſheepe and he our guide:
8 To day if ye his voyce will heare, then harden not your hart:
as ye with grudging many a yeare, prouokt him in deſart.

9 Whereas your fathers tempted me, my power for to proue,
my wondrous works whē they did ſee, yet ſtill they would me moue.
10 Twiſe twentie yeares they did me grieue, and I to them did ſay:
they erre in hart and not beleeue, they haue not known my way.

11 Wherefore I ſware when that my wrath, was kindled in my breſt
that they ſhould neuer tread the path, nor enter in my reſt.

Cantate Domino. pſal. xcvi. I. H.

An exhortation both to the Iewes and Gentiles, to prayſe God for his mercy. And this ſpecially ought to bee referred to the kingdome of Chriſt.

Sing this as the 77. Pſalme.

SIng ye with prayſe vnto the Lord, new ſongs of ioy and mirth:
ſing vnto him with one accord, all people on the earth.
2 Yea ſing vnto the Lord I ſay, prayſe ye his holy name:
declare and ſhew from day to day, ſaluation by the ſame.
3 Among the heathen eke declare, his honour round about:
to ſhew his wonders do not ſpare, in all the world throughout.
4 For why: the Lord is much of might, and worthy prayſe alway:
and he is to be dread of right, aboue all Gods I ſay.

5 For all the Gods of heathen folke, are Idols that will fade:
but yet our God he is the Lord, that hath the heauens made:
6 All prayſe and honour eke do dwell, for aye before his face:
both power and might likewiſe excell, within his holy place.
7 Aſcribe vnto the Lord alway, ye people of the world:
all might and worſhip eke I ſay, aſcribe vnto the Lord.

8 Aſcribe vnto the Lord alſo, the glory of his name:
and eke vnto his courts doe goe, with giftes vnto the ſame.

9 Fall downe and worſhip ye the Lord, within his temple bright:
let all the people of the world, be fearefull at his ſight:
10 Tell all the world be not agaſt, the Lord doth raigne aboue:
yea he hath ſet the earth ſo faſt, that it doth neuer moue.
11 And that it is the Lord alone, that rules with princely might,
to iudge the nations euery one, with equity and right.
12 The heauens ſhall great ioy begin, the earth ſhall eke reioyce,
the ſea with all that is therein, ſhall ſhout and make a noyſe.
13 The field ſhall ioy and euery thing, that ſpringeth of the earth,
the wood and euery tree ſhall ſing, with gladnes and with mirth.
14 Before the preſence of the Lord, and comming of his might:
when he ſhall iuſtly iudge the world, and rule his folke with right.

Dominus regnauit. pſal. xcvii. I. H.

The Prophet exhorteth all to reioyce for the comming of the kingdome of Chriſt, dreadfull to the rebels, and Idolaters, and ioyfull to the iuſt, whome he exhorteth to innocency, reioyſing and thankeſgiuing.

Sing this as the 95. pſalme.

THe Lord doth raigne whereat the earth, may ioy with pleaſant voyce,
and eke the Iles with ioyfull mirth, may triumph and reioyce.
2 Both cloudes and darkenes eke do dwell, and round about him beate:
Yea right and iuſtice euer dwell, and bide about his ſeat.
3 Yea fire and heate at once doe run, and goe before his face:
which ſhall his foes and enemies burne, abroad in euerie place.
4 His lightnelle eke full bright did blaze, and to the world appeare:
whereat the earth did looke and gaze, with dread and deadly feare.
5 The hils like ware did melte in ſight, and preſence of the Lord:
they fled before that rulers might, which guideth all the world.
6 The heauens eke declare and ſhew, his iuſtice forth abroad,
that all the world may ſee and know, the glory of our God.
7 Confuſion ſure ſhall come to ſuch, as worſhip idols vaine,
and eke to thoſe that glory much, dumbe pictures to maintaine.
8 For all the idols of the world, which they as Gods doe call,
ſhall feele the power of the Lord, and downe to him ſhall fall.
9 With ioy ſhall Sion heare this thing, and Juda ſhall reioyce,
for at thy iudgements they ſhall ſing, and make a pleaſant noyſe.
10 That thou O Lord art ſet on hie, in all the earth abroad,
and art exalted wondrouſly, aboue each other God.
11 All ye that loue the Lord do this, hate all thinges that are ill:
for he doth keepe the ſoules of his, from ſuch as would them ſpill.
12 And light doth ſpring vp to the iuſt, with pleaſure for his part,
great ioy with gladnes, mirth and luſt, to them of vpright heart.

13 Ye

13 Be righteous in the Lord reioyce, his holinesse proclaime:
be thankefull eke with hart and voyce, and mindefull for the same.

Cantate Domino. psal. xCviii. I. H.

An earnest exhortation to all creatures to prayse the Lord for his power, mercy and fidelity, in the promise by Christ by whome he hath communicated his saluation to all nations.

Sing this as the 67. Psalme.

O Sing ye now vnto the Lord, a new and pleasant song:
for he hath wrought throughout the world, his wonders great and strong:
2 with his right hand full worthily, he doth his foes deuoure:
and gets himself the victory, with his owne arme and power.

3 The Lord doth make the people know, his sauing health and might:
the Lord doth eke his iustice shew, in all the heathens sight.
4 His grace and truth to Israel, he doth in minde recorde:
that all the earth hath seene right well, the goodnes of the Lord.

5 Be glad in him with ioyfull voyce, all people of the earth:
giue thankes to God sing and reioyce, to him with ioy and mirth.
6 Vpon the harpe vnto him sing, giue thankes to him with psalmes.
reioyce before the Lord our king, with trumpets and with shalmes.

7 Yea let the sea with all therein, with ioy both roare and swell:
the earth likewise let it begin, with all that therein dwell.
8 And let the floods reioyce their fils, and clap their handes apace:
and eke the mountaines and the hils, before the Lord his face.

9 For he shall come to iudge and trie, the world and euery wight:
and rule the people mightily, with iustice and with right.

Dominus regnauit. psal. xcix. I. H.

He commendeth the power, equitie and excellency of the kingdome of God by Christ, ouer the Iewes & Gentiles, and prouoketh them to magnifie the same, and to serue the Lord, following the example of the auncient Father, Moyses, Aaron and Samuel, who calling vpon God were heard in their prayers.

Sing this as the 95. Psalme.

THe Lord doth raigne, although at it, the people rage full sore:
Yea he on Cherubins doth sit, though all the world do roare.
2 The Lord that doth in Sion dwell, is hie and wondrous great.
aboue all folke he doth excell, and he aloft is set.

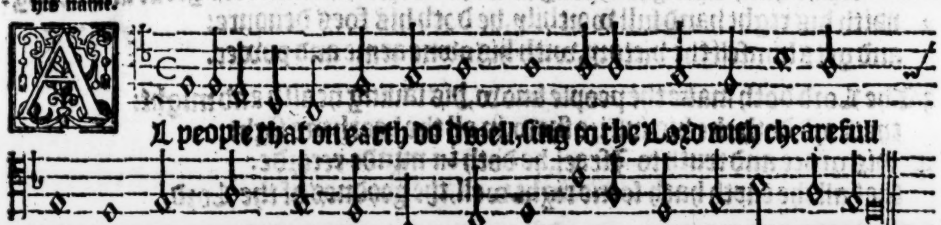
3 Let all men prayse thy mighty name, for it is fearefull sure:
and let them magnifie the same, that holy is and pure.
4 The princely power of our king, doth loue iudgement and right:
thou rightly rulest euery thing, in Iacob through thy might.

5 To prayse the Lord our God deuise, all honour to him doe:
his footestoole worship him before, for he is holy too.
6 Moses, Aaron and Samuel, as priestes on him did call:
when they did pray, he heard them wel, and gaue them answere all.

7 Within the cloud to them he spake, their did they labour still:
to keepe such lawes as he did make, and pointed them untill:
8 O Lord our God thou didst them heare, and answeredst them againe:
thy mercy did on them appeare, their deedes didst not maintaine.
9 O laud and prayse our God and Lord, within his holy hill:
for why? our God throughout the world, is holy euer still.

2. Iubilate Deo omnis terra. psal. C.

He exhorteth all men to serue the Lord who hath made vs, and to enter into his courtes & assemblies to prayse his name.



voyce him serue with feare, his prayse forth tell, come ye before him and reioyce.
3 The Lord ye know is God indeede, without our aide he did vs make:
we are his flocke he doth vs feede, and for his sheepe he doth vs take.
4 O enter then his gates with prayse, approch with ioy his courts vnto:
prayse, laud and blesse his name alwayes, for it is seemely so to doe.

5 For why? the Lord our God is good, his mercy is for euer sure:
his truth at all times firmely stoode, and shall from age to age endure.

An other of the same.

Sing this at the 68 psalme.

IN God the Lord be glad and light, prayse him throughout the earth:
serue him and come before his sight, with singing and with mirth.
2 Know that the Lord our God he is, he did vs make and keepe:
not we our selues for we are his, owne flocke and pasture sheepe.

3 O goe into his gates alway, giue thankes within the same:
within his courtes set forth his prayse, and laud his holy name.
4 For why? the goodnes of the Lord, for euermore doth raigne:
from age to age throughout the world, his truth doth still remaine.

Misericordiam iudicium. psal. Ci N.

Dauid describeth what gouernement he will obserue in his house and kingdome. Hee will punish and correct by rooting out the wicked, and cherishing the godly persons.

Sing this as the 90 psalme.

I Mercy will and iudgement sing, O Lord God vnto thee:
and wisely doe in perfect way, vntill thou come to me,
2 And in the midst of my house walke, in purenes of my spirite:
and I no kind of wicked thing, will set before my sight.

3 I hate their workes that fall away, it shall not cleaue to me:
4 From me shall part the froward hart, no one euill will I see.

Him

5 Him will I stroy that slaundereth, his neighbour priuily:
the lofty heart I cannot beare, nor him that looketh hie.

6 Mine eyes shall be on them within, the land that faithful be:
in perfect way who worketh, shall be seruant vnto mee.
7 I will no guilefull person haue within my house to dwell:
and in my presence he shall not, remaine that lies doth tell.

8 Betimes I will destroy euen all, the wicked of the land:
that I may from Gods Citty cut, the wicked workers hand.

Domine exaudi orationem. psal. Cii. I. H.

It seemeth that this prayer was appointed to the faithfull to pray in the captiuitie of Babylon. A consolation for the building of the Church: whereof followeth the praysle of God, to be published vnto all posteritie. The conuersion of the Gentile. and the stabilitie of the Church.

Sing this as the 67. Psalme.

O Heare my prayer Lord, and let, my crie come vnto thee:
2 In time of trouble doe not hide, thy face away from me.
Incline thine eares to me, make hast, to heare me when I call:
3 For as the smoake doth fade, so doe, my dayes consume and fall.

4 And as a harth my bones are burnt, my hart is smitten dead:
and withers as the grasse that I, forget to eate my bread:
5 By reason of my groaning voyce, my bones cleaue to my skin.
6 As Pellican in wildernes, such case now am I in.

And as an Owle in desert is, loe I am such a one:
7 I watch and as a sparrow on, the house top am alone.
8 Loe dayly in reprochfull wise, mine enemies do me store:
and they that doe against me rage, against me they haue sworne.

9 Surely with ashes as with bread, my hunger I haue filde: (stilde.
And mingled haue my drinke with teares, that frō mine eyes haue
10 Because of thy displeasure Lord, thy wrath and thy disdaine:
for thou hast lifted me aloft, and cast me down againe:

11 The dayes wherein I passe my life, are like the fleeting shade,
and I am withered as the grasse, that soone away doth fade.
12 But thou O Lord for euer dost, remaine in steadfy place:
and thy remembrance euer doth, abide from race to race.

The second part.

13 Thou wilt arise and mercy thou to Sion wilt extend:
the time of mercy now the time, forelet is come to end.
14 For euen in the stones thereof, thy seruants do delight:
and in the dust thereof they haue, compassion in their spite.

15 Then shal the heathen people feare, the Lords most holy name,
and all the kinges on earth shall dread, thy glory and thy fame.
16 Then when the Lord the mighty God, againe shal Sion reare,
and then when he most nobly in, his glory shall appeare.

17 To prayer of the desolate, when he himselfe shall bend:
when he shall not disdaine vnto, their prayers to attend.
18 This shall be written for the age, that after shall succeede:
the people yet vncreated, the Lords renowne shall spread.

19 For he from his high sanctuary hath looked downe below:
and out of heauen hath the Lord beheld the earth also.
20 That of the mourning captiue he, might heare the wofull crie:
and that he might deliuer those, that damned are to die.

21 That they in Sion may declare, the Lords most holy name:
and in Ierusalem set forth, the prayses of the same.
22 Then when the people of the land, and kingdomes with accord:
shall be assembled for to doe, theyr seruice to the Lord.

The third part.

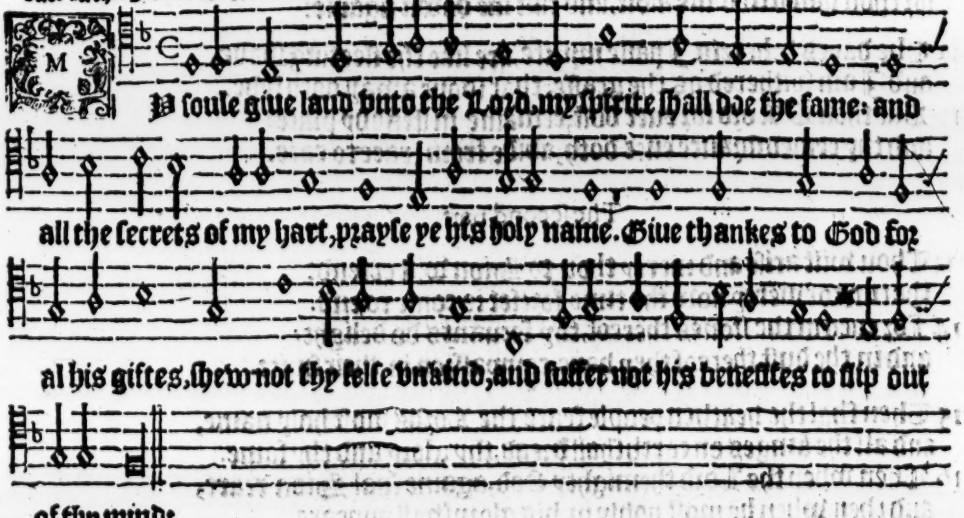
23 My former force of strength he hath, abated in the way:
and shorter he doth cut my dayes, thus I therefore did say.
24 My God in midst of all my dayes, now take me not away:
thy yeares endure eternally, from age to age for aye.

25 Thou the foundation of the earth, before all times hast laid:
and Lord the heauens are the worke which thine owne hands haue (made,
26 Yea they shall perish and decay, but thou shalt tarrie still:
and they shal al in time waxe old, euen as a garment will.

Thou as a garment shalt them change, and changed shal they be:
27 But thou doest still abide the same, thy yeares doe neuer flee.
28 The children of thy seruants shal, continually endure:
and in thy sight their happie seed, for euer shal stand sure.

Benedic anima mea psal. Ciii. T. S.

This is a Psalme most excellent, wherein the Prophet doth exhort men and Angels, and all creatures to prayse the Lord for his fatherly mercies, and deliuerance of his people from all euils, for his prouidence ouer all things, and the preseruation of the Church.



3 That gaue thee pardon for thy faults, and thee reſtorde againe:
for all thy weake and fraile diſeaſe, and healde thee of thy paine.
4 That did redeeme thy life from death, from which thou couldſt not flee:
his mercy and compaſſion both, he did extend to thee.

5 That filde with goodnes thy deſire, and did prolong thy youth:
like as the Eagle caſteth her bill, whereby her age renueth.
6 The Lord with iuſtice doth repay, all ſuch as be oppreſt:
ſo that their ſuffringes and their wronges, are turned to the beſt.

7 His wayes and his commaundementes, to Moyſes he did ſhow:
his counſels and his valiant acts, the Iſraelites did know:
8 The Lord is kinde and mercifull, when ſinners do him grieue:
the ſloweſt to conceiue a wrath, and readieſt to forgiue.

9 He chides not vs continually, though we bee full of ſtrife:
nor keepeth our faults in memory, for all our ſinnefull life.
10 Nor yet according to our ſinnes, the Lord doth vs regard:
nor after our iniquities he doth vs not rewarde.

11 But as the ſpace is wondrous great, twixt earth and heauen aboue:
ſo is his goodnes much more large, to them that do him loue.
12 God doth remoue our ſinnes from vs, and our offences all:
as farre as is the Sunne riſing, full diſtant from his fall.

The ſecond part.

13 And looke what pitty parentes beare, vnto their children beare:
like pitty beareth the Lord to ſuch, as worſhip him in feare.
14 The Lord that made vs knoweth our ſhape, our mould & faſhion iuſt:
how weake and fraile our nature is, and how we be but duſt.

15 And how the time of mortall men, is like the withering hay:
or like the flower right faire in field, that fadeth full ſoone away.
16 Whoſe gloſſe and beauty ſtormy windes, do vtterly diſgrace:
and make that after their aſſaults, ſuch bloſſomes haue no place.

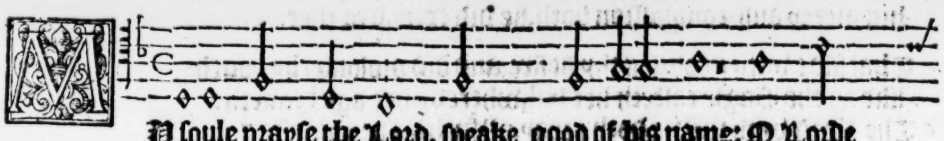
17 But yet the goodnes of the Lord, with his ſhall euer ſtand:
their childrens children do receiue, his goodnes at his hand.
18 I meane which keepes his couenant, with al their whole deſire:
and not forget to doe the thing, that he doth them require.

19 The heauens hie are made the ſeate, and footſtoole of the Lord:
and by his power imperiall, he gouernes all the world.
20 Ye Angels which are great in power, praiſe ye and bleſſe the Lord,
which to obey and doe his will, immediately accord.

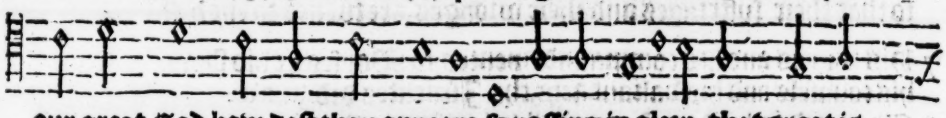
21 Ye noble hoſtes and miniſters, ceaſe not to laud him ſtil:
which ready are to execute, his pleaſure and his will.
22 Yea all his works in euery place, prayſe ye his holy name.
my heart, my mind, and eke my ſoule, prayſe ye alſo the ſame

Benedic anima mea. Pſal. Ciiii. W. K.

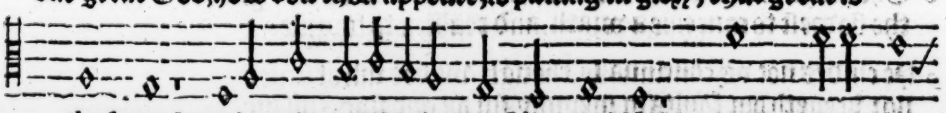
An excellent psalme to prayse God for the creation of the world and the gouernance of the same, by his marueilous prouidence, wherein the Prophet prayeth against the wicked, who are occasions that God diminisheth his blessinges.



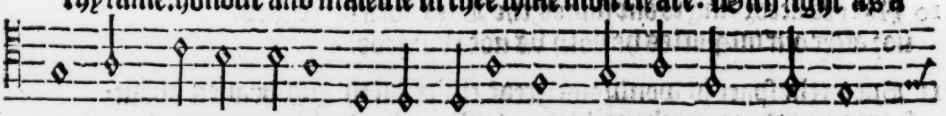
MY soule prayse the Lord, speake good of his name: O Lorde



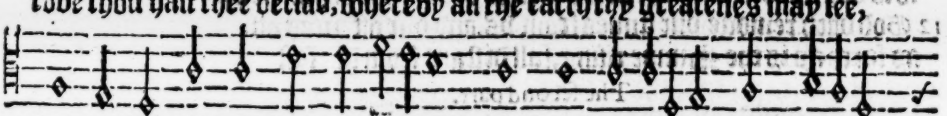
our great God, how doest thou appeare, so passing in glory, that great is



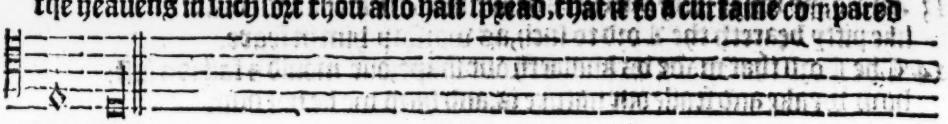
thy fame: honour and maiestie in thee shine most cleare: with light as a



robe thou hast thee beclad, whereby all the earth thy greatenes may see,



the heauens in such sort thou also hast spread, that it to a curtaine compared



may be.

3 His chamber beames lie, in the cloudes full sure:
which as his chariot, are made him to beare.
And there with much swiftnes, his course doth endure:
vpon the winges riding, of windes in the aire.
4 He makes his spirits, as Heraldes to goe:
and lightninges to serue, we see also prest.
His will to accomplish, they run to and fro,
to saue and consume thinges, as seemeth him best.

5 He groundeth the earth, so firmely and fast:
that it once to moue, none shall haue such power.
6 The deepe a faire couering, for it made thou hast.
which by his owne nature, the hils would deuoure.
7 But at thy rebuke, the waters doe flie.
and so giue due place, thy word to obey:
At thy voyce of thunder, so fearefull they be:
that in their great raging, they haste soone away.

8 The

8 The mountaines full hie, they then vp aſcend:
if thou doe but ſpeake, thy word they fulfill:
So likewiſe the vallies, moſt quicklie deſcend,
where thou them appointeſt, remaine they do ſtill.
9 Their bonds thou haſt ſet, how farre they ſhall runne,
ſo as in their rage, not that paſſe they can:
For God hath appointed, they ſhall not returne:
the earth to deſtroy more, which made was for man.

The ſecond part,

10 He ſendeth the ſpringes to ſtrong ſtreames and lakes
which run do full ſwift, among the huge hils:
11 Where both the wilde Aſſes, their thirſt oft times ſlakes:
and beaſtes of the mountaines, thereof drinke their fils.
12 By theſe pleaſant ſpringes, or fountaines full faire:
the foules of the aire, abide ſhall and dwell:
Who moued by nature, to hop here and there,
among the greene branches, their ſongs ſhall excell.

13 The mountaines to moiſt, the cloudes he doth vſe,
the earth with his workes, are wholy repleat,
14 So as the brute cattell, he doth not refuſe,
but graſſe doth prouide them, and herbe for mans meate.
15 Yea bread, wine and oyle, he made for mans ſake:
his face to refreſh, and hart to make ſtrong.
16 The Cedars of Liban, this great Lord did make,
which trees he doth nouriſh, that grow vp ſo long.

17 In theſe may birdes build, and make there their neſt,
In firre trees the ſtorkes, remaine and abide.
18 The high hils are ſuccours, for wilde goates to reſt,
and eke the rocks ſtony, for Conies to hide.
19 The Moone then is ſet, her ſeaſons to runne:
the dayes from the nights, thereby to diſcerne,
And by the deſcending, alſo of the Sunne,
the colde from heate alway, thereby we do learne.

20 When darkenes doth come by Gods will and power:
then creepe forth doe all, the beaſtes of the wood:
21 The Lions range roaring, their pray to deuoure,
but yet it is thou Lord, which giueſt them foode,
22 As ſoone as the Sun is, vp they retire,
to couch in their dens, then are they full faine,
23 That man to his worke may, as right doth require,
till night come and call him, to take reſt againe.

The third part.

24 How ſundrie O Lord, are all thy works found,
With wiſedome full great, they are indeed wrought.

So that the whole world, of thy prayse doth sound:
and as for thy riches, they passe all mens thought.
25 So is the great sea, which large is and broad.
where thinges that creepe swarme, and beastes of each sort.
26 There both mighty ships sayle, and some lie at roade:
the whale huge and monstrous, there also doth sport.

27 All thinges on thee waite, thou dost them relieue:
and thou in due time, full well dost them feede.
28 Now when it doth please thee, the same to to giue,
they gather full gladly, those thinges that they neede.
Thou openest thy hand, and they finde such grace:
that they with good thinges, are filled we see:
29 But sore are they troubled, if thou turne thy face:
for if thou their breath take, vile dust then they be.

30 Againe when thy spirit, from thee doth proceede,
all thinges to appoint, and what shall ensue:
Then are they created, as thou hast decreede:
and dost by thy goodnes, the drie earth renue.
31 The prayse of the Lord, for euer shall last.
who may in his workes, by right well reioyce:
32 His looke can the earth make, to tremble full fast.
and likewise the mountaines, to smoake at his voyce.

33 To this Lord and God, sing will I alwayes,
so long as I liue, my God prayse will I:
34 Then am I most certaine, my words shall him please,
I will reioyce in him, to him will I crie.
35 The sinners O Lord, consume in thine ire,
and eke the peruerse, them roote out with shame.
But as for my soule now, let it still desire,
and say with the faithfull, prayse ye the Lords name.

Confitemini Domino. psal. Cv. N.

He prayseth the singular goodnes of God, who hath of all the people of the world, chosen a peculiar people to himselfe, and hauing chosen them, neuer ceaseth to doe them good, euen for his promises sake.

Sing this as the 59 Psalme.

GIue prayses vnto God the Lord, and call vpon his name:
among the people eke declare, his workes to spread his fame.
2 Sing ye vnto the Lord I say, and sing vnto his prayse:
and talke of all the wondrous workes, that he hath wrought alwayes.

3 In honour of his holy name, reioyce with one accord:
and let the hart also reioyce, of them that seeke the Lord.
4 Seeke ye the Lord, and seeke the strength, of his eternall might:
and seeke his face continually, and presence of his sight.

5 The wondrous workes that he hath done, keepe still in mindfull heart:
ne let the iudgements of his mouth, out of your mind depart.
6 Ye that of faithfull Abraham, his seruant are the seed:
yea his elect, the children that, of Iacob doth proceed.

7 For he, he onely is I say, the mighty Lord our God:
and his most righteous iudgements are, through all the earth abroad.
8 His promise and his couenant, which he hath made to his:
he hath remembred euermore, to thousands of degrees.

The second part.

9 The couenant which he hath made, with Abraham long ago:
and faithfull oath which he hath sworne, to Isaac also.
10 And did confirme the same for law, that Iacob should obey:
and for eternall couenant, to Israel for aye.

11 When thus he said, loe I to you, all Canaan land will giue,
the lot of your inheritance, wherein your seed shall liue.
12 Although their number at that time, did very small appeare:
yea, very small and in the land, they then but strangers were.

13 While yet they walkt from land to land, without a sure abode:
and while from sundrie kingdomes they, did wander all abroade.
14 And wrong at none oppressors hand, he suffered them to take:
but euen the great and mighty kinges, reproued for their sake.

15 And thus he saide, touch none of those, that mine annointed be:
ne doe the Prophetes any harm, that doe pertaine to me.
16 He calde a dearth vpon the land, of bread he broide the store,
but he against their time of need, had sent a man before.

The third part.

17 Euen Ioseph which had once beene solde, to liue a slaue in woe,
18 Whose feet they hurt in stockes, whose soule, the iron pierst also.
19 Untill the time came when his cause, was knowne apparantly,
the mighty word of God the Lord, his faultles truth did trie.

20 The king sent and deliuered him, from prison where he was,
the ruler of the people then, did freely let him passe.
21 And ouer all his house he made, him Lord to beare the sway,
and of his substance made to haue, the rule and all the stay.

22 That he might to his will instruct, the princes of the land:
and wisedomes lore his auncient men might teach to vnderstand.
23 Then into the Egyptian land, came Israel also:
and Iacob in the land of Ham, did liue a stranger tho.

24 His people he exceedingly, in number made to flow:
and ouer al their enemies, in strength he made them grow.
25 Whose hart he turnde, that they with hate, his people did entreate:
and did his seruants wrongfully, abuse with false deceit.

The fourth part.

26 His faithfull seruant Moses then, and Aaron whome he chose:
he did commaund to goe to them, his message to disclose.
27 The wondrous message of his signes, among them they did show:
and wonders in the land of Ham, then did they worke also.

28 Darkenes he sent and made it darke, in stead of brighter day:
and vnto his commission, they did not disobay.
29 He turnd their waters into bloud, he did their fishes slay:
30 Their land brought frogs, euen in the place, where their King Pharao lay.

31 He spake and at his voyce there came, great swarmes of noysome flies:
and all the quarters of their land, were filde with crawling lice.
32 He gaue them colde and stony hayle, in stead of milder raine:
and fierie flames within their land, he sent vnto their paine.

33 He smote their vines, and all their trees, whereon the figs did grow:
and all their trees within their coastes, downe did he ouerthrow.
34 He spake then caterpillars did, and Grashoppers abound:
35 Which eate the grasse in all their land, and fruit of all their ground.

The fift part.

36 The first begotten in their land, eke deadly did he smite,
yea the beginning and first fruit, of all their strength and might.
37 With golde and siluer he them brought, from Egypt land to passe:
and in the number of the tribes, no feeble one there was.

38 Egypt was glad and ioyfull then, when they did thence depart:
for terror and the feare of them, was fallen vpon their heart.
39 To shrowde them from the parching heate, a cloud he did display,
and fire he sent to giue them light, when night had hid the day.

40 They asked and he cauled quailes, to raine at their request:
and fully with the bread of heauen, their hunger he repest.
41 He opened then the stony rocke, and waters gushed out:
and in the drie and parched grounds, like riuers ranne about.

42 For of his holy couenant, aye mindfull was he tho:
which to his seruant Abraham, he plighted long ago.
43 He brought his people forth with mirth, and his elect with ioy:
out of the cruell land where they, had liued in great annoy.

44 And of the heathen men he gaue, to them the fruitfull lands:
the labours of the people eke, they tooke into their hands.
45 That they his holy statutes might, obserue for euermore:
and faithfully obey his lawes, prayse ye the Lord therefore.

Confitemini Domino. psal. Cvi.

The people dispersed vnder Antiochus, doe magnifie the goodnes of God, among the iust and repentant. Desiring to be brought againe into the land by Gods mercifull visitation, and after the manifold marueiles of God wrought in their deliuerance forth of Egypt, and the great ingratitude of the people rehearsed, they doe pray and desire to be gathered from among the heathen, to the intent they may prayse the name of the God of Israel.

Sing.

Sing this as the 95. Psalme.

PRayse ye the Lord, for he is good, his mercy dures for aye:
2 Who can expresse his noble acts, or all his prayse display.
3 They blessed are that iudgement keepe, and iustly doe alway:
4 With fauour of thy people Lord, remember me I pray.

And with thy sauing health O Lord, vouchsafe to visite me:
5 That I the great felicity, of thine elect may see.
And with the peoples ioy I may, a ioyfull mind possesse:
and may with thine inheritance, a glorying heart expresse:

6 Both we and eke our fathers all, haue sinned euery one:
we haue committed wickednes, and lewdly we haue done.
7 The wonders great which thou O Lord, hast done in Egypt land:
our fathers though they saw them all, yet did not vnderstand.

Nor they thy mercies multitude, did keepe in thankefull mind:
but at the sea yea the red sea, rebelled most vnkind.
8 Neuertheless he saued them, for honour of his name.
that he might make his power knowne, & spread abroad his fame.

9 The red sea he did then rebuke, and forthwith it was dride:
and as in wildernes, so through, the depth he did them guide.
10 He saude them from the cruell hand, of their despightfull foe,
and from the enemies hand he did, deliuer them also.

The second part.

11 The waters their oppressors whelmde, not one was left aliue:
12 Then they beleeude his words and prayse, in song they did him giue
13 But by and by vnthankfully, his workes they cleane forgat:
and for his counsell and his will, they did neglect to waite.

14 But lusted in the wildernes, with fond and greedy lust:
and in the desert tempted God, the stay of all their trust.
15 And in their wanton mindes desire, he suffered them to haue:
but wasting leannes therewithall, into their soules he gaue.

16 Then when they lodged in the tent, at Moyses they did grutch:
Aaron the holy of the Lord, so did they enuy much.
17 Therefore the earth did open wide, and Dathan did deuoure:
and all Abirams company, did couer in that houre.

18 In their assembly kindled was, the hote consuming fire:
and wasting flame did then burne vp, the wicked in his ire.
19 Vpon the hill of Horeb they, an Idoll calfe did frame:
and there the molten image they, did worship of the same.

Into the likenes of a Calfe, that feedeth on the grasse:
20 Thus they their glory turnd and all, their honour did deface.
21 And God their onely Sauiour, vnkindly they forgot:
which many great and mighty things, in Egypt land had wrought,

The third part.

22 And in the land of Ham for them, moſt wondrous works had done:
and by the red ſea dreadfull thinges, performed long agone.
23 Therefore for their ſo ſhewing them, forgetfull and vnkind:
to bring deſtruction on them all, he purpolde in his minde.

Had not his ſeruant Moſes ſtoode, before him in the breache:
to turne his wrath, leaſt he on them, with ſlaughter ſhould him wreake.
24 They did deſpiſe the pleaſant land, that he behight to giue:
yea and the words that he had ſpoke, they did no whit beleeue.

25 But in their tents with grudging heart, they wickedly repinde:
nor to the voyce of God the Lord, they gaue an hearkening minde.
26 Therefore againſt them lifted he, his ſtrong reuenging hand:
them to deſtroy in wilderneſs, ere they ſhould ſee the land.

27 And to deſtroy their ſeed among, the nations with his rod:
and through the countries of the world, to ſcatter them abroad.
28 To Baal Peor then they did, adioyne themſelues vnto,
and eate the offerings of the dead, ſo they forſooke him tho.

29 Thus with their owne inuentions, his wrath they did prouoke:
and in his ſo inkindled wrath, the plague vpon them broke.
30 But Phinees ſtood vp with zeale, the ſinners vile to ſlay:
and iudgement he did execute, and then the plague did ſtay.

The fourth part.

31 It was imputed vnto him, for righteouſnes that day,
and from thenceforth ſo counted is, from race to race for aye.
32 At waters eke of Meribath, they did him angre make:
yea ſo farre forth that Moſes was, then puniſht for their ſake.

33 Becauſe they vext his ſpirit ſo ſore, that in impatient heat:
his lips ſpake vnaduiſedly, his feruor was ſo great.
34 Nor as the Lord commaunded them, they ſlew the people tho:
35 But were among the heathen mixt, and learnd their works alſo.

36 And did their idols ſerue which were, their ruine and decay:
37 To fiendes their ſonnes and daughters they, did offer vp and ſlay.
38 Yea with vnkindly murdering knife, the guiltles bloud they ſpilt,
yea their owne ſonnes and daughters bloud, without all cauſe of guilt.

Whome they to Canaan Idols then, offred with wicked hand:
and ſo with bloud of innocents, defiled was their land
39 Thus were they ſtained with the workes, of their owne filthy way,
and with their owne inuentions, a whoring they did ſtray.

40 Therefore againſt his people was, the Lords wrath kindled ſore.
and euen his owne inheritance, therefore he did abhorre.
41 Into the hands of heathen men, he gaue them for a pray,
and made their foes their Lords whome they, were forced to obey.

The

The fift part.

24 Yea and their hatefull enemies, oppreſt them in the land,
and they were humbly made to ſtoope, as ſubiect to their hand.
43 Full oftentimes from thrall had he deliuered them before:
but with their counſels they to wrath, prouoked him euermore.

Therefore they by their wickednes, were brought full low to lie:
44 Yet when he ſaw them in diſtreſſe, he hearkened to their crie.
45 He calde to minde his couenant, which he to them had ſworne:
and by his mercies multitude, repented him therefore.

46 And fauour he them made to finde, before the ſight of thoſe,
that led them captiues from their land, when erſt they were their foes
47 Saue vs O Lord that art our God, ſaue vs O Lord we pray.
and from among the heathen folke, Lord gather vs away.

That we may ſpread the noble prayſe of thy moſt holy name:
that we may glory in thy prayſe, and ſounding of thy fame.
48 The Lord the God of Iſrael, be bleſt for euermore:
let all the people ſay Amen, prayſe ye the Lord therefore.

Confitemini Dom. Pſal.Cvii.W.K.

Dauid exhorteth all that are redeemed by the Lord, and gathered vnto him to giue thanks therefore, who ſendeth proſperity and aduerſity bringeth men vnto him. Therefore as the righteous therein reioyce, ſo ſhall the wicked haue their mouthes ſtopped.

Sing this as the 96. Pſalme.

GIue thankes vnto the Lord our God, for gracious is he:
and that his mercy hath no end, all mortall men may ſee.
2 Such as the Lord redeemed hath, with thankes ſhould praiſe his name,
and ſhew how they from foes were freede, and how he wrought the ſame.

3 He gathered them forth of the lands, that lay ſo farre about:
from eaſt to weſt, from north to ſouth, his hand did find them out.
4 They wandred in the wildernes, and ſtrayed from the way:
and found no Citty where to dwell, that ſeruе might for their ſtay.

5 Whoſe thirſt and hunger was ſo great, in theſe deſerts ſo voide:
that faintnes did them ſore annoy, and eke their ſoules annoide:
6 Then did they crie in their diſtreſſe, vnto the Lord for aide:
who did remoue their troublous ſtate, according as they praide.

7 And by that way which was moſt right, he led them like a guide:
that they might to a Citty goe, and there alſo abide.
8 Let men therefore before the Lord, confeſſe his kindnes then,
and ſhew the wonders that he doth, before the ſonnes of men.

9 For he the emptie ſoule ſuſtainde, whome thirſt had made to faint:
the hungry ſoule with goodnes fed, and did them eke acquaint.
10 Such as do dwell in darknes deepe, where they of death do waite:
faſt bound to taſte ſuch troublous ſtormes, as iron chaines do threat.

The

The ſecond part.

11 For that againſt the Lords owne words, they ſought ſo to rebell:
eſteeming light his counſels hie, which do ſo farre excell.
12 But when he humbled them full low, they then fell down with griefe:
and none was found ſo much to helpe, whereby to get reliefe.

13 Then did they crie in their diſtreſſe, vnto the Lord for aide:
who did remoue their troublous ſtate, according as they praide.
14 For he from darkenes out them brought, and from deathes dreadfull ſhade:
burſting with force the iron bands, which hee before them lade,

15 Let them therefore before the Lord, confeſſe his kindnes then:
and ſhew the wonders that he doth, before the ſonnes of men.
16 For he threw downe the gates of braſſe, and brake them with ſtrong hand:
the iron barres he ſmote in two, nothing could him withſtand.

17 The fooliſh folke great plagues do feele, and cannot from them wend:
but heape on more to thoſe they haue, becauſe they do offend.
18 Their ſoule ſo much did loath all meate, that none they could abide:
whereby death had them almoſt caught, as they full truely tride.

19 Then did they crie in their diſtreſſe, vnto the Lord for aide:
who did remoue their troublous ſtate, according as they praide.
20 For he then ſent to them his word, which health did ſoone reſtore,
and brought them from thoſe dangers deepe, wherein they were before.

The third part.

21 Let men therefore before the Lord, confeſſe his kindnes then:
and ſhew the wonders that he doth, before the ſonnes of men.
22 And let them offer ſacrifice, with thanks and alſo feare:
and ſpeake of all his wondrous workes, with glad and ioyfull cheare.

23 Such as in ſhips or brittle barkes, into the ſeas deſcend,
their marchandiſe through fearefull floods, to compas and to end.
24 Thoſe men are forced to behold, the Lords works what they be:
and in the dangers deepe the ſame, moſt marualous they ſee.

25 For at his word the ſtormie wind, ariſeth in a rage:
and ſtirreth vp the ſurges ſo, as nought can them aſſwage.
26 Then are they lifted vp ſo hie, the cloudes they ſeeme to gaine:
and plunging downe the depth vntill, their ſoules conſume with paine.

27 And like a drunkard to and fro, now here, now there they reele,
as men with feare of wit bereft, or had of ſence no feele:
28 Then did they crie in their diſtreſſe, vnto the Lord for aide:
who did remoue their troublous ſtate, according as they praide.

29 For with his word the Lord doth make, the ſturdie ſtormes to ceaſe:
So that the great waues from their rage, are brought to reſt and peace.
30 Then are men glad when reſt is come, which they ſo much do craue:
and are by him in hauen brought, which they ſo faine would haue.

The

The fourth part.

31 Let men therefore before the Lord, confesse his kindnes then:
and shew the wonders that he doth, before the sonnes of men.
32 Let men in presence of the folke, with praise extoll his name.
and where the Elders do conuent, there let them doe the same.

33 For running flouds to drie deserts, he doth oft change and turne:
and drieth vp as it were dust, the springing well and bourne.
34 A fruitfull land with pleasures deckt, full barren he doth make:
when on their sinnes that dwell therein, he doth iust vengeance take.

35 Againe the wildernes full rude, he maketh fruit to beare:
with pleasant springes of waters cleare, though none before were there.
36 Wherein such hungry soules are set, as he doth freely chuse:
that they a Citty may them build, to dwell in for their vse.

37 That they may sow their pleasant land, and vineyardes also plant:
to yeeld them fruit of such increase, as none may seeme to want.
38 They multiplie exceedingly, the Lord doth blesse them so:
who doth also their brute beastes make, by numbers great to grow.

39 But when the faithfull are low brought, by the oppressors stout:
and minish doe through many plagues, that compasse them about.
40 Then doth he princes bring to shame, which did them sore oppresse:
and likewise caused them to erre, within the wildernes.

41 But yet the poor he rayseth vp, out of his troubles deepe:
and oft times doth his traine augment, much like a flocke of sheepe.
42 The righteous shall behold this sight, and also much reioyce:
whereas the wicked and peruerse, with griefe shall stop their voyce.
43 But who is wise that now full well, he may these thinges record:
for certainely such shall perceiue, the kindnesse of the Lord.

Paratum cor meum. psal. Cviii. N.

Dauid with hart and voyce prayseth the Lord, and assureth himselfe of the promise of God concerning the kingdome ouer Israel and his power against other nations, who though he seem to forsake vs for a time, yet he alone in the end will cast downe all enemies.

Sing this as the 95. Psalme.

O God my hart prepared is, and eke my tongue also:
I will aduance my soule in song, and giuing prayse also.
2 Awake my Viole and my harpe, sweete melodie to make:
and in the morning I my selfe, right early will awake.
3 By me among the people Lord, still praysed shalt thou be:
and I among the heathen folke, will sing O Lord to thee.
4 Because thy mercy Lord is great, aboue the heauens hie:
and eke thy truth doth reach the cloudes, within the lofty skie.
5 Aboue the starry heauens hie, exalt thy selfe O God,
and Lord display vpon the earth, thy glory all abroad.

6 That

6 That thy dearely beloued may, be ſet at liberty,
helpe O my God with thy right hand, and hearken vnto me.

7 God in his holineſſe hath ſpoke, wherefore my ioyes abound:
Sichem I will diuide and mete, the vale of Succothes ground.
8 And Gilead ſhall be mine owne, Manaſſes mine ſhal be:
my headſtrength Ephraim and lawe, ſhall Juda giue for me.

9 Moab my waſhpot and my ſhoe, on Edome will I throw:
vpon the land of Paleſtine, in triumph will I goe.
10 Who ſhall into the Citty ſtrong, be guide to conduct me:
or how by whome to Edome land, conuayed ſhall I be?

11 Is it not thou O God which late, hadſt vs forſaken quite?
and thou O Lord which with our hoaſt, didſt not go forth to fight.
12 Giue vs O Lord thy ſauing aide, when troubles do aſſaile:
for all the helpe of man is vaine, and can no whit auaile.

13 Through God we ſhall do valiant acts, and worthy of renowne:
he ſhall ſubdue our enemies, yea he ſhall tread them downe.

Deus laudem tuam. pſal. Cix. N.

Dauid being falſly accuſed by Saules flatterers, prayeth God to helpe him to deſtroy his enemies, who repreſent Judas the traytor vnto Jeſus Chriſt, and all like enemies of the children of God.

Sing this as the 98. Pſalme.

IN ſpeechles ſilence do not hold, O God thy tongue alwayes:
O God euen thou I ſay that art, the God of al my prayſe.
2 The wicked and the guilefull mouth, on me diſcloſed be:
and they with falſe and lying tongues, haue ſpoken vnto me.

3 They did beſet me round about, with words of hatefull ſpight:
4 without all cauſe of my deſert, againſt me did they fight.
For my good will they were my foes, but then gan I to pray:
5 My good with ill, my friendlineſſe, with hate they did repay.

6 Set thou the wicked ouer him, to haue the vpper hand,
at his right hand, eke ſuffer thou, his hatefull foe to ſtand.
7 When he is iudged, let him then, condemned be therein:
and let the praier that he makes, be turned into ſinne.

8 Few be his dayes, his charge alſo, let thou another take,
9 His children let be fatherles, his wife a widdow make.
10 Let his offſpring be vagabonds, to beg and ſeeke their bread:
wandring out of the waſted place, where erſt they haue beene fed.

11 Let couetous extortioners, catch all his goods and store,
and let the ſtranger ſpoile the fruits, of all his toyle before.
12 Let there be none to pitty him, let there be none at all:
that on his children fatherles, will let their mercy fal.

The

The second part.

13 And so let his posteritie, for euer be destroide:
their names out blotted in the age, that after shall succeed.
14 Let not his fathers wickednes, from Gods remembrance fall,
and let not thou his mothers sinne, be done away at all.
15 But in the presence of the Lord, let them remaine for aye,
that from the earth their memory, he may cut cleane away.
16 Sith mercy he forgot to shew, but did pursue with spite:
the troubled man and sought to slay, the wofull hearted wight.
17 As he did cursing loue, it shall, betide vnto him so,
and as he did not blessing loue, it shall be farre him fro.
18 As he with cursing clad himselfe, so it like water shall:
into his bowels and like oyle, into his bones befall.
19 As garment let it be to him, to couer him for aye:
and as a girdle wherewith he, shall girded be alway.
20 Loe let the same be from the Lord, the guerdon of my foe:
yea and of those that euill speake, against my soule also.
21 But thou O Lord that art my God, deale thou I say with me:
after thy name deliuer me, for good thy mercies be.
22 Because in depth of great distresse, I needy am and poore:
and ebe within my pained breast, my hart is wounded sore.

The third part.

23 Euen so doe I depart away, as doth declining shade:
and as the Grashopper, so I, am shaken off and fade.
24 With fasting long from needful foode, enfeebled are my knees:
and al her fatnes hath my flesh, enforced beene to leese.
25 And I also a vile reproch, to them was made to be:
and they that did vpon me looke, did shake their heads at me.
26 But thou O Lord that art my God, mine aide and succour be:
according to thy mercy Lord, saue and deliuer me.
27 And they shall know thereby that this, Lord is thy mighty hand:
and that thou, hast done it Lord, so shall they vnderstand:
28 Although they curse and spite, yet thou, shalt blesse with louing voice
they shal arise and come to shame, thy seruant shall reioyce.
29 Let them be cloathed all with shame, that enemies are to me:
and with confusion as a cloake, ebe couered let them be.
30 But greately I will with my mouth, giue thankes vnto the Lord:
and I among the multitude, his prayses will record.
1 For he with helpe at his right hand, will stand the poore man by,
3 to saue him from the man that would, condemne his soule to die.

Dixit Dominus. psal. Cx. N.

Dauid prophesieth of the power and euerlasting kingdome of Christ, and of the priesthood, which should put an end to the priesthood of Aaron.

Sing this as the 67 psalme.

THe Lord did say vnto my Lord, sit thou on my right hand:
til I haue made my foes a stoole, whereon my feet shall stand.
2 The Lord shal out of Sion send, the scepter of thy might.

amid thy mortall foes be thou, the ruler in their sight.

3 And in the day on which thy raigne, and power they shall see:
then hereby free will offeringes shall, the people offer thee.
Yea with an holy worshipping, then shall they offer all:
thy birth dew is the dew that doth, from wombe of morning fall.

4 The Lord hath sworne, and neuer will, repent what he doth say:
by the order of Melchisedech, thou art a priest for aye.

5 The Lord thy God on thy right hand, that standeth for thy stay:
shall wound for thee the stately kinges, vpon his wrathfull day.

6 The heathen he shall iudge and fill, the place with bodies dead,
and ouer diuers countries shall, in sunder smite the head.

7 And he shall drinke out of the brooke, that runneth in the way:
therefore he shall lift vp on hie, his royall head that day.

Confitebor tibi. psal. Cxi. N.

He giueth thankes to the Lord for his mercifull workes, towards his church, and declareth wherein true wisedome and right knowledge consisteth.

Sing this as the 120. Psalme.

WIth hart I do accord, to prayse and laud the Lord:
In presence of the iust, for great his workes are found.
To search them such are bound, as doe him loue and trust.

3 His works are glorious, also his righteousnes,
It doth endure for euer, his wondrous workes he would,
we still remember should, his mercy faileth neuer.

5 Such as to him loue beare, a portion full faire:
He hath vp for them laid, for this they shall well finde:
he will them haue in mind, and keepe them as he said.

6 For he did not disdaine, his workes to shew them plaine:
By lightning and by thunders, when he the heathen land,
did giue into their hand, where they beheld his wonders.

7 Of all his workes enlueth, both iudgement, right and truth:
Whereto his statutes tend, they are decreed sure:
For euer to endure, which equitie doth end.

Redemption he gaue, his people for to saue:
9 And hath also required, his promise not to faile,
But alwaies to preuaile, his holy name be feared.

10 Who so with hart full faine, true wisedome would attaine,
The Lord feare and obey, such as his lawes do keepe:
Shall knowledge haue full deepe, his prayse shall last for aye.

Beatus vir. psal. Cxii. W. K.

He prayseth the felicitie of them that feare God, and condemneth the cursed state of the contemners of God.

Sing this as the pater noster.

THe man is blest that God doth feare, and that his lawes doth loue indeed:
His seed on earth, God will vpreare, and blesse such as from him proceede.
3 His house with good he wil fulfil, his righteousnes endure shall still.

4 Unto the righteous doth arise, in trouble ioy, in darkenes light:
Compassion is in his eyes, and mercy alwayes in his sight:
5 Yea pitty moueth such to lend, he doth by iudgement, thinges expend.

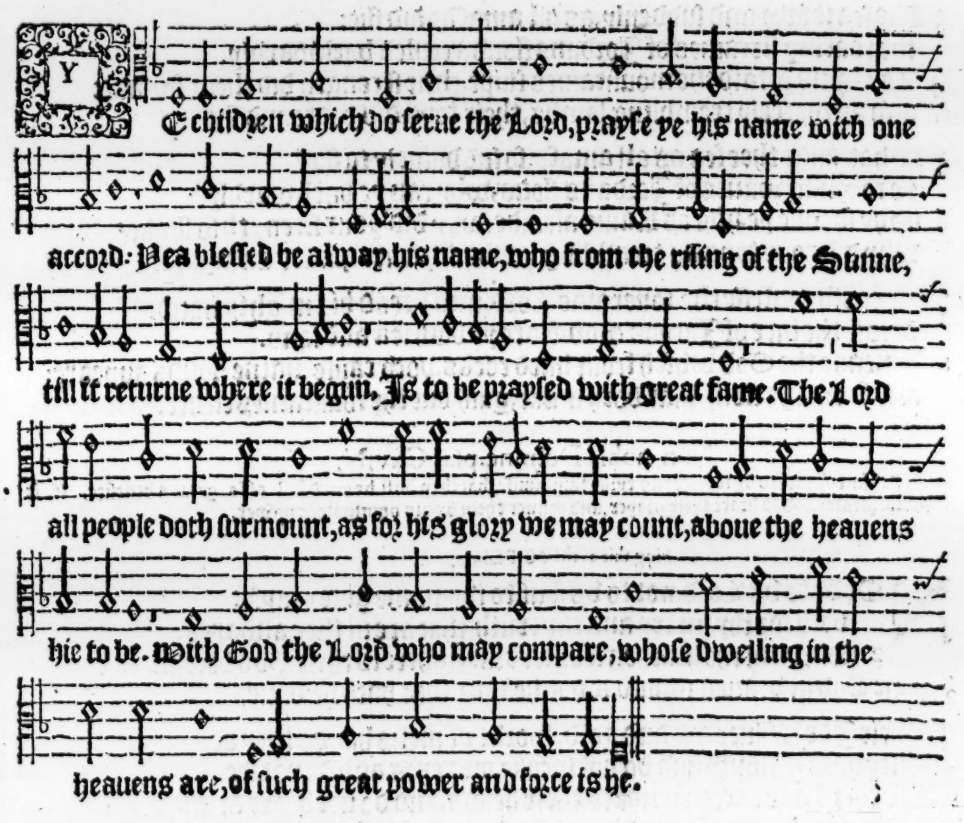
6 And

6 And ſurely ſuch ſhall neuer faile,
For in remembrance had is he.
7 No tidinges ill can make him quaile,
Who in the Lord ſure hope doth ſee:
8 His heart is firme, his feare is paſt,
For he ſhall ſee his foes downe caſt.

9 He did well for the poore prouide,
His righteouſnes ſhall ſtill remaine:
And his eſtate with prayſe abide:
Though that the wicked man diſdaine:
10 Yea gnaſh his teeth, thereat ſhall he,
And ſo conſume his ſtate to ſee.

Laudate pueri. pſal. Cxiii. W.W.

An exhortation to prayſe the Lord for his prouidence, in that, that contrarie to the courſe of nature, he worketh in his Church.



3 He doth abaſe himſelfe we know,
Thinges to behold both here below,
And alſo in the heauens aboue.
4 The needy out of duſt to draw:
And eke the poore which helpe none ſaw,
His onely mercy did him moue.

8 And ſo him ſet in hie degree,
With Princes of great dignity:
That rule his people with great fame.
9 The barren he doth make to beare,
And with great ioy her fruit to reare:
Therefore prayſe ye his holy name.

In exitu Iſrael.Cxiiii.WlW.

Iſraels delivery out of Egypt,putteth vs in remembrance of Gods great mercy towardes his children,and of our vnthankfulnes for the ſame,

Sing this as the 95.Pſalme.

WHen Iſrael by Gods addreſſe,from Pharaohs land was bent:
And Jacobs houſe the ſtranger left,and in the ſame trane went.
2 In Juda God his glory ſhewde,his holineſſe moſt bright:
ſo did the Iſraelites declare,his kingdome,power and might.

3 The ſea it ſaw and ſuddenly,as all amaſde did flie:
the roaring ſtreames of Jordans floud,reculed backwardly.
4 As Rams afraid the mountaines ſkipt,their ſtrength did them forſake:
and as the feely trembling lambs,their tops did beate and ſhake.

5 What ailde thee ſea as all amaſd,ſo ſuddainely to flie?
ye rowling waues of Jordans floud,why ran ye backwardly?
6 Why ſhooke ye hils as Rams afraide,why did your ſtrength ſo ſhake?
why did your tops as trembling lambs,for feare quiuer and quake.

7 O earth confeſſe thy ſoueraine Lord,and dread his mighty hand:
before the face of Jacobs God,feare ye both ſea and land.
8 I meane the God which from hard rocks,doth cauſe maine flouds appeare:
and from the ſtony flint doth make,guſh out the fountaines cleare.

Non nobis Domine.pſal.Cxv.N.

The faithfull oppreſſed by idolatrous tyrants,praiſe that they will be mindfull of ſo great a benefite, if it would pleaſe God to heare their prayer,and deliuer them by his omnipotent power.

Sing this as the 68 Pſalme.

NOt vnto vs Lord,not to vs,but to thy name giue prayſe:
both for thy mercy and thy truth,that are in thee alwayes:
2 Why ſhal the heathen ſcorners ſay,where is their God become
3 Our God in heauen is,and what he will,that hath he done.

4 Their Idols ſiluer are and gold,worke of mens hands they be:
5 They haue a mouth and do not ſpeake,and eyes and do not ſee.
6 And they haue eares ioynde to their heads,and do not heare at all:
and noſes eke they formed haue,and doe not ſmell withall.

7 And hands they haue and handle not,and feet and do not goe:
a throat they haue,yet through the ſame,they make no ſound to blow
8 Thoſe that make them,are like to them,& thoſe whoſe truſt they be:
9 O Iſrael truſt in the Lord,their helpe and ſhield is he.

10 O Aarons house trust in the Lord, their helpe and shield is he:
11 Trust ye the Lord, that feare the Lord, their helpe and shield is he.
12 The Lord hath mindfull beene of vs, and will vs blesse also:
on Israels and on Aarons house, his blessinges he will show.

13 Them that be fearers of the Lord, the Lord doth blesse them all:
euen he will blesse them euery one, the great and eke the small.
14 To you I say the liuing Lord, will multiplie his grace:
to you and to the children that, shall follow of your race.

15 Ye are the blessed of the Lord, euen of the Lord I say:
which both the heauen and the earth, haue made and set in stay.
16 The heauens, yea the heauens hie, belong vnto the Lord:
the earth vnto the sonnes of men, he gaue of free accord.

17 They that be dead do not with prayse, set forth the Lords renowne:
nor any that into the place, of silence do goe downe.
18 But we will prayse the Lord our God, from henceforth and for aye:
sound ye the prayses of the Lord, prayse ye the Lord I say.

Dilexi quoniam. psal. Cxvi.

Dauid being in great danger of Saul in the desert of Maon, perceiuing the great and inestimable loue of God toward him, magnifieth such great mercies, and protesteth he will be thankefull for the same.

Sing this as the 95. psalme.

I Loue the Lord because my voyce, and prayer heard hath he:
2 when in my dayes I call on him, he bowed his eare to me.
3 Euen when the snares of cruell death, about beset me round:
when paines of hell me caught, and when, I woe & sorow found.

4 Vpon the name of God my Lord, then did I call and say:
deliuer thou my soule O Lord, I doe thee humbly pray.
5 The Lord is very mercifull, and iust he is also:
and in our God compassion, doth plentifully flow.

6 The Lord in safety doth preserue, all those that simple be:
I was in wofull miserie, and he relieued me.
7 And now my soule sith thou art safe, returne vnto thy rest:
For largely loe the Lord to thee, his bounty hath exprest.

8 Because thou hast deliuered, my soule from deadly thrall:
my moisted eyne from teares, my liuing feet from fall.
9 Before the Lord I in the land, of life will walke therefore:
10 I did beleeue, therefore I spake, for I was troubled sore.

The second part.

11 I said in my distresse and feare, that all men lyers be.
12 What shall I pay the Lord for all, his benefites to me.
13 The wholesome cup of louing health, I thankefully will take:
and on the Lords name I will call, when I my prayer make.

14 I to the Lord will pay the vowes, that I to him behight,
yea euen at this preſent time, in all the peoples ſight.
15 Right deare and precious in his ſight, the Lord doth aye eſteeme:
the death of all his holy ones, what euer men do deeme.

16 Thy ſeruant Lord, thy ſeruant loe, I do my ſelfe confeſſe:
Sonne of thy handmaid, thou haſt broke, the bonds of my diſtreſſe.
17 And I will offer vp to thee, a ſacrifice of prayſe:
and I will call vpon the name, of God the Lord alwayes.

18 I to the Lord will pay the vowes, that I haue him behight:
yea euen at this preſent time, in all the peoples ſight.
19 Yea in the courts of Gods owne houſe, and in the midſt of thee:
O thou Ieruſalem I ſay, wherefore the Lord prayſe ye.

Laudate Dominum. pſal. Cxvii. N.

He exhorteth the Gentiles to prayſe God, becauſe he hath accompliſhed as well to them, as to the Iewes the promiſe of life euerlaſting by Ieſus Chriſt. I

Sing this as the 99 Pſalme.

O All ye nations of the world, prayſe ye the Lord alwayes:
and all yee people euery where, let forth his noble prayſe.
2 For great his kindnes is to vs, his truth endures for aye:
wherefore prayſe ye the Lord our God, prayſe ye the Lord I ſay.

Confitemini Domino. pſal. Cxviii. M.

Dauid reiected of Saul and of the people, at the time appointed, obtained the kingdome, for which he biddeth all that feare the Lord to be thankfull, vnder whoſe perſon Chriſt is liuely ſet forth, who ſhould bee of al his people reiected.

Sing this as the 84 Pſalme.

O Giue ye thankes vnto the Lord, for gratious is he:
2 Becauſe his mercy doth endure, for euer towards me.
Let Iſrael confeſſe and ſay, his mercy dures for aye:
3 Now let the houſe of Aaron ſay, his mercy dures for aye.

4 Let all that feare the Lord our God, euen now confeſſe and ſay,
the mercy of the Lord our God, endureth ſtill for aye.
5 In trouble and in heauineſſe, vnto the Lord I cride:
which louingly heard me at large, my life was not denide.

6 The Lord himſelfe is on my ſide, I will not ſtand in doubt,
nor feare what man can doe to me, when God ſtands me about.
7 The Lord doth take my part with them that helpe to ſuccour me:
therefore ſhall I ſe my deſire, vpon mine enemies.

8 Better it is to truſt in God, then in mans mortall keede,
9 Or to put confidence in Kinges, or princes in our neede.
10 All nations haue encloſed me, and compaſſed me round:
but in the name of God ſhall I, mine enemies confound.

11 They kept me in on euery ſide, they kept me in I ſay,
but through the Lords moſt mighty arme, I ſhall woork their decay.

12 They

12 They came about me all like bees, but yet in the Lords name:
I quencht their thornes that were on fire, and will destroy the same.

The second part.

13 Thou hast with force thrust sore at me, that I indeed might fall:
but through the Lord I found such helpe, that they were vanquisht all.
14 The Lord is my defence and strength, my toy, my mirth and song:
he is become for me indeed a Sauiour most strong.

15 The right hand of the Lord our God, doth bring to passe great thinges;
he causeth voyce of ioy and wealth, in righteous mens dwellinges.
16 The right hand of the Lord doth bring, most mighty thinges to passe:
his hand hath the preheminence, his force is as it was.

17 I will not die but euer liue, to vtter and declare:
the Lord his might and wondrous power, his works and what they are:
18 The Lord himselfe hath chastised, and hath corrected me:
but hath not giuen me ouer yet, to death as ye may see.

19 Set open vnto me the gates, of truth and righteousnes,
that I may enter into them, the Lords prayse to confesse.
20 This is the gate euen of the Lord, which shall not so be shut:
but good and righteous men alway, shall enter into it.

The third part.

21 I will giue thankes to thee O Lord, because thou hast heard me:
and art become most lovingly, a Sauiour vnto me.
22 The stone which ere this time among, the builders was refused:
is now become the corner stone, and chiefly to be vsed.

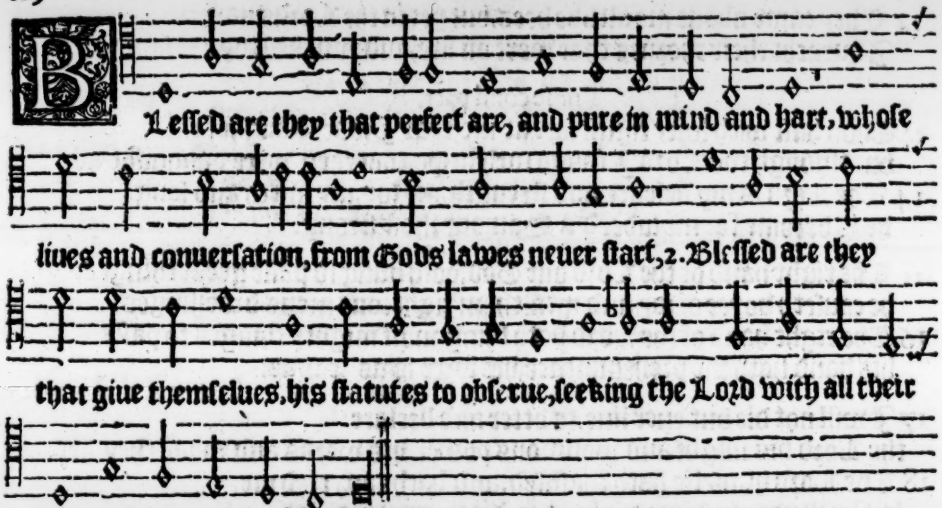
23 This was the mighty work of God, this was the Lords own fact:
and it is maruailous to behold, with eyes that noble act.
24 This is the ioyfull day indeed, which God himselfe hath wrought:
let vs be glad and ioy therein, in hart, in mind, and thought.

25 Now helpe vs Lord and prosper vs, we wish with one accord:
blessed is he that comes to vs, in the name of the Lord.
26 God is the Lord that sheweth vs light, binde ye therefore with cord
your sacrifice to the Altar, and giue thanks to the Lord.

27 Thou art my God I will confesse, and render thanks to thee:
thou art my God and I will prayse, thy mercies towardes me.
28 O giue ye thankes vnto the Lord, for gracious is he:
because his mercy doth endure, for euer towards me.

Beati immaculati. psal. Cxix. W. W.

In this psalme is contained an exquisite art, and a wonderfull vehemency in setting forth the prayses of Gods lawe, wherein the Prophet cannot satisfie himselfe, nor sufficiently expresse the affection which hee beareth thereunto, adding moreouer many notable complaintes and consolations. Wherefore it is meete that all the faithfull haue it alway both in hart and mouth, and in the Bible w every eight verses begynne with one letter of the Alphabet.



3 Doubtleſs ſuch men go not aſtray, nor do no wicked thing:
which ſtedfaſtly walk in his paths, without any wandring.
4 It is thy will and commaundement, that with attentiue heed,
thy noble and diuine precepts, we learne and keepe indeed.

5 O would to God it might thee pleaſe, my waies ſo to addreſſe:
that I might both in hart and voyce, thy lawes keepe and confeſſe.
6 So ſhould no ſhame my life attaint, whilſt I thus ſet mine eyes,
and bend my mind alwayes to muſe, on thy ſacred decrees.

7 Then will I prayſe with vpright heart, and magnifie thy name,
when I ſhall learne thy iudgements iuſt, & likewiſe proue the ſame.
8 And wholy will I giue my ſelfe, to keepe thy lawes moſt right:
forſake me not for euer Lord, but ſhew thy grace and might.

BETH. The ſecond part.

BY what meanes may a yong man beſt, his life learne to amend:
if that he marke & keepe thy word, & therein his time ſpend.
10 Vnfainedly I haue thee ſought, and thus ſeeking abide:
O neuer ſuffer me O Lord, from thy precepts to ſlide.

11 Within my hart and ſecret thoughts, thy words I haue hid ſtill:
that I might not at any time, offend thy holy will.
12 We magnifie thy name O Lord, and prayſe thee euermore:
thy ſtatutes of moſt worthy fame, O Lord teach me therefore.

13 My lips haue neuer ceaſde to preach, and publiſh day and night:
thy iudgements al which did proceed, from thy mouth ful of might.
14 Thy teſtimonies and thy wayes, pleaſe me no leſſe indeed:
then all the treaſures of the earth, which worldlings make their meed

15 O

15 Of thy precepts I will still muse, and thereof frame my talke:
as at a marke so will I aime, thy wayes how I may walke.
16 My onely ioy shall be so fixt, and on thy lawes so set:
that nothing can me so farre blinde, that I thy words forget.

GIMEL The 3 part.

GRant o thy seruant now such grace, as may my life prolong:
thy holy word then will I keepe, both in my hart and tong.
18 Mine eyes which were dim and shut vp, so open & make bright:
that of thy law and marualous workes, I may haue the cleare light.

19 I am a stranger in this earth, wandring now here now there:
thy word therefore to me disclose, my footesteps for to cleare.
20 My soule is rauisht with desire, and neuer is at rest:
but seeke to know thy iudgements hie, & what may please thee best.

21 The proud men and malitious, thou hast destroide eachone:
and cursed are such as doe not, thy hestes attend vpon.
22 Lord turne from me rebuke and shame, which wicked men conspire,
for I haue kept thy couenants, with zeale as hote as fire.

23 The Princes great in counsell sate, and did against me speake:
but then thy seruant thought how he, thy statutes might not breake.
24 For why thy couenants are my ioy, and my great hearts solace:
they serue in stead of counsellors, my matters for to passe.

DALETH. The fourth part.

IIm alas as brought to graue, and almost turnd to dust:
restore therefore my life againe, as thy promise is iust.
26 My wayes when I acknowledged, with mercy thou didst heare
heare now eftsoones, and me instruct, thy lawes to loue and feare.

27 Teach me once throughly for to know, thy precepts and thy lore:
thy workes then will I meditate, and lay them vp in store.
28 My soule I feele so sore oppresst, that it melteth for griefe:
according thy word therefore, hast Lord to send reliefe.

29 From lying and deceitfull lips, let thy grace me defend:
and that I may learne thee to loue, thy holy law me send:
30 The way of truth both straight and sure, I haue chosen and found:
I set thy iudgements me before, which keepe me safe and sound.

31 Since then O Lord, I forced my selfe, thy couenants to embrace:
let me therefore haue no rebuke, nor checke in any case.
32 Then will I run with ioyfull cheare, where thy word doth me call,
when thou hast set my heart at large, and rid me out of thrall.

HE The fist part.

INstruct me Lord in the right path, of thy statutes diuine:
and it to keepe euen to the end, my hart will I encline.

34 Grant

34 Graunt me the knowledge of thy law, and I ſhall it obay:
with hart and mind and all my might, I ſhall it keepe I ſay.

35 In the right path of thy precepts, guide me Lord I require:
none other pleaſure doe I wiſh, nor greater thing deſire.
36 Incline my hart thy lawes to keepe, and couenants to embrace:
and from all filthy auarice, Lord ſhield me with thy grace.

37 From vain deſires & worldly luſts, turne backe mine eyes & ſight:
giue me the ſpirite of life and power, to walke thy lawes aright.
38 Confirme thy gracious promiſe Lord, which thou haſt made to me:
which am thy ſeruant and do loue, and feare nothing but thee.

39 Reproch and ſhame which I do feare, from me O Lord expell:
for thou doſt iudge with equity, and therein doſt excell.
40 Behold my harts deſire is bent, thy lawes to keepe for aye:
Lord ſtrengthen me ſo with thy grace, that it performe I may.

VAV The 6. part.

THy mercies great and manifold, let me obtaine O Lord:
thy ſauing health let me enioy, according to thy word.
42 So ſhall I ſtop the ſlaunderous mouthes, of lewde men and vniuſt:
for in thy faithfull promiſes, ſtands my comfort and truſt.

43 The word of truth within my mouth, let euer ſtill be preſt:
for in thy iudgements wonderfull, my hope doth ſtand and reſt.
44 And while that breath within my breaſt, doth natural life preſerue:
yea till this life ſhall be diſſolude, thy law will I obſerue.

45 So walke will I as ſet at large, and made free from all dread:
becauſe I ſought how for to keepe, thy precepts and thy reade.
46 Thy noble acts I will deſcribe, as thinges of moſt great fame:
euen before Kings I will them blaze, and ſhrinke no whit for ſhame.

47 I will reioyce then to obey, thy worthy heſts and will:
which euermore I haue loued beſt, and ſo will loue them ſtill.
48 My hand will I lift to thy lawes, which I haue dearely ſought,
and practiſe thy commaundements, in will, in deed, and thought.

ZAIN The 7. part.

THy promiſe which thou madeſt to me, thy ſeruant Lord remember
for therein haue I put my truſt, and confidence for euer.
50 It was my comfort and my ioy, when troubles me aſſaile:
for were my life not by thy word, my life would ſoone me faile.

51 The proud and ſuch as God contemne, ſtill made of me a ſcorne,
yet would I not thy law forſake, as he that were forlorne.
52 But cald to mind Lord thy great works, ſhewde to our fathers old:
wherby I felt thy ioy ſurmount, my griefe an hundred fold.

53 But

53 But yet alas for feare I quake, seeing how wicked men:
thy law forsooke & did procure, thy iudgements who know when.
54 And as for me I framde my songs, thy statutes to exalt:
when I among the straungers dwelt, and thoughts gan me assault:

55 I thought vpon thy name O Lord, by night when others sleepe:
as for thy law I also kept, and euer will it keepe.
56 This grace I did obtaine because, thy couenants sweete and deare
I did embrace and also keepe, with reuerence and with feare.

HETH. The 8. part.

O God which art my part and lot, my comfort and my stay:
I haue decreed and promised thy lawes to keepe alway.
58 Mine earnest hart did humbly sue, in presence of thy face:
as thou therefore hast promised, Lord graunt me of thy grace.

59 My life I haue examined, and tride my secret hart:
which to thy statutes caused me, my feete straight to conuert.
60 I did not stay, nor linger long, as they that slothfull are:
but hastily thy lawes to keepe, I did my selfe prepare.

61 The cruell handes of wicked men, haue made of me their pray:
yet would I not thy lawes forget, nor from thee go astray.
62 Thy righteous iudgement shewed to me, so great is and so hie:
that euen at midnight will I rise, thy name to magnifie.

63 Companion am I to all them, which feare thee in their heart:
and neither will for loue nor dread, from thy commaundements start.
64 Thy mercies Lord most plenteously, to all the world fulfill:
O teach me how I may obey, thy statutes and thy will.

TETH. The 9. part

ACcording to thy promise Lord, so hast thou with me delt:
for of thy grace in sundry sortes, haue I thy seruant felt.
66 Teach me to iudge alwaies aright, & giue me knowledge sure:
for certainely beleeue I do, that thy precepts are pure.

67 Ere thou didst teach me with thy rod, I erred and went astray:
but now I keepe thy holy word, and make it all my stay.
68 Thou art both good and gracious, and giuest most liberally,
thine ordinances how to keepe, therefore O Lord teach me.

69 The proud and wicked men haue forgde, against me many a lie:
yet thy commandements still obserue, with all my heart will I.
70 Their harts are swolne with worldly wealth, as grease so are they
but in thy law I do delight, and nothing seeke but that. (fat,

71 O happie time may I well say, when thou didst me correct,
for as a guide to learne thy lawes, thy rod did me direct.
72 So that to me thy word and law, is dearer manifold:
then thousands great of siluer and gold, or ought that can be told.

IOD

IOD. The 10.part.

73 SEing thy handes haue made me Lord, to be thy creature:
grant knowledge likewise how to learne, to put thy lawes in vre.
74 So they that feare thee shall reioyce, when euer they me see:
because I haue learnde by thy word, to put my trust in thee.

75 When with thy rods the world is plagude, I know the cause is iust:
so when thou doest correct me Lord, the cause iust needes be must.
76 Now of thy goodnesse I thee pray, some comfort to me send:
as thou to me thy seruant hast, so from all ill me shend.

77 Thy tender mercies powre on me, and I shall surely liue:
for ioy and consolation both, thy lawes to me doth giue.
78 Confound the proud whose false pretence, is me for to destroy:
but as for me thy hestes to know, I wil my selfe imploy.

79 Who so with reuerence do thee feare, to me let them retire.
and such as do thy couenants know, and them alone desire,
80 My heart without all wauering, let on thy lawes be bent:
that no confusion come to me, whereby I should be shent.

CAPH. The 11.part.

MY soule doth faint and ceaseth not, thy sauing health to craue:
and for thy wordes sake still I trust, my heartes desire to haue.
82 Mine eyes do fayle with looking for, thy word and thus I say:
Oh when wilt thou me comfort Lord, why doest thou thus delay.

83 As a skin bottle in the smoke, so am I parcht and dride:
yet wil I not out of my heart, let thy commaundementes slide.
84 Alas how long shal I yet liue, before I see the houre:
that on my foes which me torment, thy vengeance thou wilt powre.

85 Presumptuous men haue digged pits, thinking to make me sure:
thus contrary against thy law, my hurt they do procure.
86 But thy commandementes are all true, and causelesse they me grie.
to thee therfore I do complaine, that thou might st me relieue.

87 Almost they had me cleane destroid, & brought me quite to ground:
yet by thy statutes I abode, and therein succour found.
88 Restore me Lord againe to life, for thy mercies excel:
and so shal I thy couenants keepe, til death my life expell.

LAMED. The 12.part

89 IN heauē Lord where thou doest dwel, thy word is stablisht sure:
and shal for al eternitie, as it grauen there endure.
90 From age to age thy truth abides, as doth the earth witnesse:
whose ground worke thou hast laid so sure, as no tongue can expresse.

91 Euen to this day we may well see, how all thinges perseuer:
according to thy ordinance, for all thinges thee reuere.
92 Had it not beene that in thy law, my soule had comfort sought:
long time ere now in my distresse, I had beene brought to nought.

93 There

93 Therefore will I thy precepts aye, in memory keepe fast,
by them thou hast my life restorde, when I was at last cast.
94 No wight to me can title make, for I am onely thine:
saue me therefore for to thy lawes, mine eares and heart encline.

95 The wicked men do seeke my bane, and therein lie in waite,
but I the while considered, thy noble workes and great.
96 I see nothing in this wide world, at length which hath not end:
but thy commandements and thy word, beyond all end extend.

MEM The 13. part.

WHat great desire and feruent loue, doe I beare to thy law:
all the day long my whole deuise, is onely in thy law.
98 Thy word hath taught me farre to passe, my foes in policy,
for still I keepe it as a thing, of most excellency.

99 My teachers which did me instruct, in knowledge I excell;
because I do thy couenants keepe, and them to others tell.
100 In wisedome I do passe also, the ancient men indeed:
and all because to keepe thy lawes, I helde it aye best reede.

101 My feete I haue refrained eke, from euery euill way:
because that I continually, thy word might keepe I say.
102 I haue not swarnde from thy iudgements, nor yet shronke any del
for why? thou hast me taught thereby, to liue godly and well.

103 O Lord how sweete vnto my taste, finde I thy words alway:
doubtles no honey in my mouth, feele ought so sweete I may.
104 Thy lawes haue me such wisedome learnde, that vtterly I hate:
all wicked and vngodly wayes, in euery kinde or rate.

NVN The 14. part.

EVen as a lanthorne to my feet, so doth thy word shine bright:
and to my pathes where euer I goe, it is a flaming light.
106 I haue both sworne and will performe, most certainely doubtles:
that I will keepe thy iudgements iust, and them in life expresse.

107 Affliction hath me sore oppressed, and brought me to deaths doore:
O Lord as thou hast promised, so me to life restore.
108 The offerings which with hart & voyce, most frankly I thee giue:
accept and teach me how I may, after thy iudgements liue.

109 My soule is alwayes in my hand, that dangers it all assaile:
yet doe I not thy law forget, nor it to keepe will faile.
110 Although the wicked laid their nets, to catch me at a bray:
yet did I not from thy precepts, once swerue or goe astray.

111 Thy law I haue so claimde alway, as mine owne heritage:
and why? for therein I delight, and set my whole courage.
112 For euermore I haue bene bent, thy statutes to fulfill:
euen so likewise vnto the end, I will continue still.

SAMECH The 15. part.

THe craftie thoughts, and double hearts, I do alwayes detest,
but as for thy law and precepts, I loued them euer best.
114 Thou art my hid and secret place, my shield of strong defence:
therefore haue I thy promises, looke for with patience.

115 Go to therefore ye wicked men, depart from me anone:
for the commaundements will I keepe, of God my Lord alone.
116 As thou hast promised, so performe, that death me not assaile:
nor let my hope abuse me so, that through distrust I quaile.

117 Uphold me and I shall be safe, for ought that they do say:
and in thy statutes pleasure take, will I both night and day.
118 Thou hast trod such vnder thy feet, as do thy statutes breake:
for nought auailes their subtlety, their counsell is but weake.

119 Like drosse thou casts the wicked out, where euer they go or dwell
therefore can I as thy statutes, loue nothing halfe so well.
120 My flesh alas is taken with feare, as though it were benumde:
for when I see thy iudgements straight, I am as one astonde.

AIN The 16. part.

I Do the thing that lawfull is, and giue to all men right.
resigne me not to them that would, oppresse me with their might
122 But for thy seruant surety be, in that thing that is good.
that proud men giue me not the foile, which rage as they were wood.

123 Mine eyes with waiting are now blind, thy health so much I craue:
and eke thy righteous promise Lord, whereby thou wilt me saue.
124 Intreat thy seruant louingly, and fauour to him show.
thy statutes of most excellency, teach me also to know.

125 Thy humble seruant Lord I am, grant me to vnderstand,
how by thy statutes I may know, best what to take in hand.
126 It is now time Lord to begin, for truth is quite decaide:
thy law likewise they haue transgrest, and none against them said.

127 This is the cause wherefore I loue, thy lawes better then gold:
or iewels fine which are esteemde, most costly to be sold.
128 I thought thy precepts all most iust, and so them laid in store:
all craftie and mallitious wayes, I do abhorre therefore.

PE The 17. part.

THy couenants are most wonderfull, and full of thinges profounde:
my soule therfore doth keep them sure, when they are tride & sounde
130 When men first enter into thy word, they find a light most cleare:
and very idiots vnderstand, when they it reade or heare.

131 For ioy I haue both gapt & breathd, to know thy commandement,
that I may guide my life thereby, I sought what thing it ment.
132 With mercy and compassion Lord, behold me from aboue:
as thou art wont to behold such, as thy name loue and feare.

133 Direct

133 Direct my footesteps by thy word, that I thy will may know:
and neuer let iniquity, thy seruant ouerthrow.
134 From slaunderous tongues and deadly harmes, preserue and keepe me sure,
thy precepts then will I obserue, and put them ehe in vre.

135 Thy countenance which doth surmount, the sunne in his bright hew:
let shine on me, and by thy law, teach me what to eschew.
136 Out of mine eyes great flouds gush out, of dreary teares and fell:
when I behold how wicked men, thy lawes keepe neuer a dell.

ZADE The xviii. part.

IN euery point Lord thou art iust, the wicked though they grudge:
& when thou dost sentence pronounce, thou art a righteous iudge.
138 To render right and flee from guile, are two chiefe pointes most hie:
and such as thou hast in thy law, commaunded vs straightly.

139 With zeale and wrath I am consumde, and euen pinde away:
to see my foes thy word forget, for ought that I do may.
140 So sure and perfect is thy word, as any hart can deeme:
and I thy seruant nothing more, do loue or yet esteeme.

141 And though I be nothing set by, as one of base degree:
yet doe I not thy hestes forget, nor shrinke away from thee:
142 Thy righte oulnes Lord is most iust, for euer to endure:
also thy law is truth it selfe, most constant and most pure.

143 Trouble & griefe haue sealde on me, & brought me wondrous low:
yet doe I still of thy precepts, delight to heare and know.
144 The righteoulnes of thy iudgements, doth last for euermore:
then teach thou me, for euen in them, my life lyeth vp in store.

KOPH The 19 part.

VVIth feruent heart I cride and calde, now answere me O Lord
that thy commaundements to obserue, I may fully accord
146 To thee my God I make my sute, with most humble request:
saue me therefore and I will keepe, thy precepts and thy hest.

147 To thee I crie euen in the morne, before the day ware light:
because that I haue in thy word, my confidence whole plight,
148 Mine eyes preuent the watch by night, & ere they call I wake:
that by deuising of thy word, I might some comfort take.

149 Incline thine eares to heare my voyce, and pitty on me take:
as thou was wont to iudge me Lord, least life should me forsake.
150 My foes draw neare and do procure, my death maliciously:
which from thy law haue farre gone backe, and straid from it lewdly

151 Therefore O Lord approch thou neare, for neede doth so require:
and all thy precepts true they are, then helpe I thee desire.
152 By thy commaundements I haue learnde, not now, but long ago
that they remaine for euermore, thou hast them grounded so.

RESH. The 20 part.

MY trouble and affliction, conſider and behold:
deliuer me, for of thy law, I euer take faſt hold.
154 Defend my good and righteous cauſe, with ſpeede me ſuccour ſend:
from death as thou haſt promiſed, Lord keepe me and defend.

155 As for the wicked farre they are, from hauing health and grace:
whereby they might thy ſtatutes know, they enter not the trace.
156 Great are thy mercies Lord I grant, what tongue can them attaine:
and as thou haſt me iudgde ere now, ſo let me life obtaine.

157 Though many men did trouble me, and perſecute me ſore:
yet from thy lawes I neuer ſhronke, nor went awry therefore.
158 And truth it is for griefe I die, when I theſe traytors ſee:
becauſe they keepe no whit thy word, nor yet ſeeke to know thee.

159 Behold for I do loue thy lawes, with heart moſt glad and faine:
as thou art good and gracious Lord, reſtore my life againe.
160 What thy word doth decree muſt be, and ſo it hath beene euer:
thy righteous iudgements are alſo, moſt true, and decay neuer.

SCHIN. The 21. part.

PRinces haue ſought by cruelty, cauſeles to make me crouch:
but all in vaine, for of thy word, the feare did my heart touch.
162 And certainely euen of thy word, I was more merry and glad,
then he which of rich ſpoiles and pray, great ſtore and pleuty had.

163 As for all lies and falſitie, I hate moſt and deteſt:
for why? thy holy lawes doe I, aboue all thinges loue beſt.
164 Seuen times a day I prayſe the Lord, ſinging with heart and voyce:
thy righteous acts and wonderfull, ſo cauſe me to reioyce.

165 Great reſt and peace ſhall all ſuch haue, which do thy ſtatutes loue:
no danger ſhall their quiet ſtate, empaire or once remoue:
166 Mine onely health and comfort Lord, I looke for at thy hand:
and therefore haue I done thoſe thinges, that thou didſt me commaund.

167 Thy lawes haue beene mine exerciſe, which my ſoule moſt deſired:
ſo much to them my loue was bent, that nought elſe I required.
168 Thy ſtatutes and commaundements, I keepe thou knoweſt aright:
for all the thinges that I haue done, are preſent in thy ſight.

TAV The 22. part.

O Lord let my complaint and crie, before thy face appeare:
and as thou haſt me promiſe made, ſo teach me thee to feare.
170 Mine humble ſupplication, toward thee let finde acceſſe:
and grant me Lord deliuerance, for ſo is thy promiſe,

171 Then ſhall my lips thy prayſes ſpeake, after moſt humble ſort.
when thou thy ſtatutes haſt me taught, wherein ſtands all comfort.
172 My tongue ſhall ſing and ſpeake thy word, and on this wiſe ſay ſhall,
Gods famous acts and noble lawes, are iuſt and perfect all.

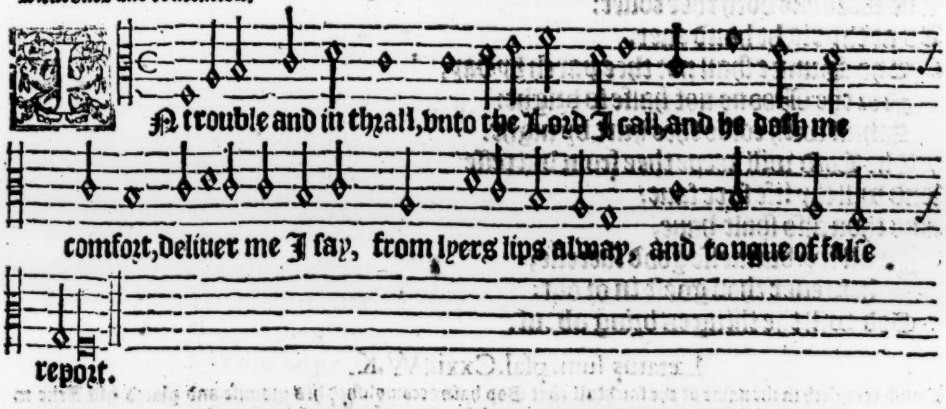
173 Stretch

173 Stretch out thy hand, I thee beseech, and speedily me saue:
for thy commaundements to obserue, chosen O Lord I haue.
174 Of thee alone Lord I craue health, for other I know none:
and in thy law and nothing else, I do delight alone.

175 Grant me therefore long dayes to liue, thy name to magnifie:
and of thy iudgements mercifull, let me thy fauour trie.
176 For I was lost and went astray, much like a wandring sheepe:
oh seeke me, for I haue not failde, thy commaundements to keepe.

Ad Dominum cum tribularer. psal. Cxx. T. S.

The prayer of Dauid, now banished among the barbarous people of Arabia by the false reportes of enuious flatterers. And therefore her lamenteth his long abode among the infidels, who were giuen to all kinde of wickednes and contention.



4 What vantage or what thing,
Getst thou thus for to sting:
Thou false and flattering lyer.
5 Thy tongue doth hurt I weene,
No lesse then arrowes keene:
of hote consuming fire.

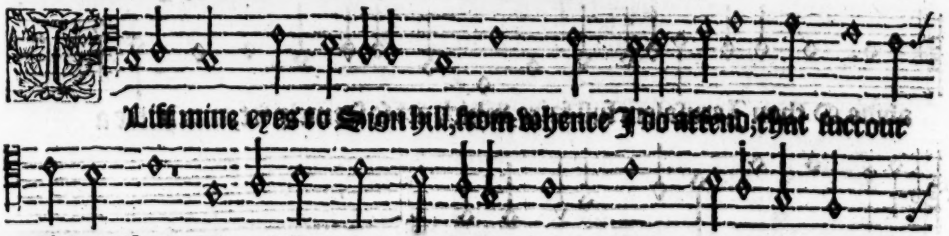
6 Alas too long I lacke,
within these tents so blacke,
which Kedars are by name.

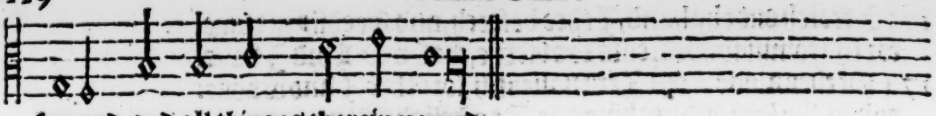
By whome the flocke elect,
and all of Iaackes sect,
Are put to open shame.

7 With them that peace did hate,
I came a peace to make:
And set a quiet like.
8 But when my tale was tolde,
Causles I was controlde:
By them that would haue strife.

Leuaui oculos. psal. Cxxi. W. W.

The Prophet sheweth by his owne example, that the faithfull ought to looke for all their succour of God alone who will gouerne and giue good successe to all their godly enterprises.





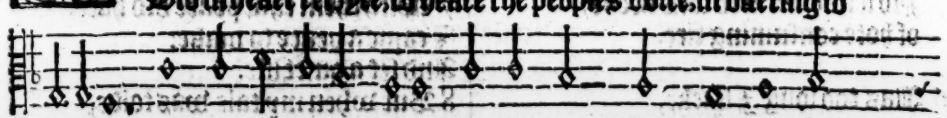
framed, and all thinges therein named.

3 Thy foote from ſlip he will preſerue,
and will thee ſafely keepe:
For he will neuer ſleepe.
4 Loe he that doth Iſrael conſerue,
No ſleepe at all can him catch,
But his eyes ſhall euer watch.
5 The Lord is thy warrant alway,
The Lord eke doth thee couer:
As at thy right hand euer.
6 The Sunne ſhall not thee parch by day,
Nor the Moone not halfe ſo bright:
Shall with tolde thee hurt by night.
7 The Lord will keepe thee from diſtreſſe:
And will thy life ſure ſaue:
And thou alſo ſhalt haue,
8 In all thy buſineſſe good ſucceſſe,
Where euer thou goeſt in or out:
God will the thinges bring about.

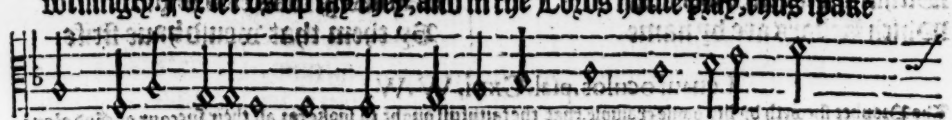
Lætatus ſum. pſal. Cxxii. W. K.

Dauid reioyſeth in the name of the faithfull, that God hath accomplished his promiſe, and placed his Arke in Sion, for the which he giueth thankes, and prayeth for the proſperity of the Church.

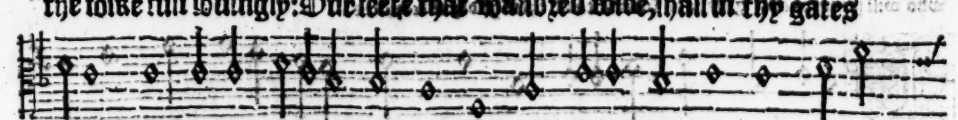
Did in heart reioyce, to heare the peoples voice, in offering ſo



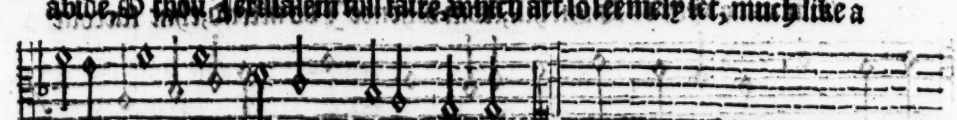
willingly. For let vs vp ſay they, and in the Lords houſe play, thus ſpake



the folke full louingly: Our feete that wandred wide, ſhall in thy gates



abide, O thou Ieruſalem full faire, which art ſo ſeemely ſet, much like a



Citey neate, thy like wherefore is not elſe where.

4 The

4 The tribes with one acord,
The tribes of God the Lord:
Are thether bent their way to take.
So God before did tell,
That there his Iſrael,
their prayers ſhould together make.
5 For there are thrones erect,
And that for this reſpect:
To ſet foorth iuſtice orderly:
Which thrones right to maintaine,
To Dauids houſe pertaine:
His folke to iudge accordingly.

6 To pray let vs not ceaſe,
For Ieruſalems peace:
Thy friendes God proſper mightily.
7 Peace be thy wals about,
And proſper thee throughout:
Thy places eke continually,
8 I wiſh thy proſperous ſtate,
For my poore brethrens ſake,
That comfort haue by meanes of thee,
9 Gods houſe doth me allure,
Thy wealth for to procure,
So much alwayes as lieth in me.

Ad te leuaui oculos. pſal. Cxxiii. T. S.

A Prayer of the faithfull which are afflicted by the wicked worldlinges, and contemners of God.

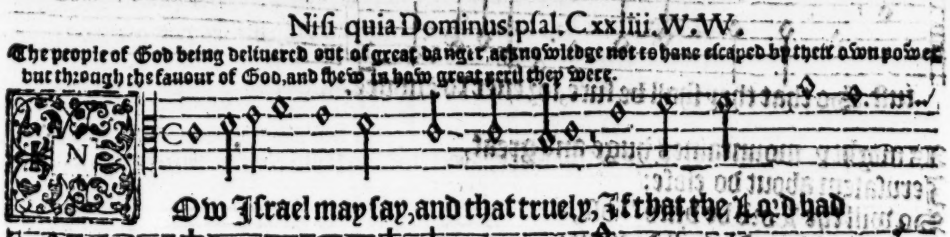
Sing this as the 119. Pſalme.

O Lord that heauen doſt poſſeſſe, I lift mine eyes to thee:
euen as the ſeruant lifteth his, his maiſters hands to ſee.
2 As handmaids watch their miſtreſſe hands, ſome grace for to atchieue
ſo we behold the Lord our God, till he do vs forgiue.

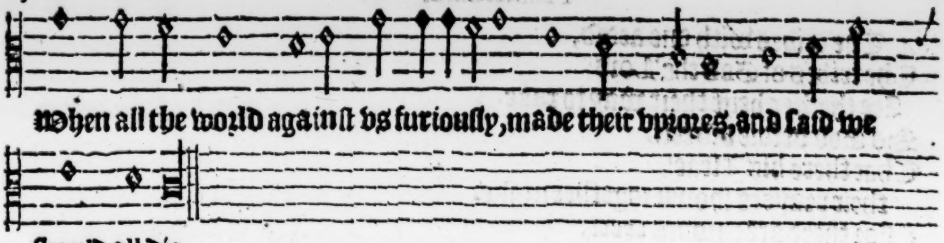
3 Lord grant vs thy compaſſion, and mercy in thy ſight:
for we are filled and ouercome, with hatred and deſpight,
4 Our minds be ſtuffed with great rebuke, the rich and worldly wiſe:
doe make of vs their mocking ſtocke, the proud do vs deſpiſe.

Niſi quia Dominus. pſal. Cxxiiii. W. W.

The people of God being deliuered out of great danger, acknowledge not to haue eſcaped by their own power but through the fauour of God, and ſhew in how great perill they were.



NOw Iſrael may ſay, and that truely, If that the Lord had
not our cauſe maintainde, If that the Lord had not our right ſuſtainde:
when



When all the world againſt vs furiouſly, made their vprores, and ſaid we

ſhould all die.

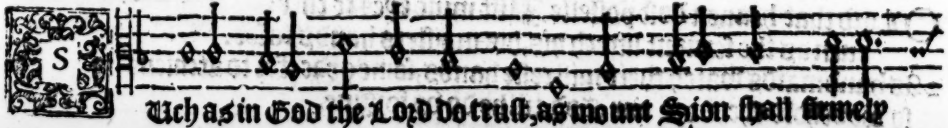
3 Now long ago, they had deuoured vs all:
And ſwallowed quicke, for ought that wee could deeme:
Such was their rage, as we might well eſteeme.
4 And as the flouds with mighty force do fall:
So had they now, our liues euen brought to thrall.

5 The raging ſtreames, moſt proud in roaring noyſe,
Had long ago, ouerwhelmed vs in the deepe:
6 But loued be God, which doth vs ſafely keepe.
From bloudy teeth, and their moſt cruell boyce:
Which as a pray, to eate vs would reioyce.

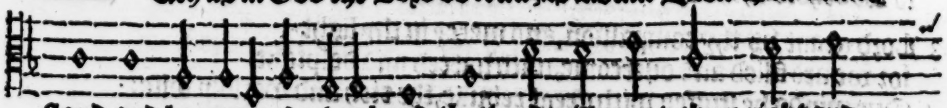
7 Euen as a bird out of the foulers grin:
Eſcapeth away, right ſo it fareth with vs,
Broke are their nets, and we haue eſcaped thus.
8 God that made heauen and earth, is our helpe then:
His name hath ſaued vs, from theſe wicked men.

Qui confidunt. pſal. Cxxv. W. K.

He deſcribeth the aſſurance of the faithfull in their afflictions, and deſireth their wealth, and the deſtruction of the wicked.



Vch as in God the Lord do truſt, as mount Sion ſhall ſtirely



ſtand, and be remoued at no hand, the Lord will count them right and

iuſt. So that they ſhall be ſure, for euer to endure.

As mighty mountaines huge and great,
Jeruſalem about do cloſe:
So will the Lord be vnto thoſe,
Which on his godly will do waite.
Such are to him ſo deare,
They neuer need to feare.

3 For though the righteous trie doth he,
By making wicked men his rod:
Leaſt they for griefe forſake their God,
It ſhall not as their lot ſtill be:
4 Giue Lord to thoſe thy light,
whoſe hearts are true and right.

5 But as for ſuch as turne aſide,
By crooked waies which they out ſought:
The Lord will ſurelie bring to nought.
With workes moſt vile they ſhall abide:
But peace with Iſrael,
For euermore ſhall dwell.

An other of the ſame.

Sing this as the ten Commaundements.

THoſe that do put their confidence vpon the Lord our God onely:
and flie to him for his defence, in all their neede and miſerie.
Their faith is ſure, firme to endure, grounded on Chriſt the corner ſtone:
moued with none ill, but ſtandeth ſtill, ſtedfaſt like to the mount Sion.

And as about Ieruſalem, the mighty hils do it compas,
ſo that no enemie cometh to them, to hurt that to one in any caſe.
So God indeed in euery neede, his faithfull people doth defend:
ſtanding them by aſſuredly, from this time forth world without end.

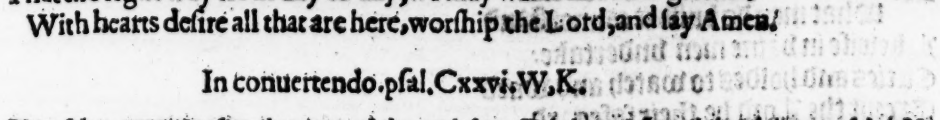
Right wiſe and good is our Lord God, and will not ſuffer certainely:
the ſinners and vngodlies rod, to tarrie vpon his family.
Leaſt they alſo from God ſhould goe, falling to ſinne and wickednes,
O Lord defend world without end, thy chriſtian flok be through thy goodnes.

O Lord do good to Chriſtians all, that ſtedfaſt in thy word abide:
Such as willingly from God fall, and to falſe doctrine dayly ſlide.
Such will the Lord ſcatter abroad, with hypocrites thy one do won to hell.
God will them ſend paines without end, but Lord grant peace to Iſrael.

Glorie to God the father of might, and to the Sonne our Sauiour,
And to the holy Ghoſt whoſe light, ſhine in our hearts and vs ſuccor.
That the right way from day to day, we may walke and him glorifie,
With hearts deſire all that are here, worſhip the Lord, and ſay Amen.

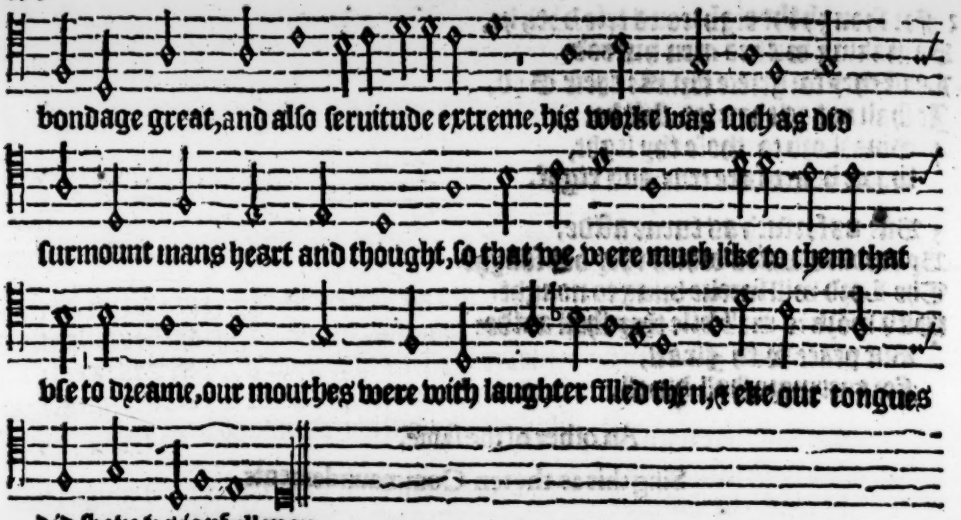
In conuertendo. pſal. Cxxvi. W. K.

This pſalme was made after the returne of the people from Babylon, and ſheweth that the meane of their deliuerance was wonderfull after the ſeuentie yeares of captiuitie, foreſpoken by Ierem. 25. 12. and 29. 10.



When that the Lord againe his Sion had fourth brought from

bondage



bondage great, and also seruitude extreme, his worke was such as did
surmount mans heart and thought, so that we were much like to them that
vse to dreame, our mouthes were with laughter filled then, & eke our tongues
did shew vs ioyfull men.

2 The heathen folke, were forced then this to confesse:
How that the Lord, for them also great thinges had done.
3 But much more we, and therefore can confesse no lesse.
Wherefore to ioy, we haue good cause as we begun.
4 O Lord goe forth, thou canst our bondage end:
As to deserts, the flowing riuers lend.

5 Full true it is, that they which sow in teares indeede:
A time will come, when they shall reape in mirth and ioy.
6 They went and wept, in bearing of their precious seede:
For that their foes, full oftentimes did them annoy.
But their returne, with ioy, they shall sure see:
Their sheaues home bring, and not empaired be.

Nisi Dominus. psal. Cxxvii.

It is not mans wit, power, & labour, but the free goodnes of God, that giueth riches, preserueth townes, and countries, graunteth nourishment and children.

Sing this as the Lords prayer.

Except the Lord the houle do make,
And thereunto do set his hand:
What men do build it cannot stand
Likewise in vaine men vndertake:
Cities and holdes to watch and ward
Except the Lord be their safegard.

2 Though ye rise earely in the morne,
And so at night go late to bed:
Feeding full hardly with bro wn bread,
Yet were your labour lost and worne.
But they whom God doth loues keepe
Receiue al things with quiet sleepe.

3 There-

3 Therefore marke well when euer yee ſee:
That men haue heires to enioy their land:
It is the gift of Gods owne hand.
For God himſelfe doth multiplie,
Of his great liberalitie,
The bleſſing of poſterity.

4 And when the children come to age,
They grow in ſtrength and actiuenesſe,
In perſon and in comelineſſe,
So that a ſhaft ſhot with courage,
Of one that hath a moſt ſtrong arme,
Flieth not ſo ſwift, nor doth like harme.

5 Oh well is him that hath his quiuer,
Furniſhed with ſuch artillery.
For when in perill he ſhall be:
Such one ſhall neuer ſhake nor ſhiuer:
When that he pleadeth before the iudge,
againſt his foes that beare him grudge.

Beati omnes qui timent. pſal. Cxxviii. T. S.

He deſcribeth the proſperous eſtate of them that be married in the feare of God, ioyning withall the promiſes of Gods bleſſings to all them that liue in the honourable eſtate, according to his commaundement.

Sing this as the 137. pſalme.

BLeſſed art thou that feareſt God, and walkeſt in his way,
2 For of thy labour thou ſhalt eate, happie art thou I ſay.
3 Like fruitfull vines on thy houſe ſide, ſo doth thy wife ſpring out
thy children ſtand like Oliue plants, thy table round about.

4 Thus art thou bleſt that feareſt God, and he ſhall let thee ſee:
5 The promiſed Ieruſalem, and his felicity.
6 Thou ſhalt thy childrens children ſee, to thy great ioyes encreaſe:
and like wiſe grace on Iſrael, proſperity and peace.

Sæpe expugnauerunt. pſal. Cxxxix. N.

He admoniſheth the Church to reioyce, though it hath ben afflicted in all ages, for God will deliuer it, and the enemies for all their glorious ſhew ſhall ſuddenly be deſtroyed.

Sing this as the 137 Pſalme.

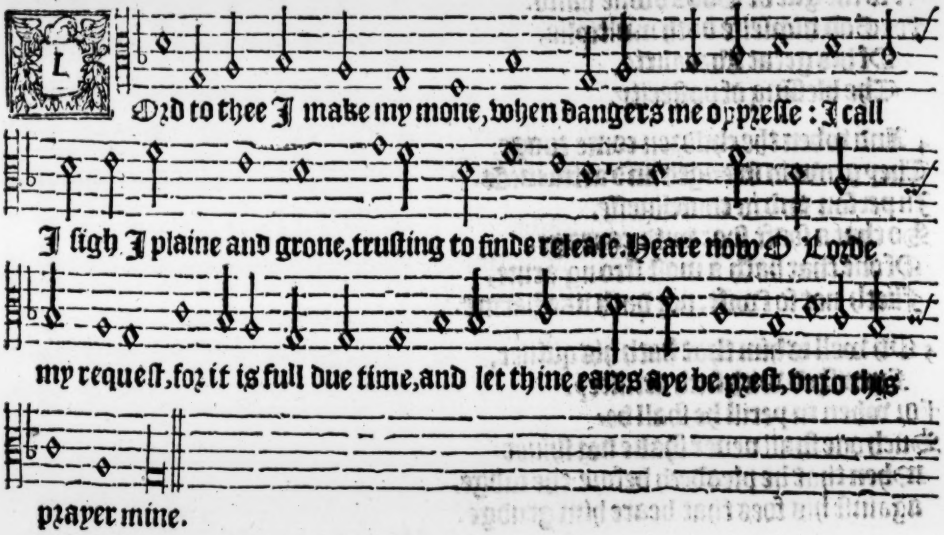
OFt they now Iſrael may ſay, me from my youth aſſailed:
oft they aſſailde me from my youth, yet neuer they preuailed.
3 Vpon my backe the plowers plowde, and furrowes long did caſt:
4 The righteous Lord hath cut the cordes, of wicked foes at laſt.

5 They that hate him ſhal be aſhamde, and turned backe alſo.
6 And made as graſſe vpon the houſe, which withereth ere it grow.
7 Whereof the mower cannot finde, enough to fill his hand,
nor he can fill his lap that goeth, to gleane vpon the land.

8 Nor paſſers by pray God on them, to let his bleſſing fall.
nor ſay we bleſſe you in the name, of God the Lord at all:

De profundis clamaui. pſal. Cxxx. W. W.

An effectuous prayer of him that for his ſinnes had ſuſtained great afflictions, and notwithſtanding hee ſtill truſteth and aſſureth himſelfe to obtaine mercy and forgiuenes of his ſinnes, and at length deliuerance from all euils.



3 O Lord our God if thou way, our ſinnes and them peruſe:
who can then eſcape or ſay, I can my ſelfe excuſe.
4 But Lord thou art mercifull, and turnſt to vs thy grace:
that we with hearts moſt chearefull, ſhould feare before thy face.
5 In God I put my whole truſt, my ſoule waiteth on his will:
for his promiſe is moſt iuſt, and I hope therein ſtill.
6 My ſoule to God hath regard, wiſhing for him alway:
more then they that watch, to ſee the dawning day.
7 Let Iſrael then boldly, in the Lord put his truſt:
he is that God of mercy, that his deliuer muſt.
8 For it is he that muſt ſaue, Iſrael from his ſinne:
and all ſuch as ſurely haue, their confidence in him.

Domine non eſt. pſal. Cxxxi. M.

Dauid charged with ambition, and greedie deſire to raigne, proteſteth his humilitie, and modeſty before God, & teacheth all men what they ſhould do.

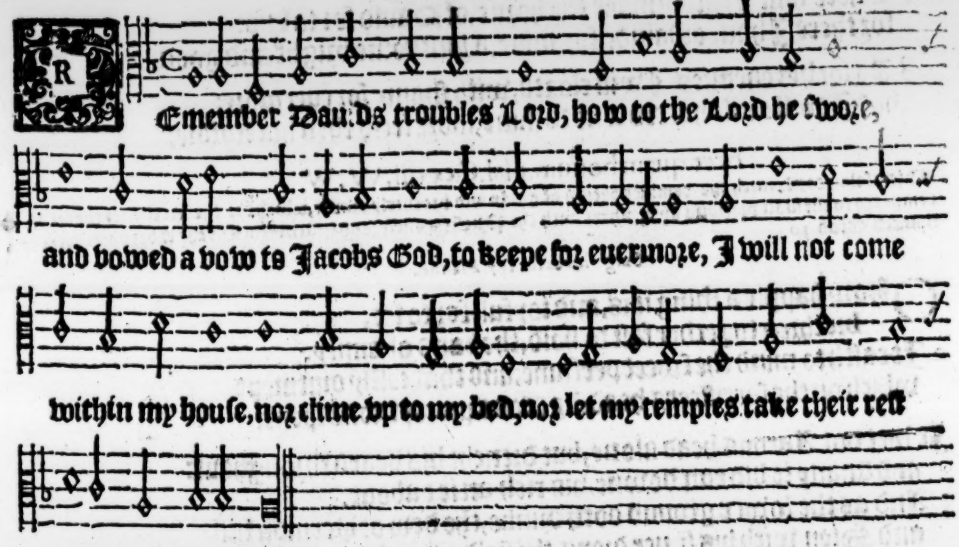
Sing this as the Lamentation.

O Lord I am not puft in mind, I haue no ſcornefull eye:
2 I do not exerciſe my ſelfe, in thinges that be too hie:
3 But as the childe that weaned is, euen from his mothers breaſt,
ſo haue I Lord behaude my ſelfe, in ſilence and in reſt.
4 O Iſrael truſt in the Lord, let him be all thy ſtay:
from this time forth for euermore, from age to age I ſay.

Memento Domine. pſal. Cxxxii. M.

The faithfull grounding on Gods promiſe made vnto Dauid, deſireth that he would eſtabliſh the ſame, both as touching poſterity, and the building of the temple, to pray there as was foreſpoken.

Remember



REmember Dauids troubles Lord, how to the Lord he swore,
and bowed a vow to Jacobs God, to keepe for euermore, I will not come
within my house, nor clime vp to my bed, nor let my temples take their rest
or the eyes in my head.

5 Till I haue found out for the Lord, a place to sit thereon:
an house for Jacobs God to be, an habitation.
6 We heard of it at Ephrata, there did we heare this sound:
and in the fieldes and forrests there, these voyces first were found.

7 We will assay and goe in now, his tabernacle there:
before his footestoole to fall downe, vpon our knees in feare,
8 Arise O Lord, arise I say, into thy resting place:
both thou and the arke of thy strength, the presence of thy grace.

9 Let all the priestes be clothed Lord, with truth and righteousnes,
Let all thy Saintes and holy men, sing all with ioyfulnes.
10 As for thy seruant Dauids sake, refuse not Lord I say:
The seat of thine annointed Lord, or turne thy face away,

The second part.

11 The Lord to Dauid swore in truth, and will not shrinke from it,
saying, the fruit of thy body, vpon thy seate shall sit.
12 And if thy sonnes my couenant keepe, that I shall learne eachone,
then shall their sonnes for euer sit, vpon his princely throne.

13 The Lord himselfe hath chose Sion, and loues therein to dwell:
14 Saying, this is my resting place, I loue and like it well.
15 And I will blesse with great encrease, her victuals euery where:
and I will satisfie with bread, the needy that be there.

16 Yea I will decke and cloath her priestes, with my saluation:
and all her Saintes shall sing for ioy, of my protection.

17 There will I ſurely make the horne, of Dauid for to bud:
for there I haue ordainde for mine, a lanthorne bright and good.

18 As for his enemies I will cloath, with ſhame for euermore:
but I will cauſe his crowne to ſhine, more freſh then heretofore.

Ecce quam bonum. pſal. Cxxxiii. W. W

This pſalme containeth the commendation of godly and brotherly amitie, which for the excellency thereof, is compared to the moſt pretious oyle, wherewith the Prieſtes anoynted, and inſtruments of the tabernacle were anointed. Exod 30

Sing this as the 137 Pſalme.

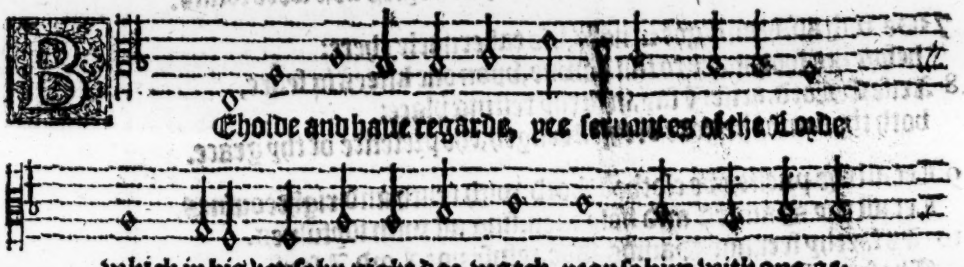
O How happie a thing it is, and ioyfull for to ſee;
brethren together faſt to hold, the band of amity:
2 It eaſily to mind the ſweet perfume, and that coſtly ointment:
which on the ſacrificers head, by Gods precept was ſpent:

It wet not Aarons head alone, but drencht his beard throughout:
and finally it did run downe, his rich attire about.
3 And as the lower ground doth drinke, the dew of Hermon hill:
and Sion with his ſiluer drops, the fieldes with fruit doth fill.

4 Euen ſo the Lord doth poure on them, his bleſſings manifold:
whoſe hearts and minds without all guile, this knot do keepe and holde.

Ecce nunc pſal. Cxxxiiii. W. K.

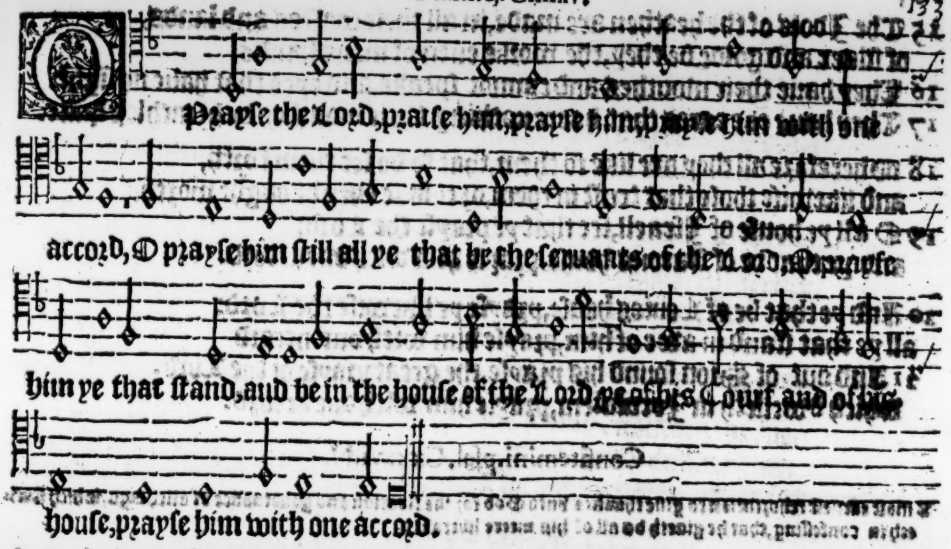
He exhorteth the Leuites that watch in the temple, to prayſe the Lord.



2 Lift vp your hands on hie, vnto his holy place;
and giue the Lord his prayſes due, his benefites embrace.
3 For why? the Lord who did, both earth and heauen frame:
doth Sion bleſſe, and will conſerue, for euermore the ſame.

Laudate nomen. pſal. Cxxxv. M.

He exhorteth all the faithfull of what eſtate ſoeuer they be to prayſe God for his marueilous workes, and ſpecially for his graces towardes his people, wherein he hath declared his mercy, to the confuſion of all Idolaters and their idols.



O Prayse the Lord, prayse him, prayse him, prayse him with one accord, O prayse him still all ye that be the seruants of the Lord. O prayse him ye that stand, and be in the house of the Lord, yea of his Court, and of the house, prayse him with one accord.

3 Prayse ye the Lord for he is good, sing prayses to his name:
it is a comely and good thing, alwayes to doe the same.
4 For why? the Lord hath chose Jacob, his very owne peculer:
so hath he chosen Israel, his treasure for to be.

5 For this I know and am right sure, the Lord is farre great:
he is indeed aboue all Gods, most easie to entreat.
6 For whatsoeuer pleased him, all that still wel he wrought:
in heauen, in earth, and in the sea, which he hath framde of nought.

7 He lifts vp clouds, euen from the earth, he makes lightninges and
he bringeth forth the windes also, he made nothing in vaine.
8 He smote the first borne of each thing, in Egypt that tooke rest:
he spared there no liuing thing, the man nor yet the beast.

9 He hath in thee shewde wonders great, O Egypt voide of vauntes:
on Pharao thy cursed King, and his seuere seruants.
10 He smote then many nations, and did great acts and thinges:
he slew the great and mightiest, and chiefest of their kinges.

11 Sehon king of the Amorites, and Og king of Basan:
he slew also the kingdomes all, then heere of Canaan.
12 And gaue their land to Israel, an heritage we see,
and Israel his owne people, an heritage to be.

The second part.

13 Thy name O Lord shall still endure, and thy memoriall,
throughout all generations, that are or euer shall.
14 The Lord shall surely now auenge, his people and indeede:
and to his seruants he will shew, fauour in time of need.

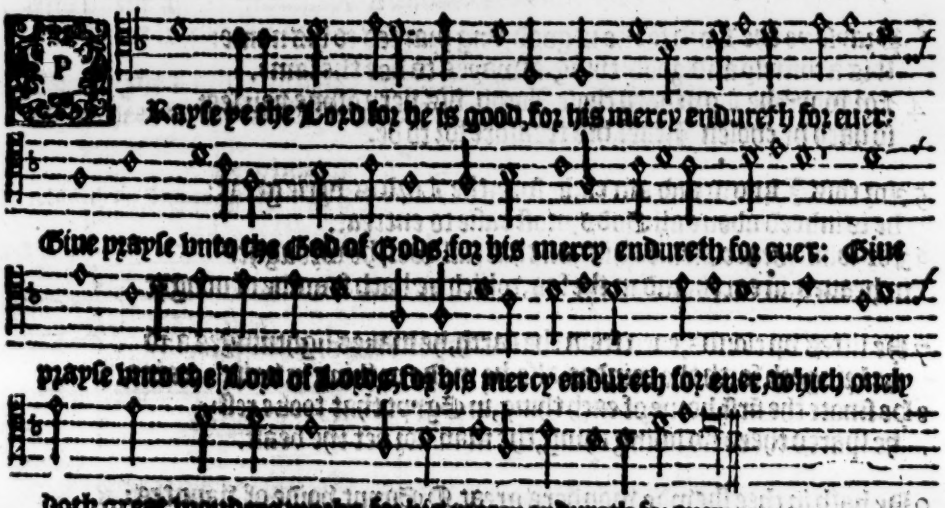
15 The Idols of the heathen are made, in all their coaſtes and landes,
of ſiluer and golde be they, the worke euen of mens handes.
16 They haue their mouthes and cannot ſpeake, and eyes that haue no ſight.
17 They haue eke eares that heare nothing, their mouthes be breathles quite.

18 Wherefore all they are like to them, that ſo do ſet them forth,
and likewiſe thoſe that truſt in them, or thinke they be ought worth.
19 O all ye houſe of Iſraell, ſee that ye prayſe the Lord:
and ye that be of Aarons houſe, prayſe him with one accord.

20 And ye that be of Leuies houſe, prayſe ye likewiſe the Lord:
all ye that ſtand in awe of him, prayſe him with one accord.
21 And out of Sion ſound his prayſe, the great prayſe of the Lord:
which dwelleth in Ieruſalem, prayſe him with one accord.

Confitemini.pſal.Cxxxvi.N.

A moſt earneſt exhortation to giue thankes vnto God for the creation and gouernance of all things, which ſaueth in confeſſing, that he giueth vs all of his meere liberality.



5 Which by his wiſedome made the the heauen, for his mercy endureth for euer.
6 Which on the waters ſtretcht the earth, for his mercy endureth for euer.
7 Which made great light to ſhine abroad, for his mercy endureth, &c.
8 As Sunne to rule the lightſome day, for his mercy endureth, &c.

9 The Moone and ſtars to guide the night, for his mercy endureth, &c.
10 Which ſmote Egypt with their firſt born, for his mercy endureth for euer.
11 And Iſrael brought out from them, for his mercy endureth for euer.
12 With mighty hand and ſtretched arme, for his mercy endureth for euer.

13 Which cut the red ſea in two parts, for his mercy endureth for euer.
14 And Iſrael made paſſe there through, for his mercy endureth for euer.

15 And

15 And drowned Pharao and his host, for his mercy endureth for euer.
16 Through wildernes his people led, for his mercy endureth for euer.

17 He which did smite great noble kinges, for his mercy endureth, &c.
18 And which hath slaine the mighty kinges, for his mercy endureth, &c.
19 As Sehon king of the Amorites, for his mercy endureth, &c.
20 And Og the King of Basan land, for his mercy endureth for euer.

21 And gaue their land for heritage, for his mercy endureth for euer.
22 Euen to his seruant Israel, for his mercy endureth for euer.
23 Remembred vs in base estate, for his mercy endureth for euer.
24 And from oppressors rescued vs, for his mercy endureth for euer.

25 Which giueth food vnto all flesh, for his mercy endureth for euer.
26 Prayse ye the God of heauen aboue, for his mercy endureth &c.
27 Giue thanks vnto the Lord of Lords, for his mercy endureth for euer.

Another of the same, by T.C.

Sing this as the 148. Psalme.

O Laud the Lord benigne,
Whose mercies last for aye:
Great thankes and prayses sing,
To God of Gods I say.
For certainely,
His mercies dure,
Both firme and sure,
Eternally.

3 The Lord of Lords prayse ye:
Whose mercies aye do dure:
4 Great wonders onely he:
Doth worke by his great power:
For certainely,
His mercies dure:
Both firme and sure,
Eternally.

5 Which God omnipotent,
By his great wisedom hie,
The heauenly firmament,
Did frame as we do see:
For certainely, &c.

6 Yea he the heauy charge,
Of all the earth did stretch,
And on the waters large,
The same he did out retch,
For certainely, &c.

7 Great lightes he made to vs,
For which his loue is aye:
8 Such as the sunne we see,
To rule the lightsome day:
For certainely, &c.

9 And eke the Moone so cleare,
which shineth in our sight:
And stars that do appeare,
To guide the darksome night:
For certainely, &c.

10 With grieuous plagues and (sores.
All Egypt smote he then:
The first borne lesse and more:
He slew of beastes and men.
For certainely, &c.

11 And from amidst their land,
His Israel forth brought:
12 which he with mighty hand,
And stretched arm hath wrought:
For certainely, &c.

13 The sea he cut in two,
which stoode vp like a wall:
14 And made through it to goe,
His chosen children all:
For certainely, &c.

15 But there he whelmed then,
The proud king Pharao.
With his huge hoast of men,
And charets eke also:
For certainely, &c.

16 Who led through wildernes,
His people safe and sound:
And for his loue endles,
17 Great kinges he brought to ground.
For certainely, &c.

18 And slew with puissant hand,
Kings mighty and of fame,
As of Amorites king.
19 Sehon the king by name,
For certainely, &c.

20 And Og the Giant large,
Of Basan king also:
21 Whose land for heritage,
He gaue his people tho:
For certainely, &c.

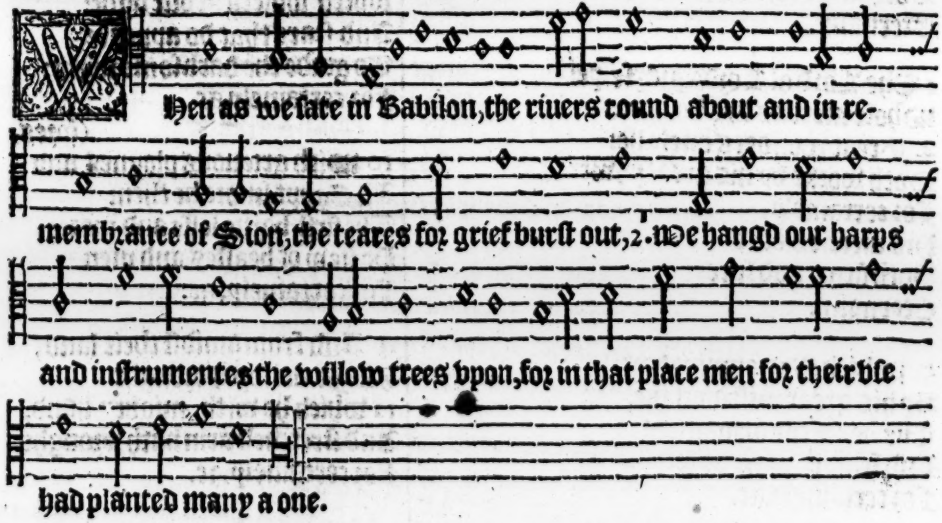
22 Euen vnto Israel,
His seruant deare I say:
He gaue the same to dwell,
And there abide for aye:
For certainely, &c.

23 To mind he did vs call:
In our most base degree:
24 And from oppressors all,
In safety set vs free,
For certainely, &c.

25 All flesh in earth abroad,
With food he doth fulfil.
26 Wherefore of heauen the God,
To laud be it your will,
For certainely, &c.

Super flumen Babylonis. Cxxxvii. W. W.

The people of God in their banishment, seing Gods true Religion decay, liued in great anguish and sorrowe of hart: the which greife the Edomites did so little pittie, that they rather encreased the same dayly with taunts, reproaches, and blasphemies against God, wherefore the Israelites desired God to punish the Edomites: who prouoked the Babylonians against him (and moued by the spirite of God) prophesieth the destruction of Babilon, where they were vsed so tyranously.



3 Then they to whome we prisoners were, saide to vs tauntinglie:
no to let vs heare your Hebrew songs, and pleasant melodie.
4 Alas saide we, who can once frame, his sorow full heart to sing:
the prayses of our louing God, thus vnder a strange king.

5 But

5 But yet if I Ierusalem, out of my hart let slide,
then let my fingers quite forget, the warbling harpe to guide.
6 And let my tongue within my mouth, be tyed for euer fast,
if that I ioy before I see, thy full deliuerance past.

7 Therefore O Lord remember now, the cursed noyle and crie:
that Edoms sons against vs made, when they razde our Citty.
8 Remember Lord their cruell words, when as with one accord:
they cried, on, sacke and raze their wals, in despight of the Lorde.

9 Euen so shalt thou O Babylon, at length to dust be brought:
and happy shall that man be calde, that our reuenge hath wrought.
10 Yea blessed shall that man be calde, that takes thy children yong:
to dash their bones against hard stones, which lie the streetes among

Confitebor tibi. psal. Cxxxviii. N.

Dauid with great courage prayseth the goodnes of God toward him, which is so great that it is knowne to forraine princes, who shall prayse the Lord together with him, and he is assured to haue comfort of God, in the time following, as he hath had before.

Sing this as the 47. Psalme.

THee will I prayse with my whole hart, my Lord, my God alwaies.
Euen in the presence of the Gods, I will aduance thy prayse.
Toward thy holy Temple I, will looke and worship thee,
And praysed in my thankefull mouth, thy holy name shall be.

2 Euen for thy louing kindnes then, and for thy truth withall:
for thou thy name hast by thy word, aduanced ouer all.
3 When I did call thou heardest me, and thou hast made also,
The power of increased strength, within my soule to grow.

4 Yea all the kinges on earth they shall, giue prayse to thee O Lord:
for they of thy most holy mouth, haue heard the mighty word.
5 They of the wayes of God the Lord, in singing shall entreate:
because the glory of the Lord, it is exceeding great.

6 The Lord is hie and yet he doth, behold the lowly spite,
but he contemning knowes a farre, the proud and lofty wight:
7 Although in midst of trouble I, do walke, yet shall I stand,
renewed by thee O my Lord, thou wilt stretch out thy hand.

8 Upon the wrath of all my foes, and saued shall I be,
by thy right hand, the Lord God will, performe his worke to me.
9 Thy mercy Lord endures for aye, Lord do me not forsake,
forsake me not that am the worke, which thine own hand did make.

Domine probasti. psal. Cxxxix. N.

Dauid to clense his hart from all hypocrisie, sheweth that there is nothing so hid, which God seeth not: which he confirmeth by the creation of man. After declaring his zeale and feare of God, he protesteth to be enemie to all that contemne God.

Sing this as the 137. psalme.

O Lord thou hast me tride and knowne, my sitting thou doest know:
and rising eke my thoughtes a farre, thou vnderstandest also.

3 My pathes, yea and my lying downe, thou compassest alwayes:
and by familiar custome art, acquainted with my wayes.

4 No word is in my tongue O Lord, but knowne it is to thee.
5 Thou me behind holdst and before, and layest thy hand on me.
6 Too wonderfull aboue my reach, Lord is thy cunning skill:
it is so high that I the same, cannot attaine vntill.

7 From light of thy all seeing spite, Lord whether shall I goe:
or whether shall I flee away, thy presence to scape fro?
8 To heauen if I mount aloft, loe thou art present there:
in hel if I lie downe below, euen there thou dost appeare.

9 Yea let me take the morning wings, and let me goe and hide:
euen there where are the farthest parts, where flowing sea doth slide.
10 Yea euen thether also shall, thy reaching hand me guide:
and thy right hand shal hold me fast, and make me to abide.

11 Yea if I say the darkenes shall, yet shroude me from thy sight:
loe euen also the darkest night, about me shall be light.
12 Yea darkenes hideth not from thee, but night doth shine as day,
to thee the darkenes and the light, are both alike alway.

13 For thou possessed hast my my reines, and thou hast couered me:
when I within my mothers wombe, enclosed was by thee.
14 Thee will I prayse made fearefully, and wonderously I am:
thy works are maruailous right well, my soule doth know the same

15 My bones they are not hid from thee, although in secret place:
I haue beene made and in the earth, beneath I shaped was.
16 when I was formeles then thine eye, saw me for in thy booke:
were written all, nought was before, that after fashion tooke.

17 The thoughtes ther efore of thee O God, how deare are they to me,
and of them all how passing great, the endles numbers be:
18 If I should count them loe their summe, more then the sand I see:
and whensoeuer I awake, yet am I still with thee.

19 The wicked and the bloudy men, oh that thou wouldest slay:
euen those O God to whome depart, depart from me I say.
20 Euen those of thee O Lord my God, that speake full wickedly,
those that are lifted vp in vaine, being enemies to thee.

21 Hate I not them that hate thee Lord, and that in earnest wise:
contend I not against them all, against thee that arise.
22 I hate them with vnfained hate, euen as my vtter foes:
23 Trie me O God and know my hart, my thoughts proue & disclose.

24 Consider Lord if wickednes, in me there any be.
and in the way O God my guide, for euer leade thou me.

Eripe me. psal. Cxl. N.

David

Dauid complaineth of the crueltie, falshoode and iniuries of his enemies. against which he prayeth vnto the Lord, and assureth himselfe of his helpe and succour. wherefore he prophecieth the iust to praise him, and to assure themselues of his tuition.

Sing this as the Lamentation.

LOrd saue me from the euill man, and from the cruell wight:
2 Deliuer me which euill do, imagine in their spite.
3 Which make on me continuall war. their tongs loe they haue whet,
like serpents vnderneath their lips, is adders poyson set.

4 Keepe me O Lord from wicked hands, preserue me to abide:
free from the cruel man that meanes, to cause my steps to slide.
5 The proud haue laid a snare for me, and they haue spred a net:
with cordes in my path way and gins, for me eke haue they set.

6 Therefore I said vnto the Lord, thou art my God alone:
heare me O Lord, O heare the voyce, wherewith I pray and mone.
7 O Lord my God thou only art, the strength that saueth me:
my head in day of battell hath, beene couered still by thee.

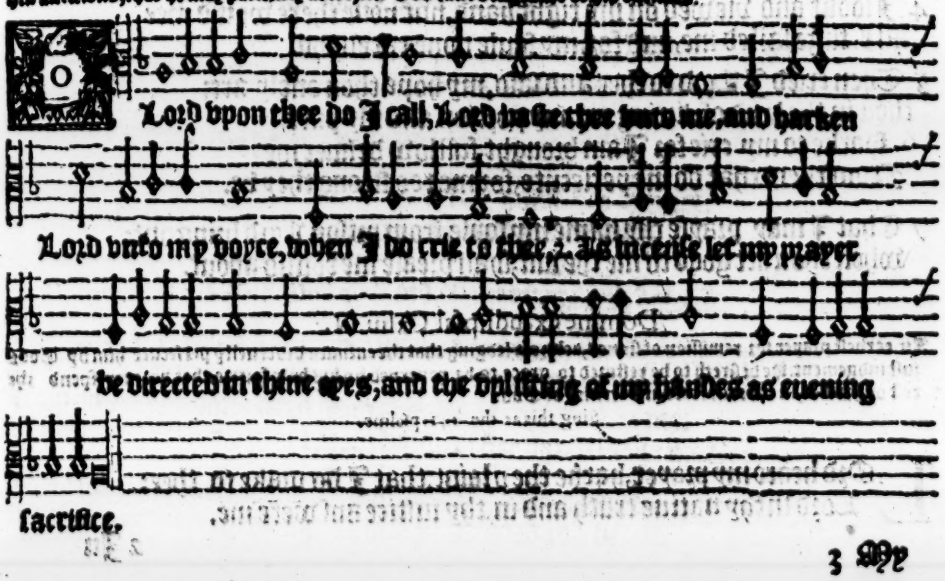
8 Let not O Lord the wicked haue, the end of his desire:
performe not his ill thoughtes least he, with pride be set on fire.
9 Of them that compas me about, the chiefest of them all:
Lord let the mischiefe of their lips, vpon themselues befall.

10 Let coales fall on them, let him cast, them in consuming flame:
and in deepe pits so as they may, not rise out of the same.
11 For no backbiter shall on earth, be set in stable plight,
and euil to destruction still, shall haunt the cruel wight.

12 I know the Lord the afflicted will, reuenge and iudge the poore,
13 The iust shall praise thy name, iust shall, dwell with thee euermore.

Domine probasti. psal. Cxli.

Dauid being grieuously persecuted vnder Saul, earnestly prayeth vnto God to haue his succour, desiring him to bridle his affections, that he may patiently abide, till God take vengeance of his enemies.



3 My Lord for guiding of my mouth, set thou a watch before:
and also of my mouing lips, O Lord keepe thou the dore.
4 That I should wicked workes commit, incline thou not my hart
with ill men of their delicates, Lord let me eate no part.

5 But let the righteous smite me Lord, for that is good for me:
let him reproue me and the same, a precious oyle shall be.
Such smiting shall not breake my head, the time shall shortly fall,
when I shall in their miserie, make prayers for them all.

6 Then when in stony places downe, their iudges shall be cast:
then shall they heare my words for then, they haue a pleasant tast.
7 Our bones about the graues mouth, lie scattered are they found:
as he that heweth wood or he, that diggeth in the ground.

8 But O my Lord my God, mine eyes do looke vp vnto thee:
in thee is all my trust let not, my soule forlaken be:
9 Which they haue laid to catch me in, Lord keep me from the snare:
and from the subtle snares of them, that wicked workers are.

10 The wicked into their owne nets, together let them fall:
while I do by thy helpe escape, the danger of them all.

Voce mea ad Dominum. psal. Cxlii. N.

Dauid neither astonied with feare, nor carried with danger, nor forced by desperation, would kill Saul, but with a quiet mind directed his earnest prayer vnto God, who did preserue him.

Sing this as the 141. Psalme.

BEfore the Lord God with my voyce, I did send out my crie:
and with my strained voyce vnto, the Lord God prayed I.
2 My meditation in his sight, to powre I did not spare,
and in the presence of the Lord, my trouble did declare.

3 Although perplexed was my spirit, my path was knowen to thee:
in way where I did walke a snare, they subtile laid for me. (know.
4 I lookt and viewed on my right hand, but none there would mee
all refuge failed me, and for my soule none cared tho.

5 Then cried I Lord to thee and said, my hope thou onely art:
thou in the land of liuing art, my portion and my part.
6 Harke to my crie for I am brought, full low deliuer me:
From them that do me persecute, for me too strong they be.

7 That I may prayse thy name my soule, from prison Lord bring out:
when thou art good to me the iust, shall preasse me round about.

Domine exaudi. psal. Cxliii. N.

An earnest prayer for remission of sinnes, acknowledging that the enemies did cruelly persecute him by Gods iust iudgement. He desireth to be restored to grace, to be gouerned by his holy spirite, that hee may spend the rest of his life in the true knowledge of God.

Sing this as the 141. psalme.

LOrd heare my prayer, harke the plaint that I do make to thee:
Lord in thy nattue truth and in, thy iustice answere me.

2 In iudgement with thy ſeruant Lord, oh enter not at all:
For iuſtified be in thy ſight, no one that liueth ſhall.

3 The enemie hath purſued my ſoule, my life to ground hath throwne
and laid me in the darke like them, that dead are long agone.
4 Within me in perplexitie, was mine accombred ſpirite:
and in me was my troubled heart, amaſed and affright.

5 Yet I record time paſt in all, thy workes I meditate,
yea in thy workes I meditate, which thy hands haue create.
6 To thee my Lord my God, loe I, do ſtretch my craning hands,
my ſoule deſireth after thee, as doe the thirſty lands.

7 Heare me with ſpeede, my ſpirit doth faile, hide not thy face me fro:
Elſe ſhall I be like them in that downe into the pit do go.
8 Let me thy louing kindnes in, the morning heare and know:
for in thee is my truſt, ſhew me, the way that I ſhall goe.

9 For I lift vp my ſoule to thee, O Lord deliuer me:
from all mine enemies for I, haue hidden me with thee.
10 Teach me to doe thy will for thou, thou art my God I ſay:
let thy good ſpirit vnto the land, of mercy me conuay.

11 For thy names ſake with quickning grace, aliue do thou me make:
and out of trouble bring my ſoule, euen for thy iuſtice ſake.
12 And for thy mercy ſlay my foes, O Lord deſtroy them all,
that do oppreſſe my ſoule, for I, thy ſeruant am and ſhall.

Benedictus Dominus. pſal. Cxliiii. N.

Dauid prayſeth the Lord with great affection and humility, for his kingdome reſtored, and for his diſciples obtained, yet calling for helpe and the deſtruction of the wicked, promiſing to acknowledge the ſame with a ſong of prayſes, and declareth wherein the felicity of any people conſiſteth.

Sing this as the 141. pſalme.

BLeſt be the Lord my ſtrength that doth, inſtruct my hands to fight
the Lord that doth my fingers frame, to battell by his might.
2 He is my goodnes, fort and tower, deliuerer and ſhield:
in him I truſt, my people he, ſubdues to me to yeeld.

3 O Lord what thing is man, that him thou holdeſt ſo in price:
Or ſonne of man that vpon him, thou thinkeſt in this wiſe.
4 Man is but like to vanity, ſo paſſe his dayes to end:
5 As fleeting ſhade bow downe O Lord, the heauens and deſcend:

6 The mountains touch & they ſhal ſmoake, caſt forth thy lightning flames:
and ſcatter them thy arrowes ſhoote, conſume them with the ſame.
7 Send down thy hand euen from aboue, O Lord deliuer me:
take me from waters great, from hand of ſtrangers make me free.

8 Whoſe ſubtle mouth of vanity, and fondnes doth entreate:
and their right hand is a right hand, of falſhood and deceit.

9 A new song will I sing O God, and singing will I be,
on viole and on instrument, ten stringed vnto thee.

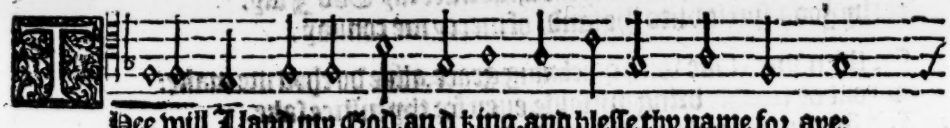
10 Euen he it is that onely giues, deliuerance to kinges:
vnto his seruant Dauid helpe, from hurtfull sword he bringes.
11 From strangers hand me saue & shield, whose mouth talkes vanitie,
and their right hand is a right hand, of guile and subtlety.

12 That our sons may be as the plants, whome growing youth doth reare,
our daughters as carued corner stones, like to a pallace faire.
13 Our garners full and plentie may, with sundrie sorts be found:
our sheepe bring thousands in our streets, ten thousands may abound.

14 Our oxen be to labour strong, that none do vs inuade:
there be no going out no crie, within our streetes be made.
15 Thy people blessed are that with, such blessinges are so storde:
yea blessed all the people are, whose God is God the Lord.

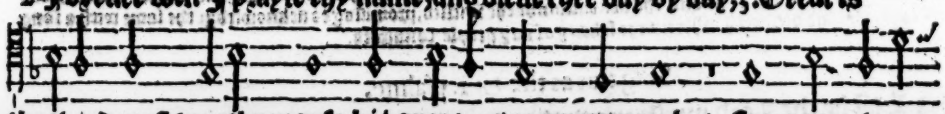
Exaltabo te Deus. Psal. Cxlv. M.

This psalme was made when the kingdome of Dauid flourished, wherein he describeth the wonderfull prouidence of God, as well in gouerning man, as in preseruing the rest of his creatures. Hee prayseth God for his iustice and mercie, but specially for his louing kindnes toward those that call vpon him that feare him, & loue him.

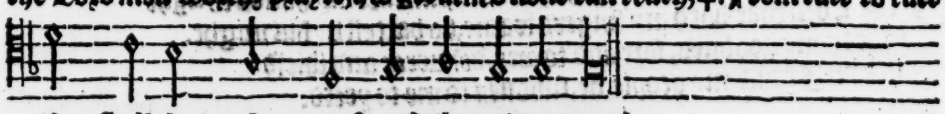


Hee will I laud my God, and king, and blesse thy name for aye:

2 Forever will I prayse thy name, and blesse thee day by day, 3. Great is



the Lord most worthy prayse, his greatnes none can reach, 4. From race to race



they shall thy workes prayse, and thy power preach.

5 I of thy glorious maiestie, the beauty will record,
and meditate vpon thy workes, most wonderfull O Lord.
6 And they shall of thy power and of, thy fearefull acts declare:
and I to publish all abroad, thy greatenes will not spare.

7 And they into the mention shall, breake of thy goodnes great,
and I alond thy righteousnes, in singing shall repeate.
8 The Lord our God is gracious, and mercifull also:
of great aboundant mercy and, to anger he is slow.

9 Yea good to all, and all his workes, his mercy doth exceede:
10 Loe all thy workes do praise thee Lord, and do thy honour spread.
11 Thy Saintes do blesse thee, and they do, thy kingdomes glory show:
12 And blaze thy power to cause the sons of men thy power to know.

13 And of his mighty kingdome eke, to spread the glorious praise:
thy kingdome Lord a kingdom is, that doth endure alwayes.
And thy Dominion through each age, endures without decay:
14 The Lord vpholdeth them that fall, their sliding he doth stay.

15 The eyes of all do waite on thee, thou doest them all relieue:
and thou to each sufficing food, in season due dost giue.
16 Thou openest thy bounteous hand, and bounteously dooest fill:
all thinges whatsoeuer do liue, with giftes of thy good will.

17 The Lord is iust in all his wayes, his workes are holy all:
18 Neere all he is that call on him, in truth that on him call.
19 He the desires which they require, that feare him will fulfill:
and he will heare them when they cry, and saue them all he will.

20 The Lord preserues all those to him, that beare a louing heart:
but he them all that wicked are, will vtterly subuert.
21 My thankefull mouth shall gladly speake, the prayses of the Lord,
all flesh to prayse his holy name, for euer shall accord.

Lauda anima mea. Psal. Cxlvi. I. H.

Dauid shewing his great desire he had to prayse God, teacheth, that none should put their trust in men, but in God alone, who is almightie, and deliuereth the afflicted, nourisheth the poore, setteth prisoners at liberty, comforteth the fatherlesse, and raigneth for euer.

Sing this as the 137. Psalme.

MY soule prayse thou the Lord alwayes, my God I will confesse:
2 while breath and life prolong my dayes, my tongue no time shall cease.
3 Trust not in worldly Princes then, though they abound in wealth:
nor in the sonnes of mortall men, in whome there is no health.

4 For why? their breath doth soone depart, to earth anone they fall:
and then the counsels of their hart, decay and perish all.
5 O happie is that man I say, whome Jacobs God doth aide:
and he whose hope doth not decay, but on the Lord is staide.

6 Which made the earth and waters deepe, the heauens hie withall:
which doth his word and promise keepe, in truth and euer shall.
7 With right alwayes doth he proceede, for such as suffer wrong:
the poore and hungry he doth feede, and loose the fetters strong.

8 The Lord doth send the blinde their sight, the lame to limbs restore:
the Lord I say doth loue the right, and iust man euermore.
9 He doth defend the fatherles, and strangers sad in heart,
and quite the widdow from distresse, and ill mens wayes subuert.

10 Thy Lord and God eternally, O Sion ſtill ſhall raigne:
in time of all poſterity, for euer to remaine.

Laudate Dominum. Pſal. Cxlvii. N.

The Prophet prayſeth the dountie, wiſedome, power, iuſtice and prouidence of God vpon all his creatures, eſpecially vpon his Church, which he gathereth together after their diſperſion, declaring his word and iudgement vnto them, as he hath done to no other people.

Sing this as the 137. pſalme.

PRayſe ye the Lord for it is good, vnto our God to ſing:
for it is pleaſant and to prayſe, it is a comely thing.
2 The Lord his owne Jeruſalem, he buildeth vp alone:
and the diſperſt of Iſrael, doth gather into one.

3 He heales the broken in their heart, their ſores vp doth he binde:
4 He counts the number of the ſtars, and names them in their kinde:
5 Great is the Lord, great is his power, and wiſedome infinite.
6 The Lord releeues the meek & throws, to ground the wicked wight

7 Sing vnto God the Lord with prayſe, vnto the Lord reioyce.
and to our God vpon the harpe, aduance your ſinging voyce.
8 He couers heauen with cloudes and for, the earth prepareth raine:
and on the mountaines he doth make, the graſſe to grow againe.

9 He giues to beaſtes their food, and to, yong rauens when they crie:
10 His pleaſure not in ſtrength of horſe, nor in mans legs doth lie,
11 But in all thoſe that feare the Lord, the Lord hath his delight,
and ſuch as doe attend vpon, his mercies ſhining light.

The ſecond part.

12 O prayſe the Lord Jeruſalem, thy God O Sion prayſe:
13 For he the bars hath forged ſtrong, wherewith thy gates he ſtaies.
14 Thy children he hath bleſt in thee, and in thy borders he,
doth ſettle peace, and with the flower of wheate he filleth thee:

15 And his commaundement vpon the earth he ſendeth out:
and eke his word with ſpeedy courſe, doth ſwiftly run about.
16 He giueth ſnow like wooll, hore froſt, like aſhes doth he ſpread:
17 Like morſels caſts his ice, thereof, the colde who can abide.

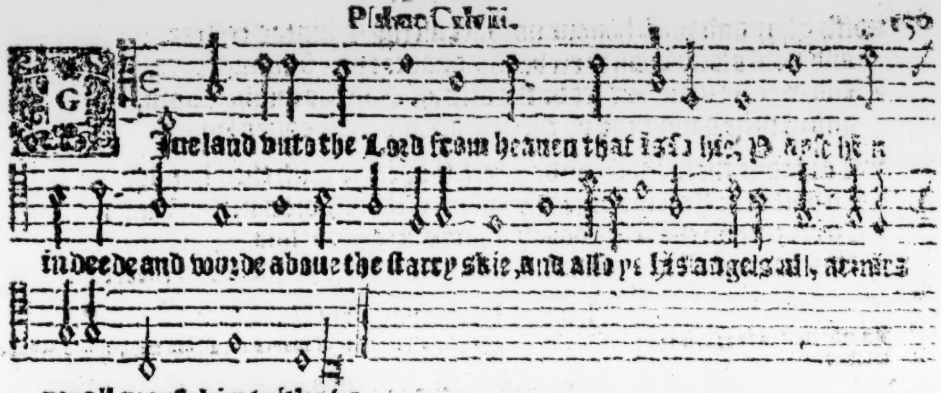
18 He ſendeth forth his mighty word, and melteth them againe:
his winde he made to b'ow, and then, the waters flow amaine.
19 The doctrine of his holy word, to Jacob he did ſhow:
his ſtatutes and his iudgements he, giues Iſrael to know.

20 With euery nation hath he not, ſo dealt, nor they haue knowne:
his ſecret iudgements, ye therefore, prayſe ye the Lord alone.

Laudate Dominum. pſal. Cxlviii. I, H.

He prouoketh all creatures to prayſe the Lord in heauen, and in all places, eſpecially for the power that he hath giuen to his people Iſrael, whome he hath taken ſo neere vnto him.

Gine



royall, prayse him with glee.
3 Prayse him both Moone and Sunne,
which are most cleare and bright:
The same of you be done,
Ye glistering stars of light.
4 And eke no lesse,
Ye heauens faire,
5 And clouds of the aire,
His laud expresse:
6 For at his word they were,
All formed as we see,
At his voyce did appeare.
all thinges in their degree,
which he set fast,
To them he made, a law and trade,
For aye to last.
7 Extoll and prayse Gods name,
In earth ye Dragons fell:
All deepes do ye the same.
For it becommeth you well.
8 Him magnifie, fire, hayle, yse, snow,
And stormes that blow at his decree.
9 The hils and mountaines all,
And trees that fruitfull are:
The Cedars great and tall,
His worthy prayse declare.
10 Beastes and cattell,
Ye birdes flying,
And wormes creeping,
That on earth dwell.
11 All kinges both more and lesse,
with all their pompous traine.
Princes and all iudges,
That in the world remaine.
Exalt his name,
12 Yong men and maides,
Old men and babes, do ye the same.
13 For his name shall we proue
To be most excellent:
Whose prayse is farre aboue,
The earth and firmament.
14 For sure he shall,
Exalt with bliss, the horne of his,
And helpe them all.
His Saintes all shall forth tell,
His prayse and worthinesse:
The children of Israel,
Each one both more and lesse:
15 And also they,
That with good will,
His words fulfil, and them obey.

Cantate Domino. psal. Cxlix. N.

An exhortation to the Church to prayse the Lord for his victorie and conquest that he gaued his Saintes a-gainst al mans power.

Sing this as the 145 Psalme.

SIng ye vnto the Lord our God, a new reioycing song:
and let the prayse of him be heard, his holy Saintes among.
2 Let Israel reioyce in him, that made him of nothing:
and let the seede of Sion eke, be ioyfull in their king.
3 Let them sound prayse with voyce of flute, vnto his holy name,
and with the Timbrell and the harpe, sing prayses of the same.
4 For why? the Lord his pleasure all, hath in his people set,
And by deliuerance he will raise, the meeke to glory great.

With glory and with honour now, let all thy Saintes reioyce:
and now aloud vpon their beds, aduance their singing voyce.
6 And in their mouthes let be the acts, of God the mighty Lord,
and in their hands eke let them beare, a double edged sword.

7 To plague the heathen and correct, the people with their hands,
8 To binde the stately kinges in chaines, their Lords in iron bands.
9 To execute on them the doome, that written is before:
this honour all his Saintes shall haue, prayse ye the Lord therefore.

Laudate Dominum. psal. CL. N.

An exhortation to prayse the Lord without ceasing by all manner of wayes, for all his mightie and wonderful workes.

Sing this as the 137. Psalme.

YEeld vnto God the mightie Lord, prayse in his sanctuarie:
and prayse him in the firmament, that shewes his power on hie.
2 Aduance his name and prayse him in, his mightie acts alwayes:
according to his excellency, of greatnes giue him prayse.
3 His prayses with a princely noyse, of sounding trumpets blow:
Prayse him vpon the viole, and vpon the harpe also:
4 Prayse him with Timbrel and with Flute, Organs and Virginals:
5 with sounding cimbals prayse ye him, prayse him with loud cimbals.
6 What euer hath the benefite, of breathing prayse the Lord,
to prayse the name of God the Lord, agree with one accord.

The end of the psalmes of Dauid in meetre.

An exhortation to the prayse of God to be sung before Morning prayer. T.B.

Sing this as the 100. Psalme.

PRayse ye the Lord ye Gentiles all, which brought you into this light,
O prayse him all people mortall, as it is most worthy and right.
For he is full determined, on vs to powre out his mercy,
And the Lords truth be ye assured, abideth perpetually.
Glory to God the father, and to Iesus Christ his true Sonne:
with the holy Ghost in like manner, now and at euery season.

An exhortation to be sung before Euening prayer by T.B.

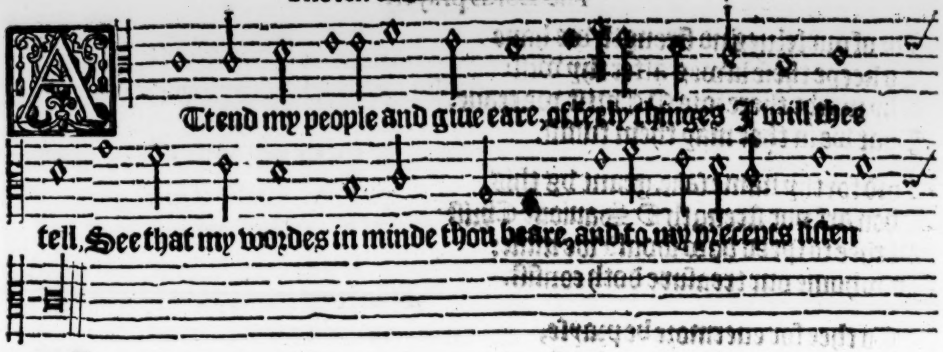
Sing this as the 100. psalme.

BEhold now giue heed such as be,
The Lords seruants faithfull and true.
Come prayse the Lord euery degree, with such songs as to him are due:
O yee that stand in the Lords house, euen in our owne Gods mansion.
Prayse ye the Lord so bounteous, which worketh our saluation.
2 Lift vp your hands in his holy place, yea and that in the time of night:
Prayse ye the Lord which giueth all grace, for he is a Lord of great might.
Then shall the Lord out of Sion, which made heauen and earth by his power.
Giue to you and to your nation, his blessing, mercy and fauour.

Glory to God the Father, &c.

The ten Commandements of Almighty God. Exod. xx. W.W.

Attend



well.

1 I am thy soueraigne Lord and God,
Which haue thee brought from careful thrall.
And eke reclaimde from Pharaohs rod,
Make thee no Gods on them to call.

2 Nor fashioned forme of any thing,
In heauen or earth to worship it:
For I thy God by reuenging,
With grieuous plagues this sin will smite.

3 Take not in vaine his holy name,
Abuse it not after thy will:
For so thou mightst soone purchase blame,
And in his wrath he would thee spill.

4 The Lord from worke the seauenth day
And brought all thinges to perfect end:
So thou and thine that day take rest,
That to Gods hests you may attend.

5 Unto thy Parents honour giue,
As Gods Commaundements do pretend:
That thou long dayes and good maist liue:
In earth where God a place doth lend.

6 Beware of murther and cruell hate,
7 All filthy fornication feare:
8 See thou steale not in any rate,
9 False witnes against no man beare.

10 Thy neighbors house wish not to haue,
His wife or ought that he calth mine:
His field, his oxe, his asse, his slaue,
Or any thing which is not thine.

A prayer.

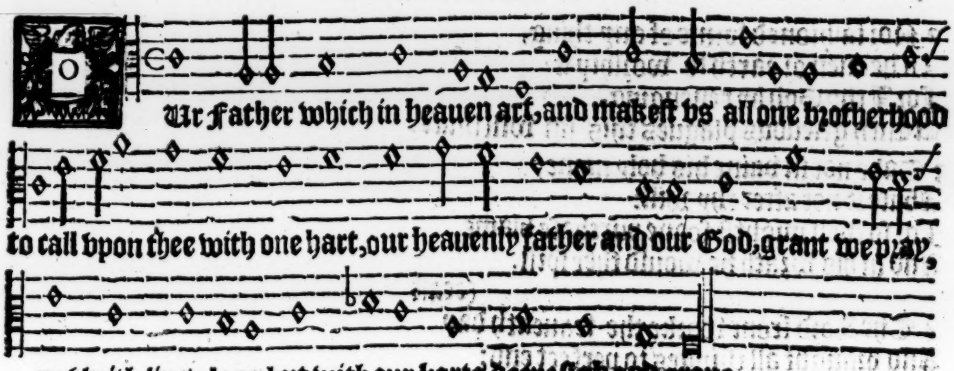
The spirit of grace grant vs O Lord,
To keepe these lawes our harts restore:
And cause vs all with one accord,
To magnifie thy name therefore.

For of our selues no strength we haue
To keepe these lawes after thy will:
Thy might therefore O Christ we craue,
That we in thee may them fulfill.

Lord for thy name sake, grant vs this,
Thou art our strength O Sauiour Christ:
Of thee to speed how should we misse?
In whome our treasure doth consist.

To thee for euermore be prayse,
With thy Father in each respect:
And with thy holy spirit alwayes,
The comforter of thine elect.

The Lords prayer.



Thy blessed name be sanctified,
Thy holy word might vs inflame:
In holy life for to abide,
To magnifie thy holy name.
From all errors defend and keepe,
The little flocke of thy poore sheepe.

Thy kingdome come euen at this houre.
And henceforth euerlastingly:
Thine holy Ghost into vs poure,
With all his giftes most plenteously,
From Sathans rage and filthy band,
Defend vs with thy mighty hand.

Thy will be done with diligence,
Like as in heauen, in earth also,
In trouble grant vs patience,
Thee to obay in wealth and woe,
Let not flesh, bloud or any ill,
Preuaile against thy holy will.

Giue vs this day our dayly breade,
And all other good gifts of thine:
Keepe vs from warre and from bloudshed,
Also from sicknes, dearth and pine.
That we may liue in quietnes,
without all greedy carefulnes.

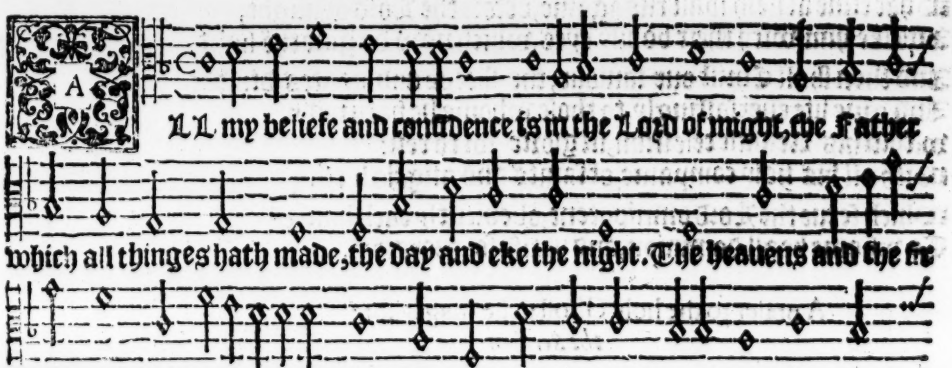
Forgiue vs our offences all,
Relieue our carefull conscience:
As we forgiue both great and small,
Which vnto vs haue done offence.
Prepare vs Lord for to serue thee,
In perfect loue and vnitie.

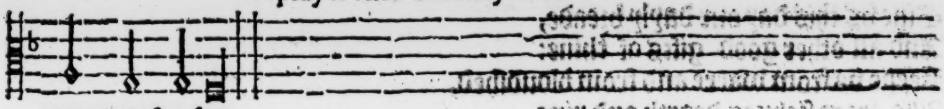
O Lord into temptation,
Leade vs not when the fiend doth rage,
To withstand his inuasion,
Giue power and strength to euery age.
Arme and make strong thy feeble hoast:
With faith and with the holy Ghost.

O Lord from euill deliuer vs,
The dayes and times are dangerous:
From euerlasting death saue vs,
And in our last neede comfort vs.
A blessed end to vs bequeath,
Into thy hands our soules receiue.

For thou O Lord art King of kinges,
And thou hast power ouer all:
Thy glory shineth ouer all thinges,
In the wide world vniuersall.
Amen let it be done O Lord,
that we haue prayde with one accord.

Tha xii. Articles of Christian faith.





mans reason far.

And in like manner I beleeue, in Christ our Lord his Sonne,
coequall with the deitie, and man in flesh and bone.
Conceiued by the holy Ghost, his word doth me assure,
and of his mother Mary borne, yet she a virgin pure.

Because mankind to Sathan was, for sinne in bond and thrall,
he came and offered vp himselfe, to death to ransome vs all.
And suffering most grieuous paine, then Pilate being iudge,
was crucified on the Crosse, and thereat did not grudge.

And so he died in the flesh, but quickned in the spirit:
his body then was buried, as is our vse and rite.
His spirit did after this descend, into the lower parts,
to them that long in darkenes were, the true light of their harts.

And in the third day of his death, he rose to life againe,
to thend he might be glorified, out of all griefe and paine.
Ascending to the heauens hie, to sit in glory still:
on Gods right hand his Father deare, according to his will.

Untill the day of iudgement come, when he shall come againe:
with angels power (yet of that day we all be vncertaine.)
To iudge all people righteously, whom he hath deerely bought:
The liuing & the dead also, which he hath made of nought.

And in the holy spirit of God, my faith to satisfie:
The third person in Trinitie, beleeue I stedfastly.
The holy and catholik church, that Gods word doth maintaine:
And holy scripture doth allow, which Sathan doth disdaine.

And also I do trust to haue, by Jesu Christ his death.
Release and pardon of my sinnes, and that onelie by faith,
what time al flesh shall rise againe, before the Lord of might,
And see him with their bodily eyes, which now do giue the light,

And then shall Christ our sauiour, the sheepe and goates diuide:
And giue life euerlastingly, to those whome he hath tride.
within his Realme celestiall, in glorie for to rest:
with all his holy companie, of saints and angels blest.

Which serue the Lord omnipotent, obediently each houre:
To whome be all dominion, and praise for euermore.

A prayer to the holy Ghost to be sung before the Sermon

Sing this as the 119. Psalme.

Come

COme holy ſpirit the God of might, comforter of vs all:
Teach vs to know thy word aright, that we do neuer fall.
O holy Ghoſt viſit our coaſt, defend vs with thy ſhield:
Againſt all ſinne and wickednesſe, Lord helpe vs win the field.

Lord keepe our King and his Counſell, and giue them will and might
To perſeuere in thy Goſpell, which can put ſinne to flight.
O Lord that giueſt thy holy word, ſend preachers plenteouſly:
That in the ſame we may accord, and therein liue and die.

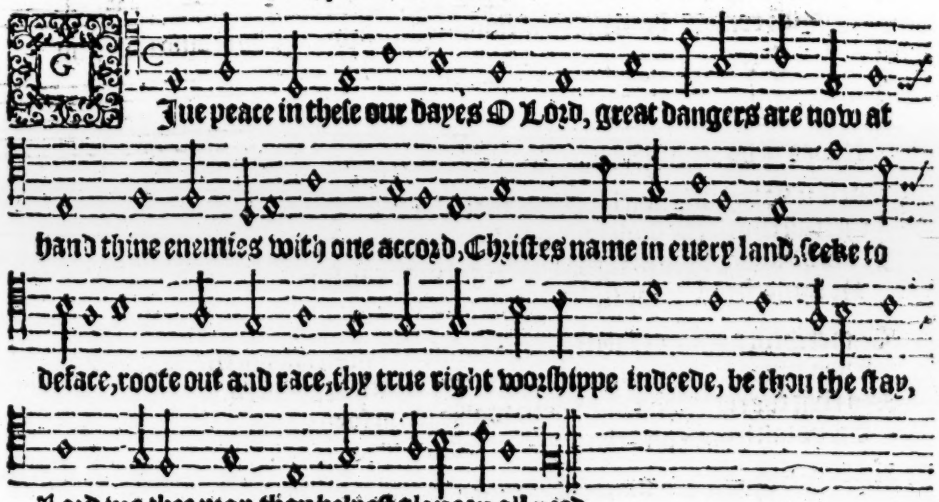
O holy ſpirit direct aright, the preachers of thy word:
That thou by them maiſt cut downe ſinne, as it were with a ſword.
Depart not from thoſe paſtures pure, but aide them at all neede:
Which breake to vs the bread of life, whereon our ſoules do feed.

O bleſſed ſpirit of truth keepe vs, in peace and vnitie:
Keepe vs from ſects and errors all, and from all papiſtry.
Conuert all thoſe that are our foes and bring them to the light:
That they and we may all agree, and praiſe thee day and night.

O Lord increaſe our faith in vs, and loue ſo to abound,
That man and wife be void of ſtrife, and neighbors about vs round.
In our time giue thy peace O Lord, to nations farre and nie:
And teach them all thy holy word, that we may ſing to thee.

All glorie to the Trinity, that is of mighties moſt:
The liuing Father and the Son, and eke the holy Ghoſt.
As it hath beene in all the time, that hath beene heretofore,
as it is now and ſo ſhall be, henceforth for euermore.

Da pacem Domine.



Giue vs that peace which we do lacke,
Through vnbeliefe and ill life:

Thy

Thy word to offer thou doest not slacke,
Which we vnkindly gaine-striue:
With fire and sword this healthfull word,
Some persecute and oppresse,
Some with the mouth the truth confesse,
Without sincere godlinesse.

Giue peace, on vs thy spirit down send,
With griefe and repentance true:
To pierce our harts our liues to amend,
And by faith Christ renue.
That feare and dread, warre and bloudshed,
Through thy sweete mercy and grace,
May from vs slide, thy truth may abide,
And shine in euery place.

The complaint of a Sinner, who craueth of Christ to be kept vnder his mercy.

Here righteousnes doth say, Lord for my sinnefull part, in wrath thou shouldst me pay, vengeance for my desert, I can it not deny, but needs I must confesse, how that continually, thy lawes I do transgresse, thy lawes I do transgresse.

But if it be thy will, with sinners to contend,
then all thy flocke shall spill, and be lost without end,
For who liueth here so right, that rightly he can say,
He sinneth not in thy sight, full oft and euery day.

The scripture plaine telleth me, the righteous man offendeth
seuen times a day to thee, whereon thy wrath dependeth.
So that the righteous man doth walke, in no such path:
but he falth now and than, in danger of thy wrath.

Then sith the case so stands, that euen the man right wise:
falth oft in sinnefull bands, whereby thy wrath may rise:
Lord I that am vniust, and righteousnes none haue:
whereto then shall I trust, my sinnefull soule to saue.

But truely to that poſt, whereto I cleaue and ſhall,
which is thy mercy moſt, Lord let thy mercy fall.
And mitigate thy moode, or elſe we periſh all:
the price of this thy bloud, wherein mercy I call.

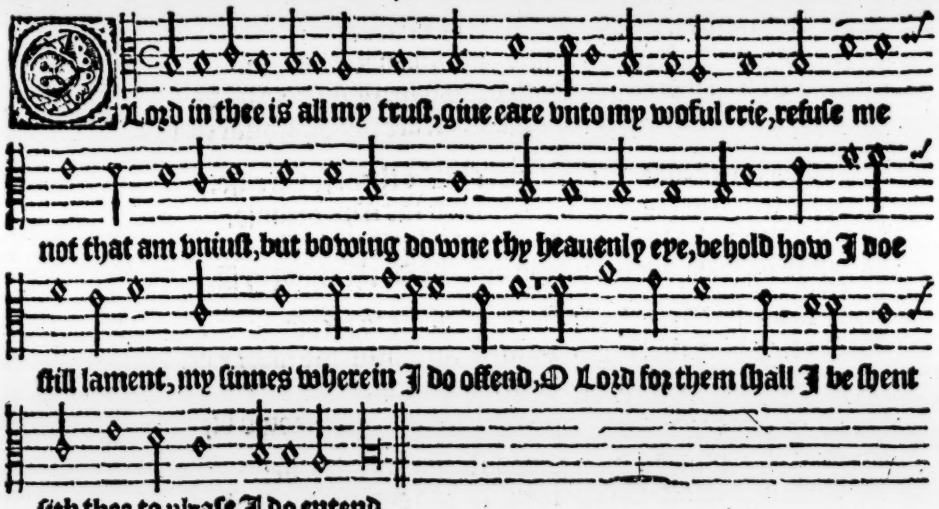
The ſcripture doth declare, no drop of bloud in thee:
but that thou didſt not ſpare, to ſhed each drop for me:
Now let theſe drops moſt ſweete, ſo moiſt my heart ſo drie:
that I with ſinne repleate, may liue and ſinne may die.

That being mortified, this ſinne of mine in me,
I may be ſanctified, by grace of thine in thee:
So that I neuer fall, into ſuch mortall ſinne,
that my foes infernall, reioyce my death therein.

But vouchſafe me to keepe, from thoſe infernall foes,
and from that lake ſo deepe, whereas no mercy growes.
And I ſhall ſing the ſongs, confirmed with the iuſt,
that vnto thee belonges, which art mine onely truſt.

The Lamentarion.

Through perfect repentance, the ſinner hath a ſure truſt in God, that his ſins ſhall be waſhed away in Chriſts bloud.



No, no, not ſo, thy will is bent, to deale with ſinners in thine ire:
But when in heart they ſhall repent, thou grantſt with ſpeed that they deſire:
To thee therefore ſtill ſhal I crie, to waſh away my ſinnefull crime:
Thy bloud O Lord is not yet drie, but that it may helpe me in time.

Haſte thee O Lord, haſte thee I ſay, to poure on me the gifts of grace,
That when this life muſt fleete away, in heauen with thee I may haue place.
Where thou doſt raigne eternally, with God which once did downe thee ſend:
where Angels ſing continually, to thee be praiſe world without end.

A thankeſgiuing after the receiuing of the Lords Supper.

Sing this as the 137. pſalme.

THe Lord be thanked for his giftes, and mercy euermore:
that he doth ſhew vnto his Saintes, to him be laud therefore.
Our tongues cannot ſo prayſe the Lord, as he doth right deſerue:
our harts cannot of him ſo thinke, as he doth vs preſerue.

His benefites they be ſo great, to vs that be but ſinne:
that at our hands for recompence, there is no hope to winne.
O ſinneſull fleſh that thou ſhouldſt haue, ſuch mercies of the Lord,
thou doſt deſerue more worthely, of him to be abhorde.

Nought elſe but ſinne and wretchednes, doth reſt within our heartes:
and ſtubbornely againſt the Lord, we dayly play our parts.
The ſunne aboue the firmament, that is to vs a light,
doth ſhew it ſelfe more cleare and pure, then we be in his ſight.

The heauens aboue and all therein, more holy are then we,
they ſerue the Lord in their eſtate, each one in their degree.
They do not ſtriue for maſterſhip, nor ſlacke their office ſet:
but feare the Lord and doe his will, hate is to them no let.

Alſo the earth and all therein, of God it is in awe:
it doth obſerue the formers will, by ſkilfull natures law.
The ſea and all that is therein, doth bend when God doth becke:
the ſpirits beneath do tremble all, and feare his wrathfull checke.

But we alas for whome all theſe, were made them for to rule:
do not ſo know or loue the Lord, as doth the Oxe or mule.
A law he gaue for vs to know, what was his holy will:
he would vs good, but we would not, auoide the thing is ill.

Not one of vs that ſeeketh out, the Lord of life to pleaſe,
nor doe the thing that might vs ioyne, to Chriſt and quiet eaſe.
Thus are we all his enemies, we can it not deny,
and he againe of his good will, would not that we ſhould die.

Therefore when remedie was none, to bring vs vnto life:
the ſonne of God our fleſh he tooke, to end our mortall ſtrife.
And all the law of God the Lord, he did fully obay:
and for our ſinnes vpon the Croſſe, his bloud our debts did pay.

And that we ſhould not yet forget, what good he to vs wrought:
a ſigne he left our eyes to tell, that he our bodies bought.
In bread and wine here viſible, vnto our eyes and taſte:
his mercies great thou maieſt record, if that his ſpirit thou haſt.

As once the corne did liue and grow, and was cut downe with ſith:
and threſhed out with many a ſtripe, out from his huske to driue:
And as the mill with violence, did teare it out ſo ſmall:
and made it like to earthly duſt, not ſparing it at all.

And as the ouen with fire hote, did dole it vp in heate:
and all this done that I haue said, that it should be our meate.
So was the Lord in his ripe age, cut downe by cruell death,
his soule he gaue in torments great, and yeelded vp his breath.

Because that he vs might be, an euerlasting bread:
with much reproach and troubles great, his life on earth he led.
And as the grapes in pleasant time, are pressed very sore:
and plucked downe when they are ripe, and let to grow no more

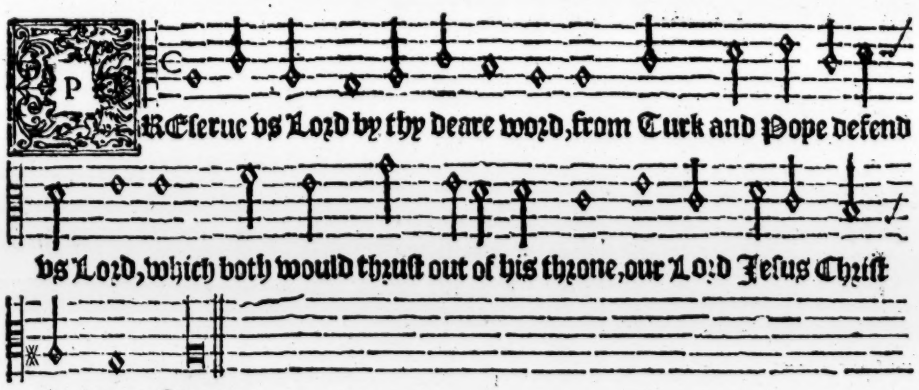
Because the iuyce that in them is, as comfortable drinke,
we might receiue and ioyfull be, when sorrowes make vs shrinke
So Christs bloud out pressed was, with nayle and eke with speare:
the iuyce whereof doth saue all those, that rightly do him feare.

And as the corne by vnity, into one loafe is knit:
so is the Lord and his whole church, though he in heauen sit.
As many grapes make but one wine, so should we be but one:
in faith and loue, in Christ aboue, and vnto Christ alone:

Leading a life without all strife, in quiet rest and peace,
from enuie and from malice both, our harts and tongues to cease,
Which if we doe, then shall we shew, that we his chosen be:
by faith in him to leade a life, as alwayes willed he.

And that we may so doe indeede, God send vs all his grace:
that after death we may be sure, with him to haue a place.

R.W.



Lord Iesus Christ shew forth thy might, that thou art Lord of Lords by right
thy poore afflicted flocke defend, that we may prayse thee without end:
God holy Gost our comforter, be our patron, helpe and succour:
giue vs one minde and perfect peace, all giftes of grace in vs increase:
Thou liuing God in persons three, thy name be praysed in vnity,
in all our need so vs defend, that we may prayse thee world without end.

A forme of Prayer to be vsed in priuate houses euery *Morning and Euening.*

Morning Prayer.

ALmightie God, & most mercifull Father, wee doe not presēt our selues here before thy Maiestie, trusting in our owne merites or worthinesse, but in thy manifold mercies, which hast promised to heare our prayers and grant our requests, which we shal make to thee, in the name of thy beloued sonne Iesus Christ our Lord, who also hath commaunded vs to assemble our selues together in his name, with full assurance that he will not onely be amongst vs, but also be our mediator & aduocate towards thy maiestie, that wee may obtaine all things which shall seeme expedient to thy blessed will, for our necessities. Therfore we beseech thee sweet father, to turne thy louing countenāce towards vs, & impute not to vs our manyfold sins and offences, whereby wee iustly deserue thy wrath & sharp punishment, but rather receiue vs to thy mercy for Iesus Christs sake, accepting his death & passion as a iust recompence for all our offences, in whom thou art well pleased, & through whom thou canst not be offended with vs. And seeing that of thy great mercies we haue quietly passed this night, grant O heauenly father, that we may bestow this day wholy in thy seruice, so that all our thoughts, words and deeds, may redownd to the glory of thy name, & good ensample to all men, who seeing our good workes, may glorifie thee our heauenly Father: and for as much as of thy meere fauor & loue, thou hast not onely created vs to thine owne similitude & likenes, but also hast chosen vs to be heires with thy deare son Iesus Christ, of that immortal kingdome, which thou preparedst for vs, frō the beginning of the world, we beseech thee to encrease our faith and knowledge, and to lighten our harts with thy holy spirite, that wee may in the meane time liue in godly conuersation and integrity of life, knowing that Idolaters, adulterers, couetous men, contentious persons, drunkards, glutto[n]s, and such like shall not inherite the kingdome of God.

And because thou hast cōmanded vs to pray one for another, wee doe not only make request O Lord for our selues, and for them thou hast alreadie called to the true vnderstanding of thy heauenly will, but for all people & nations of ỹ world, who as they know by thy wonderfull workes that thou art God ouer all, so they may be instructed by thy holy spirite, to beleeue in the their only sauiour & redeemer. But for asmuch as they cannot beleeue except they heare, nor cannot heare but by preaching, and none can preach except he be sent, therefore O Lord raise vp faithfull distributers of thy misteries, who setting apart all worldly respects, may both in their life and doctrine, onely seeke thy glory. Contrarily confounde Sathan and Antichrist, with all hirelings, whom thou hast alreadie cast off into a reprobate sence, that they may not by sects, schismes, heresies, and errours, disquiet thy little flocke. And because O Lord we be fallen into the latter dales and dangerous times wherein ignorance hath gotten the vpper hand, and sathan by his ministers seeketh by all meanes to quench the light of thy Gospell: we beseech thee to maintaine thy cause against those rauening Wolues, and strengthen all thy seruants, whom they keepe in prison and bondage, let not thy long suffering bee an occasion, either to encrease their tyrannie, or discourage thy children, neither yet let our sinnes and wickednes be an hindrance to thy mercies, but with

speed

speede (O Lord) consider these great miseries: For thy people Israel many times by their sinnes prouoked thine anger, and thou punishedst them by thy iust iudgement, yet though their sinnes were neuer so grieuous, if they once returned from their iniquitie, thou receiuedst them to mercy. We therefore most wretched sinners bewaile our manifold sinnes, and earnestly repent vs of our former wickednes, and vngodly behauiour towardes thee, and whereas wee cannot of our selues purchase pardon, yet wee humblie beseech thee for Jesus Christes sake, to shew thy mercies vpon vs, and receiue vs againe to thy fauour. Grant vs deare Father these our requestes, and all other thinges necessarie for vs, and thy whole Church, according to thy promise in Jesus Christ our Lord. In whose name we beseech thee, as he hath taught vs saying. Our Father which art in heauen, &c.

Euening Prayer.

O Lord God father euerlasting and full of pitty, we acknowledge and confesse that we be not worthie to lift vp our eyes to heauen, much lesse to present our selues before thy maiestie, with confidence that thou wilt heare our praiers, & grant our requestes, if we consider our own deseruinges, for our consciences do accuse vs, and our sinnes do witnesse against vs, & wee know that thou art an vpright iudge, which dost not iustifie the sinners and wicked men, but punishest the faults of all such as transgresse thy commandements: Yet most mercifull father, since it hath pleased thee to commaund vs to call on thee in all our troubles and aduersities, promising euen then to helpe vs when wee feele our selues (as it were) swallowed vp of death and desperation, we vtterly renounce all worldly confidence and flee to thy soueraigne bountie as our onely stay and refuge: beseeching thee not to cal to remembrance our manifold sinnes and wickednesse whereby we continually prouoke thy wrath and indignation against vs: neither our negligence and vnkindnes, which haue neither worthily esteemed, nor in our liues sufficiently expressed the sweete comfort of thy gospel reuealed vnto vs: but rather to accept the obedience and death of thy sonne Jesus Christ, who by offering vp his body in sacrifice once for al hath made a sufficient recompence for all our sinnes. Haue mercy therfore vpon vs (O Lorde) and forgiue vs our offences. Teach vs by thy holy spirit that wee may rightly weigh them and earnestly repent for the same. And so much the rather (O Lord) because that the reprobate and such as thou hast forsaken cannot praise thee nor cal vpon thy name, but the repenting heart, the sorowful mynd, the conscience oppressed, hungring and thirsting for thy grace, shall euer set forth thy praise and glory. And albeit we be but wormes and dust, yet thou art our Father, and we thy children, thou art our Shephearde and wee thy flocke thou art our redeemer and wee the people whome thou hast bought: thou art our God, & we thine inheritance: Correct vs not therefore in thine anger (O Lord,) neither according to our deserts punish vs, but mercifully chastice vs with a fatherly affection, that al the world may know that at what time soeuer a sinner doth repent him of his sinne from the bottome of his heart, thou wilt put away his wickednes out of thy remembrance, as thou hast promised by thy holy Prophet.

Finally forasmuch as it hath pleased thee to make the night for man to rest in, as thou hast ordained him the day to trauell in, grant deare Father that we may so take our bodily rest, that our soules may continually watch for the time that our Lord Jesus Christ shal appeare for our deliuerance out of this mortall

like, & in the meane seaſō that wee not ouercome by any fantaſies, dreames, or other tēptatiōs may fully ſet our minds vpō thee, loue thee, feare thee, & reſt in thee. Furthermoze, that our ſleepe be not exceſſiue oz ouermuch, after the inſatiable deſires of the fleſh, but onlie ſufficient to cōtent our weake nature, that wee may be better diſpoſed to liue in all godly conuerſation, to the glozy of thy holy name, and profit of our brethren. So be it.

A godly prayer to be ſaid at all times.

HOnoz and prayſe be giuen to thee, O Lozd, God almighty, moſt deare Father of heauen foz al thy mercies and louing kindnes ſhewed vnto vs, in that it hath pleaſed thy gratious goodnes freely & of thine own accoꝛd, to elect and chuſe vs to ſaluation, before the beginning of the woꝛld, and euen like continual thanks bee giuen to thee foz creating vs after thine own image, foz redeeming vs with the pretious bloud of thy deare ſonne, when we were vtterly loſt, foz ſanctifying vs with thy holy ſpirit in the reuelation & knowledge of thy holy woꝛd, foz helping & ſuccouring vs in all our needes and neceſſities, foz ſauing vs from all daungers of body and ſoule, foz comfoꝛting vs ſo fatherlie in al our tribulatiōs and perſecutions, foz ſparing vs ſo long and giuing vs ſolarge a time of repentance. Theſe benefits (O moſt mercifull father) like as we acknowledge to haue receiued them of thy onely goodnes, euen ſo we beſeech thee foz thy deare Son Jeſus Chriſts ſake, to grant vs alwayes thy holie ſpirit, that we may continually gꝛo w in thankfulnes towards thee, to be led into all truth & comfoꝛted in all our aduerſities, O Lozd, ſtrengthen our faith, kindle it moze in feruentnes and loue towards thee & our neighboꝛs foz thy ſake. Suffer vs not (moſt deare Father) to receiue thy woꝛd any moze in vaine: but grant vs alwayes the aſſiſtance of thy grace and holy ſpirit, that in hart, woꝛd, & deed, we may ſanctifie & do woꝛſhip to thy name. Helpe to amplifie & increaſe thy kingdom, and whatſoeuer thou ſendeſt we may be hartely wel content with thy good pleaſure & wil: Let vs not lacke the thing O Father without the which wecānot ſerue thee, but bleſſe thou ſo all the woꝛkes of our hands, that wee may haue ſufficient & not be chargeable, but rather helpfull vnto others.

Be merciful (O Lozd) to our offences, and ſeeing our debt is great, which thou haſt foꝛgiuen vs in Jeſus Chriſt, make vs to loue thee & our neighboꝛs ſo much the moze. Be thou our father, our captaine and defender in all temptations, hold thou vs by thy mercifull hand, that we may be deliuered from al inconueniences, and end our liues in the ſanctifying and honor of thy holy name, thꝛogh Jeſu Chriſt our Lozd and onely Sauiour, So be it.

Let thy mighty hand and outſtretched arme (O Lozd) be ſtil our defence, thy mercy & louing kindnes in Jeſu Chriſt thy deare Son our ſaluation, thy true and holy woꝛd our inſtruction, thy grace and holy ſpirit our comfoꝛt and conſolation vnto the end and in the end. So be it. *O Lord increaſe our Faith, &c.*

A confeſsion for all eſtates and times.

OEternall God and moſt mercifull Father, we confeſſe & acknowledge here before thy diuine maieſty, that wee are miſerable ſinners, conceiued & borne in ſinne and iniquity ſo that in vs there is no goodnes. Foz the fleſh euermoze rebelleth againſt the ſpirit, whereby we continually tranſgreſſe thy holy precepts & commādements, & ſo purchaſe to our ſelues thꝛough thy iuſt iudgemēt, death and damnation. Notwithſtanding (O heauenly Father) foz aſmuch as we are

displea-

displeased with our selues for the sinnes that we haue committed against thee, and do vnfainedly repent vs of the same: we most humbly beseech thee for Iesus Christs sake, to shew thy mercy vpon vs, to forgiue vs all our sins, and encrease thy holy spirit in vs, that we acknowledging from the bottome of our harts our owne vnrighteousnesse, may from henceforth not onely mortifie our sinful lusts and affections, but also bring forth such fruits as may be agreeable to thy most blessed wil, not for the worthines thereof, but for the merites of thy dearely beloued sonne Iesus Christ our only Sauiour whome thou hast already giuen an oblation and offering for our sins, and for whose sake, we are certainly perswaded, that thou wilt deny vs nothing that we aske in his name, according to thy will. For thy spirit doth assure our consciences, that thou art our mercifull father and so louest vs thy children through him, that nothing is able to remoue thy heauenly grace and fauour from vs. To thee therefore (O Father) with the sonne and the holy Ghost, be al honor and glory world without end, Amen.

A prayer to be said before a man begin his worke.

O Lord God most mercifull father and Sauiour, seeing it hath pleased thee to command vs to trauell, that we may releeue our need, we beseech thee of thy grace so to blesse our labours, that thy blessing may extend vnto vs, without the which we are not able to continue, and that this great fauour may be a witnes vnto vs of thy bountifulnes and assistance, so that thereby wee may know the fatherly care that thou hast ouer vs.

Moreouer (O Lord) we beseech thee, that thou wouldest strengthen vs with thy holy spirit, that wee may faithfully trauel in our estate & vocation, without fraud or deceit, and that we may endeuour our selues to follow thy holy ordinances, rather then to seeke to satisfie our greedy affections, or desire to gaine: And if it please thee O Lord, to prosper our labour, giue vs a minde also to helpe them that haue neede, according to that ability, that thou of thy mercy shalt giue vs, and knowing that all good thinges come of thee, grant that wee may humble our selues to our neighbours, and not by any meanes lift our selues vppe aboue them which haue not receiued so liberall a portion as of thy mercy thou hast giuen vnto vs. And if it please thee to trie and exercise vs by greater pouerty, and need, then our flesh would desire, that thou wouldest yet O Lord, grant vs grace to know, that thou wilt nourish vs continually through thy bountifull liberalitie that we be not so tempted, that we fall into distrust, but that wee may patiently waite till thou fill vs not onely with corporall grace and benefites, but chiefly with thy heauenly and spirituall treasures, to the entent that wee may alwayes haue more ample occasion to giue thee thankes, and so wholy to rest vppon thy mercies. Heare vs O Lord of mercy, through Iesus Christ thy sonne our Lorde, Amen.

A prayer for the whole estate of Christs Church.

Almightie God and most merciful father we submit our selues, & fal down before thy maiestie, beseeching thee from the bottom of our harts that the seed of thy word now sown amongst vs, may take such deepe root, that neither the burning heate of persecutiõ, cause it to wither, neither the thorny cares of this life choake it, but that as seed sowne in good ground, it may bring forth thirty, sixty, and an hundred fold, as thy heauenly wisedome hath appointed: And because we haue need continually to craue many things at thy hands, we humbly beseech thee (O heauẽly father) to grant vs thy holy spirit, to direct our

petiti-

petitions, that they may proceed from such a feruent mind, as may be agreable to thy most blessed will. And seeing that our infirmitie is able to do nothing without thy helpe, & that thou art not ignorant with how many and greate tẽptations, we poore wretches are on euery side enclosed & compassed: Let thy strength, O Lord sustaine our weaknes, that we being defended with the force of thy grace, may be safely preserued against all assaults of Sathan: who goeth about cõtinually like a roaring Lyon seeking to deuoure vs. Increase our faith O mercifull Father, that we do not swerue at any time frõ thy heauenly word, but augment in vs hope and loue, with a carefull keeping of all thy commandements, that no hardnesse of heart, no hypocrisie, no concupiscence of the eyes nor entisements of the world, do draw vs away from thy obedience: and seeing we liue now in these most perilous times: let thy fatherly prouidence defend vs against the violence of our enemies, which doe seeke by all meanes to oppresse thy truth. Furthermore, for asmuch as by thy holy apostle we be taught, to make our prayers and supplications for all men: We pray not only for our selues here present, but beseech thee also, to reduce al such as be yet ignorant from the miserable captiuity of blindnesse and error, to the pure vnderstanding & knowledge of thy heauenly trueth: that we all with one consent and vnity of mindes, may worship thee our onely God and sauiour. And that all pastors shepheardes and ministers to whome thou hast committed the dispensation of thy holy word & charge of thy chosen people, may both in their life and doctrine be found faithful setting only before their eyes thy glory: & that by thẽ all poore sheepe, which wãder and go astray: may be gathered and brought home to thy fold. Moreouer, because the harts of all Rulers are in thy hands, we beseech thee to direct & gouerne the hearts of all kinges, princes & magistrates to whome thou hast committed the sword: especially O Lord, according to our bounden duty we beseech thee to maintaine and encrease the honourable estate of the kings maiesty, and all his noble counsellers and magistrates, with all the spirituall pastors and ministers, and all the whole body of this common weale. Let thy fatherly fauor so preserue them, and thy holy spirit so gouern their heartes, that they may in such sorte execute their office that thy religion may be purely maintained, manners reformed and sinne punished, according to the precise rule of thy holy word. And for that wee bee all mẽbers of the misticall Body of Iesus Christ, we make our requests vnto thee (O heauenly father) for all such as are afflicted with any kind of crosse, or tribulation, as warre, plague, famine, sickenesse, pouerty, imprisonment, persecution, banishment, or any other kind of thy Crosse, whether it bee calamity of body, or veration of mind: that it would please thee, to giue them patience and constancy till thou send them ful deliuerance of all their troubles. Roote out from hence (O Lord) all rauening Wolues, which to fil their bellies seeke to destroy thy flocke. And shew thy great mercies vpõ these our brethren in other countries, which are persecuted, cast into prison, and daily condemned for the testimony of the truth. And though they be vtterlie destitute of al mans aide, yet let thy sweet comfort neuer departe from them: but so inflame their heartes with thy holy spirit, that they may boldly and chearfully abide such triall, as thy godly wisedome shall appoint. So that at length as well by their death as by their life, the kingdom of thy deare sonne Iesus Christ, may increase and shine through all the world. In whose name, we make our humble petitiõs vnto thee as he hath taught vs. Our Father which art in heaue, hallowed, &c.

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